

The Connecticut School Health Survey 2009 Results

Nutrition and Physical Activity Summer Symposium

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Background

Comprised of two components

Youth Tobacco Component

(also known as Youth Tobacco Survey)

Youth Behavior Component

(also known as Youth Risk Behavior Survey)

Question topics include...

- Tobacco Use
- Dietary Habits
- Physical Activity
- Alcohol and other drug use
- Sexual Behaviors
- Behaviors that contribute to injuries and violence
- Protective factors

New Topics in 2009

- Verbal Abuse (Dating)
 - Absenteeism
 - Suicide attempt with injury
 - Prescription drug abuse
 - Family environment
 - Sex education
 - STD
-
- Full School Survey of one High School

Response Rate

School Response Rate \times Student Response Rate =
Overall response rate

High Schools

YBC Schools

76%

YTC Schools

78%

Middle Schools

Schools

70%

YBC Students

84%

YTC Students

86%

Students

91%

Overall

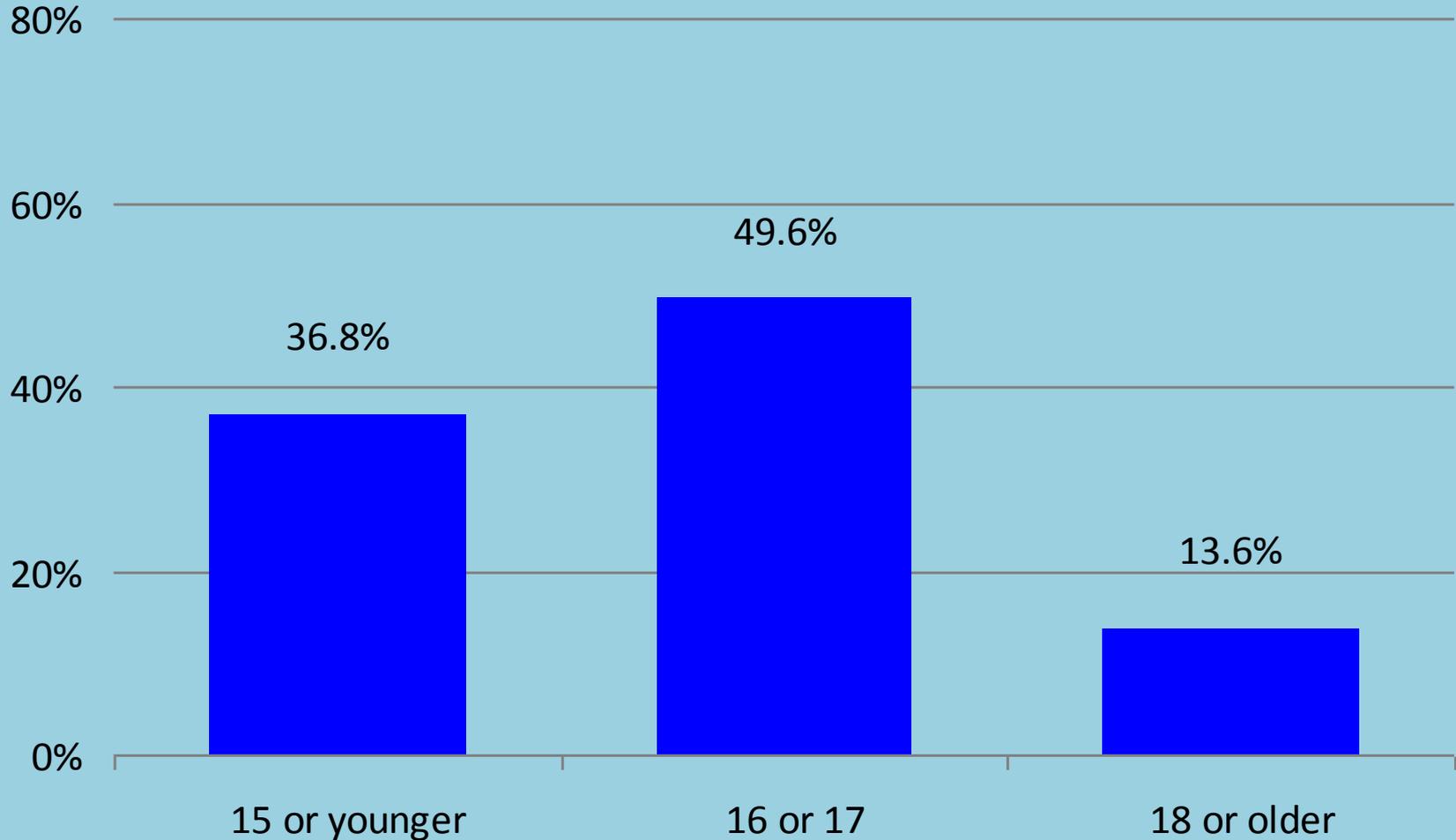
64%

67%

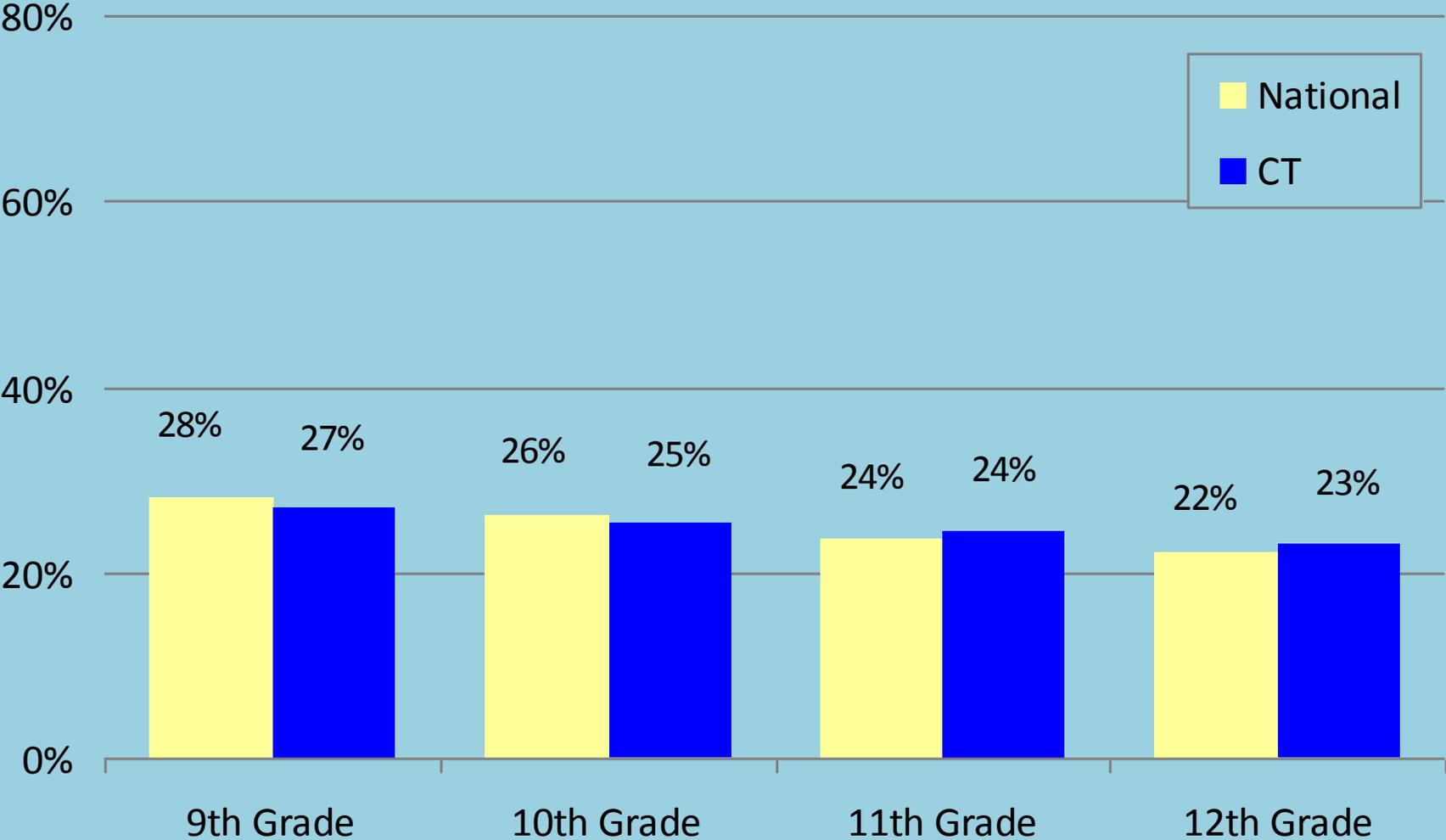
Overall

64%

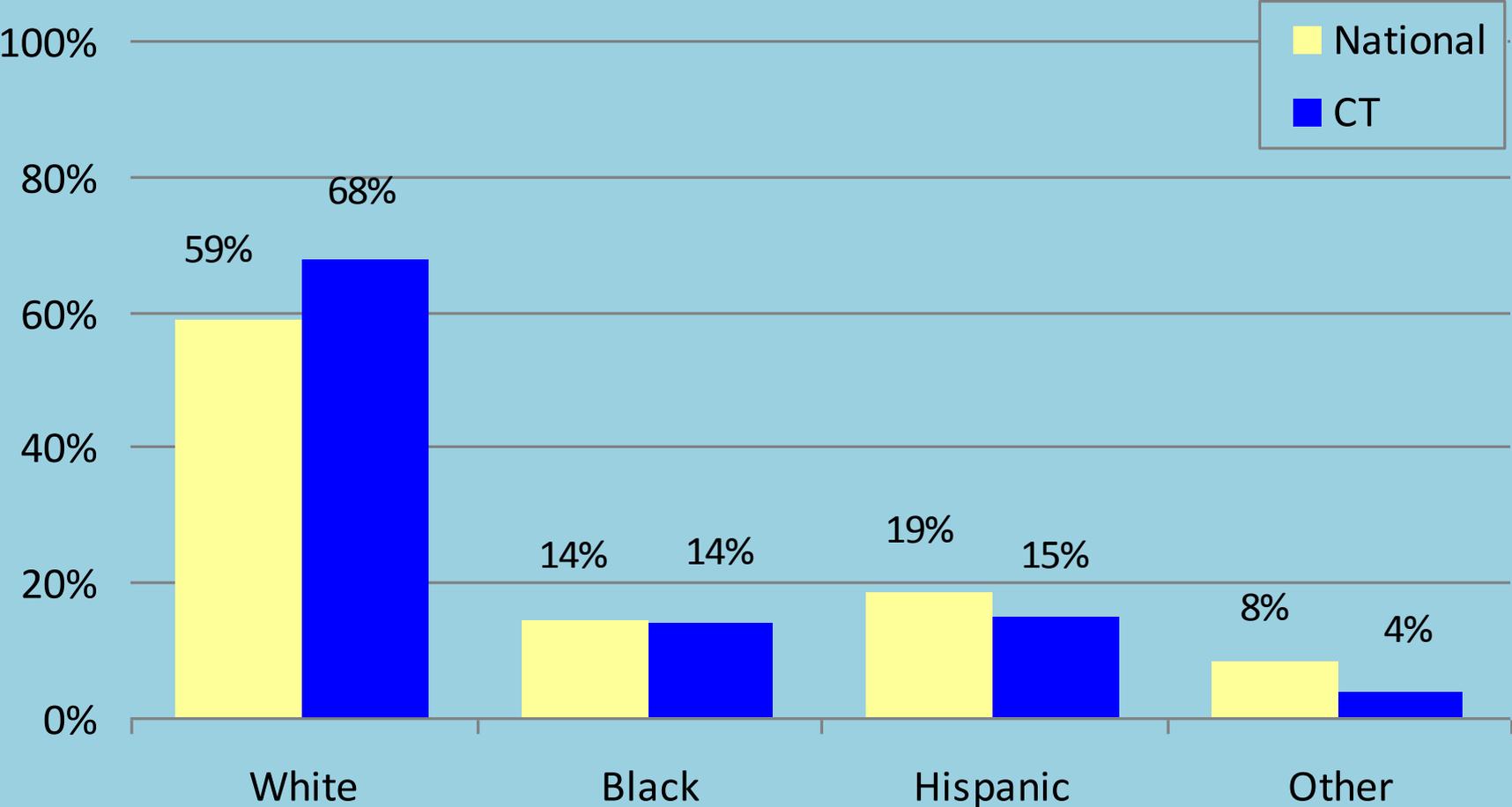
Age distribution of students, CT 2009



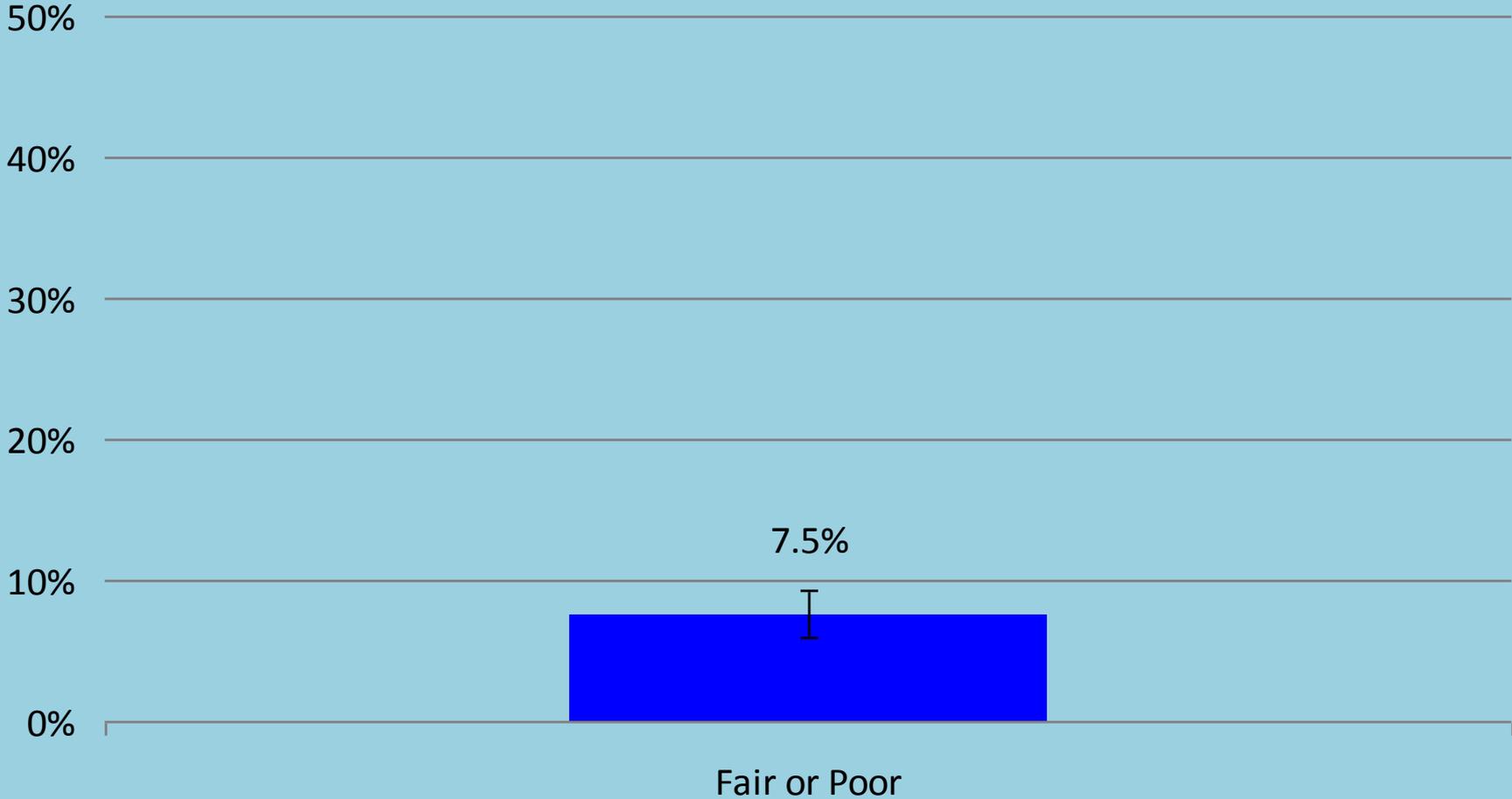
Student Distribution by Grade



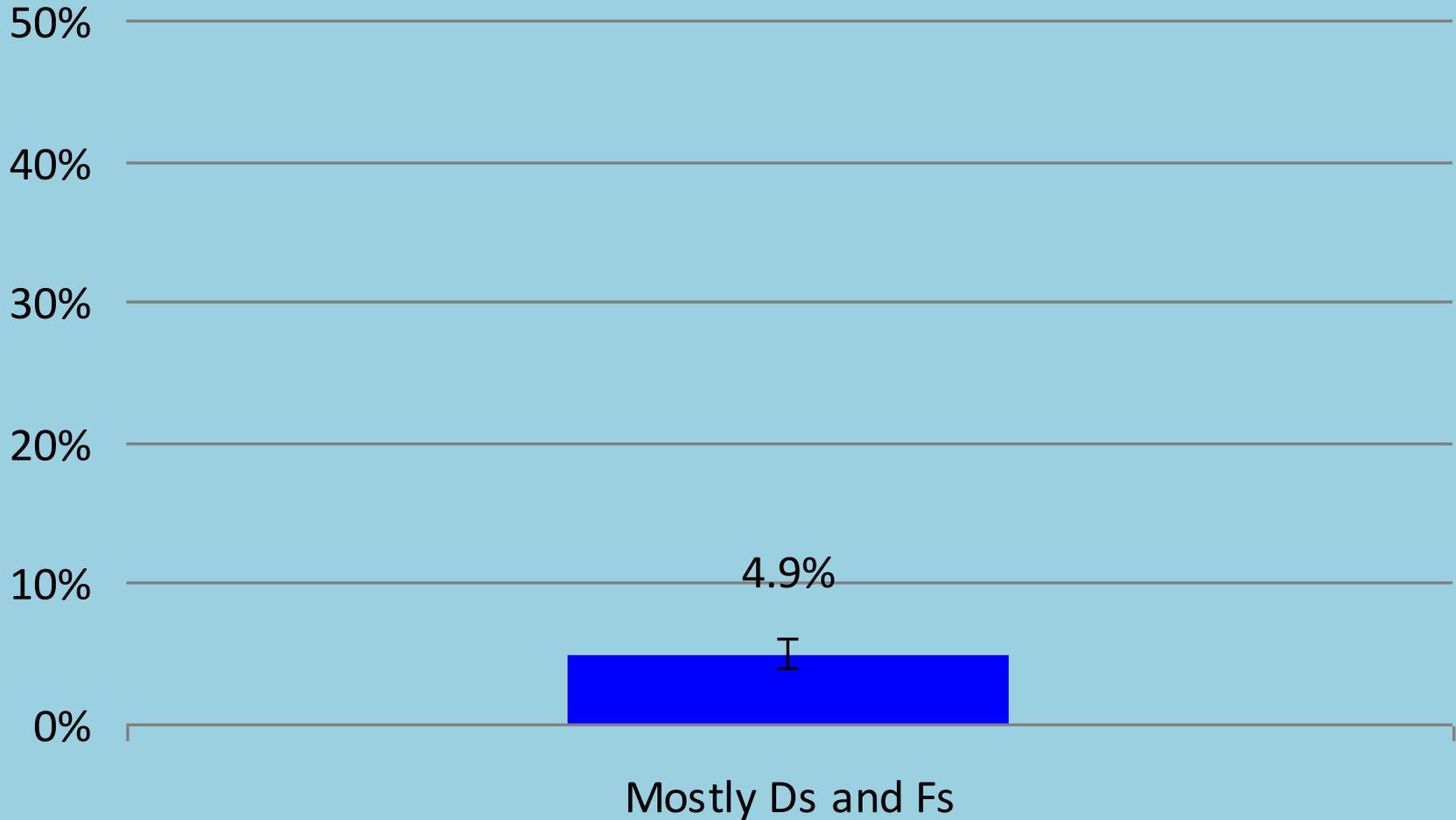
Students' Race and Hispanic Ethnicity



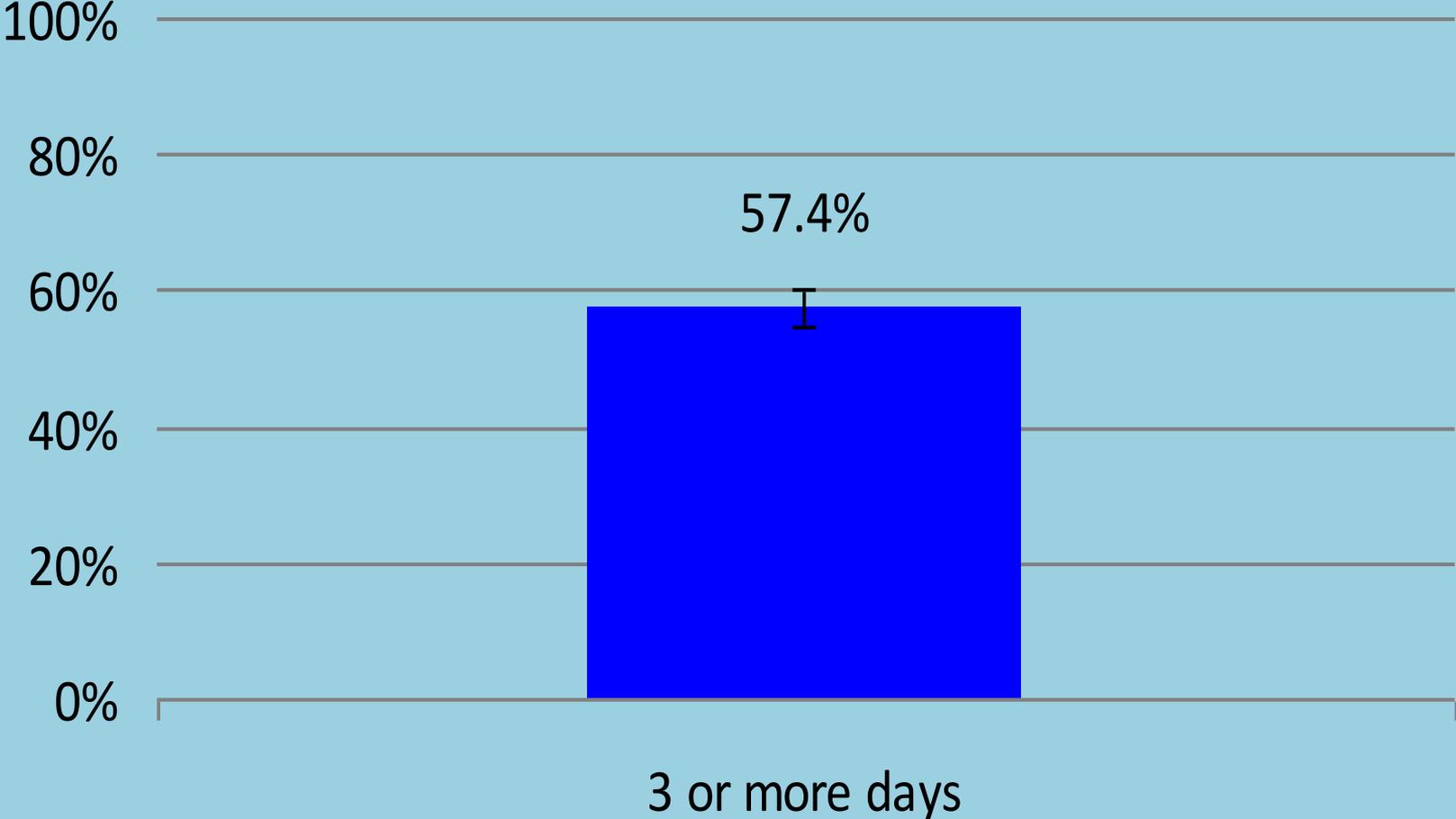
Self-described general health as poor or fair



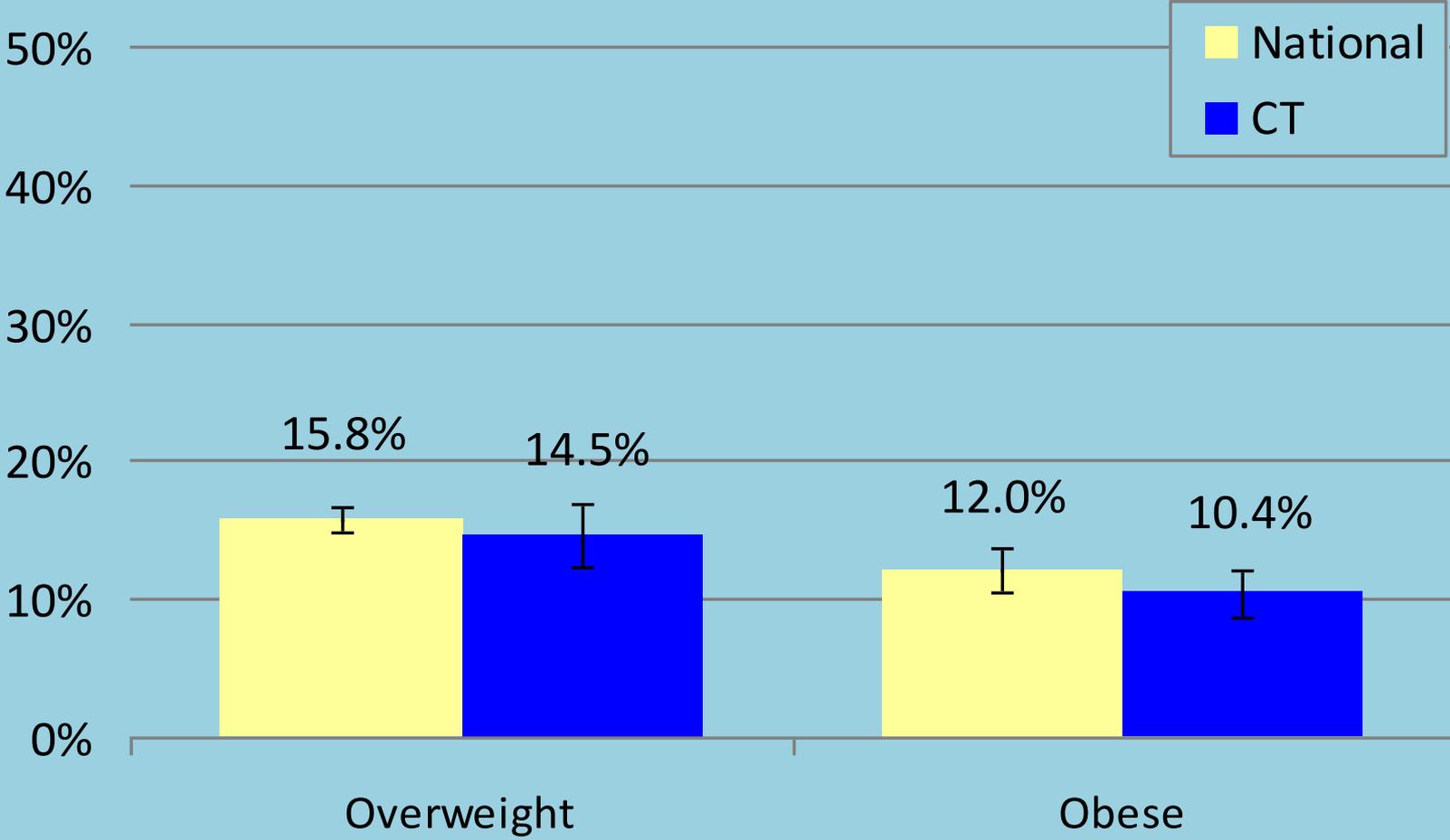
Past year's grades mostly D's and F's



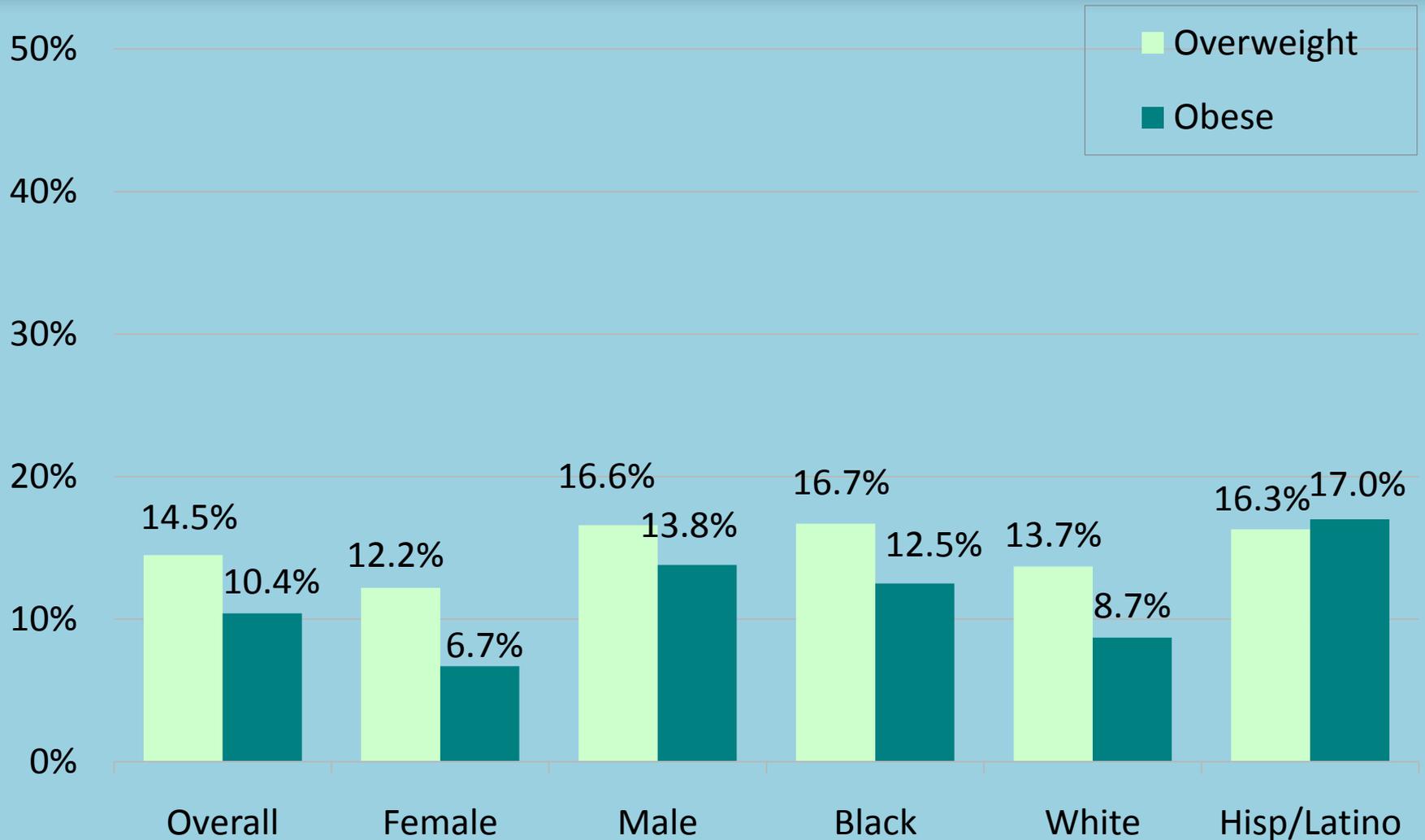
Students who have been absent from school 3+ days during past 6 months



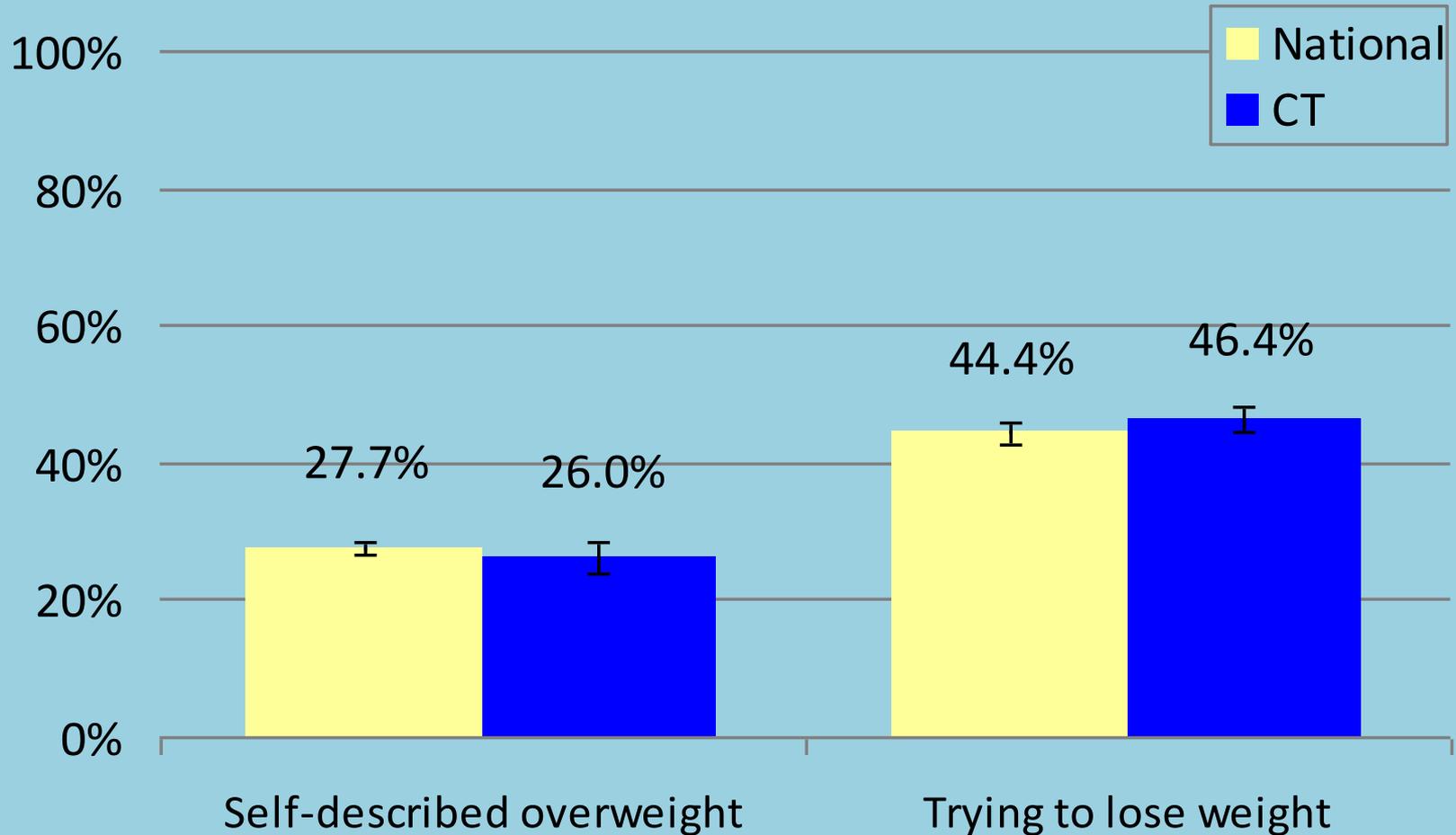
Students that are overweight or obese



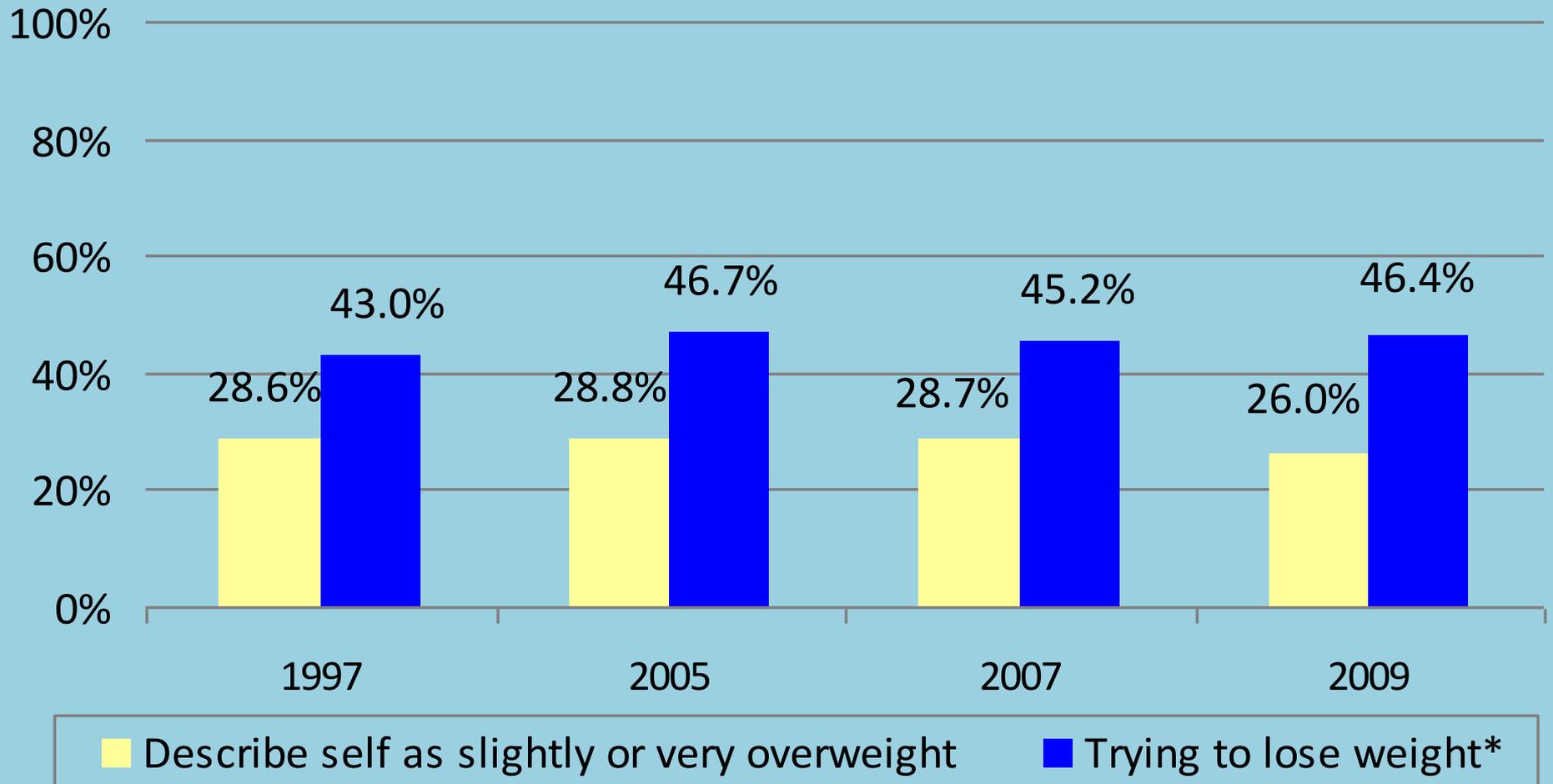
Students that are overweight or obese



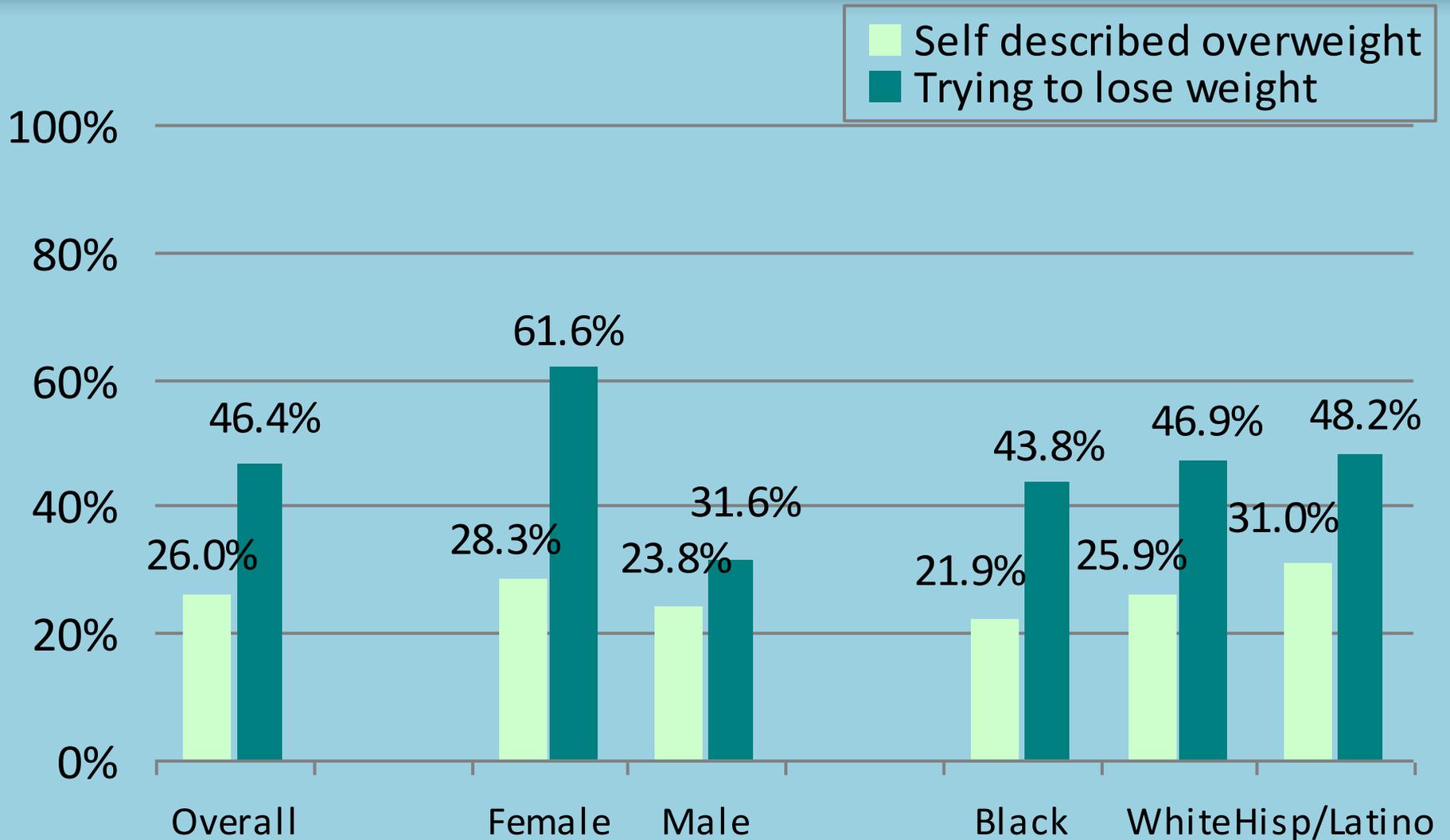
Students that describe themselves as slightly or very overweight, those trying to lose weight



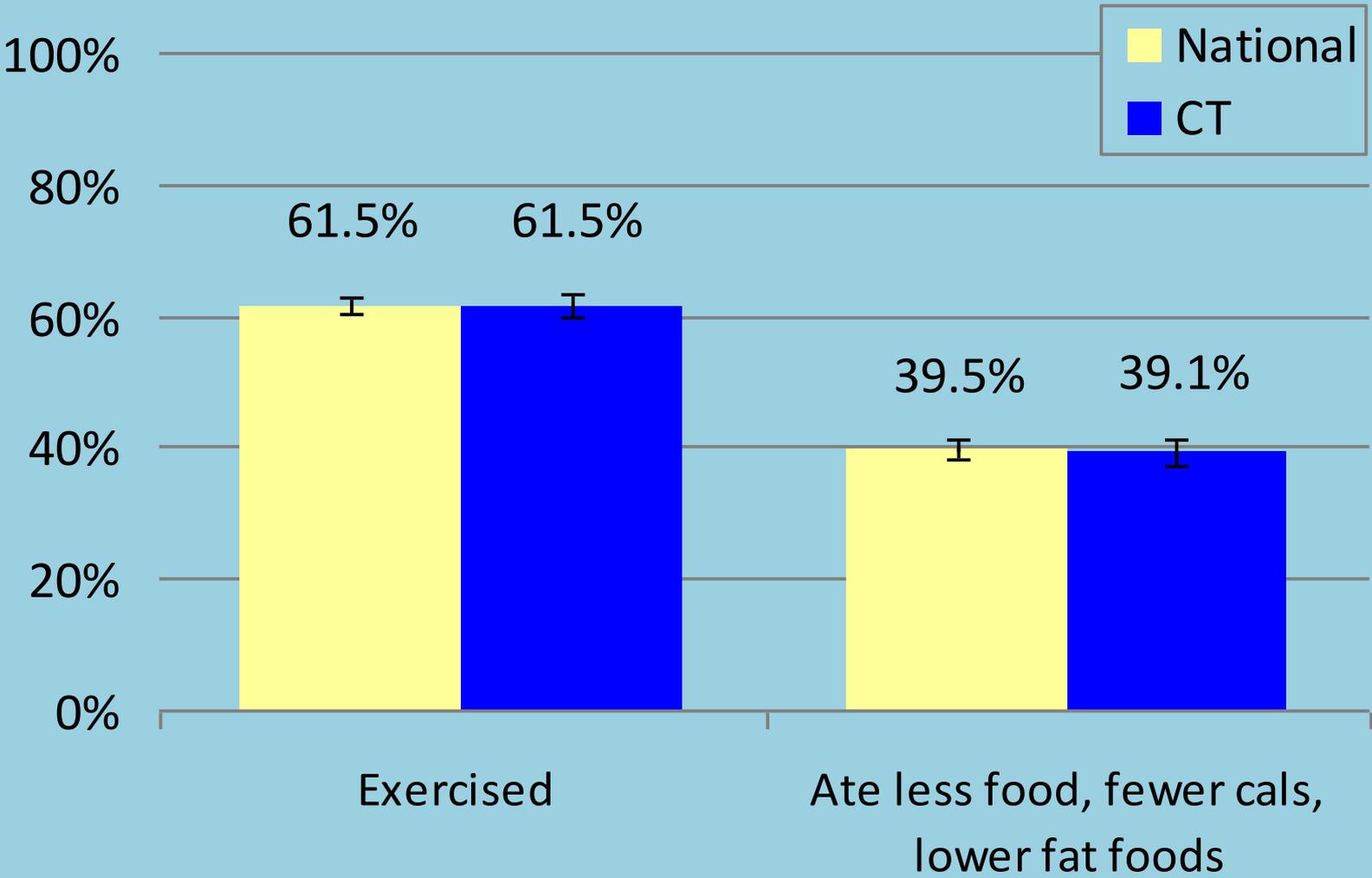
Students that describe themselves as slightly or very overweight, those trying to lose weight



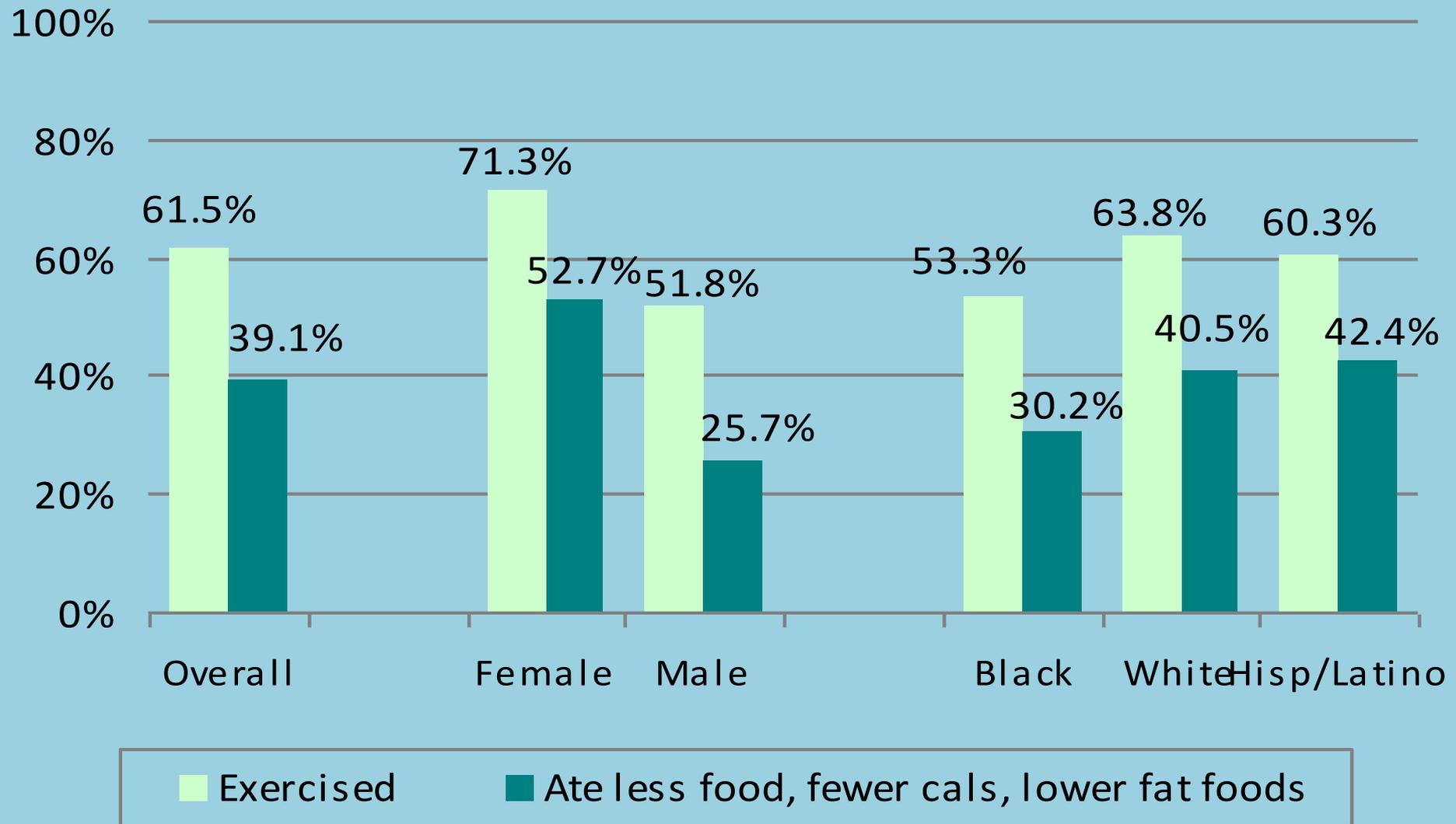
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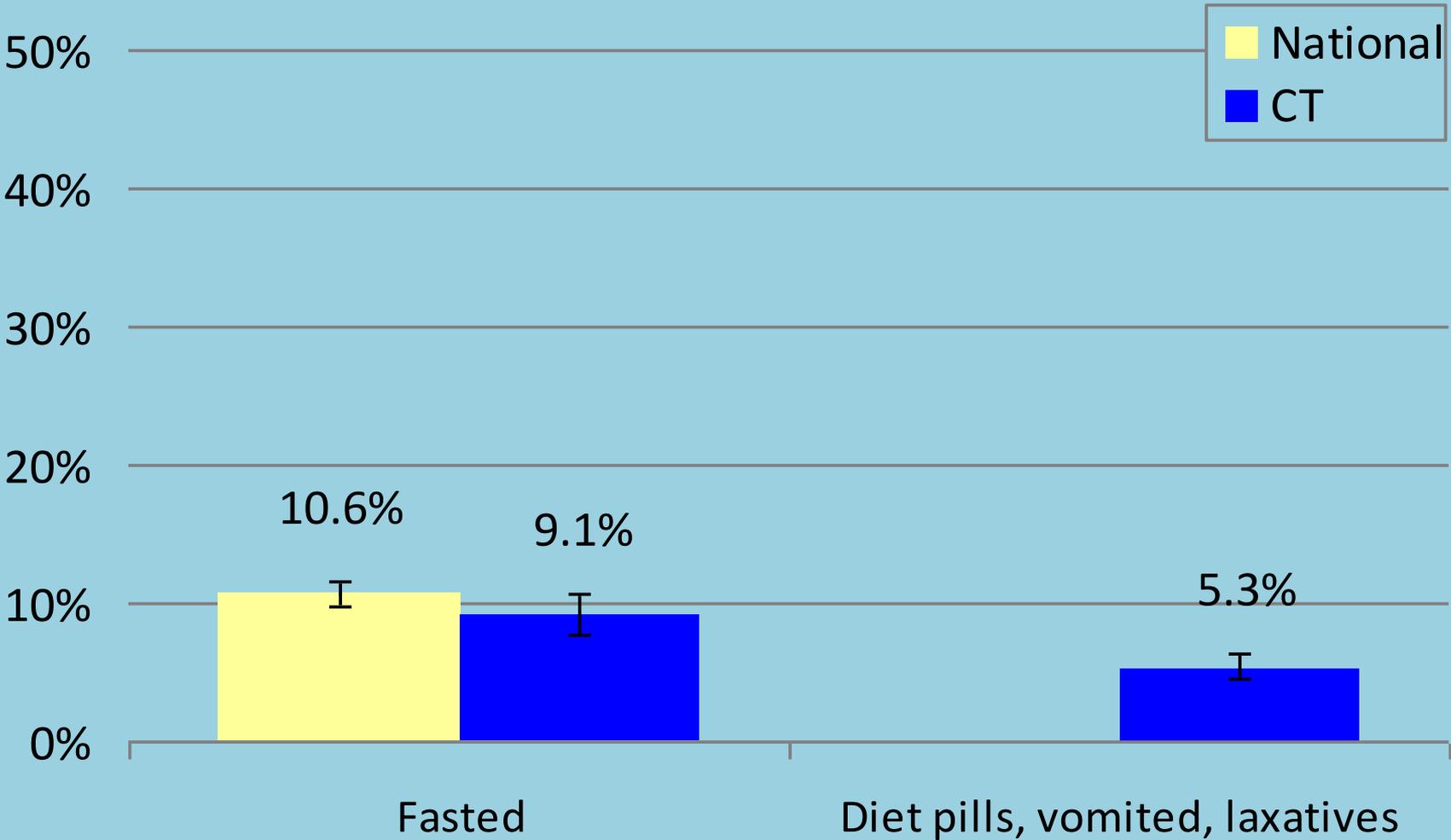
Students that engaged in healthy behaviors to lose weight



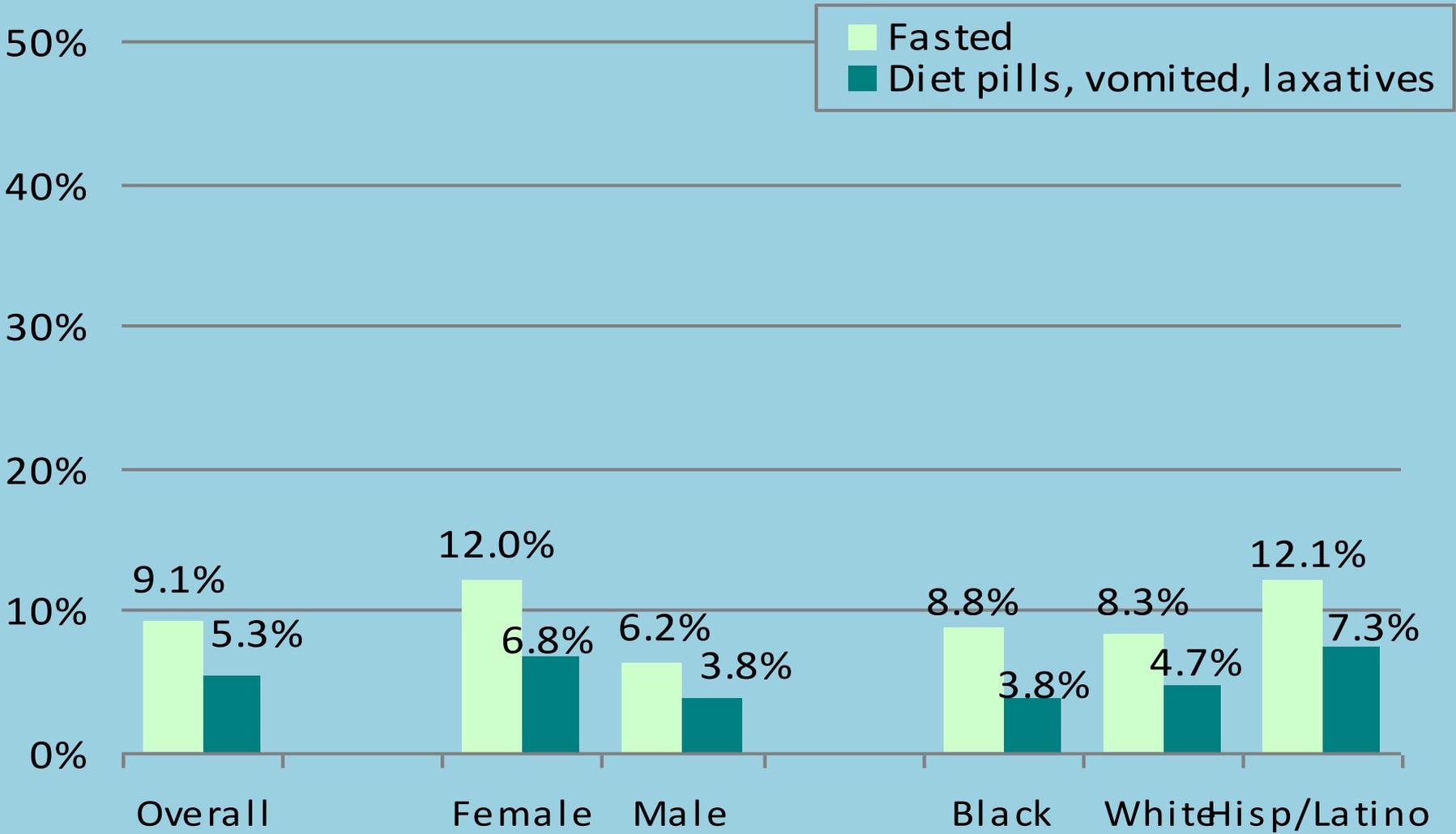
Students that engaged in healthy behaviors to lose weight



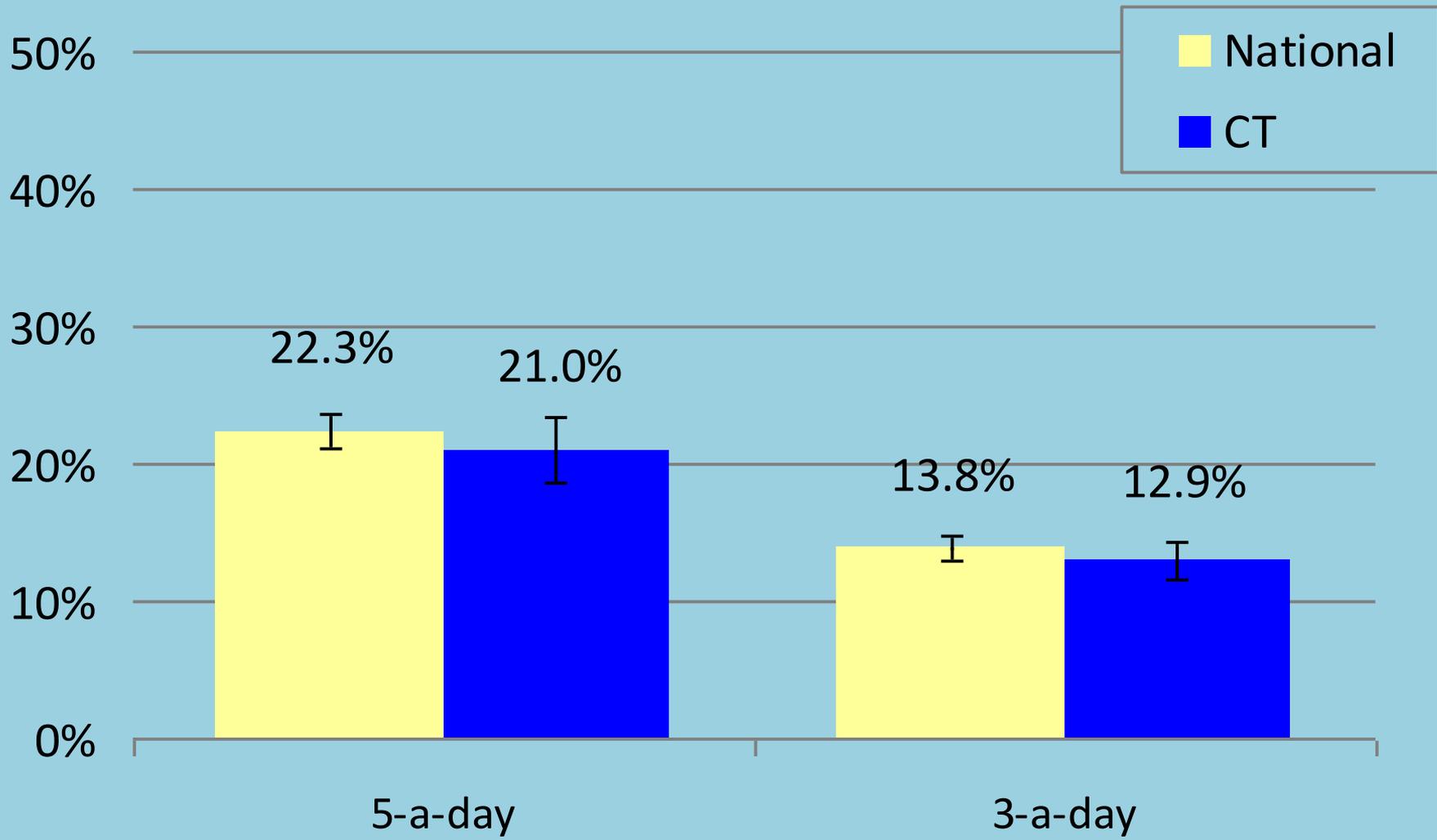
Students that engaged in unhealthy behaviors to lose weight



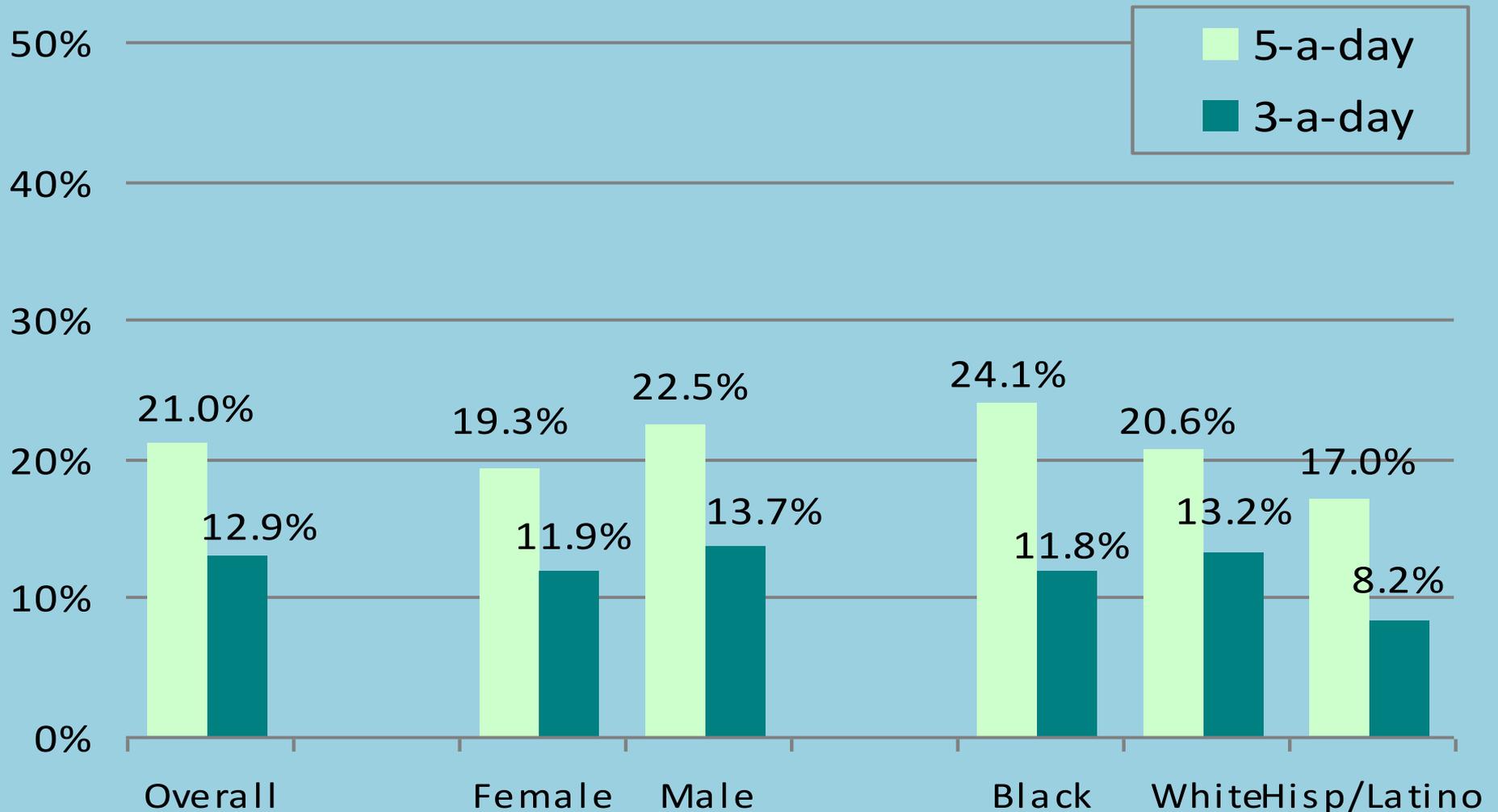
Students that engaged in unhealthy behaviors to lose weight



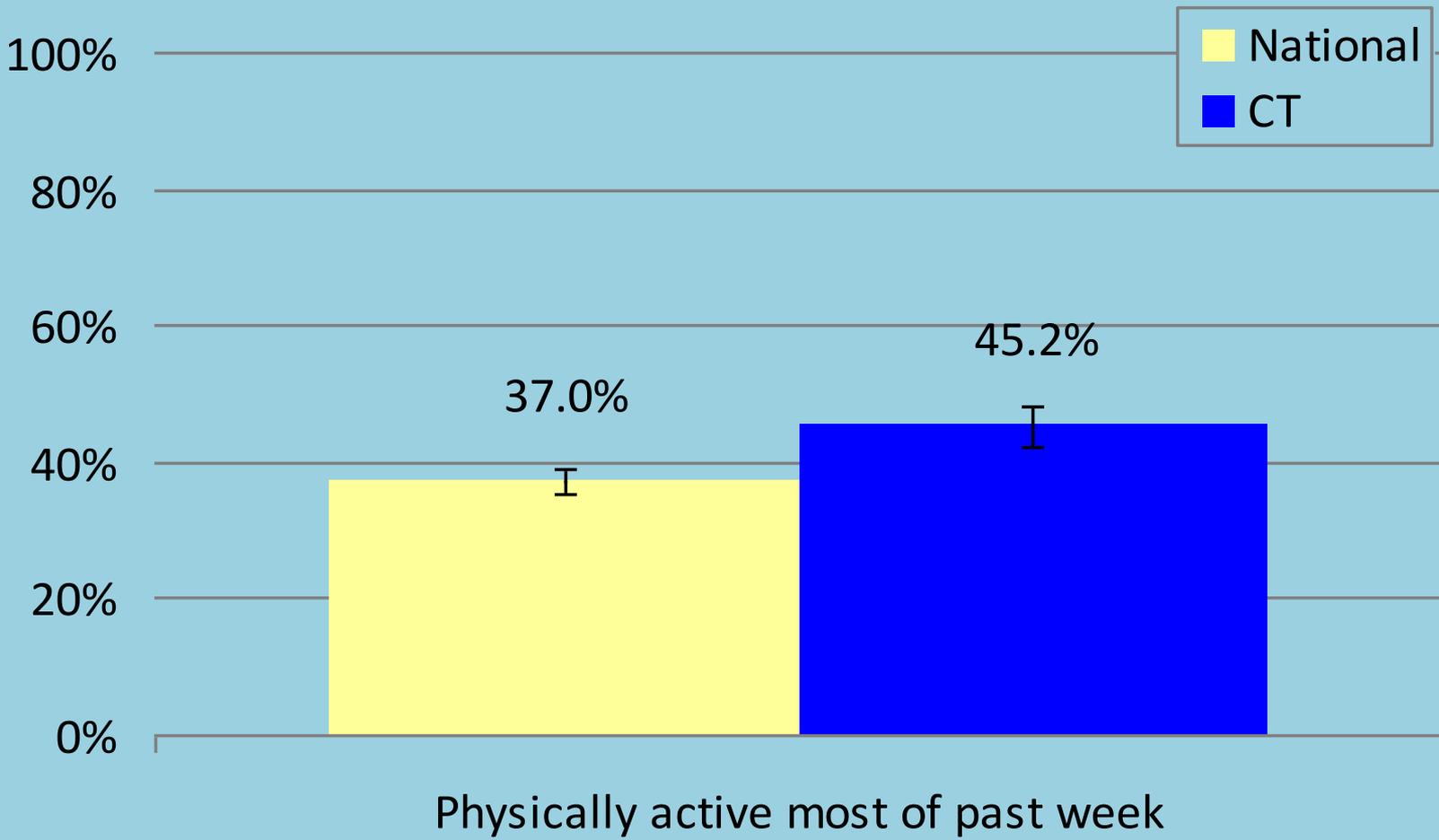
Students who ate “5-a-day” or “3-a-day” during the past seven days



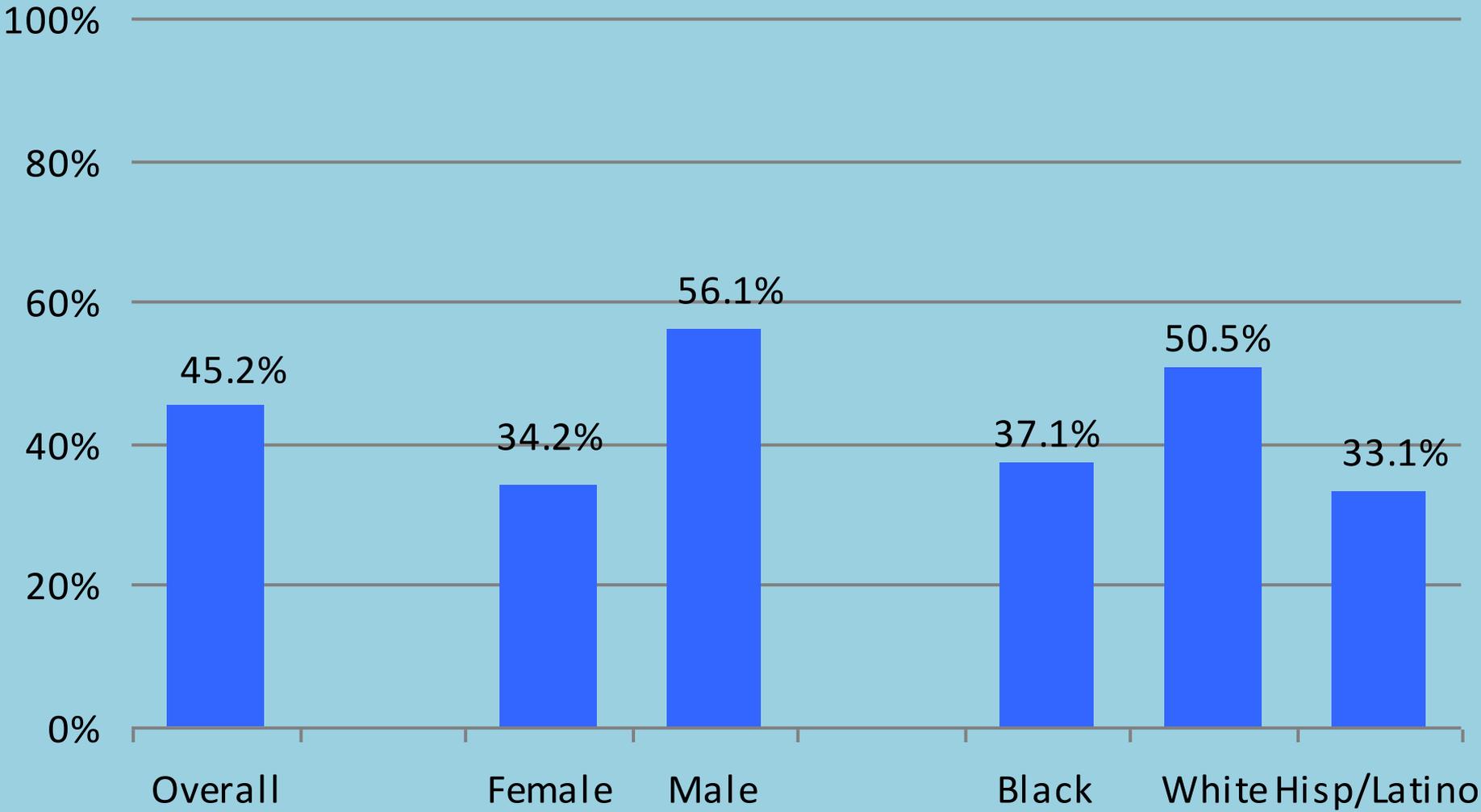
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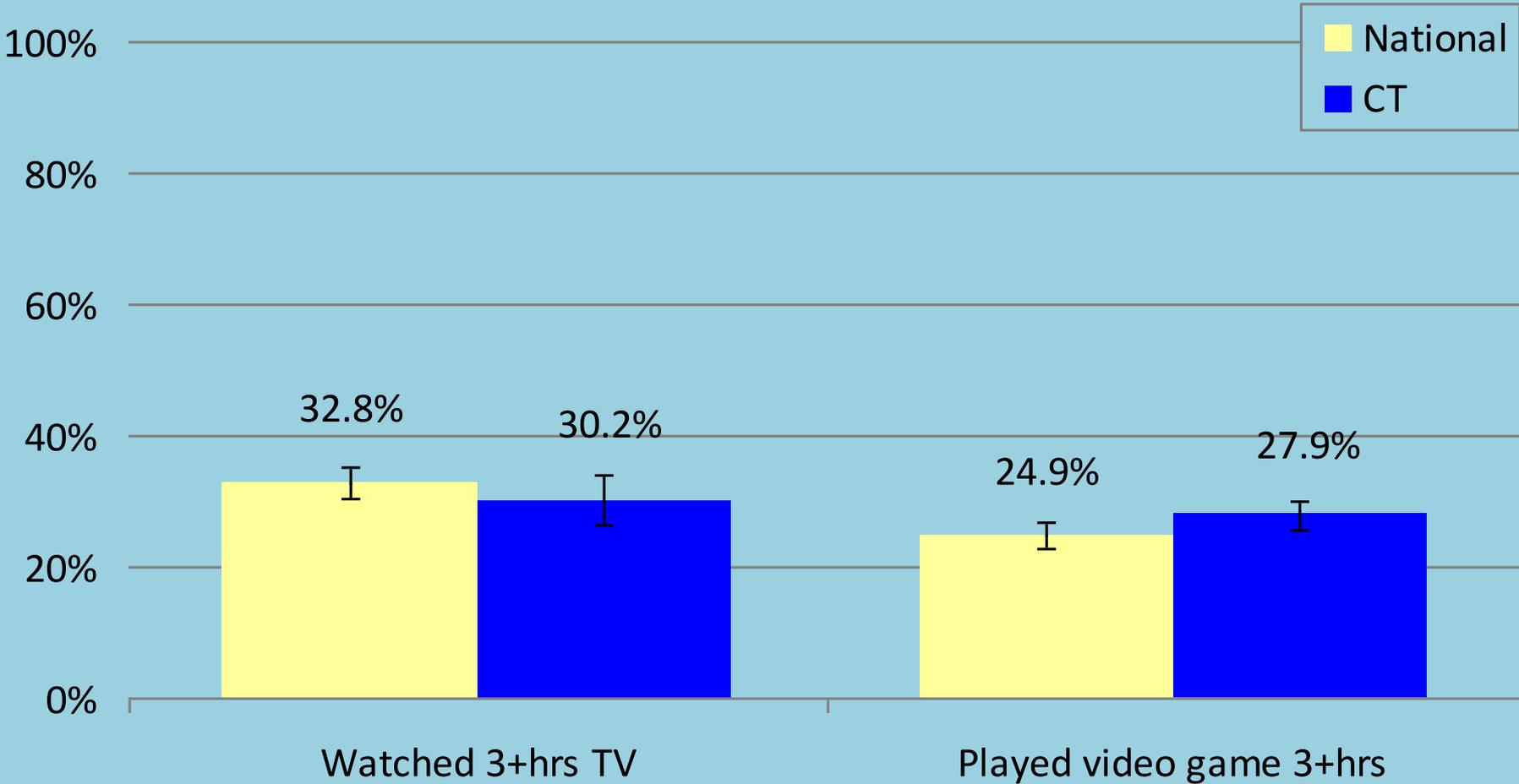
Students that were physically active for 60 minutes per day on 5 of the past 7 days



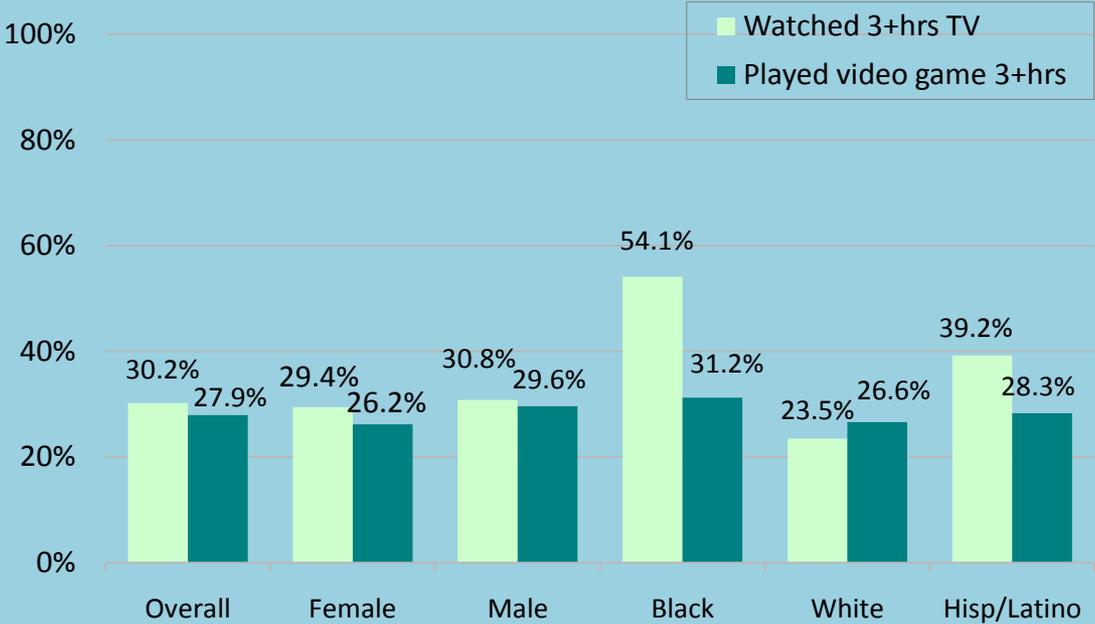
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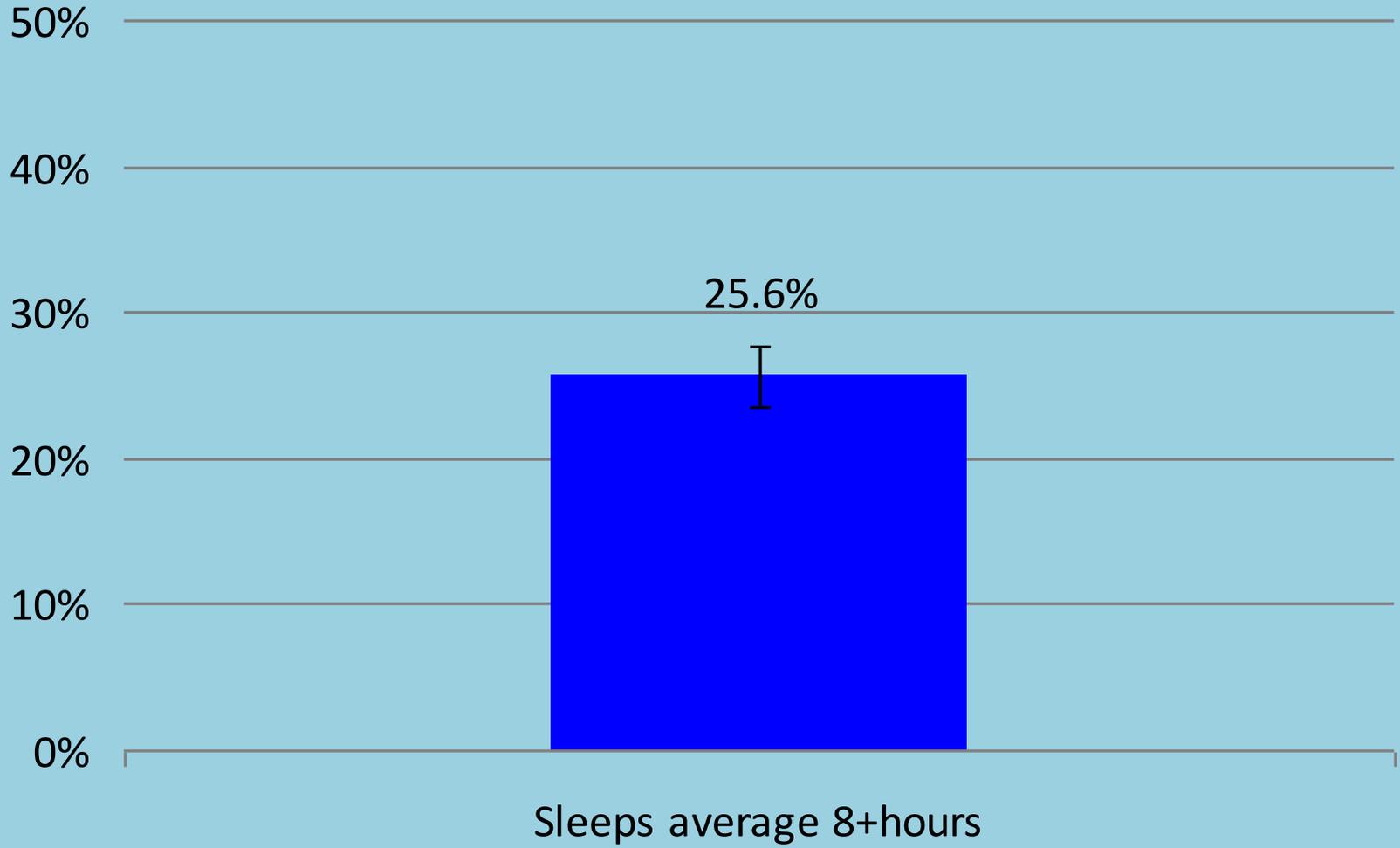
Students that watch 3+ hours of TV or play 3+ hours of video games/computer use (not for schoolwork) on an average school night



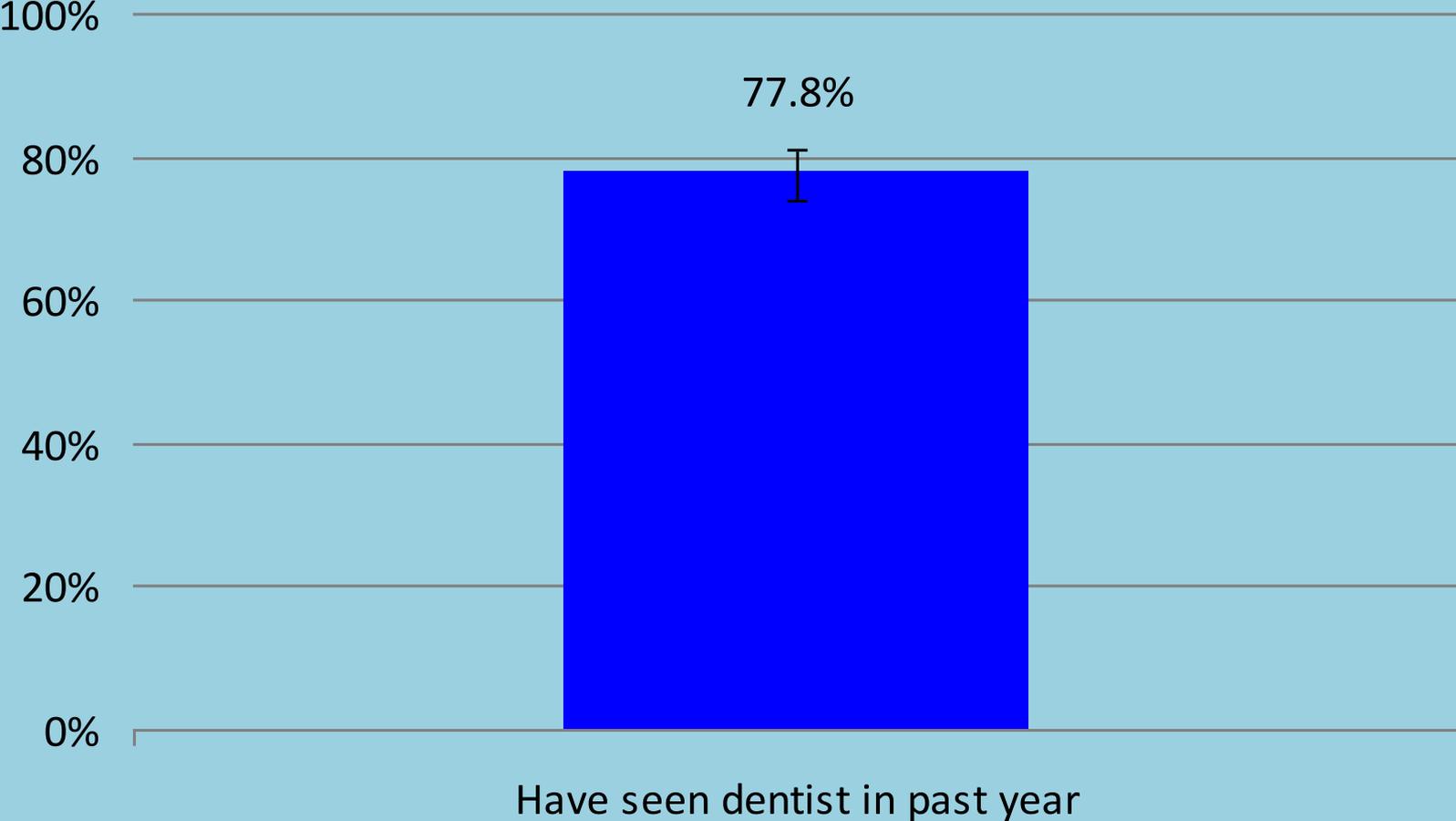
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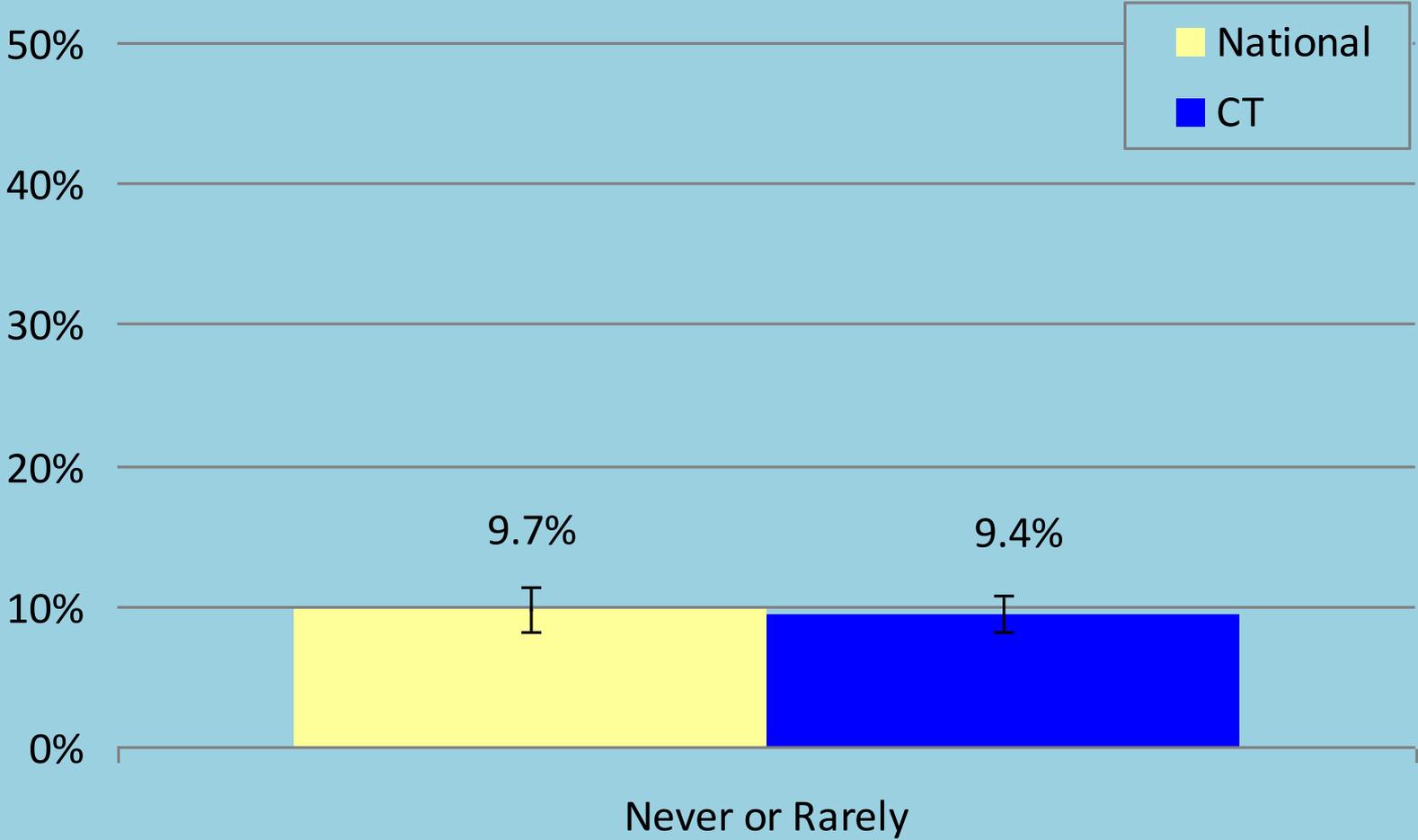
Students that report sleeping 8 or more hours on average school night



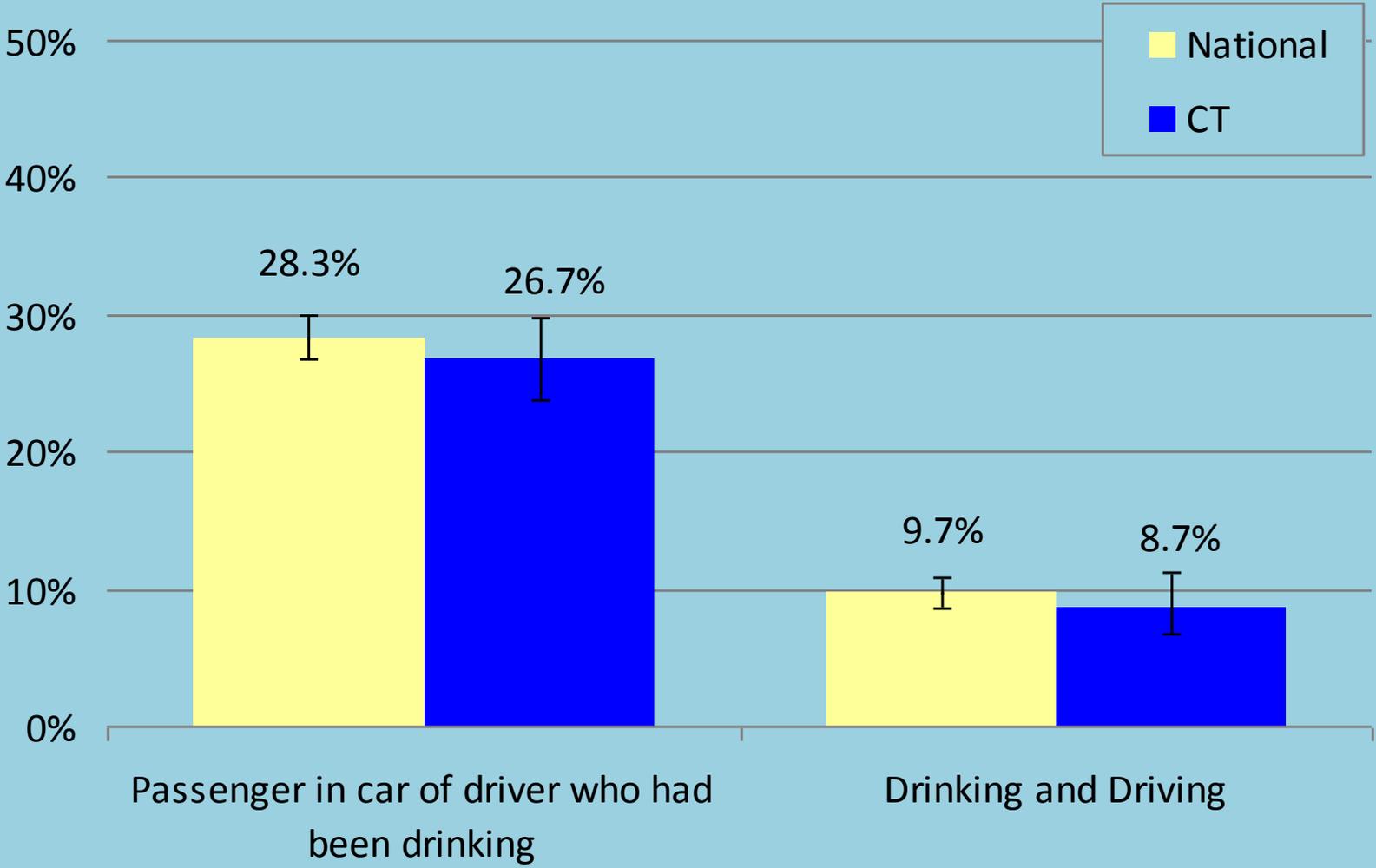
Students that have seen a dentist for a check-up, exam, cleaning or other dental work in the past 12 months



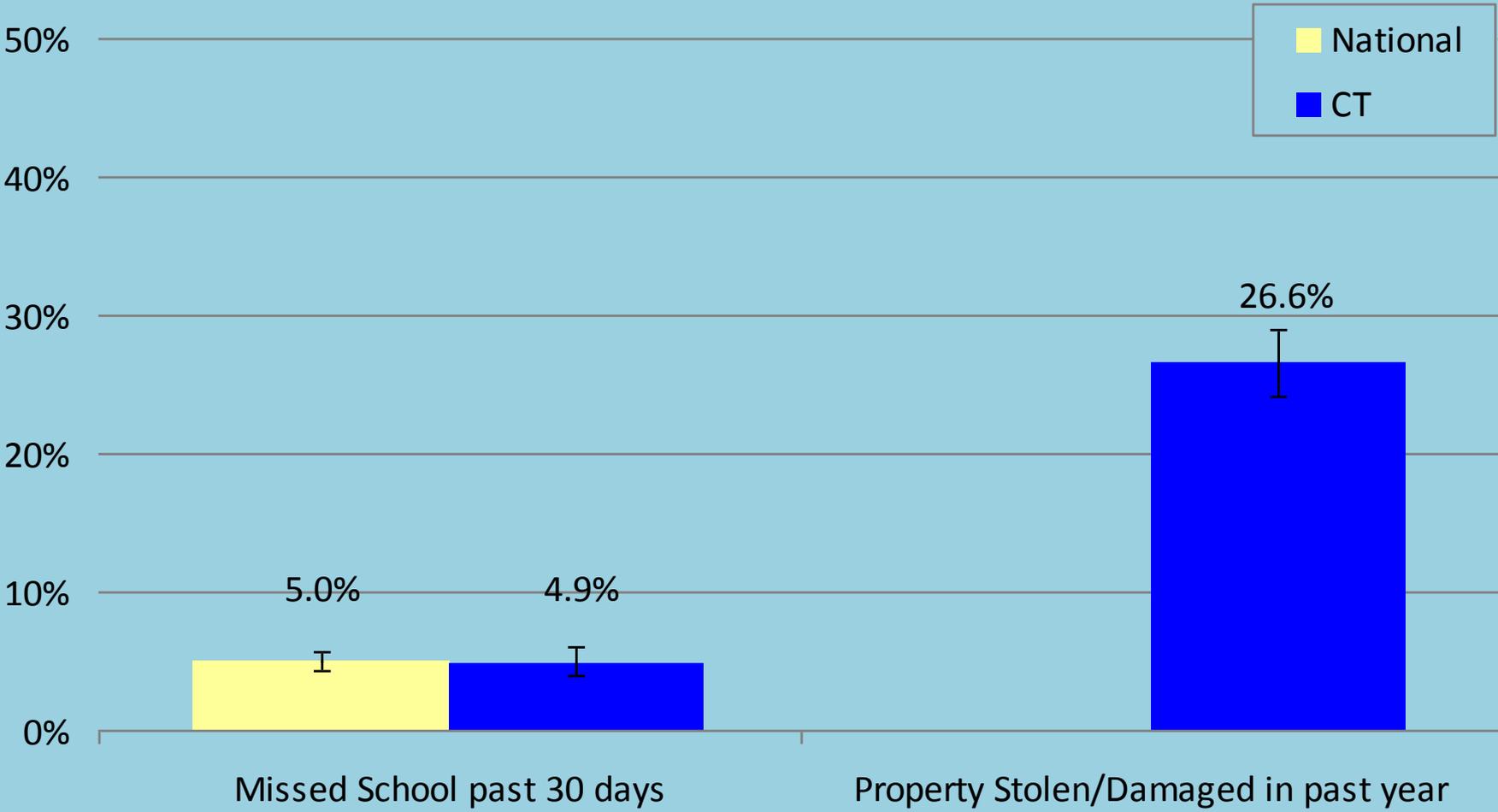
Students who never or rarely wore a seat belt when a passenger in a vehicle



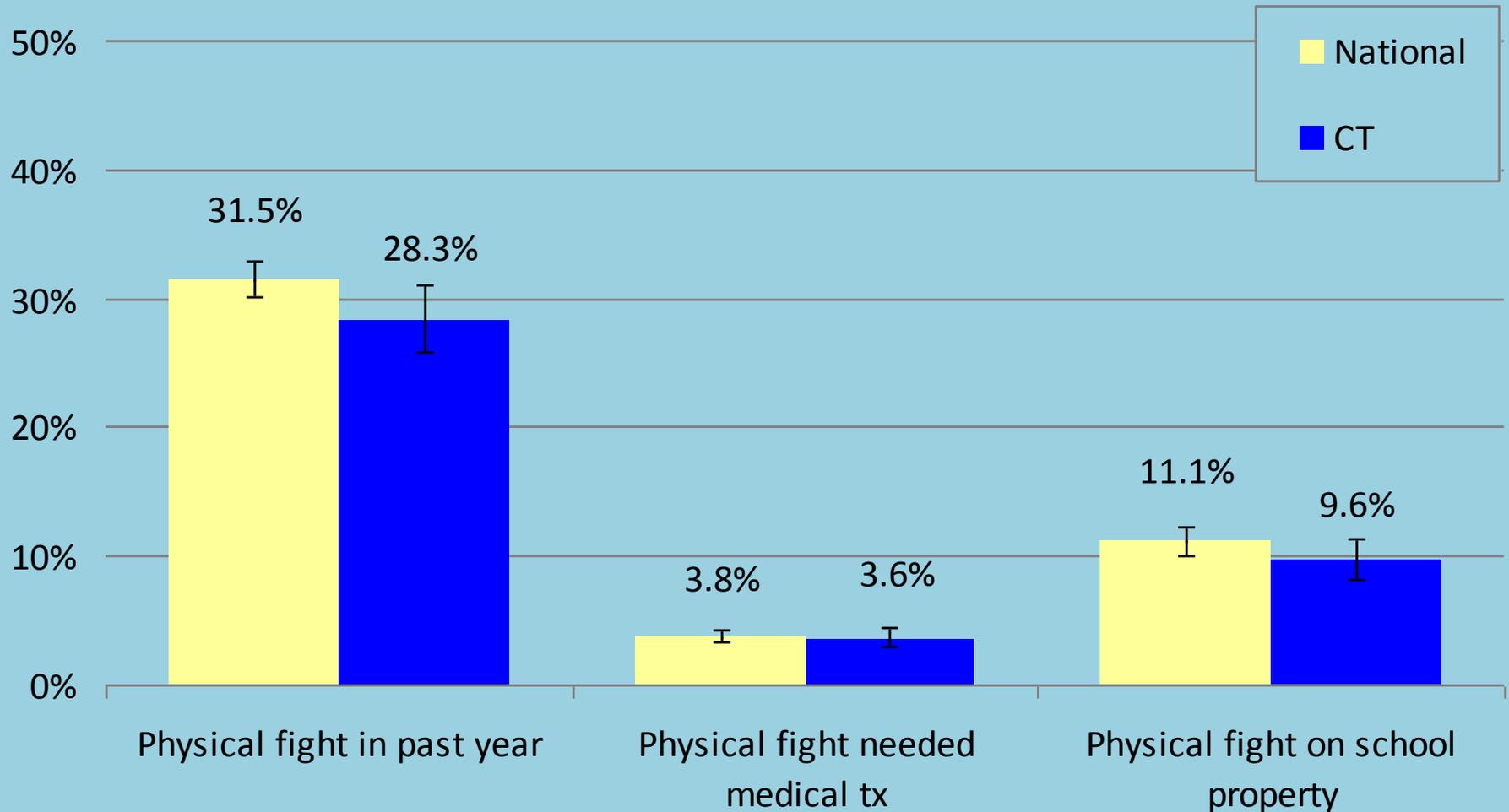
In past month, students who rode in car driven by someone who had been drinking, or had driven after drinking



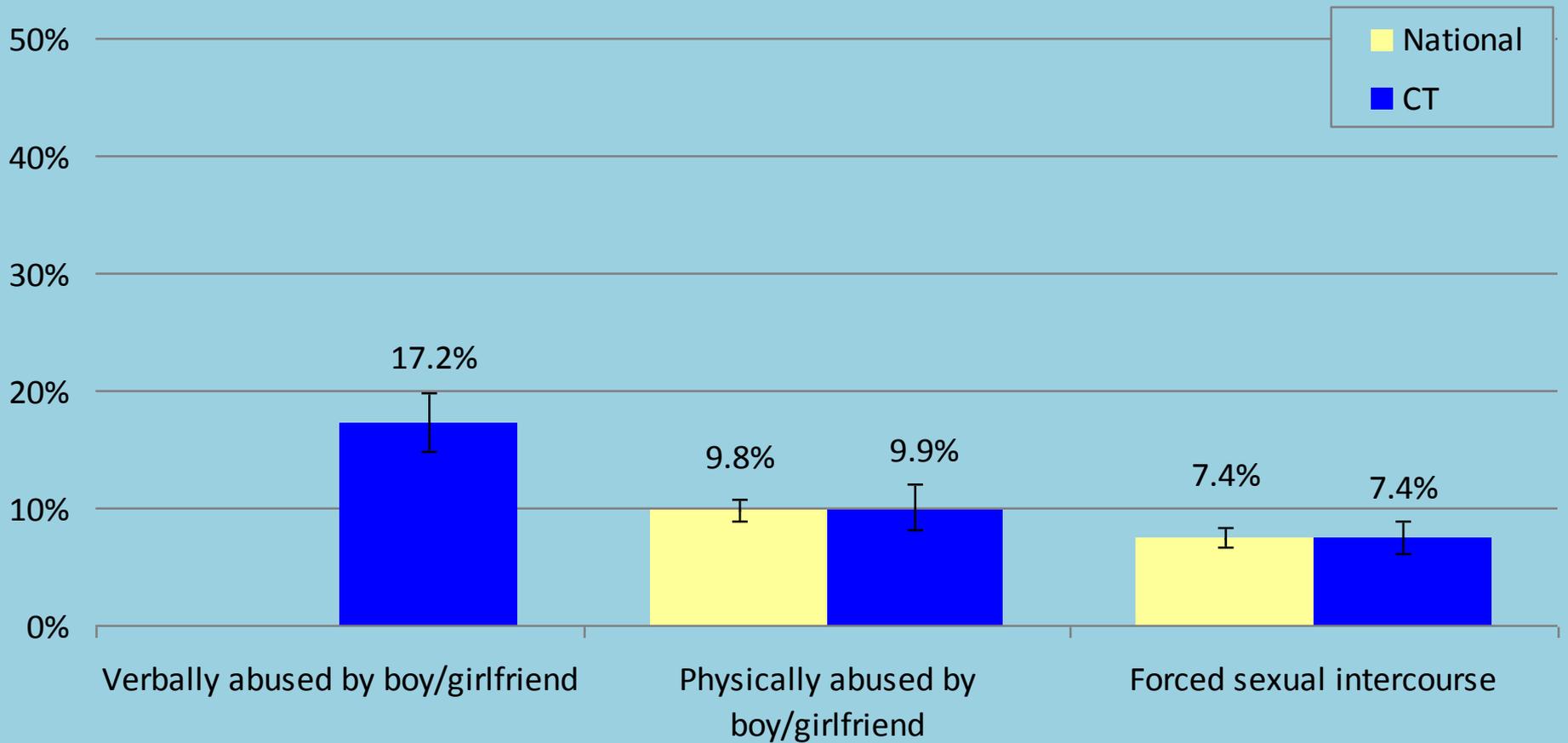
Students who missed school In past month because felt unsafe, or had property stolen or damaged at school in past year



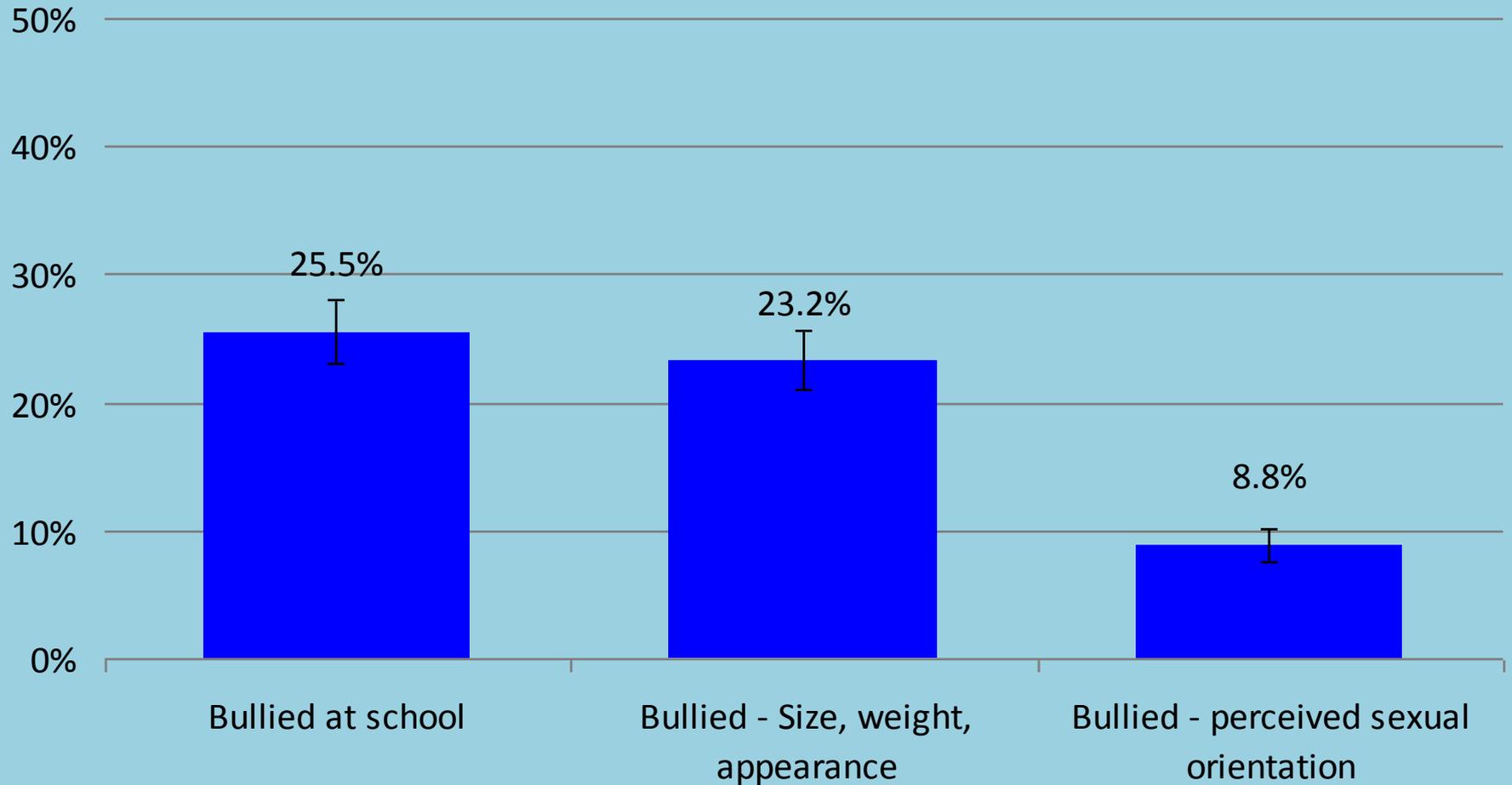
In past month, students who were in a physical fight



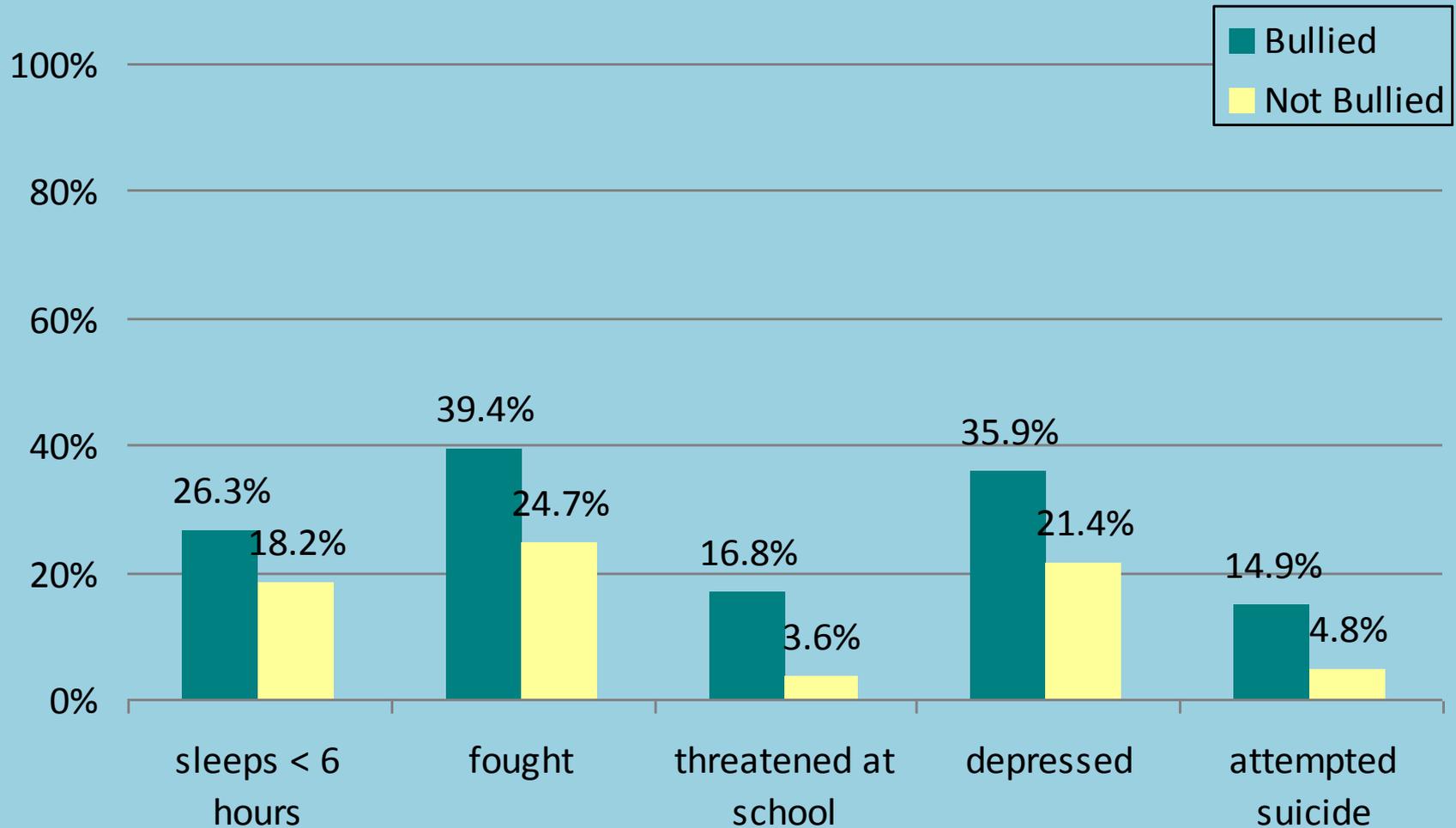
Dating Violence and Forced Sexual Intercourse



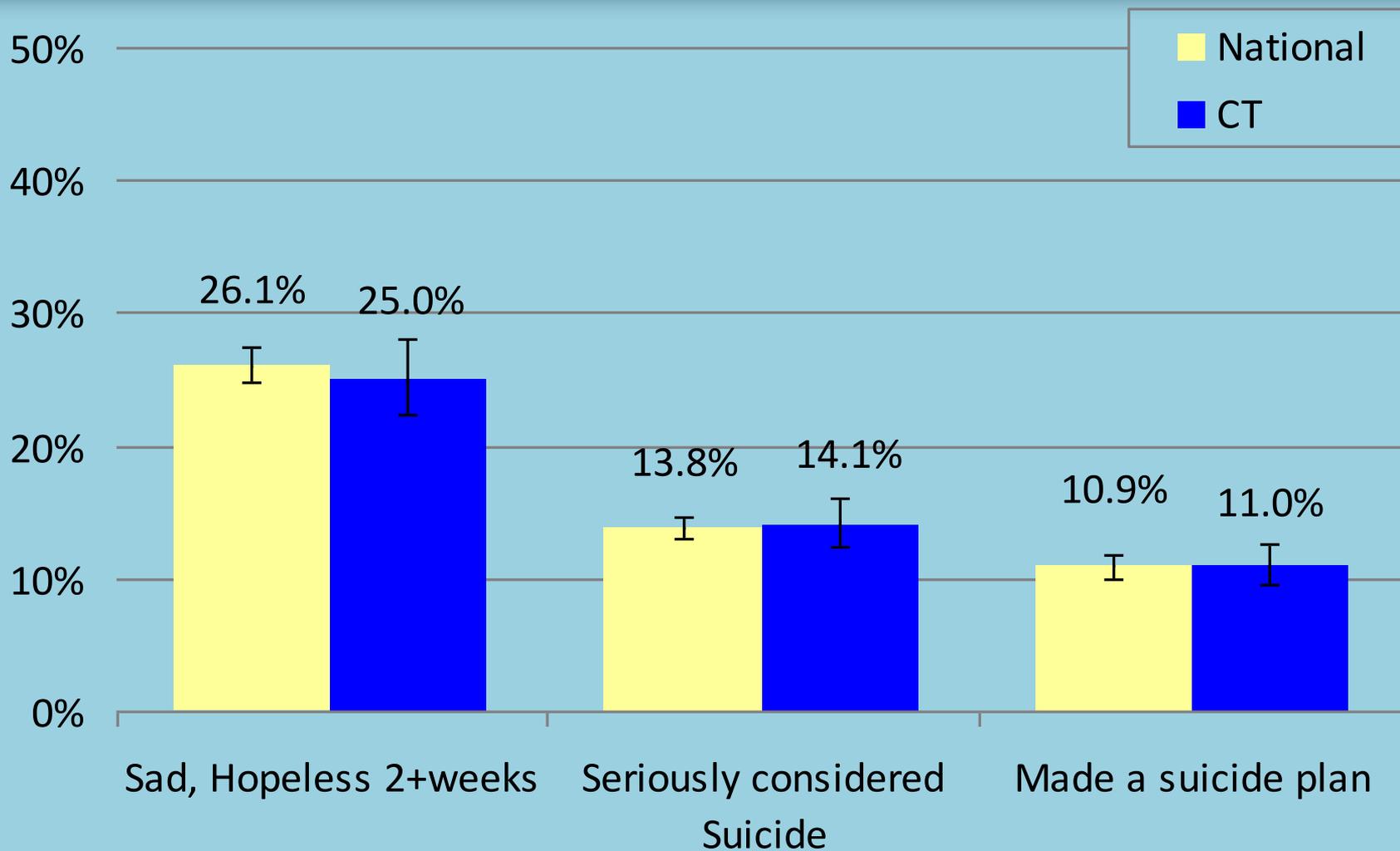
Bullying in the past year



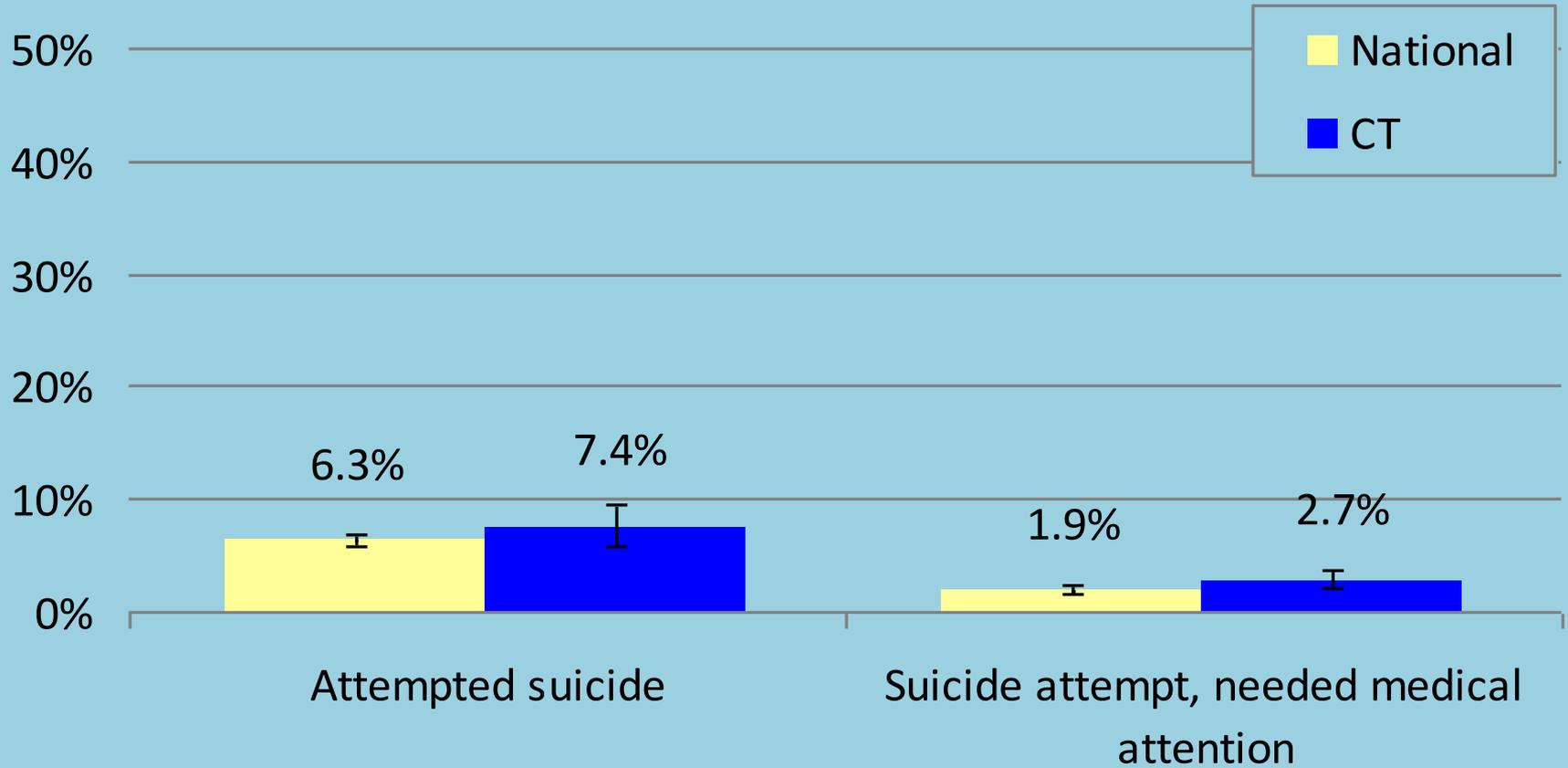
Being bullied and other risk behaviors



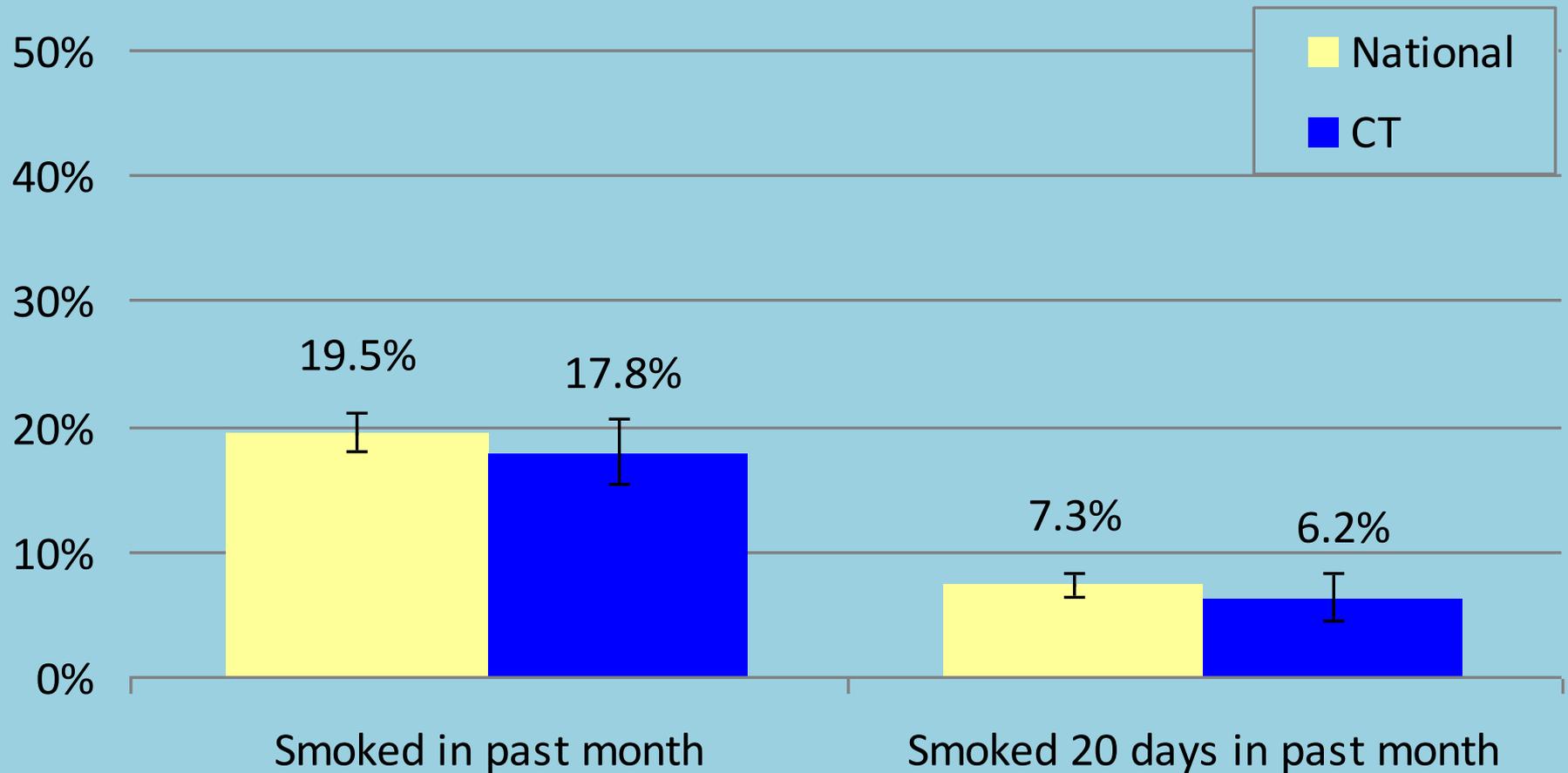
Depression and Suicide Plans



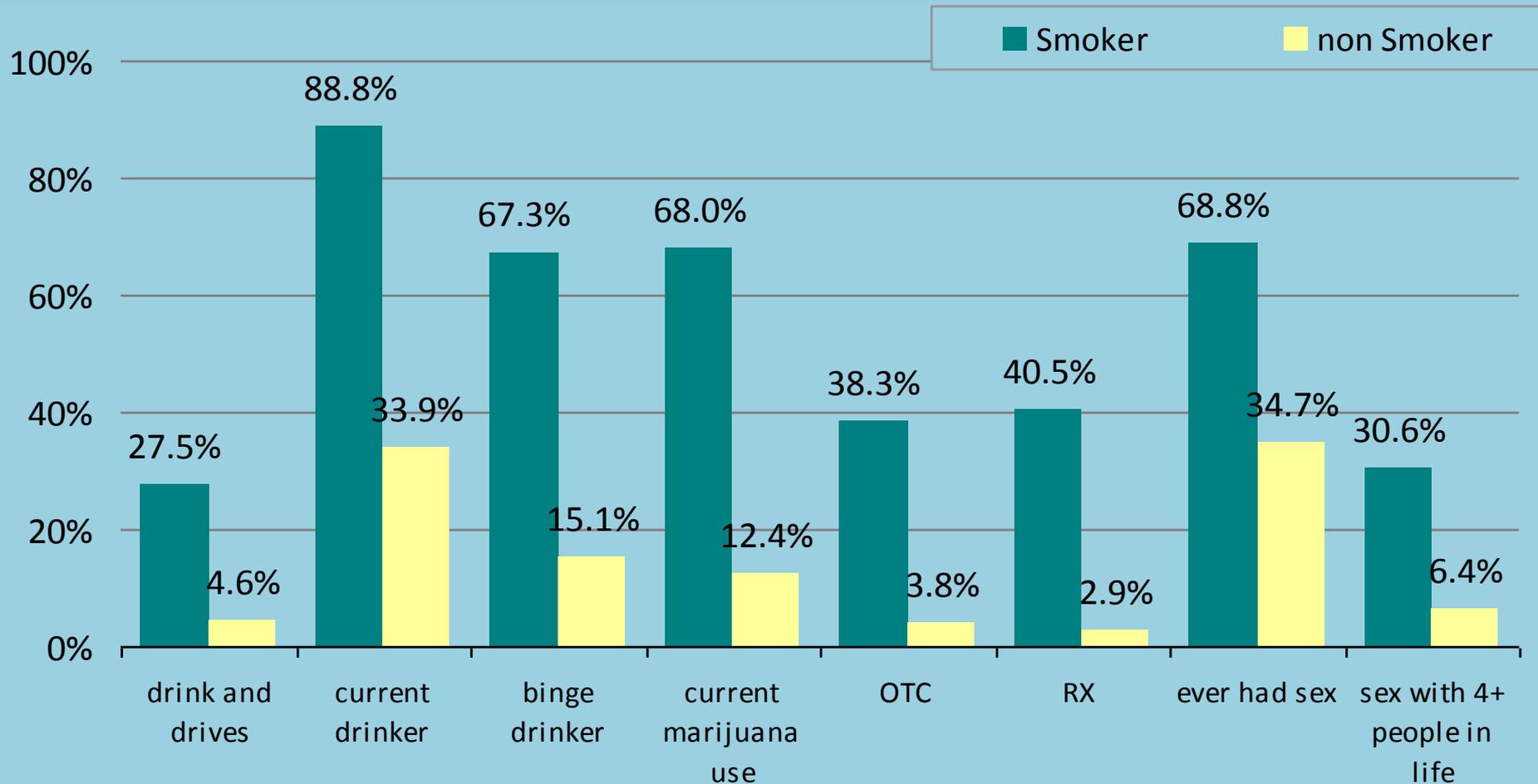
Suicide Attempts



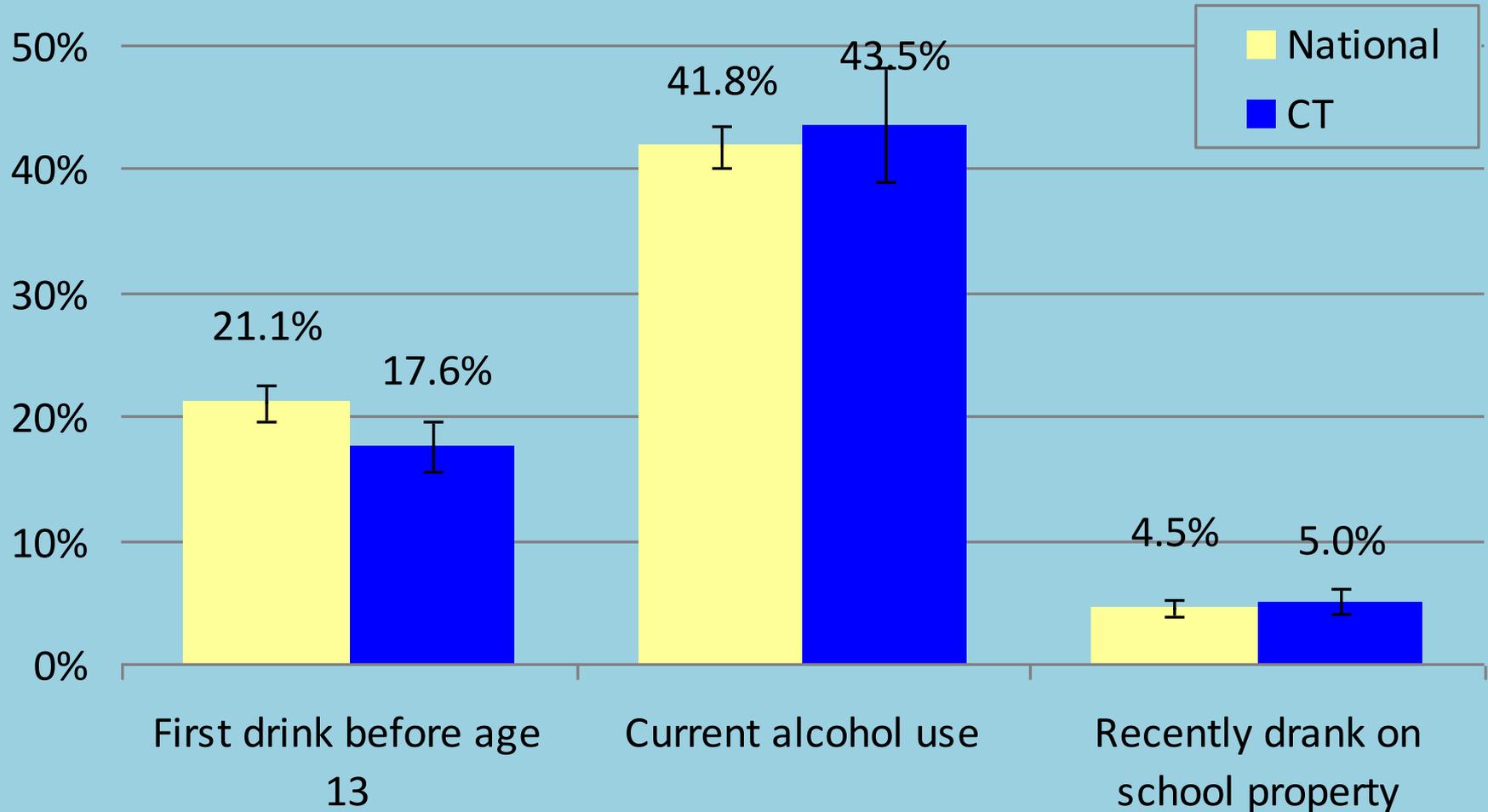
Current smokers and frequent smokers



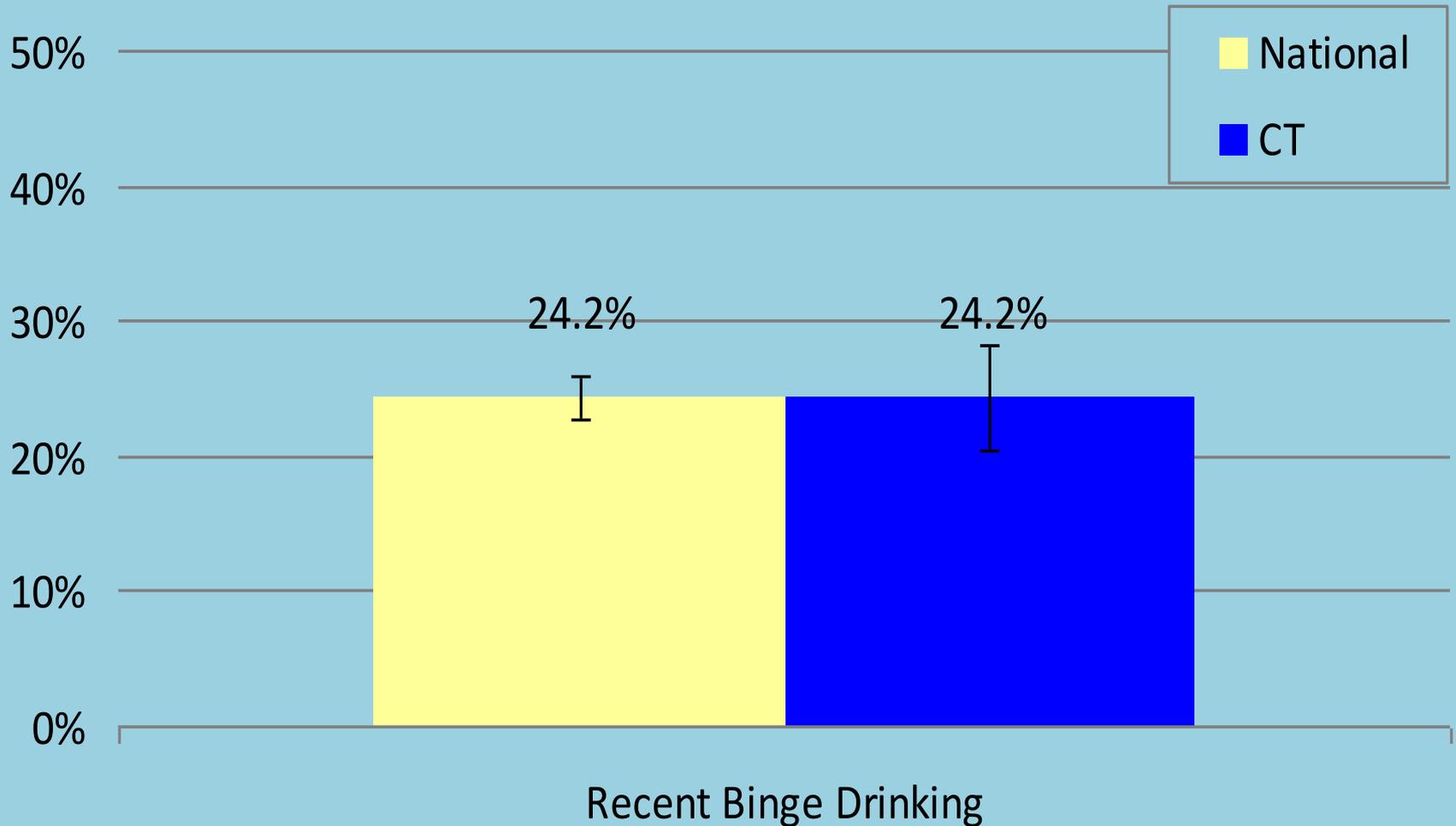
Smoking and other risk behaviors



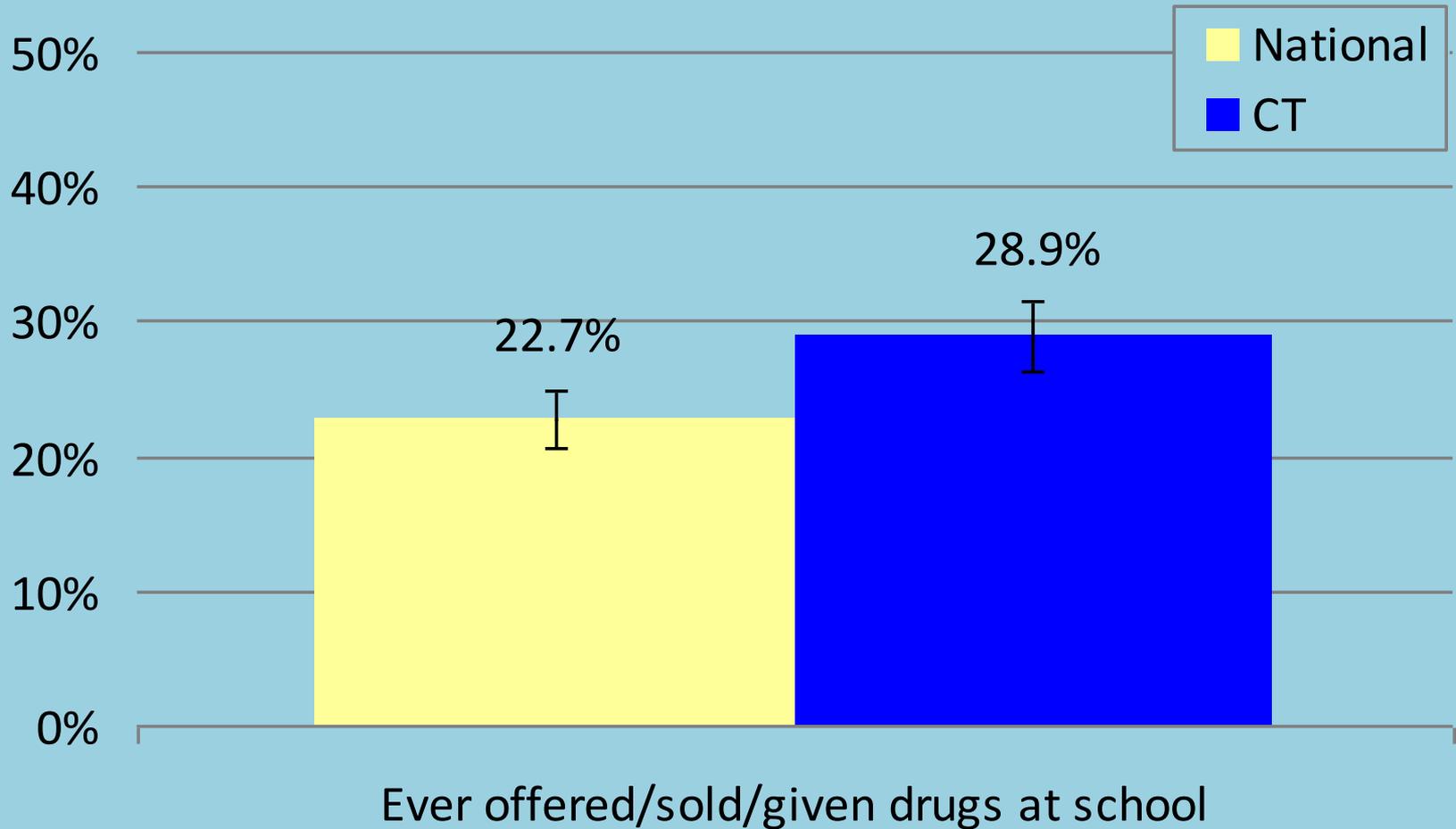
Age of initiation of alcohol use, and alcohol use in the past 30 days



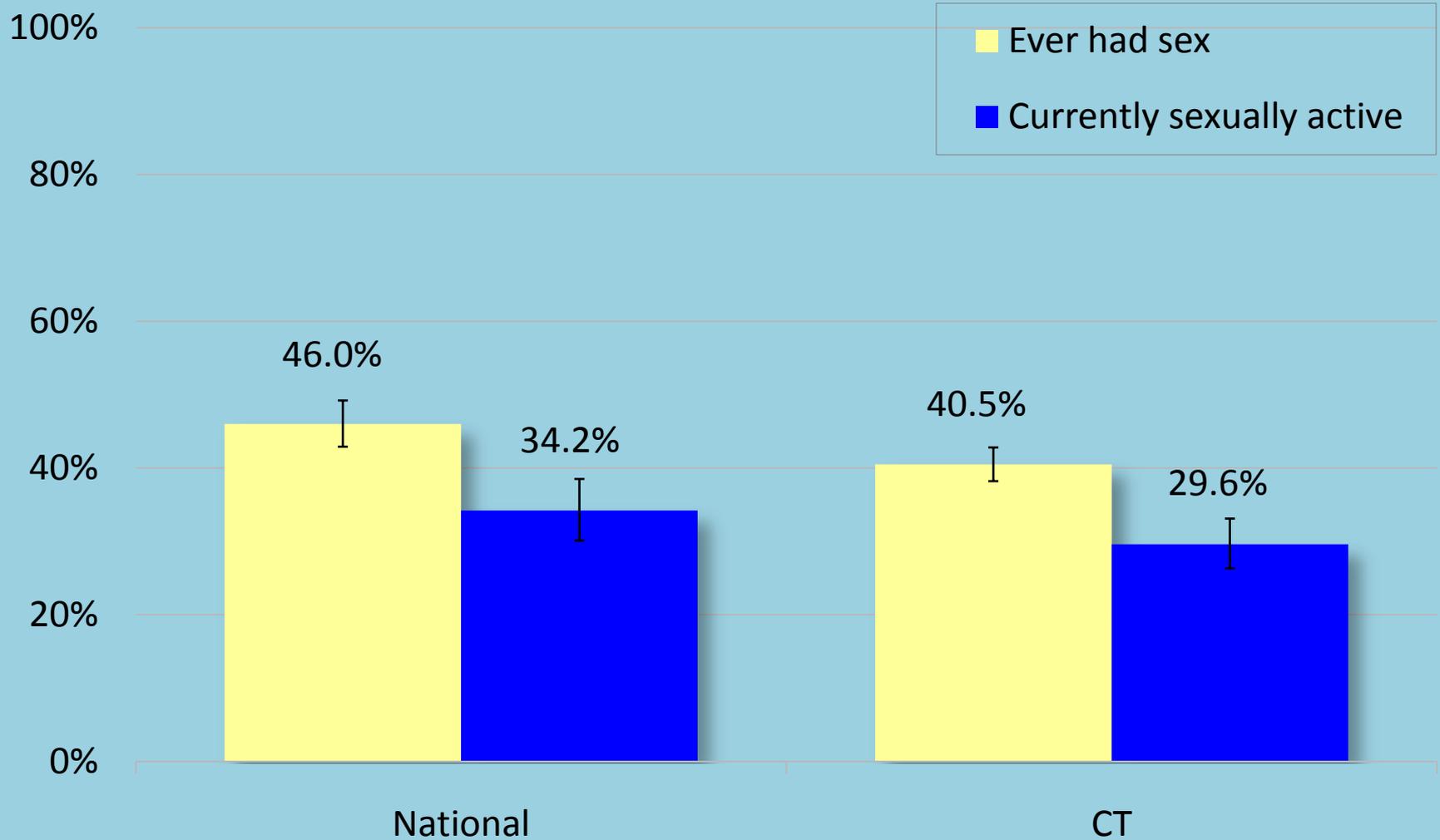
Students who had 5 or more drinks of alcohol in a row (binge drinking) in the past 30 days



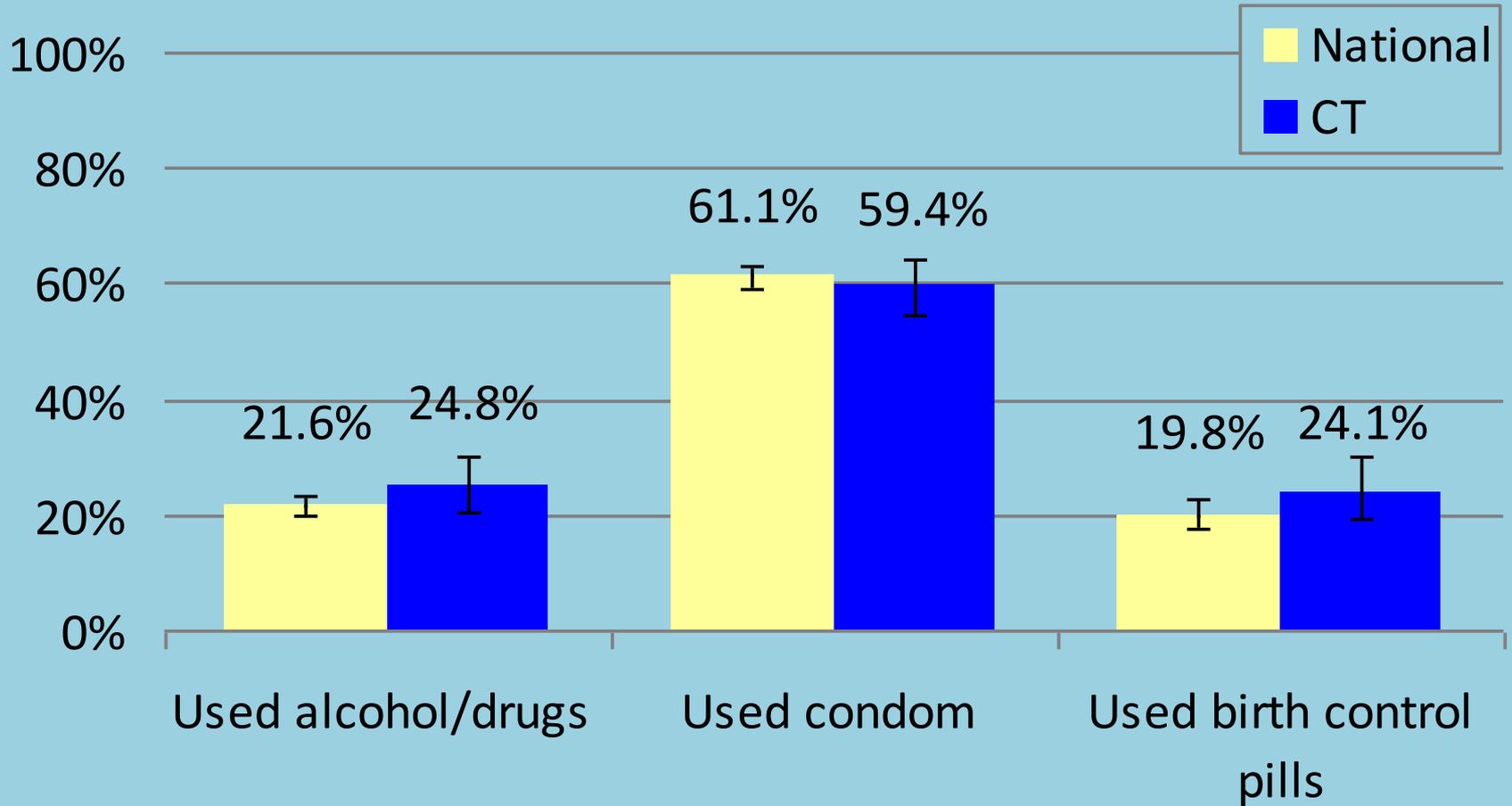
Students who were ever offered, sold or given an illegal drug by someone on school property in the past year



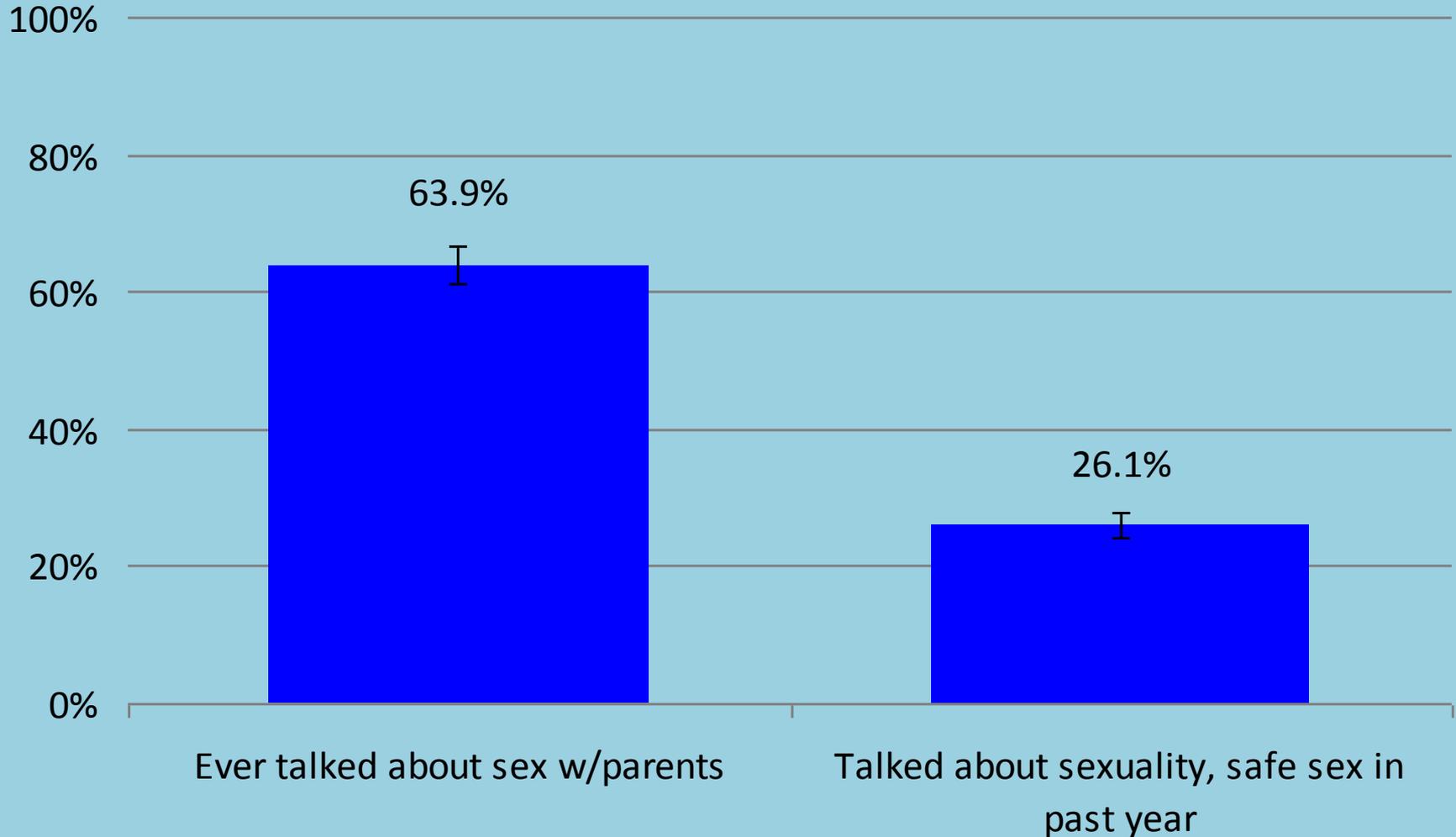
History of sexual behavior



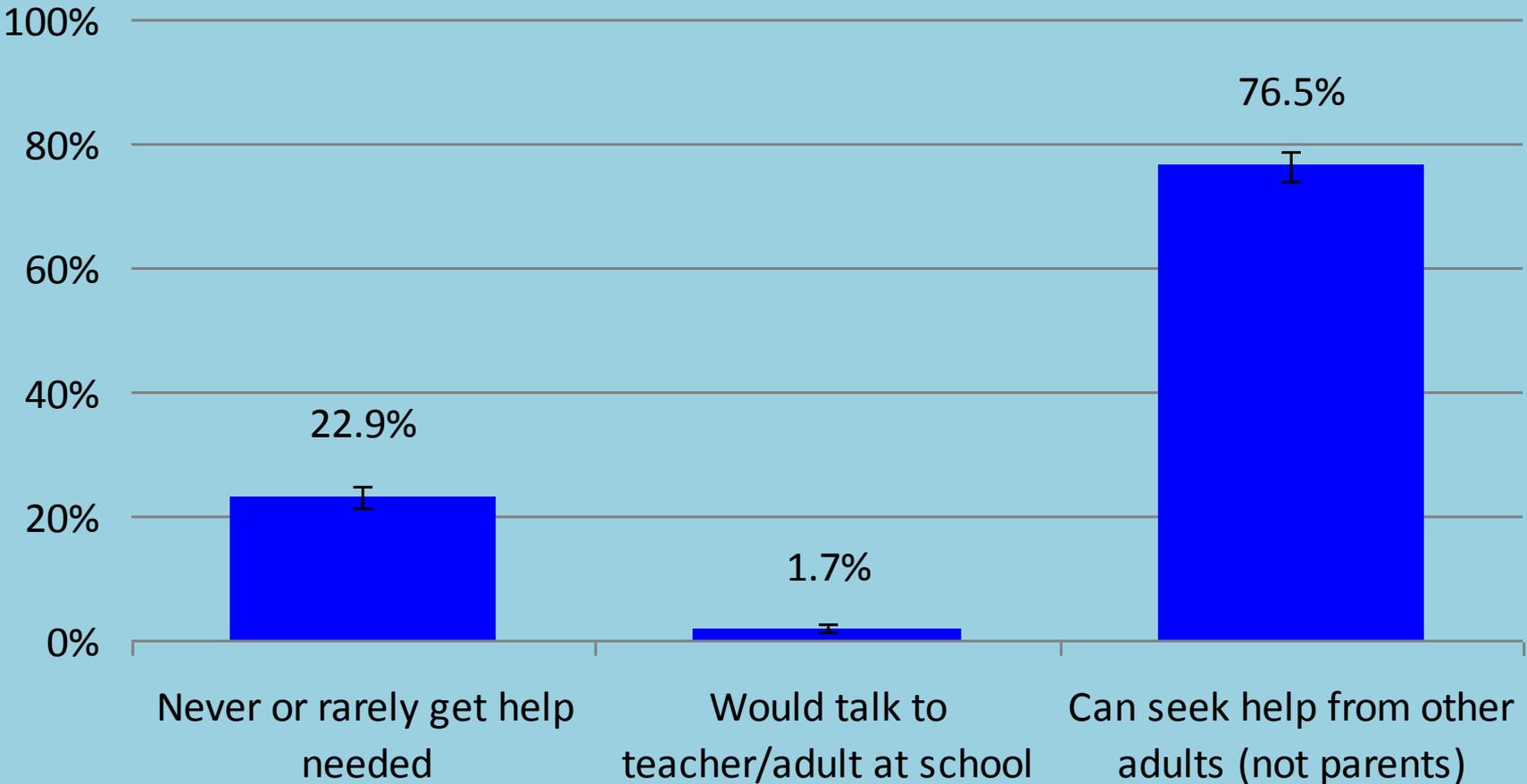
Of those currently sexually active, behavior before the most recent sex



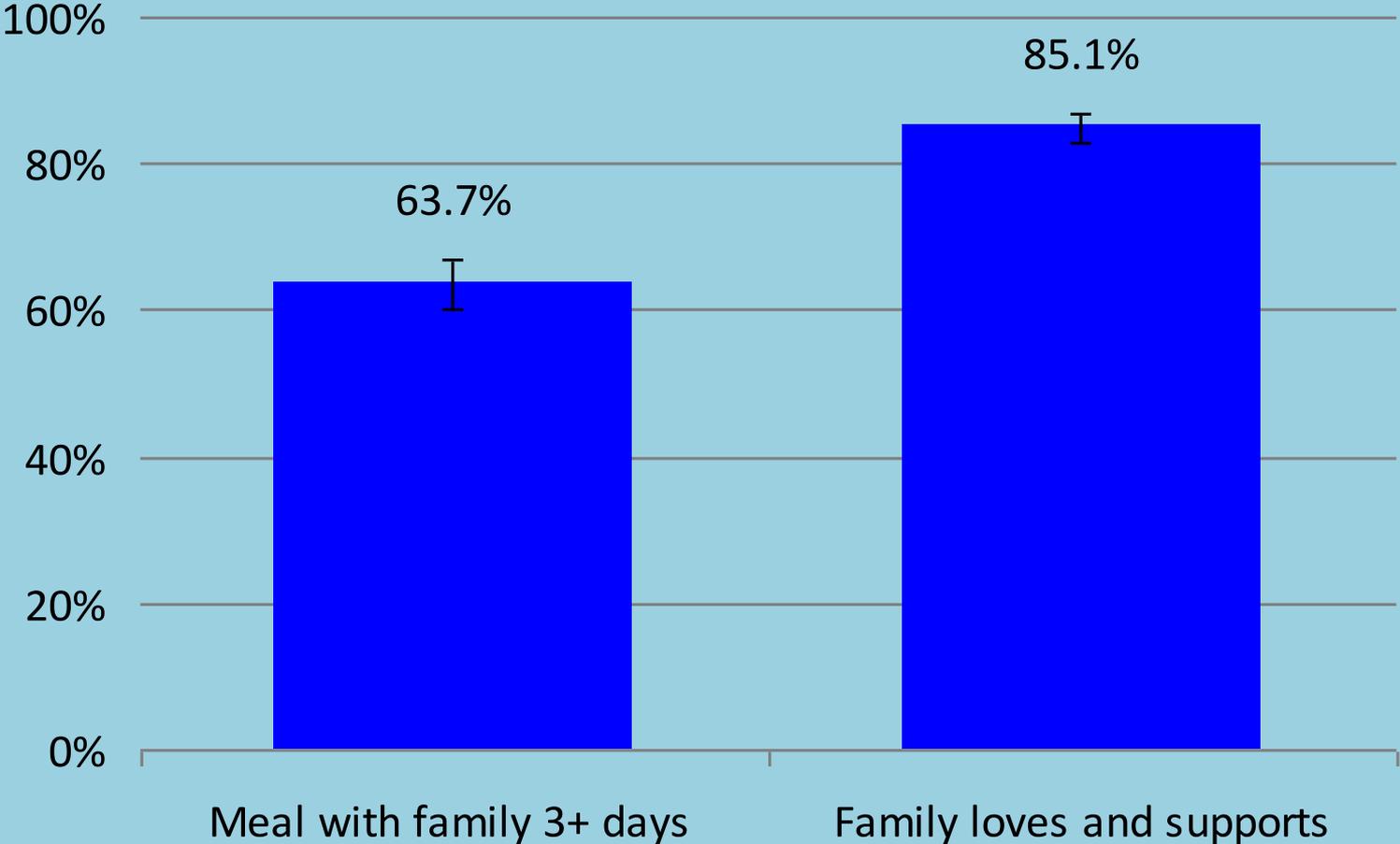
Students that have ever talked to parents about what they expect them to do when it comes to sex, and those that talked to parents about sexuality, STD prevention, or pregnancy in past year



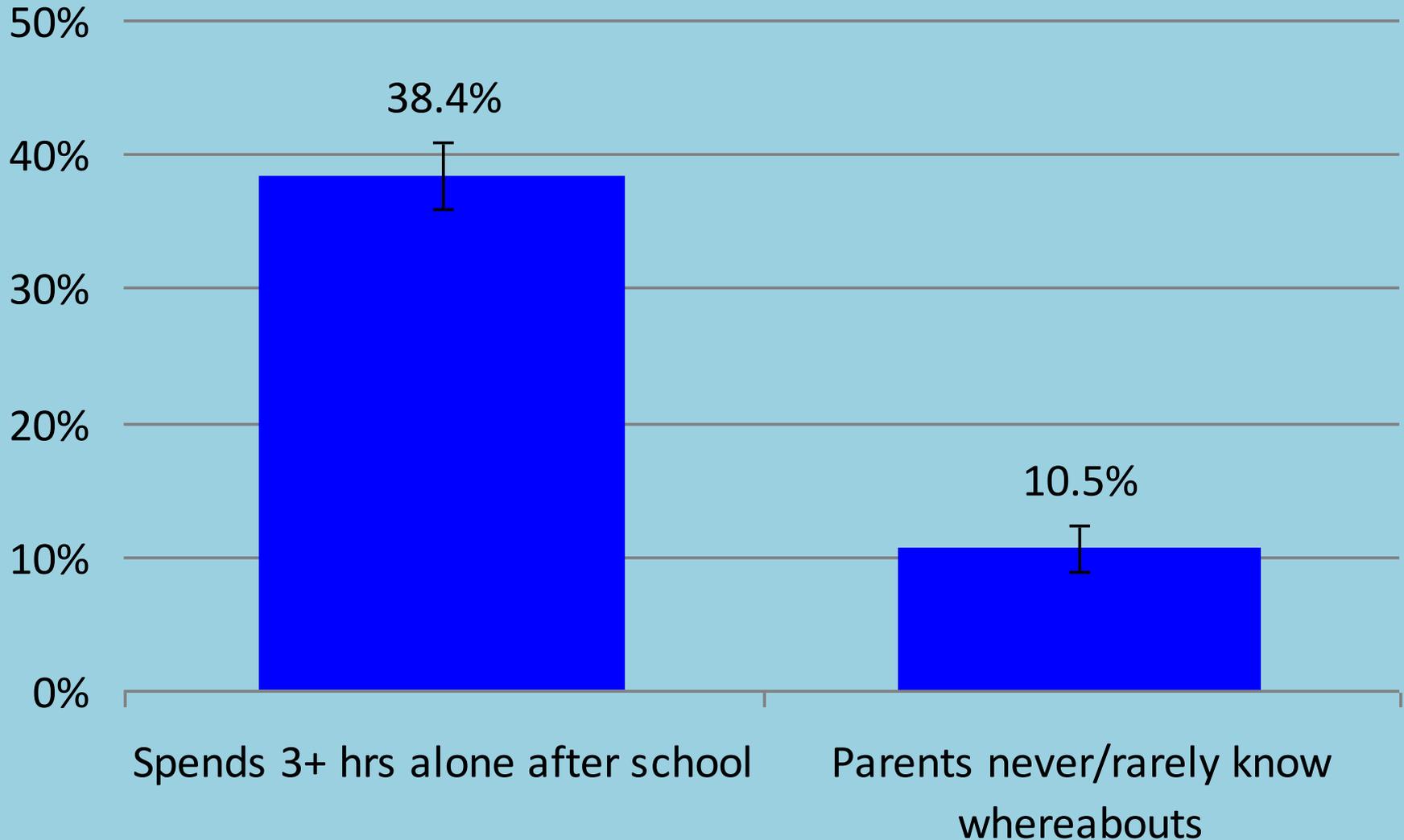
Students that have social support network outside of parents



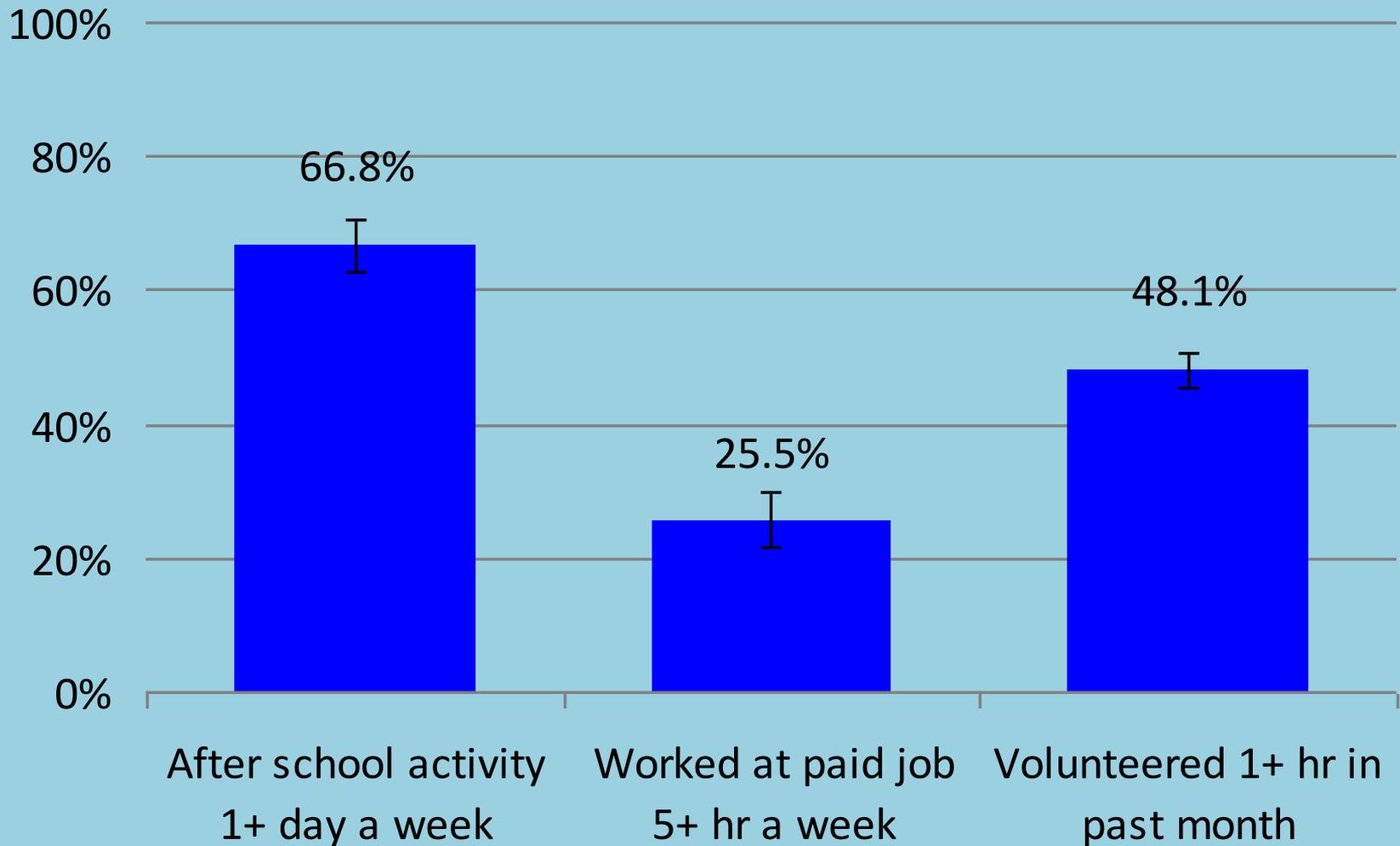
Students and their home/family environment



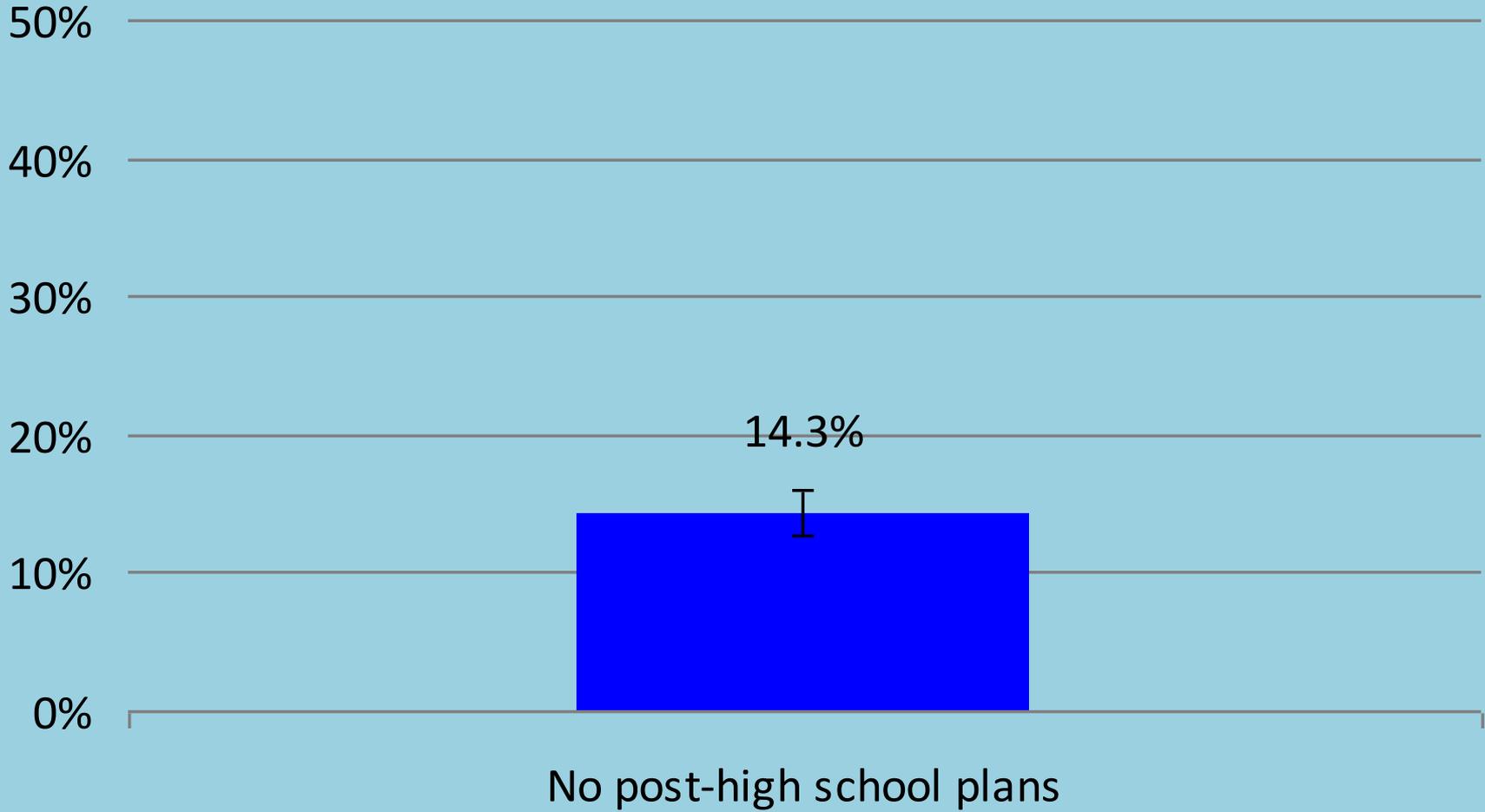
Students and their home/family environment



Extracurricular and after-school activities



Students that think they probably or definitely will not complete post-high school program (vocational, military, college)



More Information

Publications, survey information, and program information are available on the following web sites:

www.ct.gov/dph/CSHS

www.ct.gov/sde/healthyconnections

More Information

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Thank You!