

The Connecticut School Health Survey 2009 Results

2010 Health Education and Physical Education
Coordinators' Meeting

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Celeste Jorge

CT Department of Public Health

Celeste.Jorge@CT.gov

Background

Comprised of two components

Youth Tobacco Component

(also known as Youth Tobacco Survey)

Youth Behavior Component

(also known as Youth Risk Behavior Survey)

Question topics include...

- Tobacco Use
- Dietary Habits
- Physical Activity
- Alcohol and other drug use
- Sexual Behaviors
- Behaviors that contribute to injuries and violence
- Protective factors

New Topics in 2009

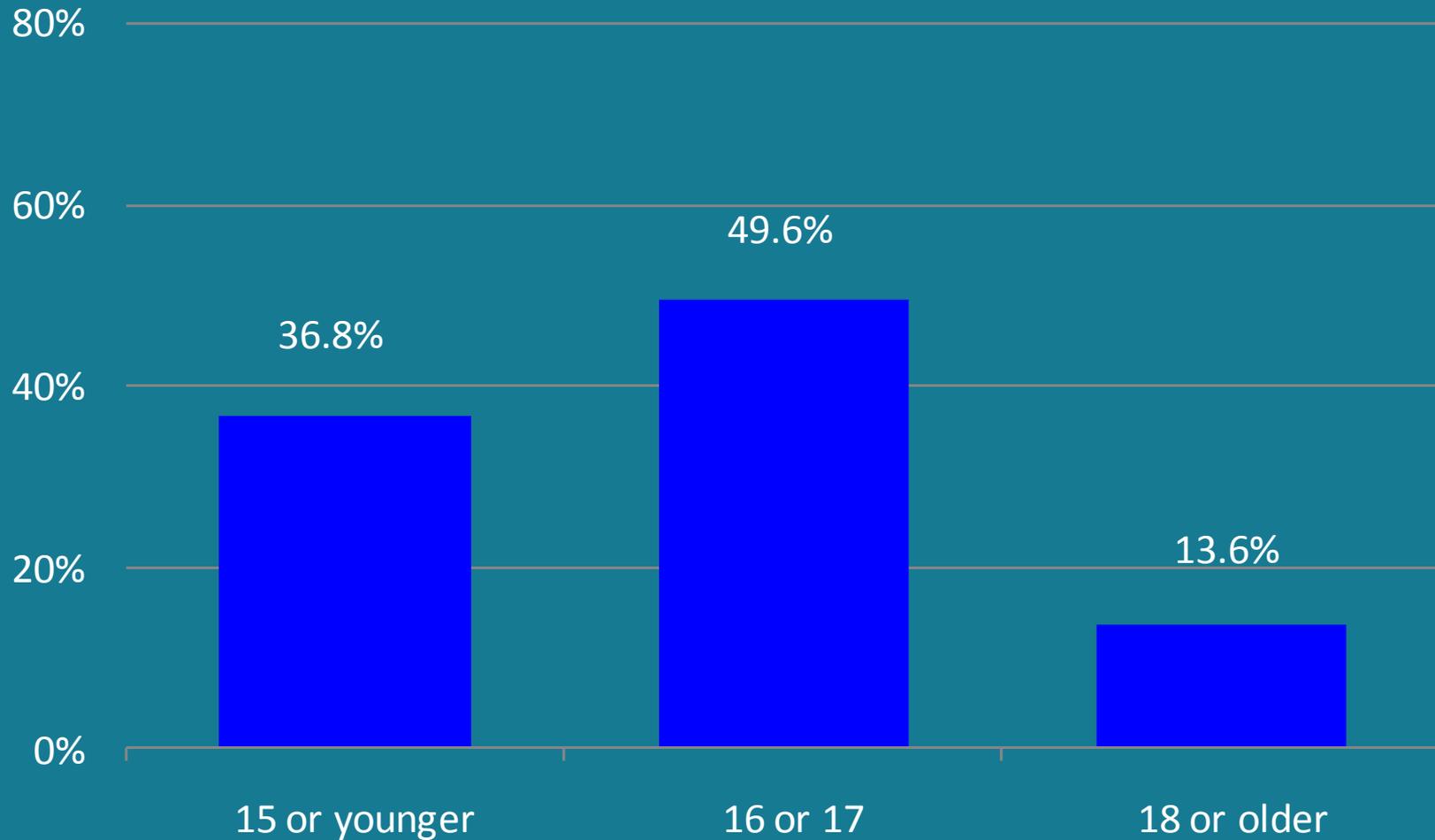
- Verbal Abuse (Dating)
 - Absenteeism
 - Suicide attempt with injury
 - Prescription drug abuse
 - Family environment
 - Sex education
 - STD
-
- Full School Survey of one High School

Response Rate

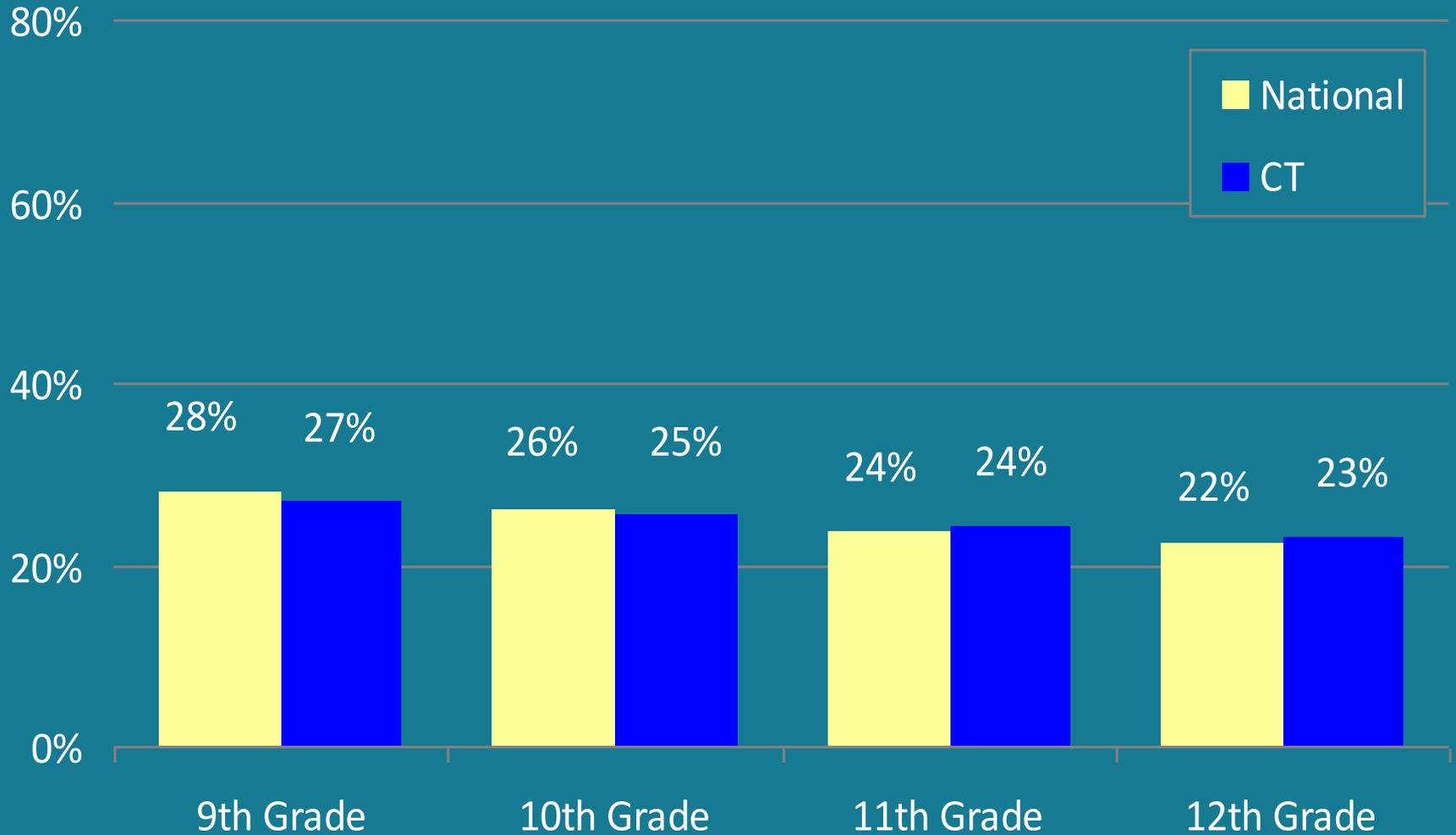
School Response Rate \times Student Response Rate =
Overall response rate

| High Schools | | Middle Schools |
|----------------------------|----------------------------|------------------------|
| YBC Schools 76% | YTC Schools 78% | Schools 70% |
| YBC Students 84% | YTC Students 86% | Students 91% |
| Overall 64% | Overall 67% | Overall 64% |

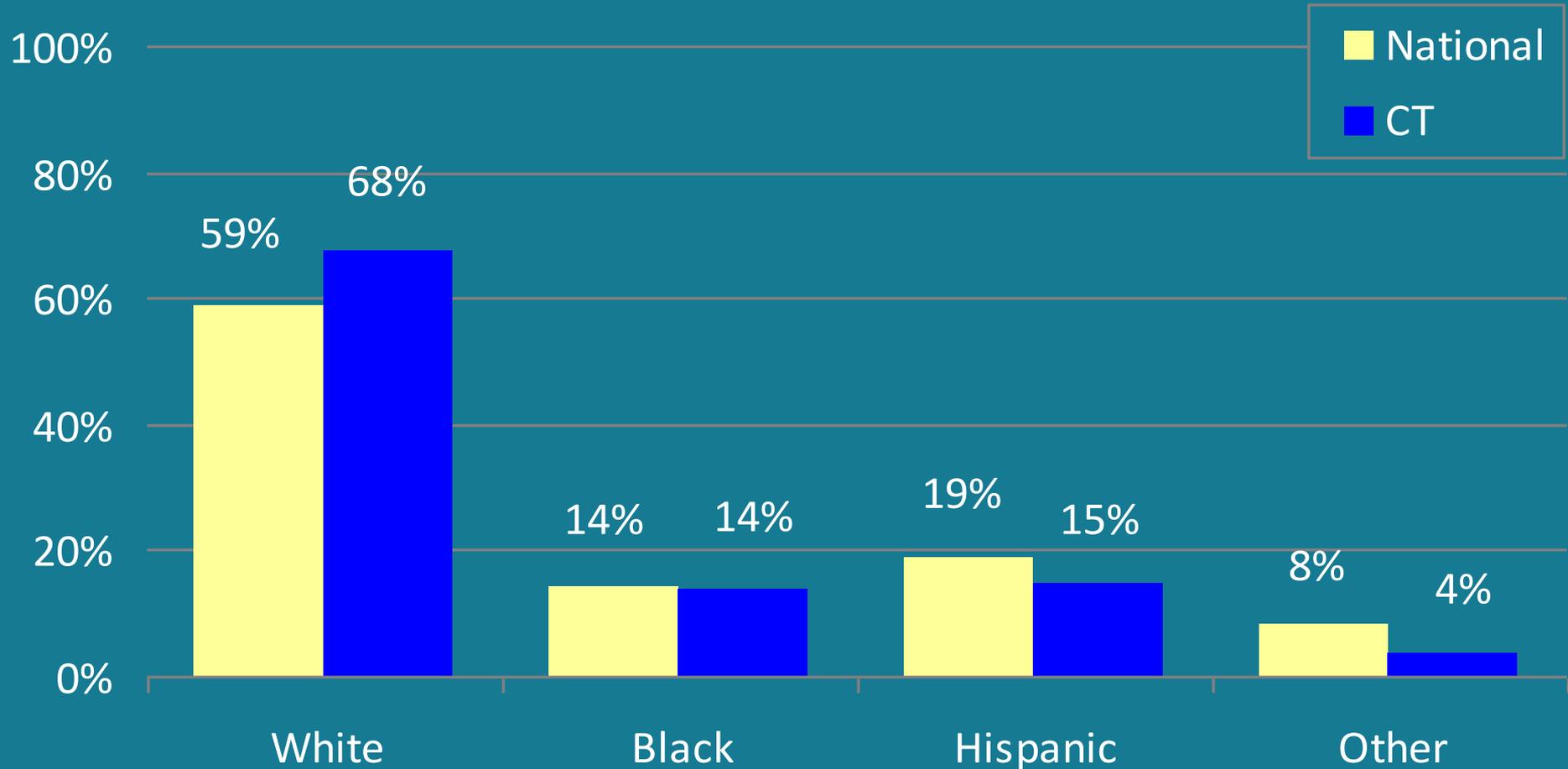
Age distribution of students, CT 2009



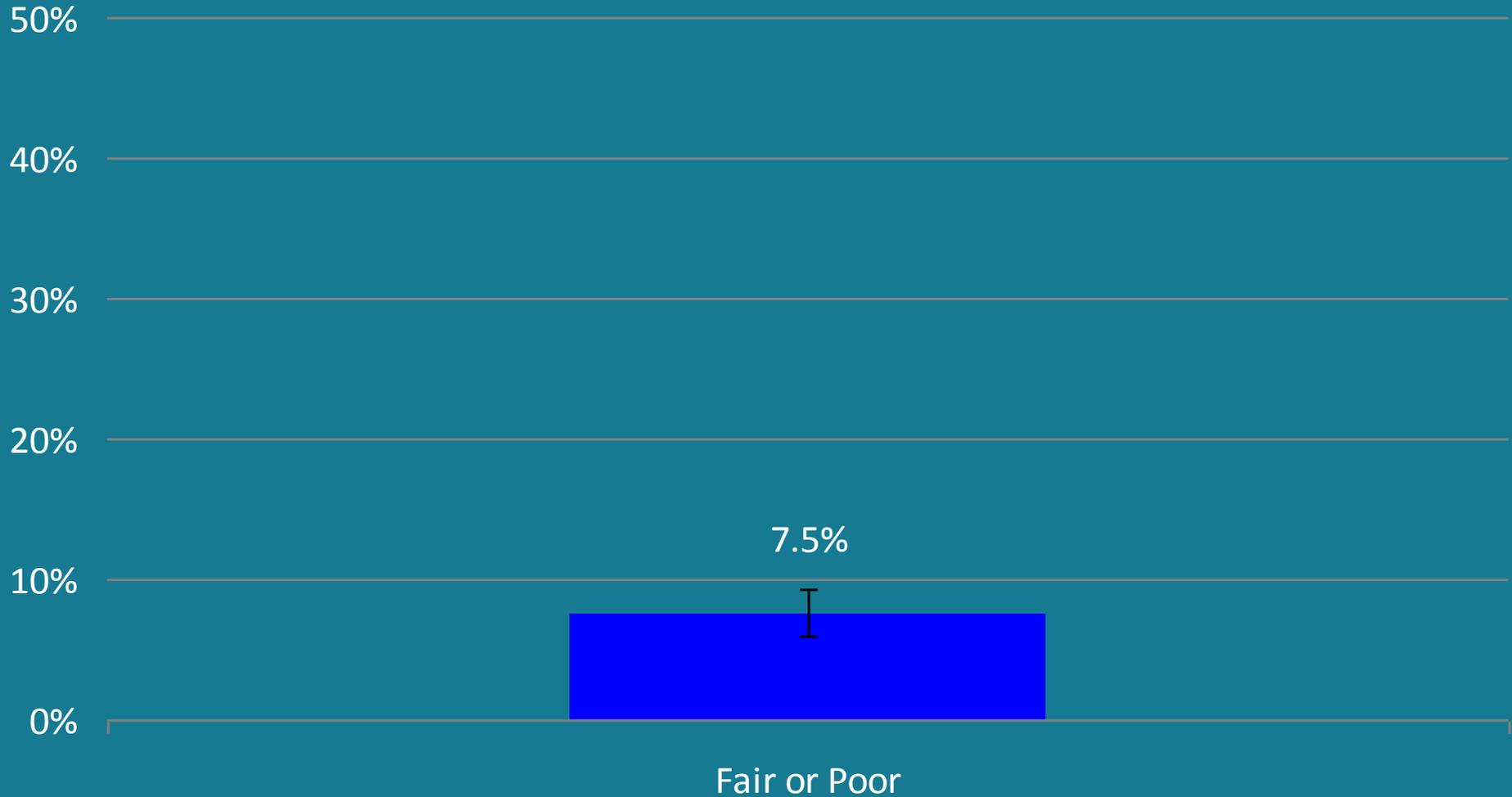
Student Distribution by Grade



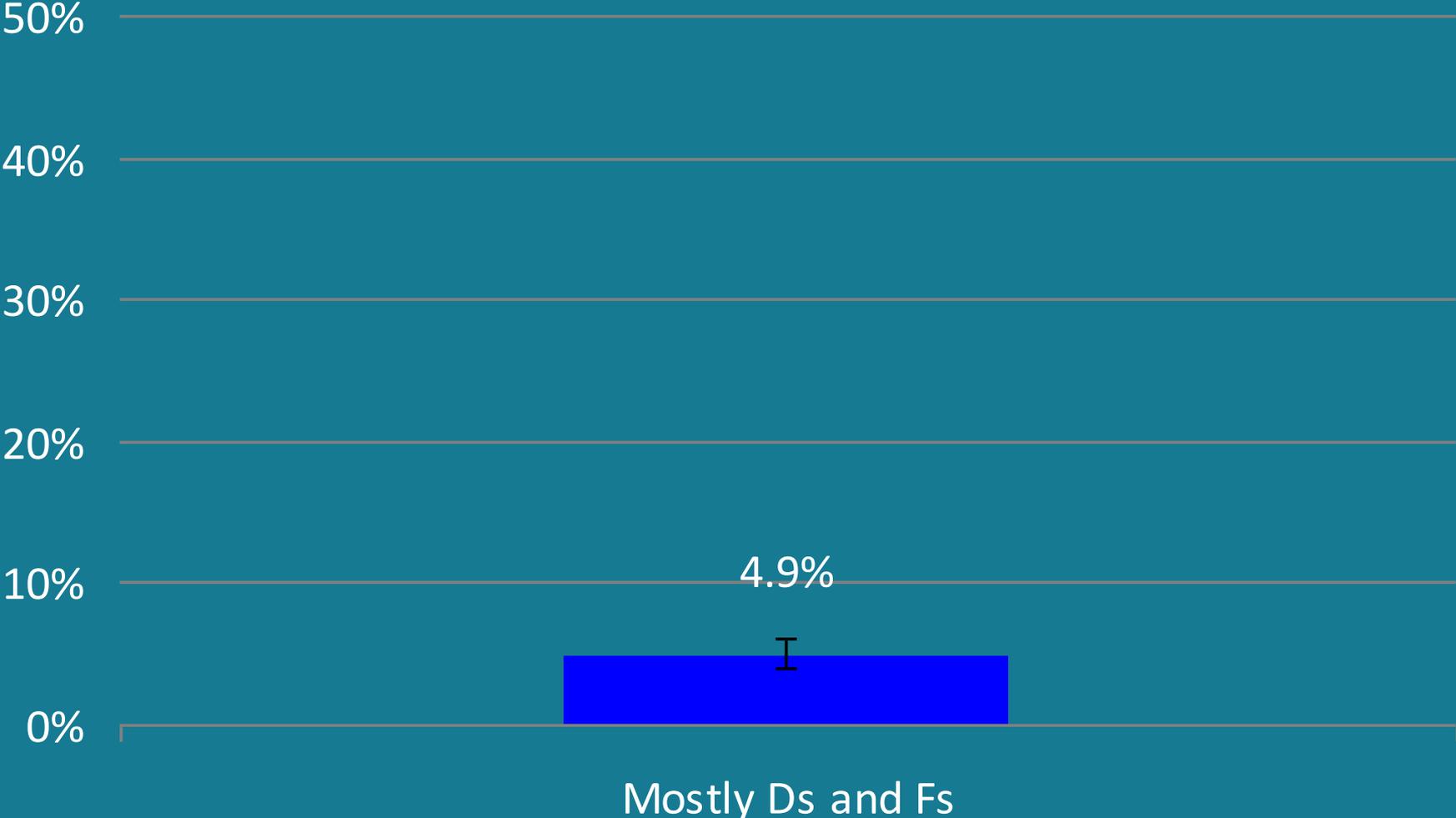
Students' Race and Hispanic Ethnicity



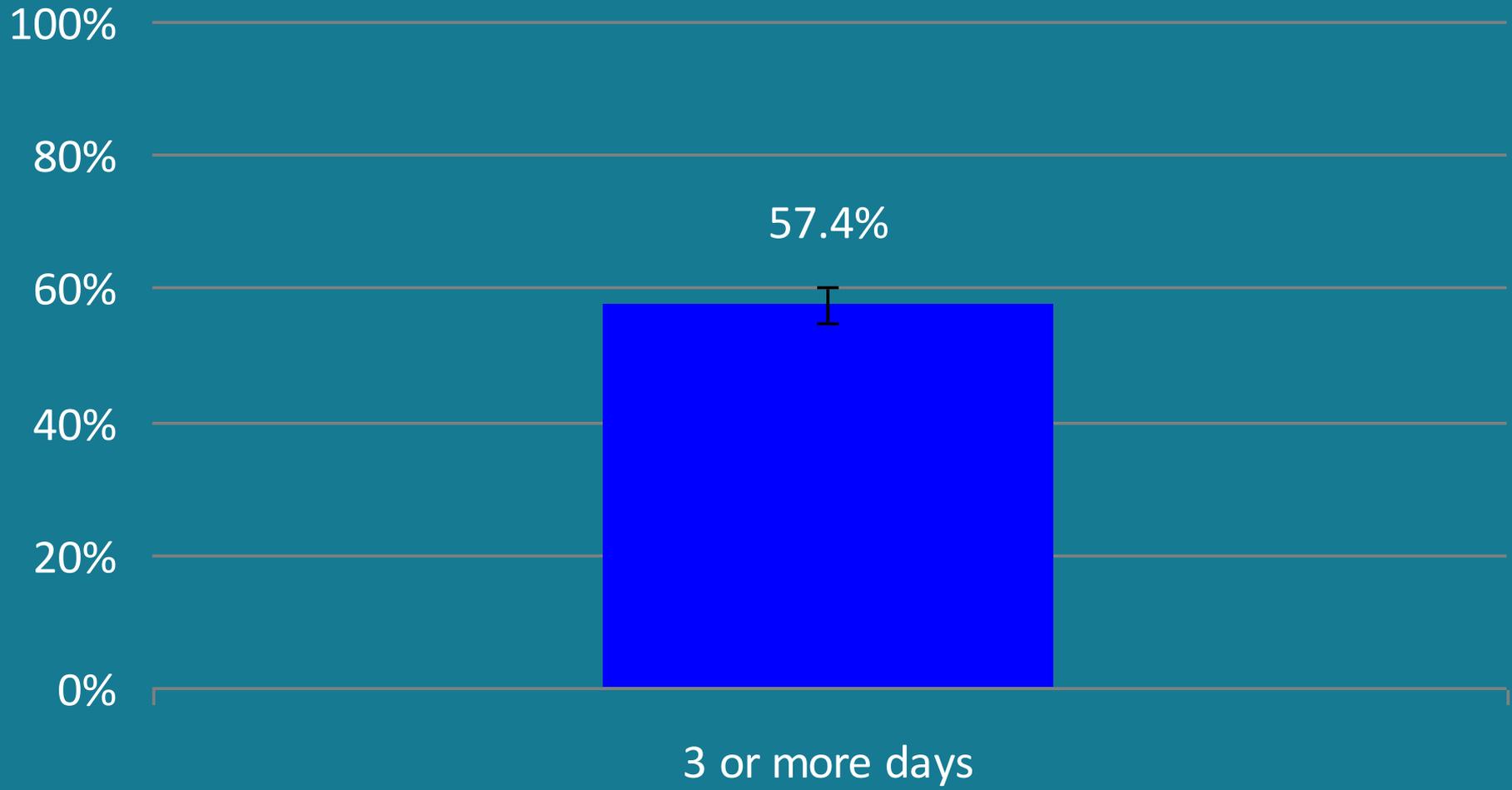
Self-described general health as poor or fair



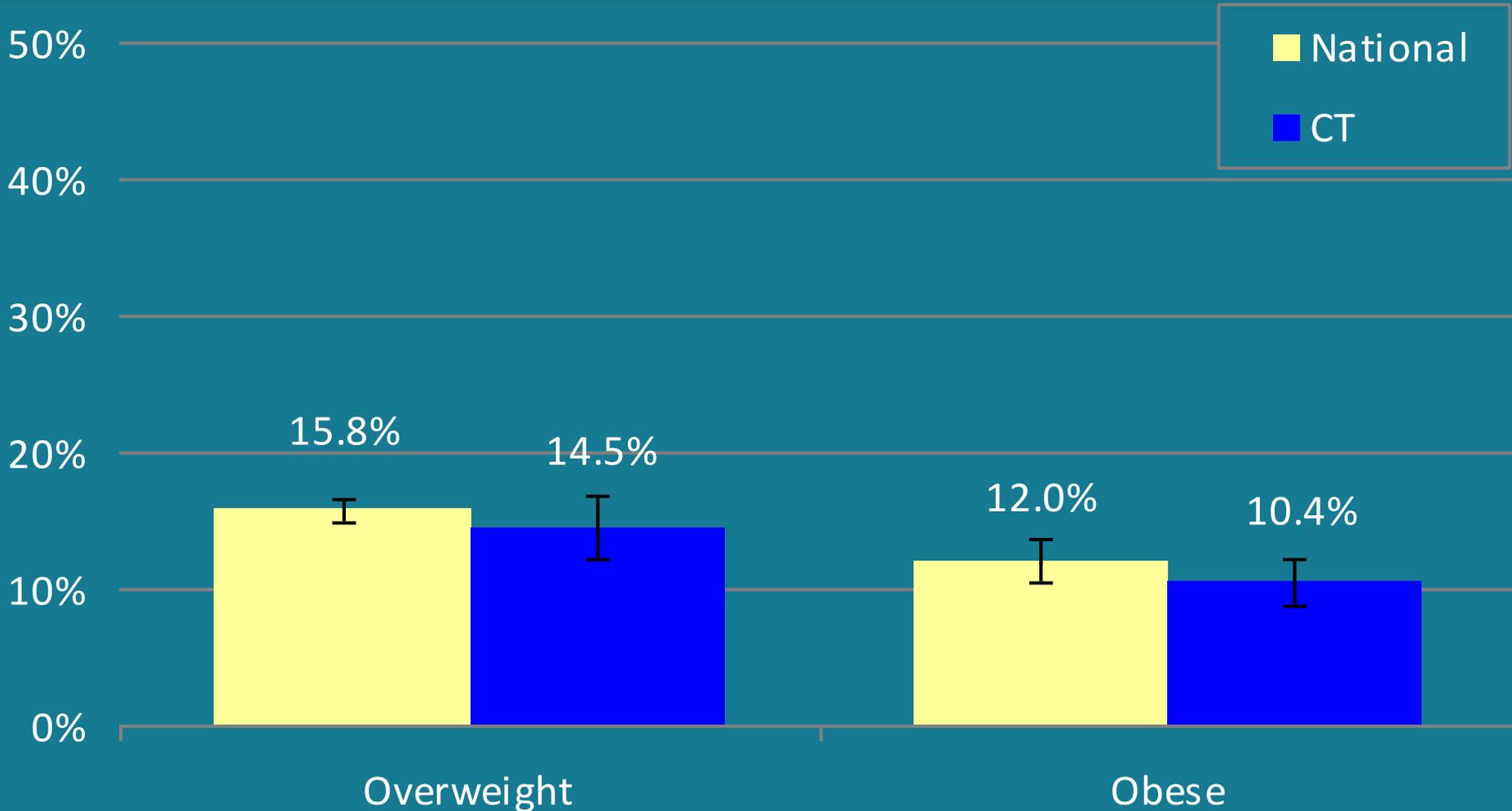
Past year's grades mostly D's and F's



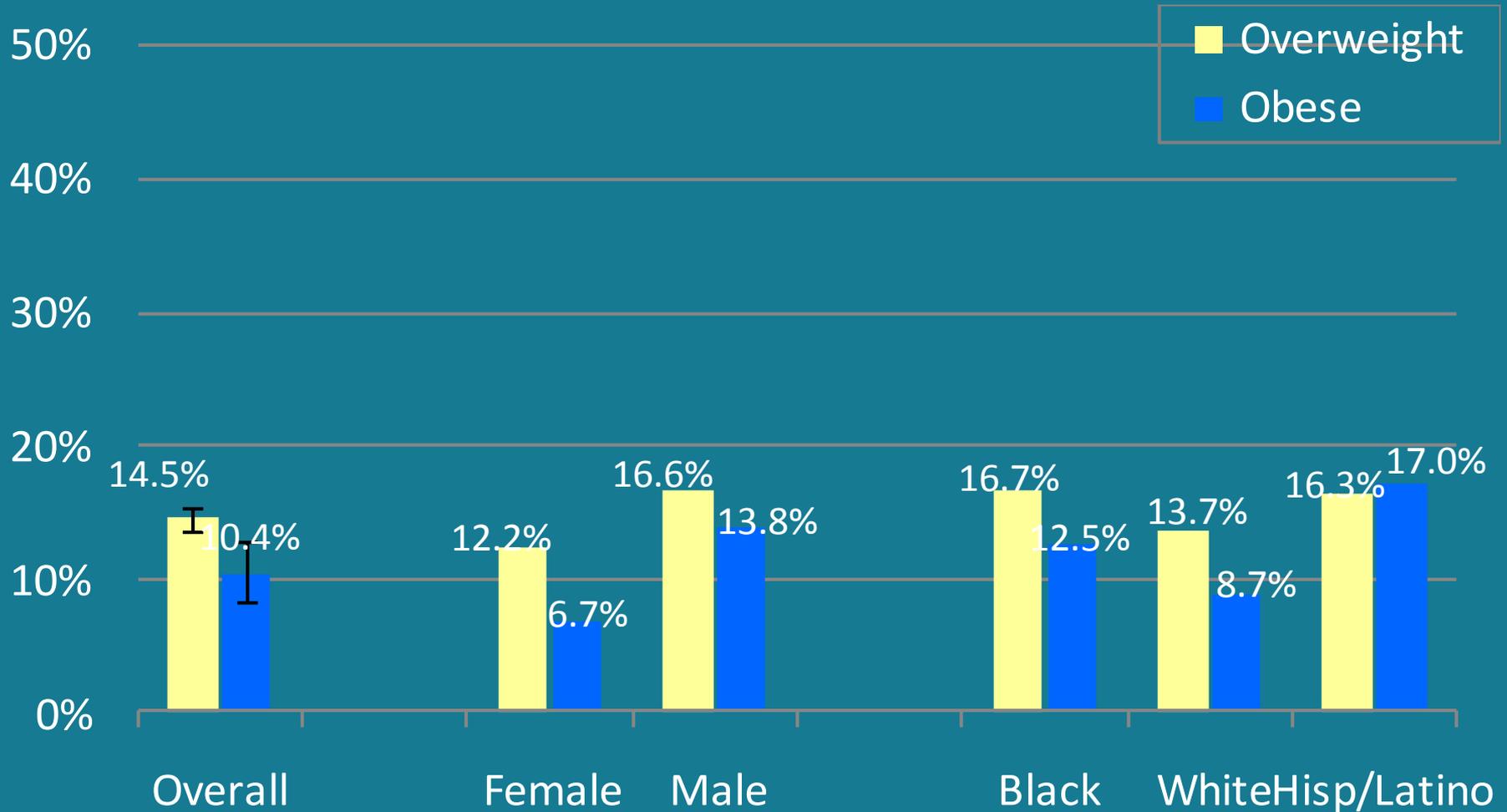
Students who have been absent from school 3+ days during past 6 months



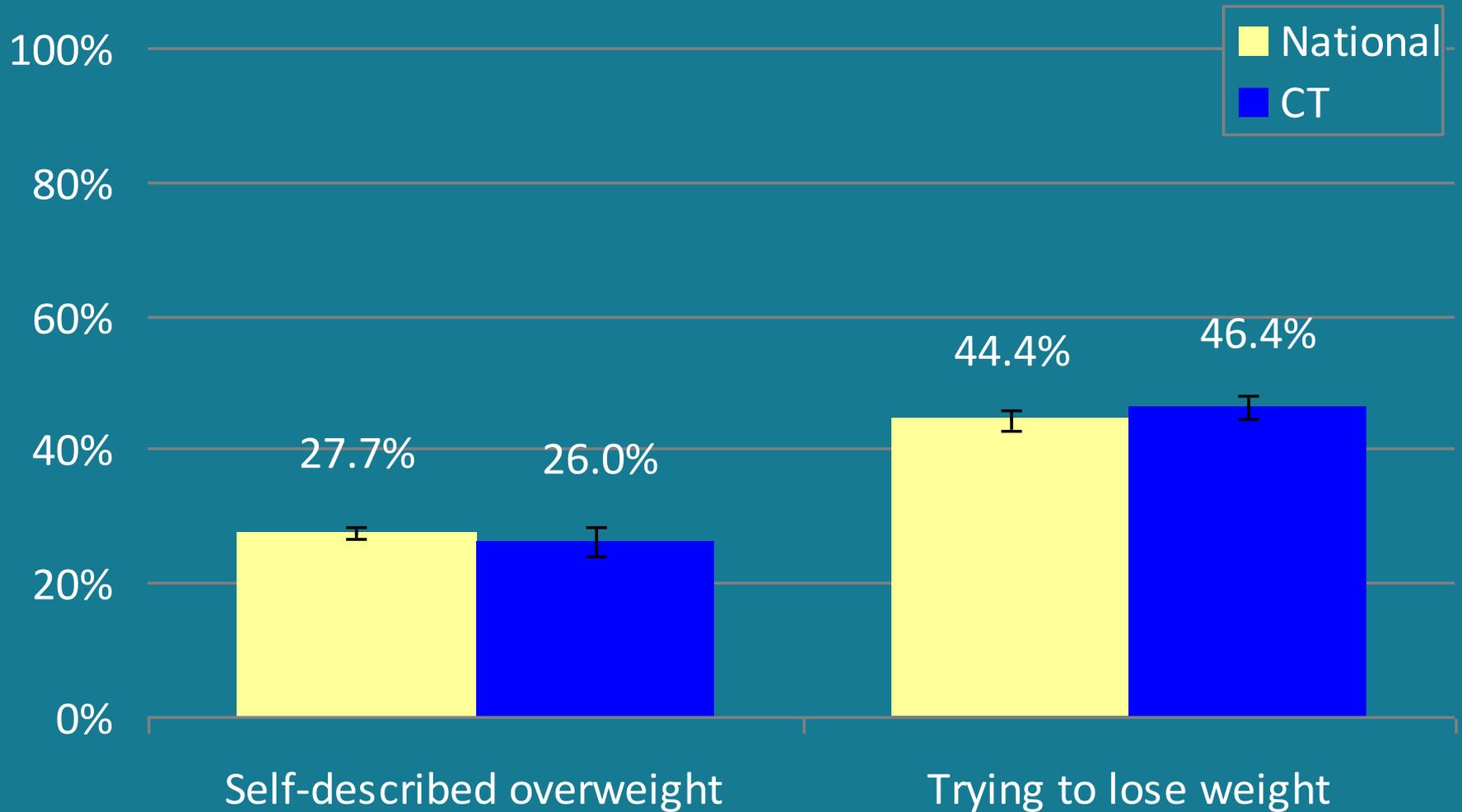
Students that are overweight or obese



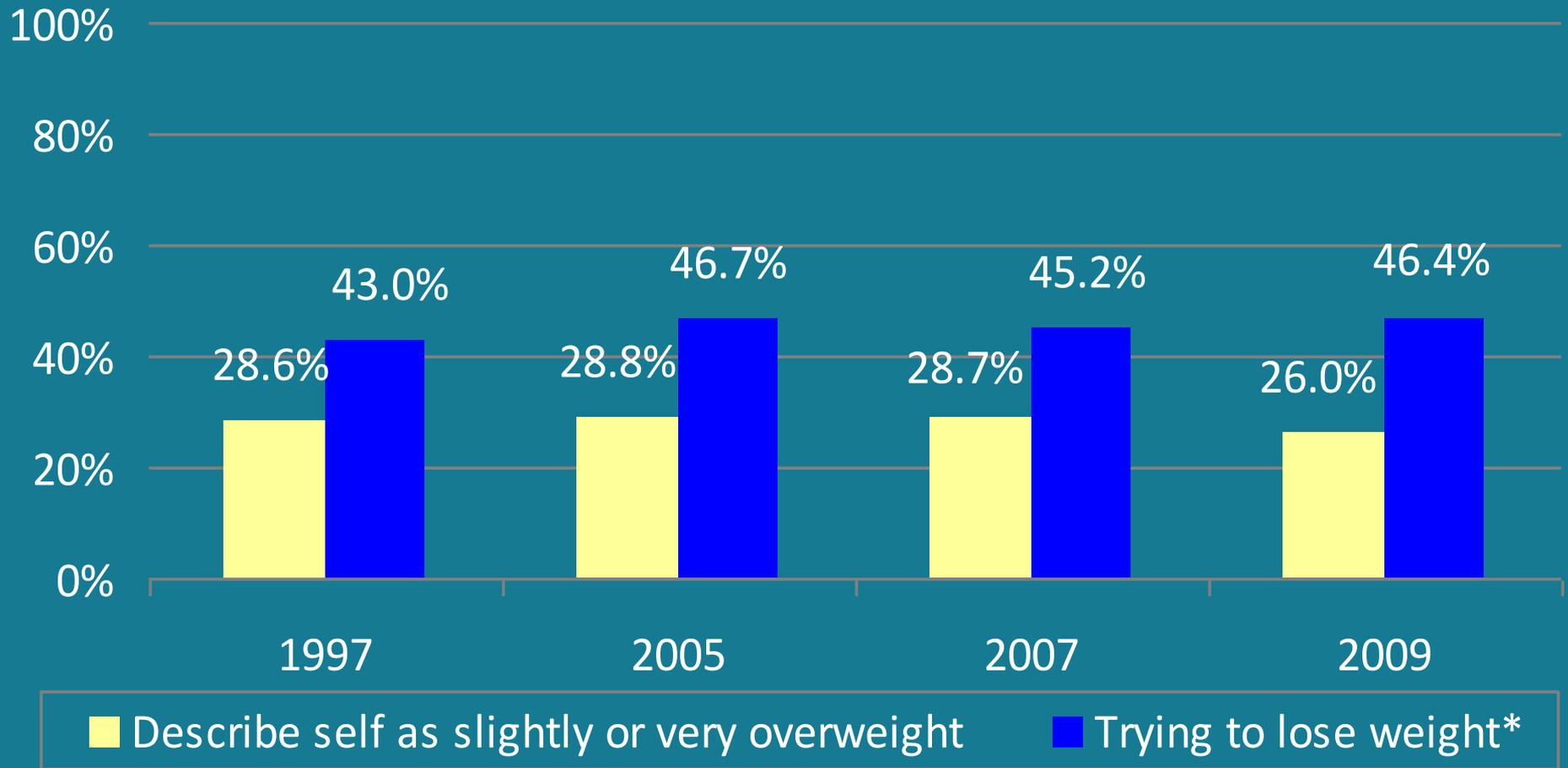
Students that are overweight or obese



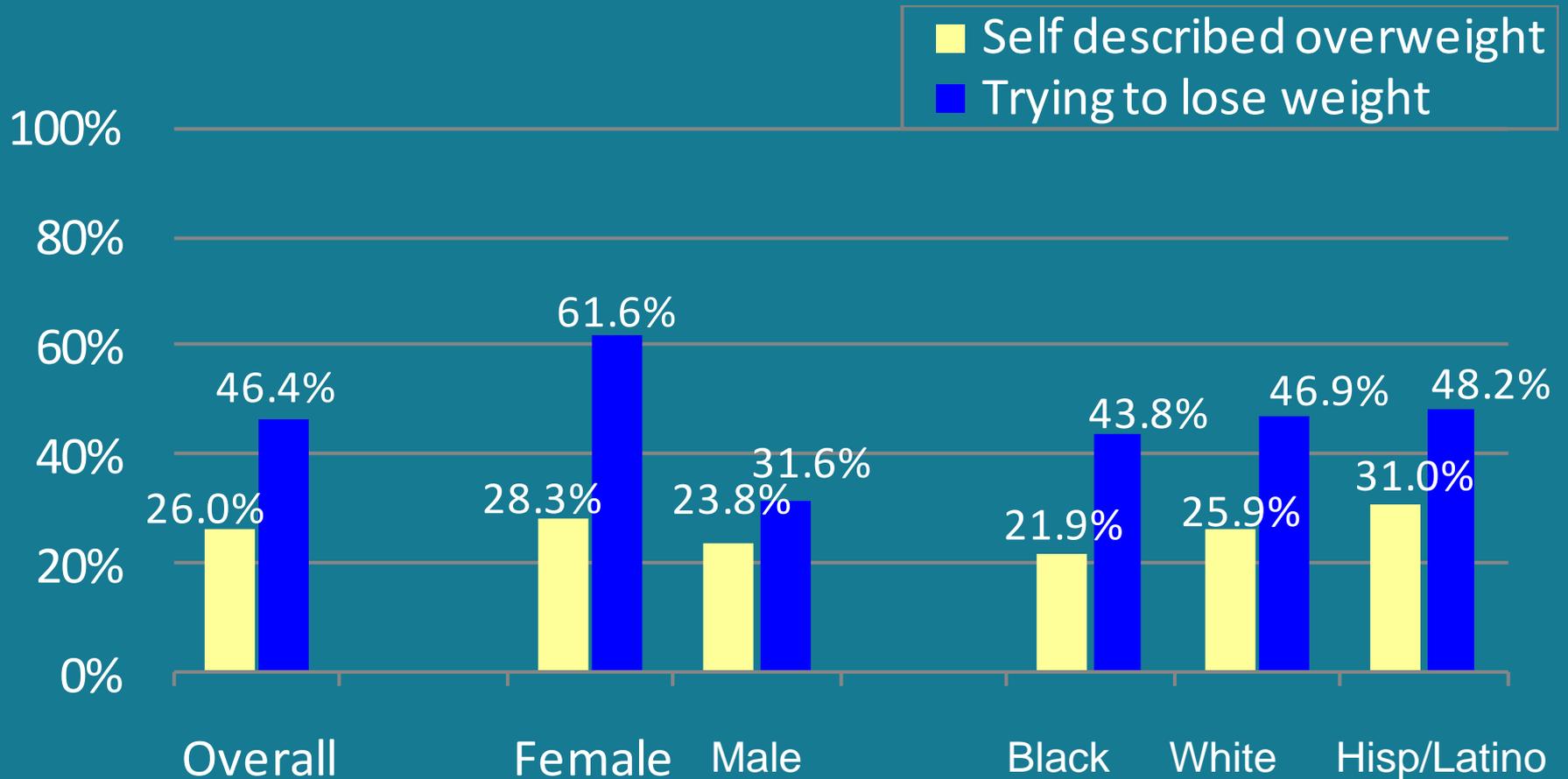
Students that describe themselves as slightly or very overweight, those trying to lose weight



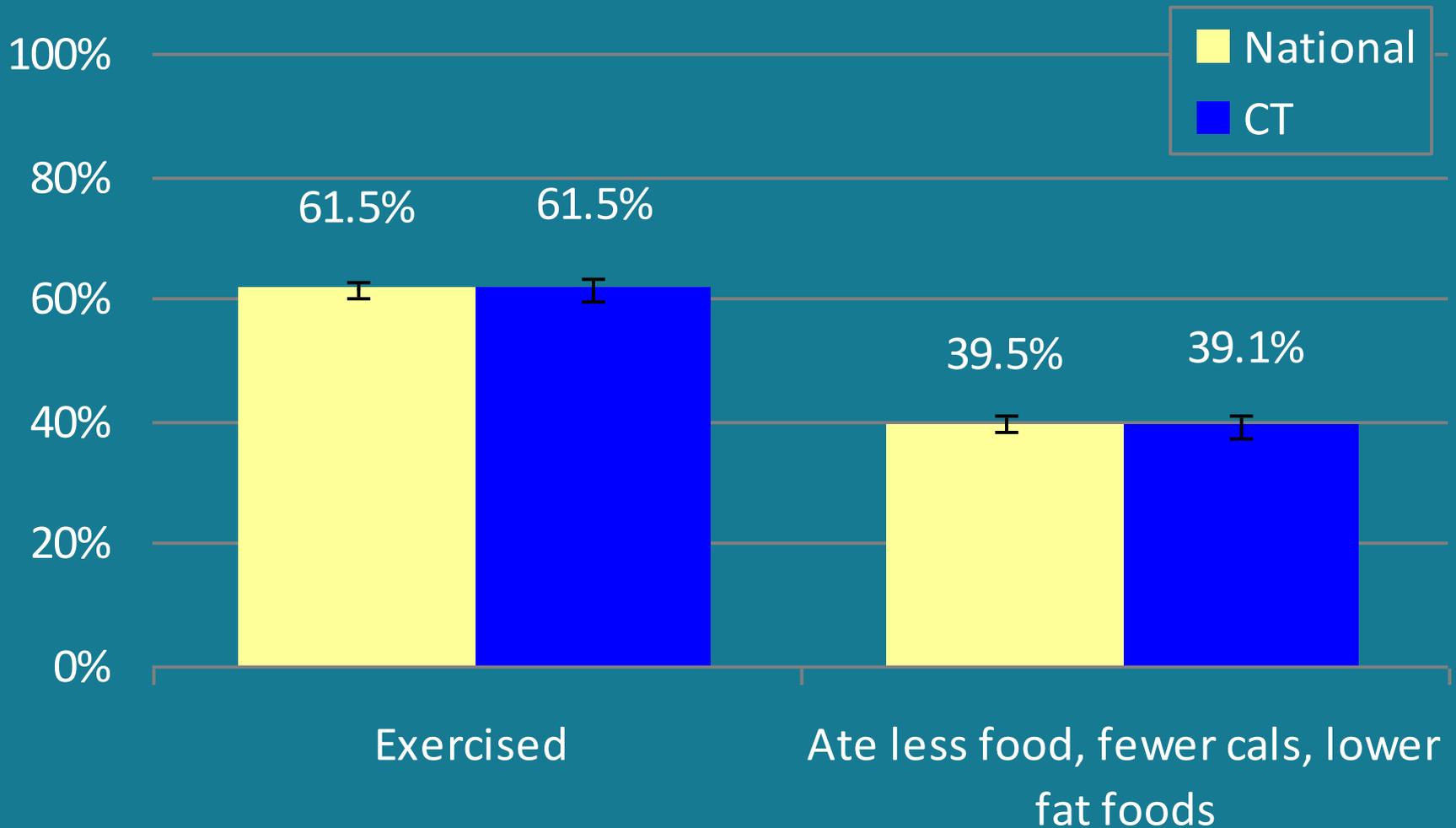
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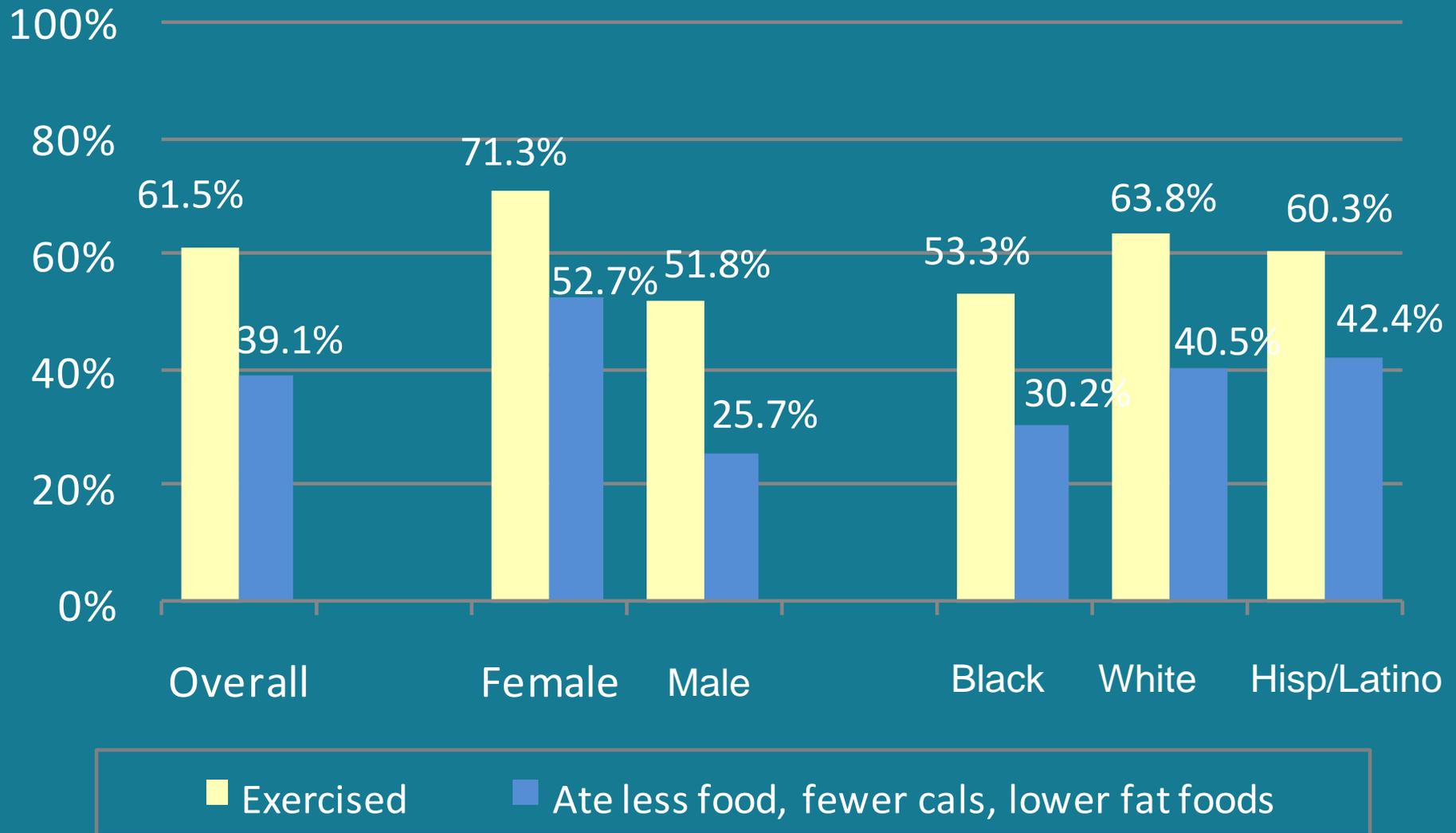
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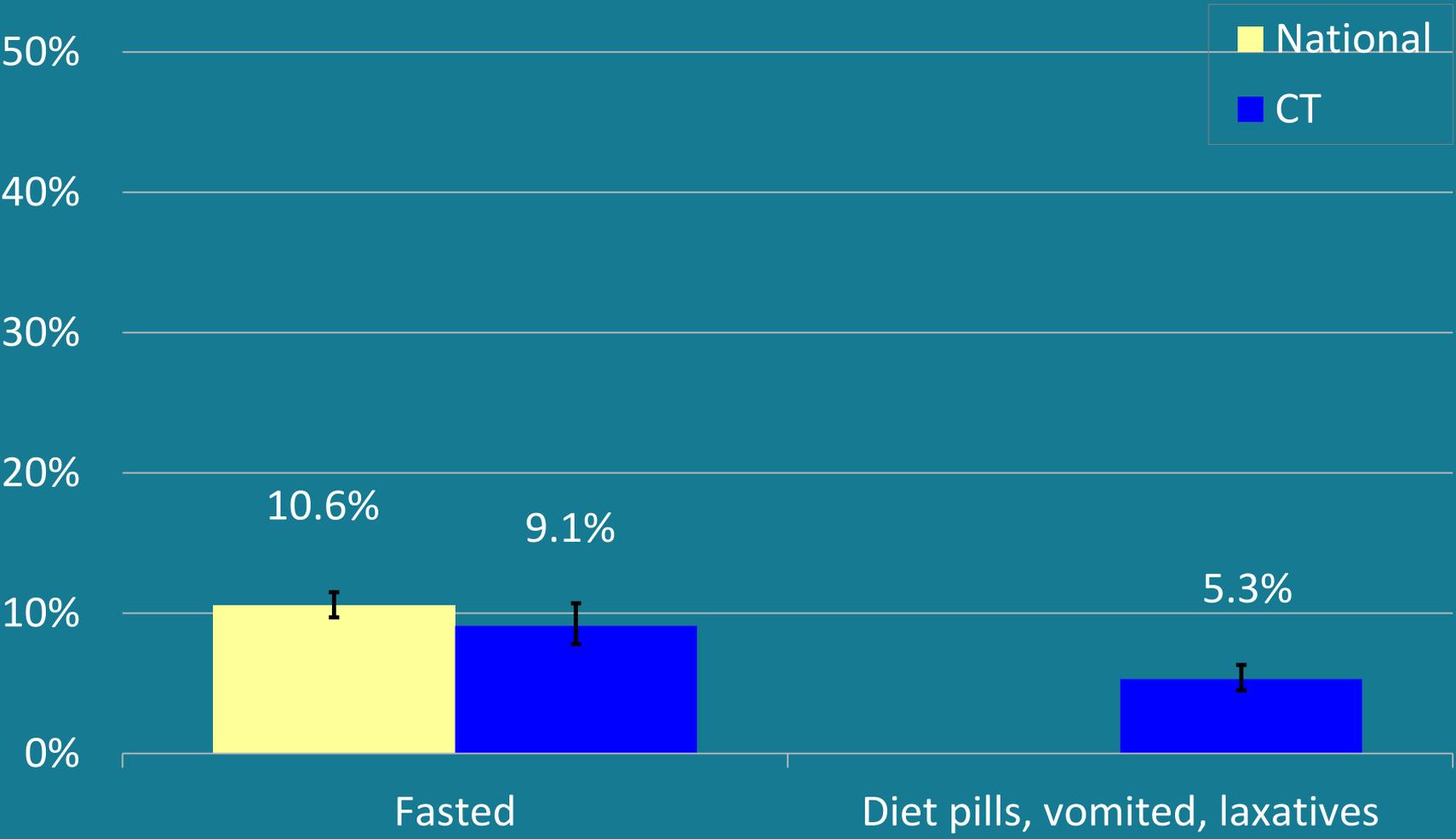
Students that engaged in healthy behaviors to lose weight



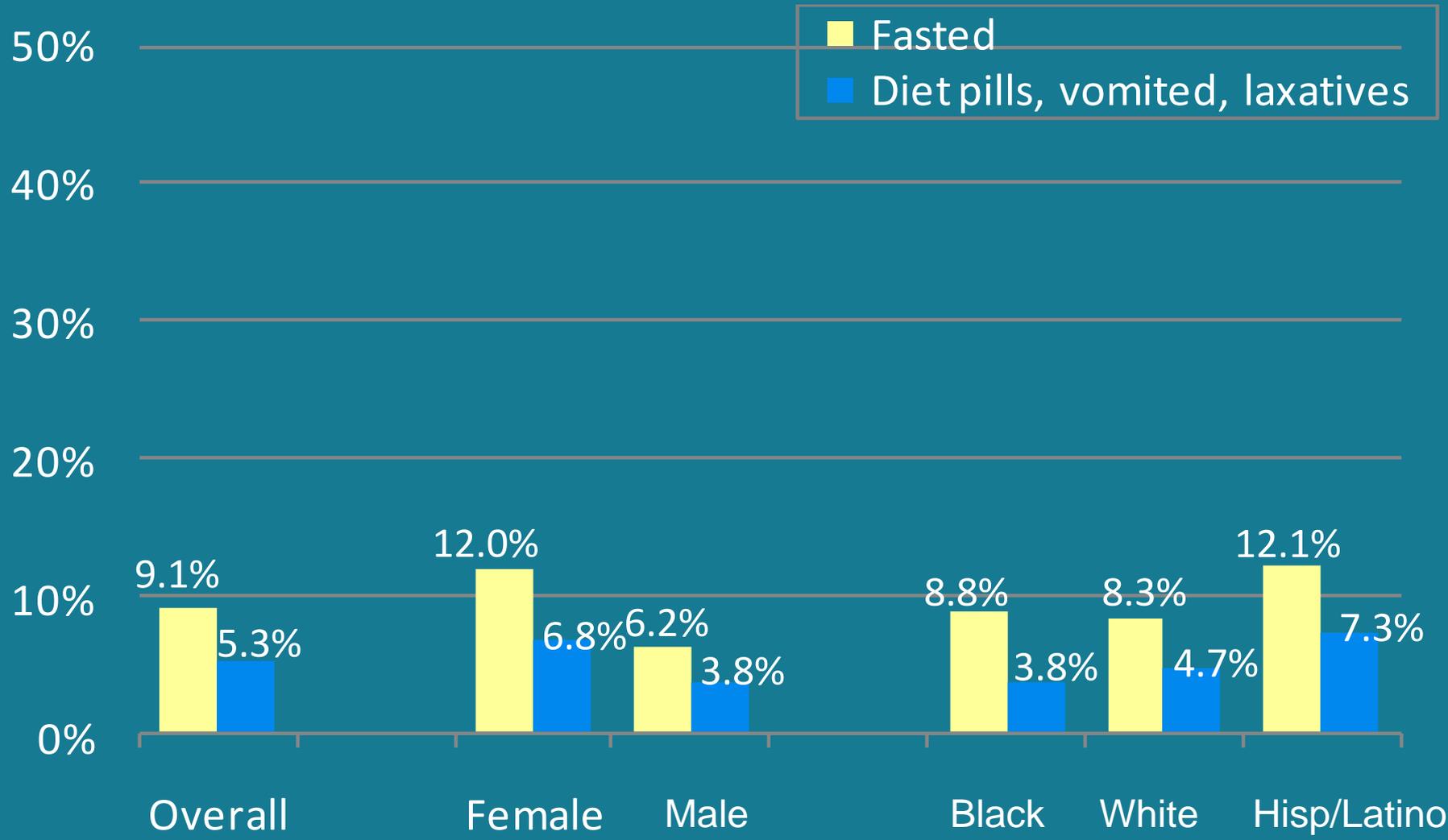
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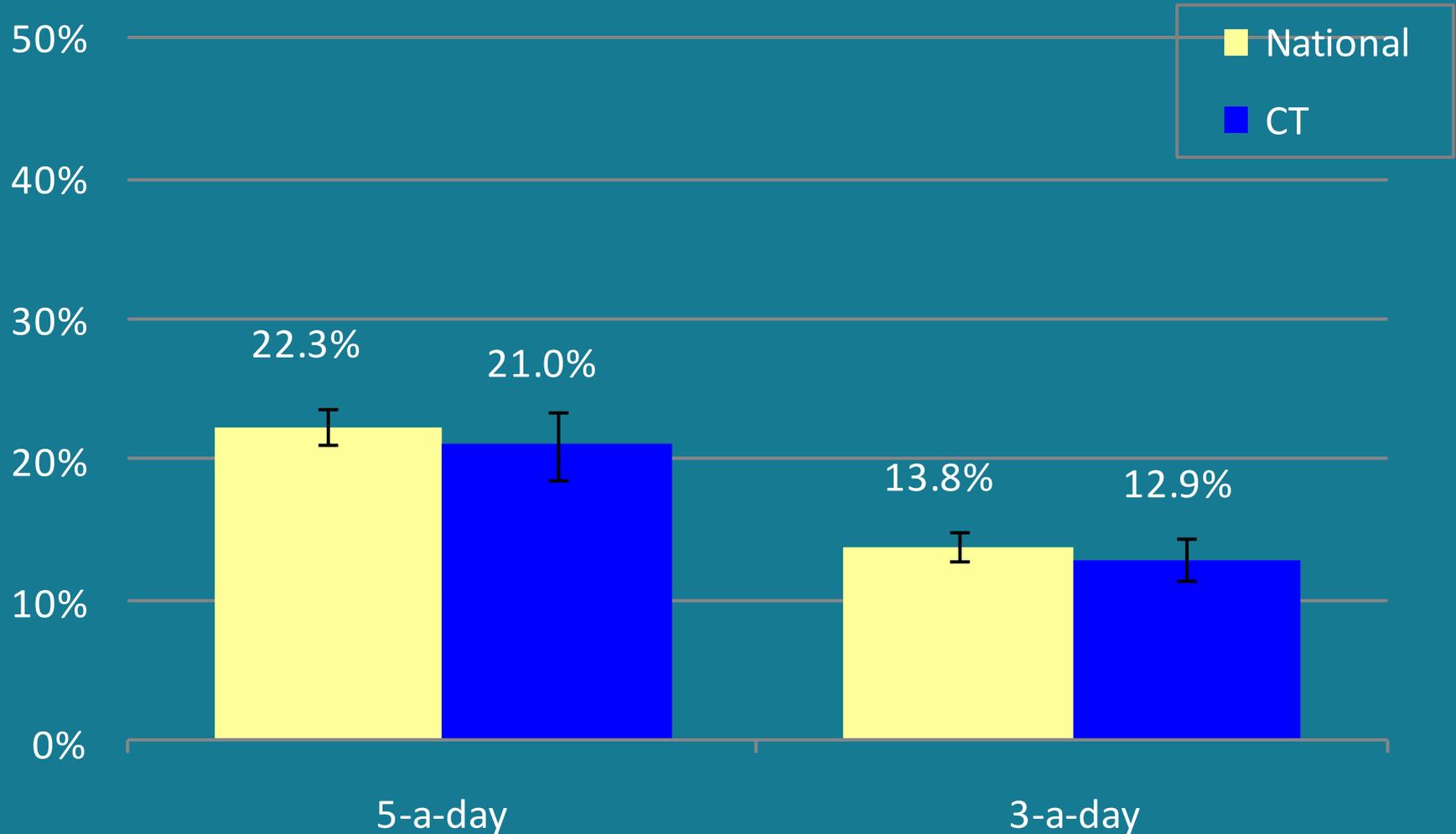
Students that engaged in unhealthy behaviors to lose weight



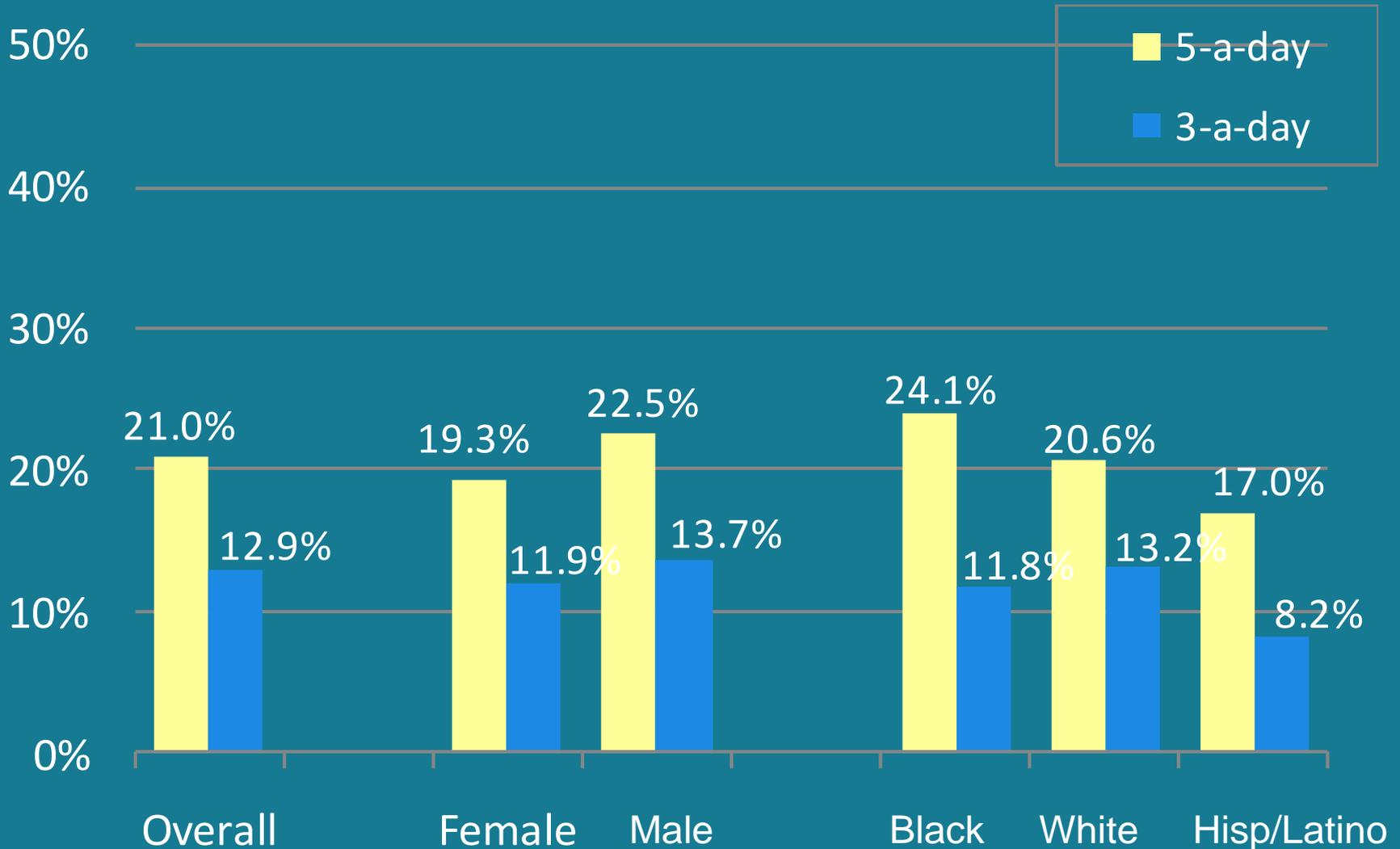
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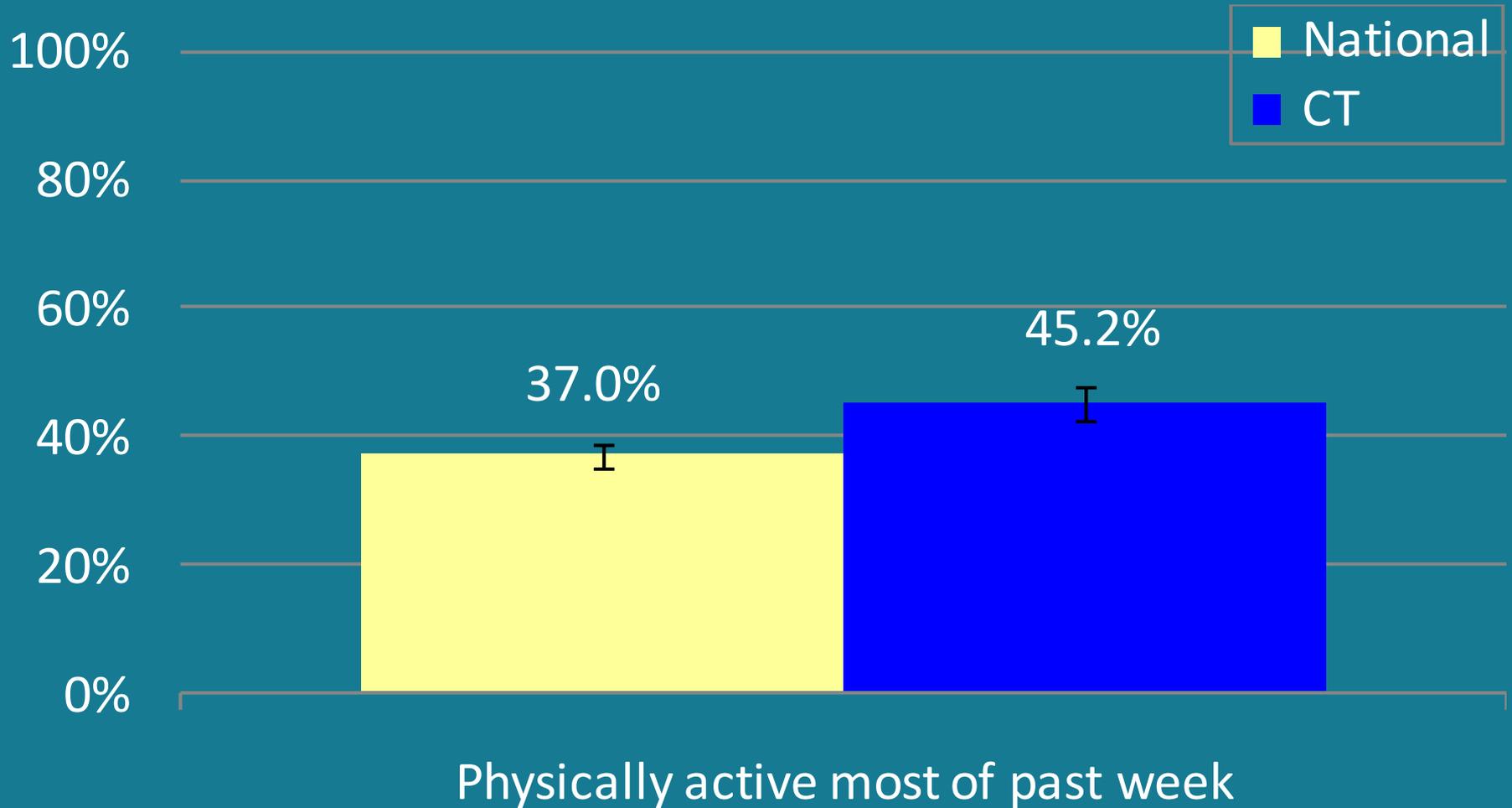
Students who ate “5-a-day” or “3-a-day” during the past seven days



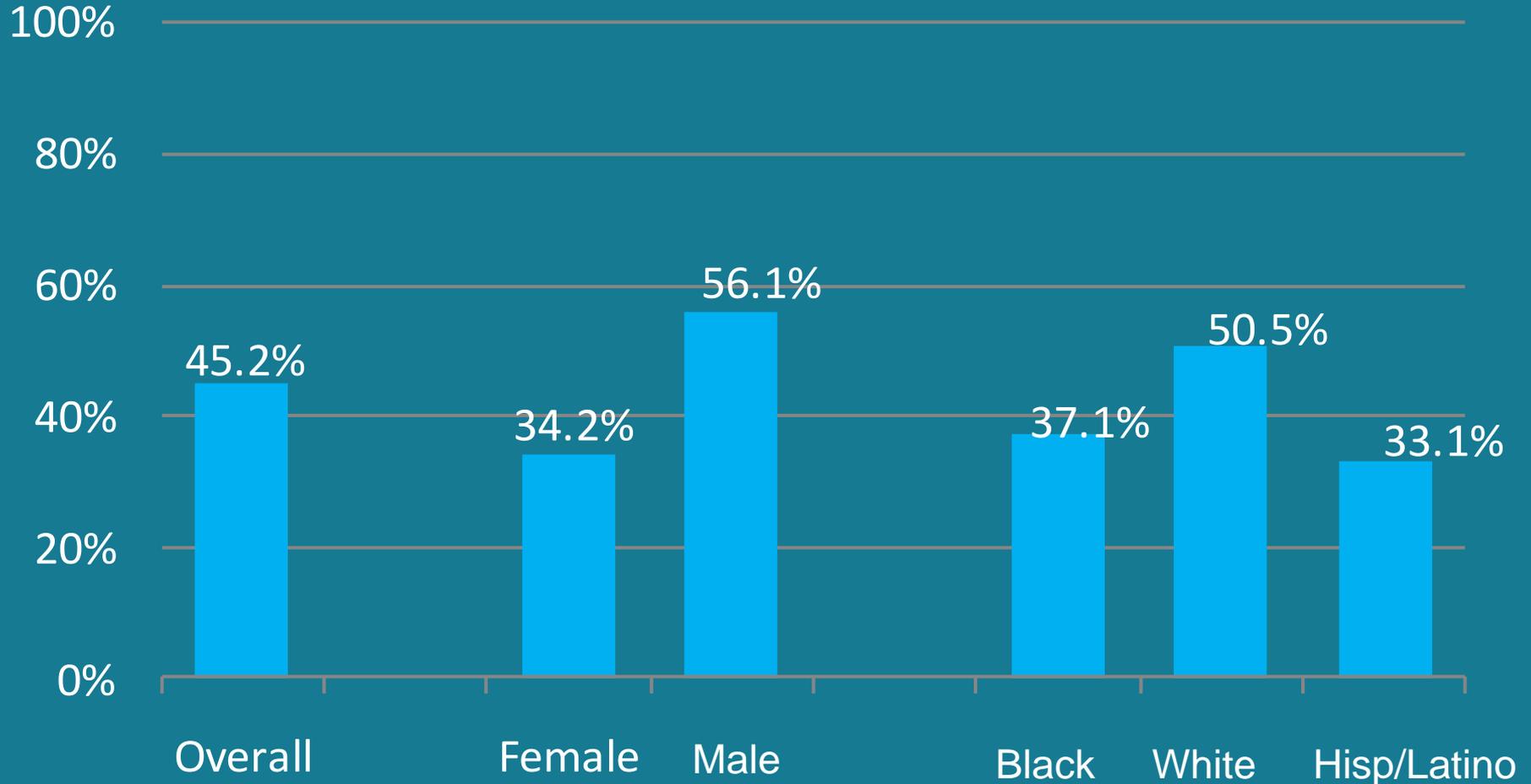
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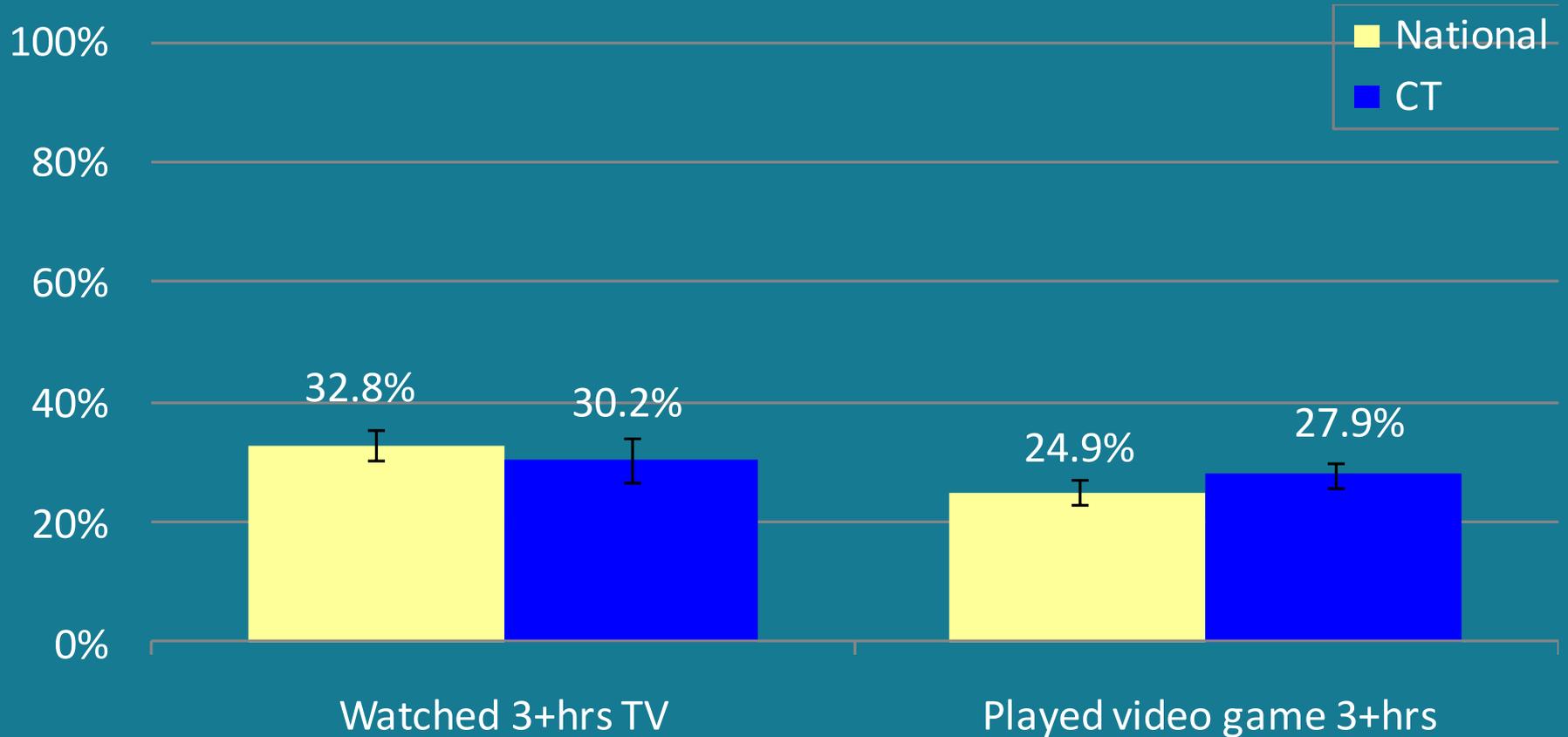
Students that were physically active for 60 minutes per day on 5 of the past 7 days



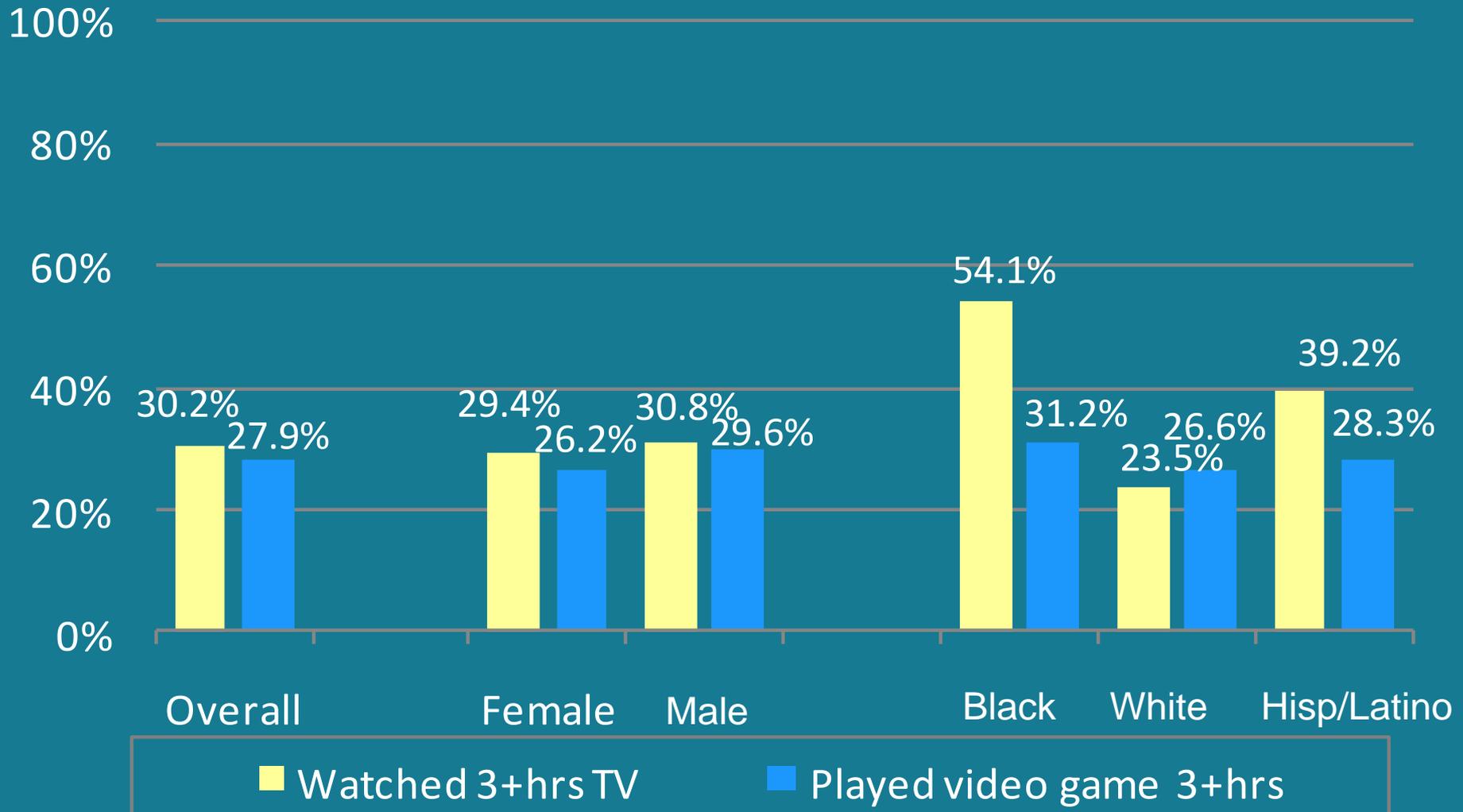
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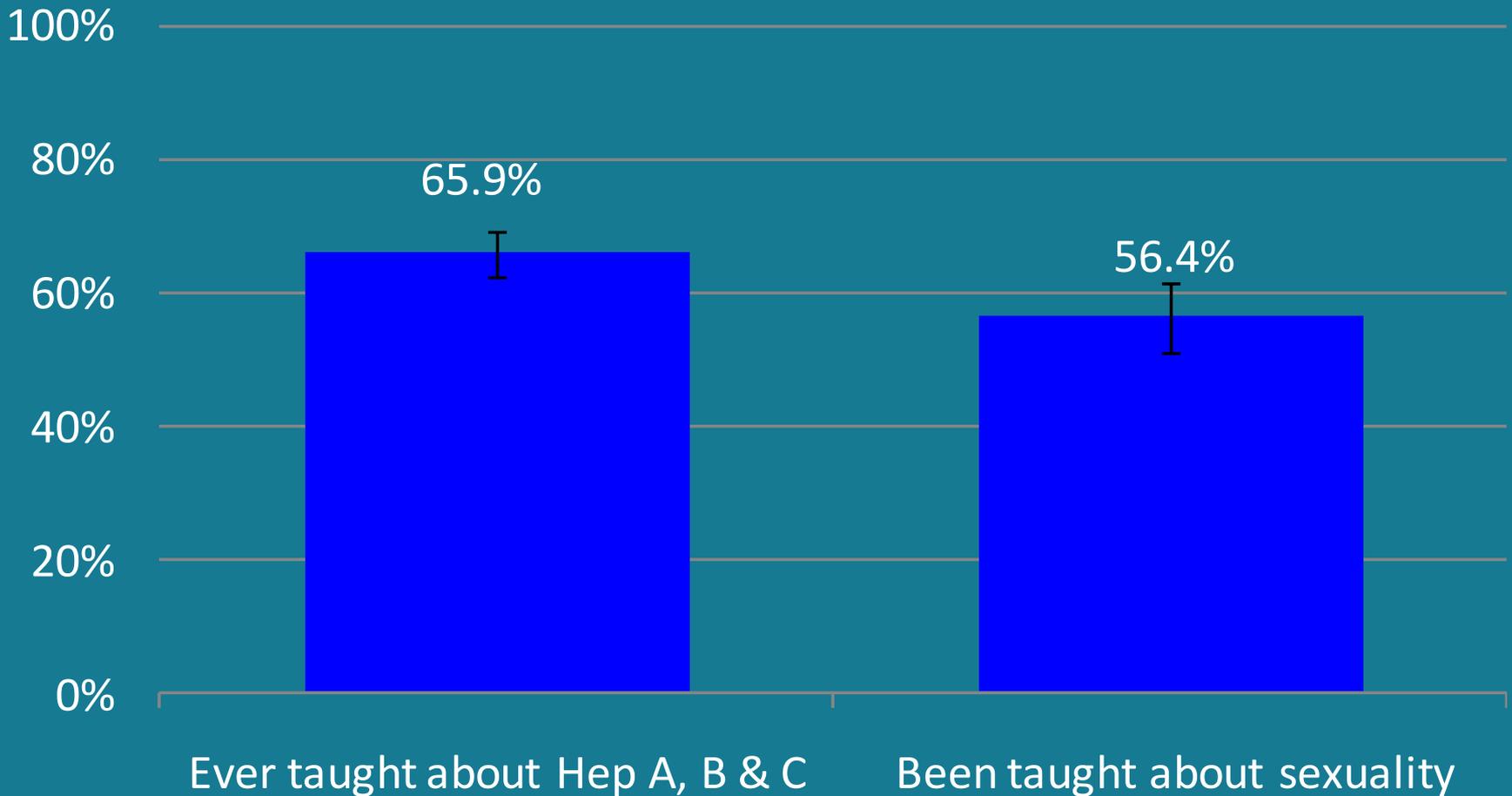
Students that watch 3+ hours of TV or play 3+ hours of video games/computer use (not for schoolwork) on an average school night



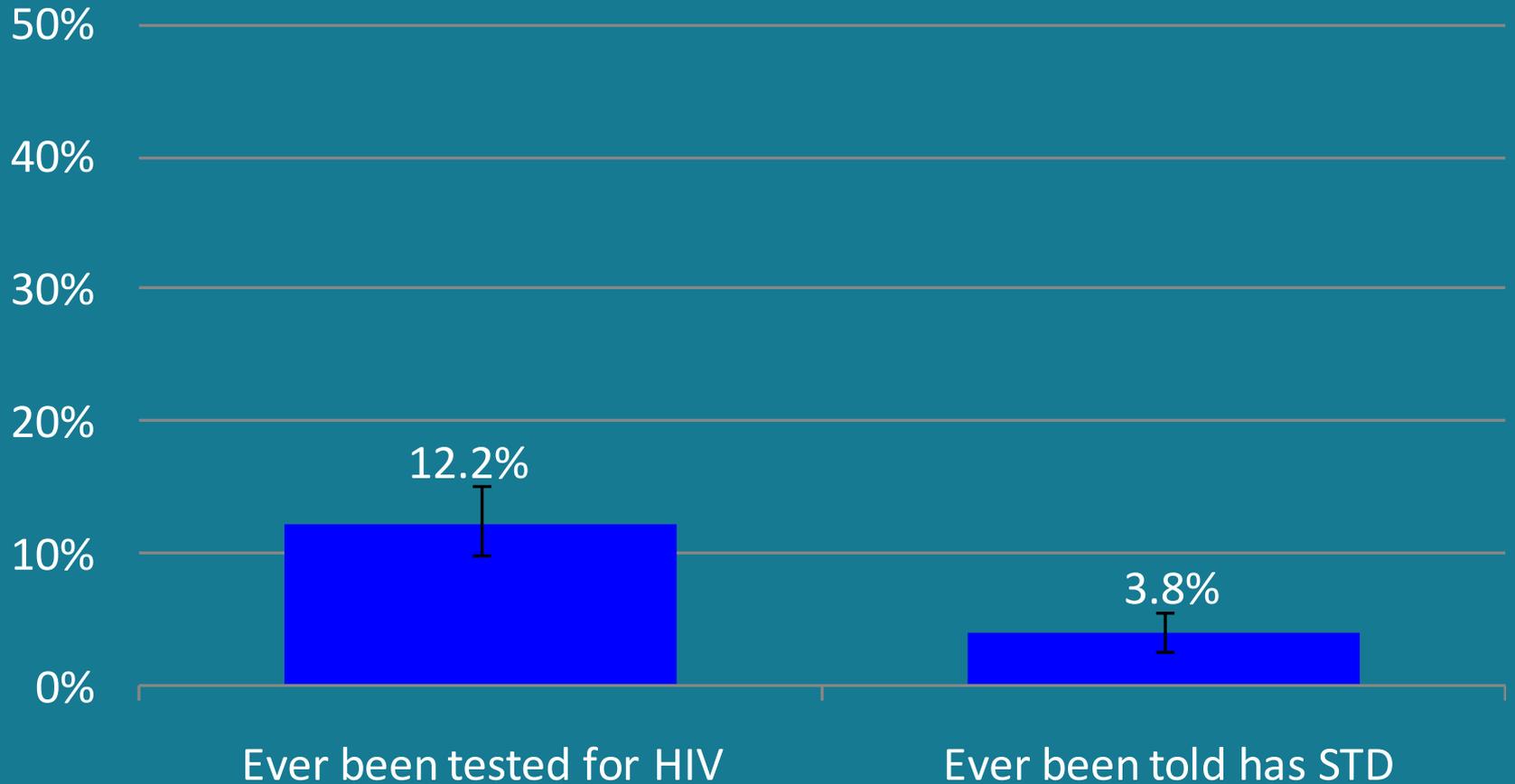
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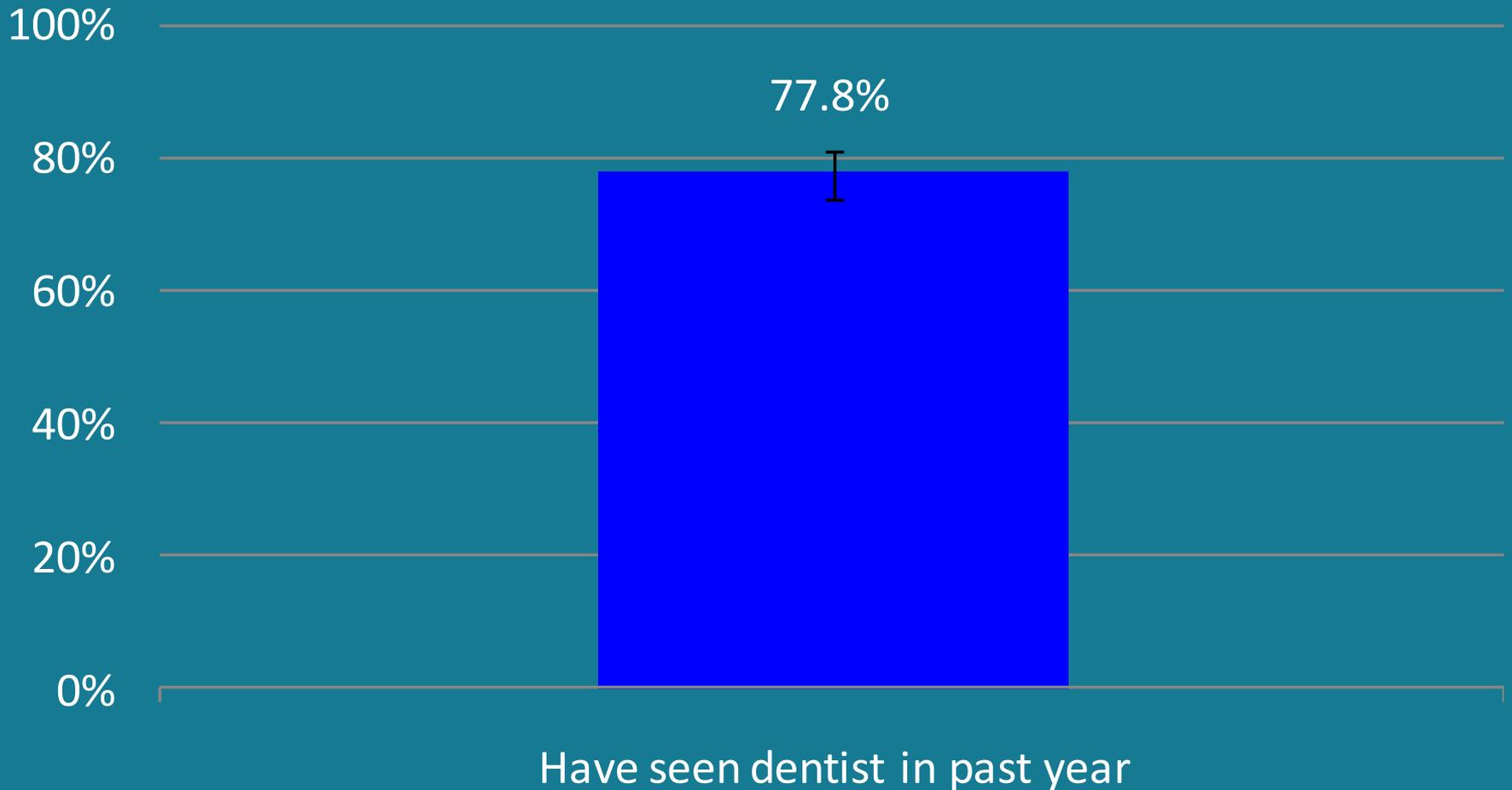
Students that have ever been taught about Hepatitis A, B and C, and students that have been taught about sexuality in school in past year



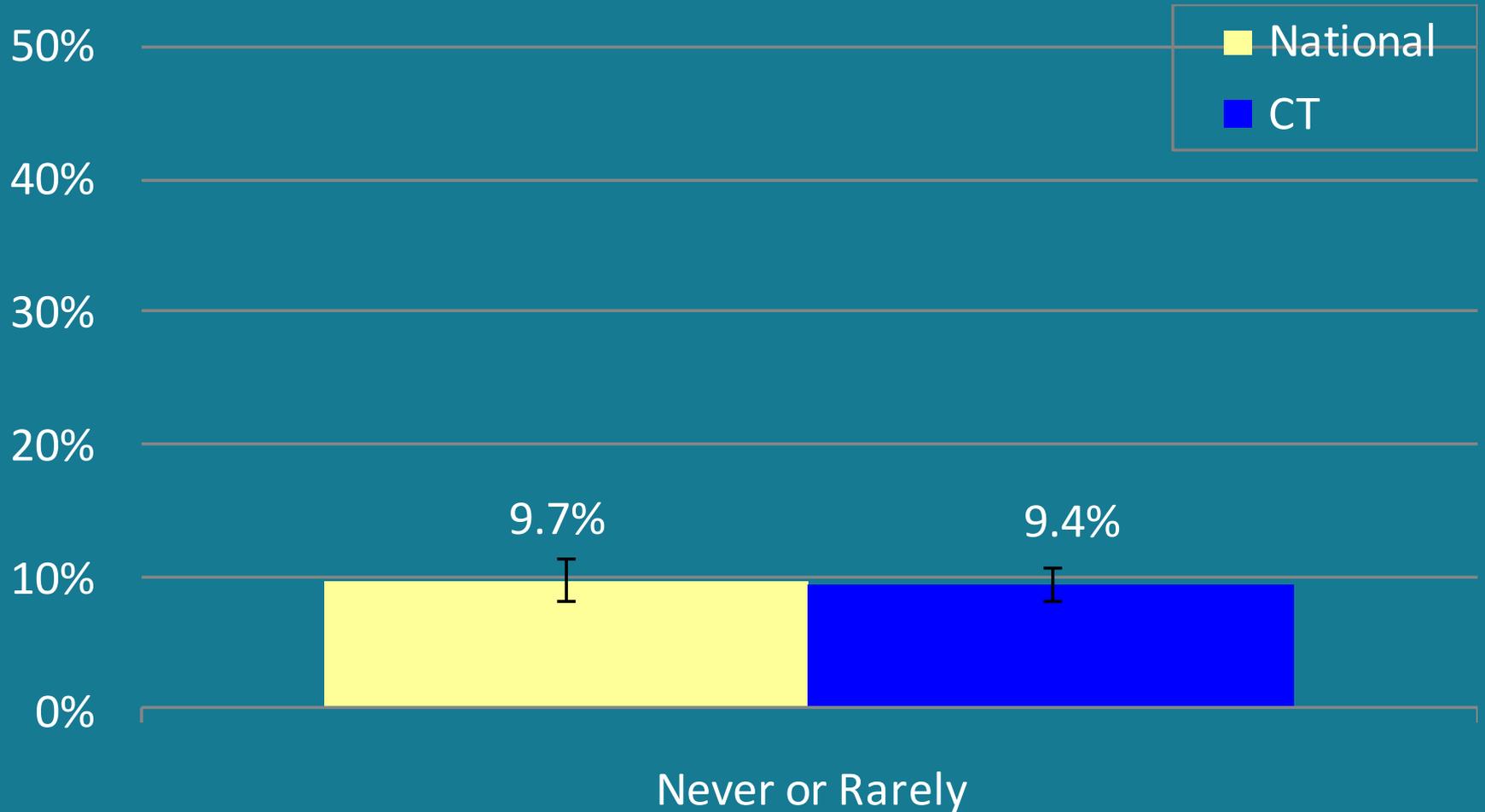
Students that have ever been tested for HIV, or have ever been told they have an STD



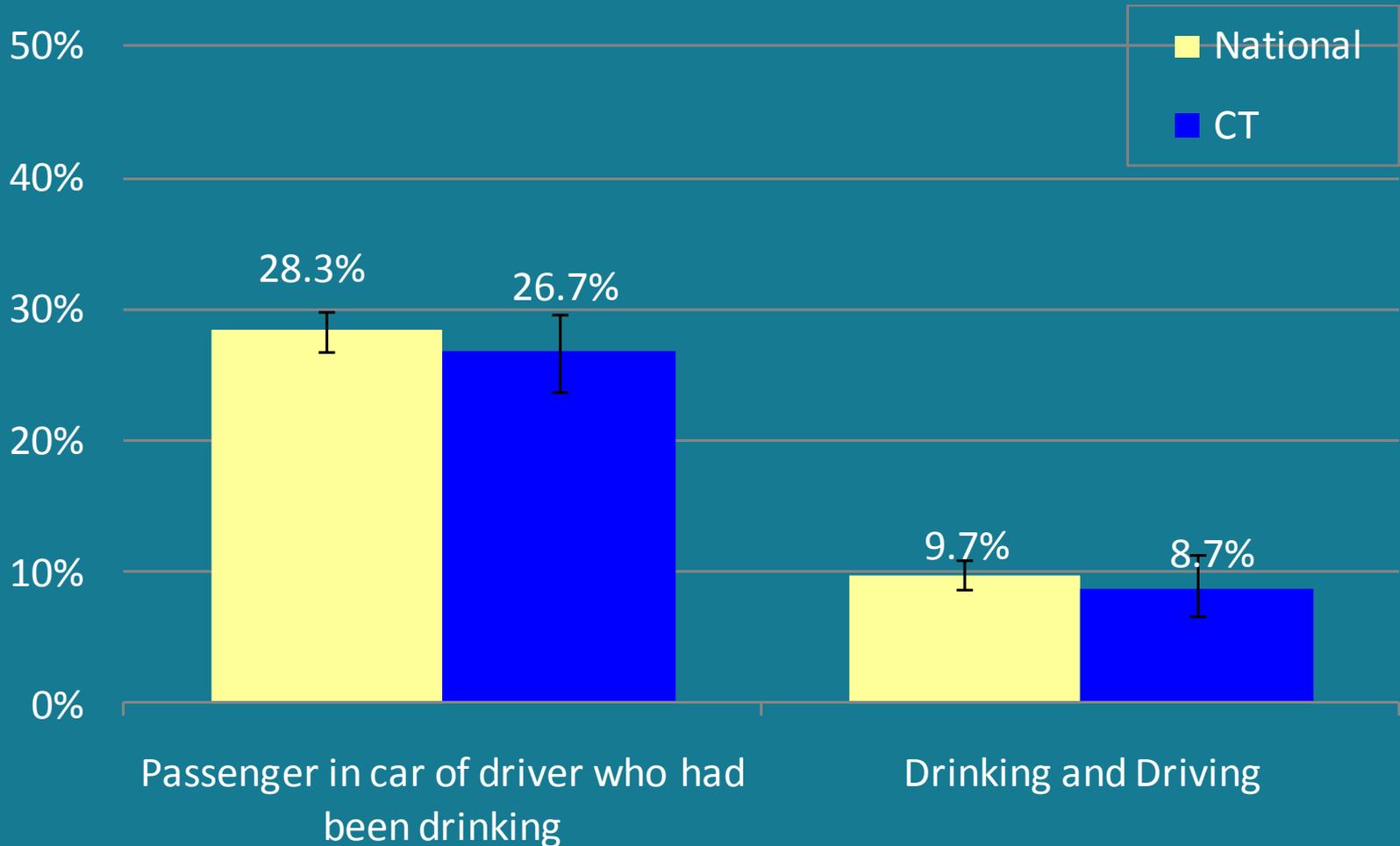
Students that have seen a dentist for a check-up, exam, cleaning or other dental work in the past year



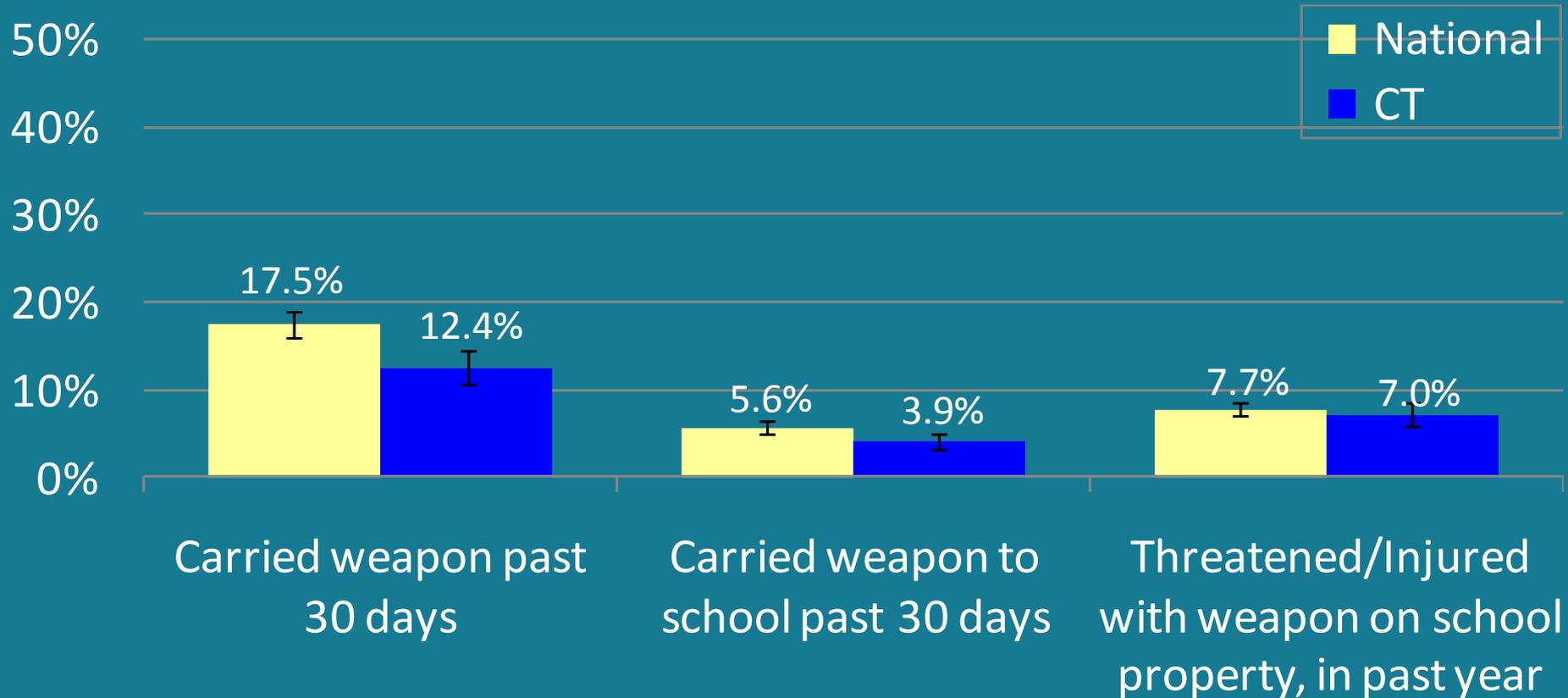
Students who never or rarely wore seat belt when passenger



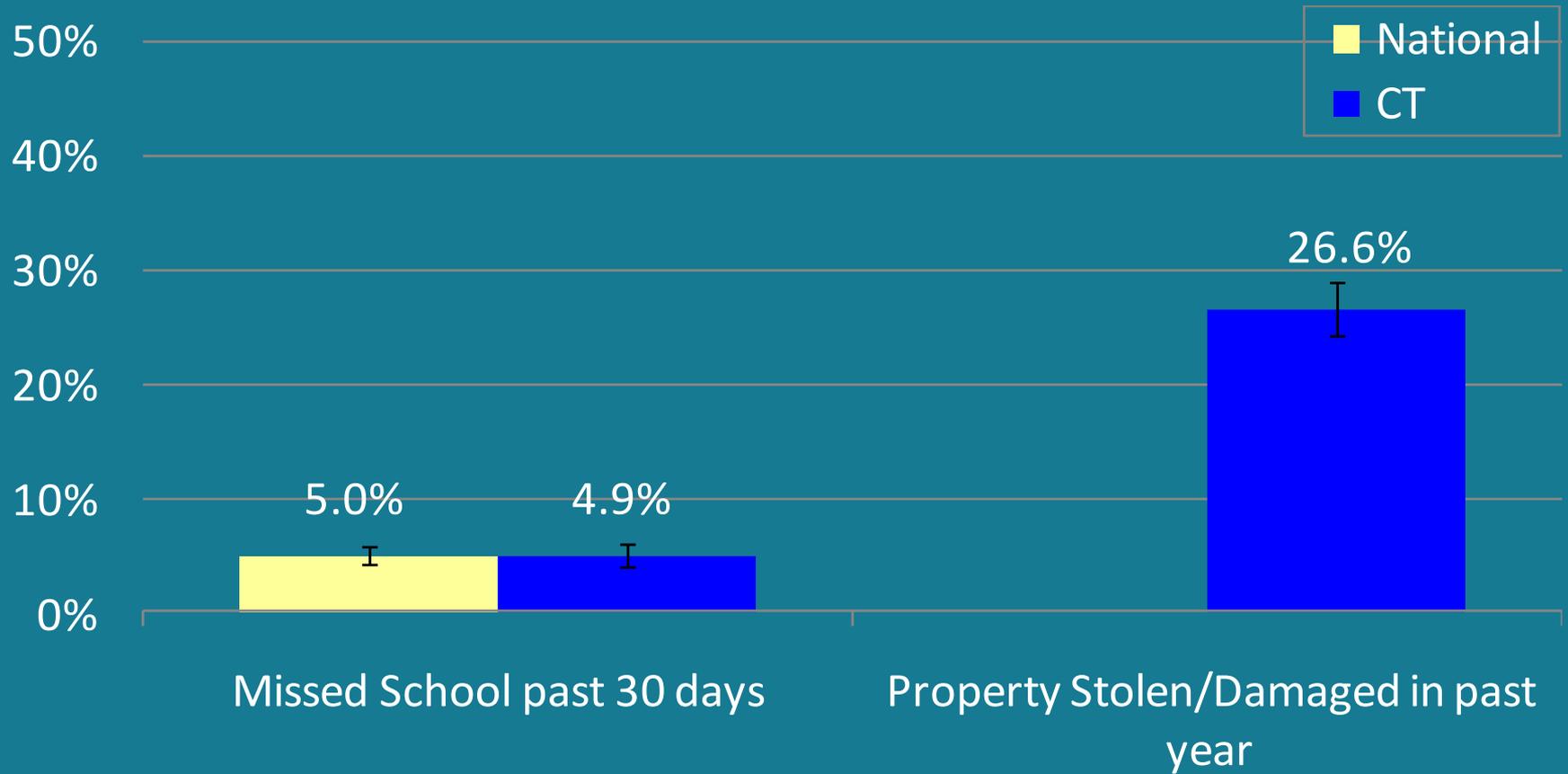
In past month, students who rode in car driven by someone who had been drinking, or had driven after drinking



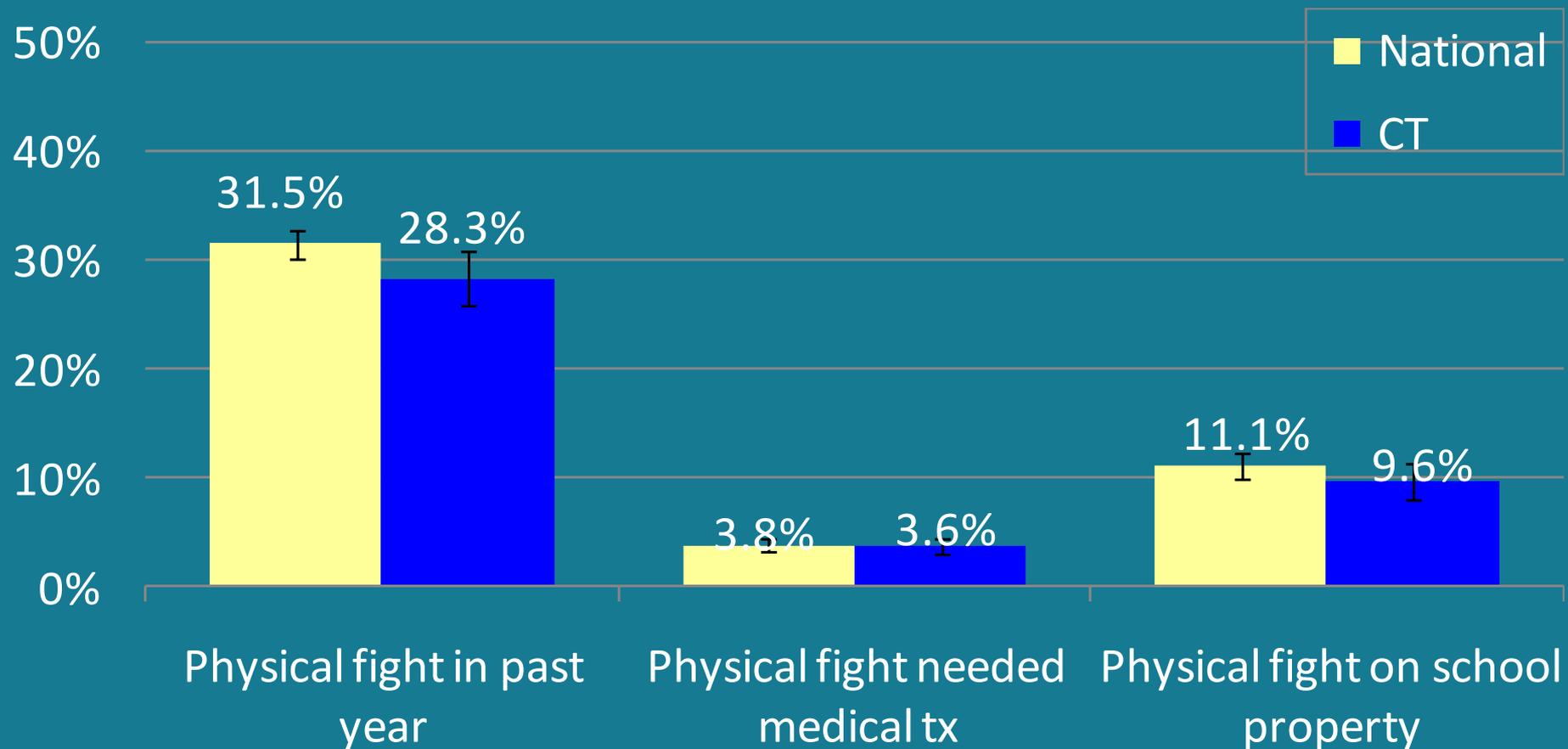
Weapon carrying or injuries by a weapon



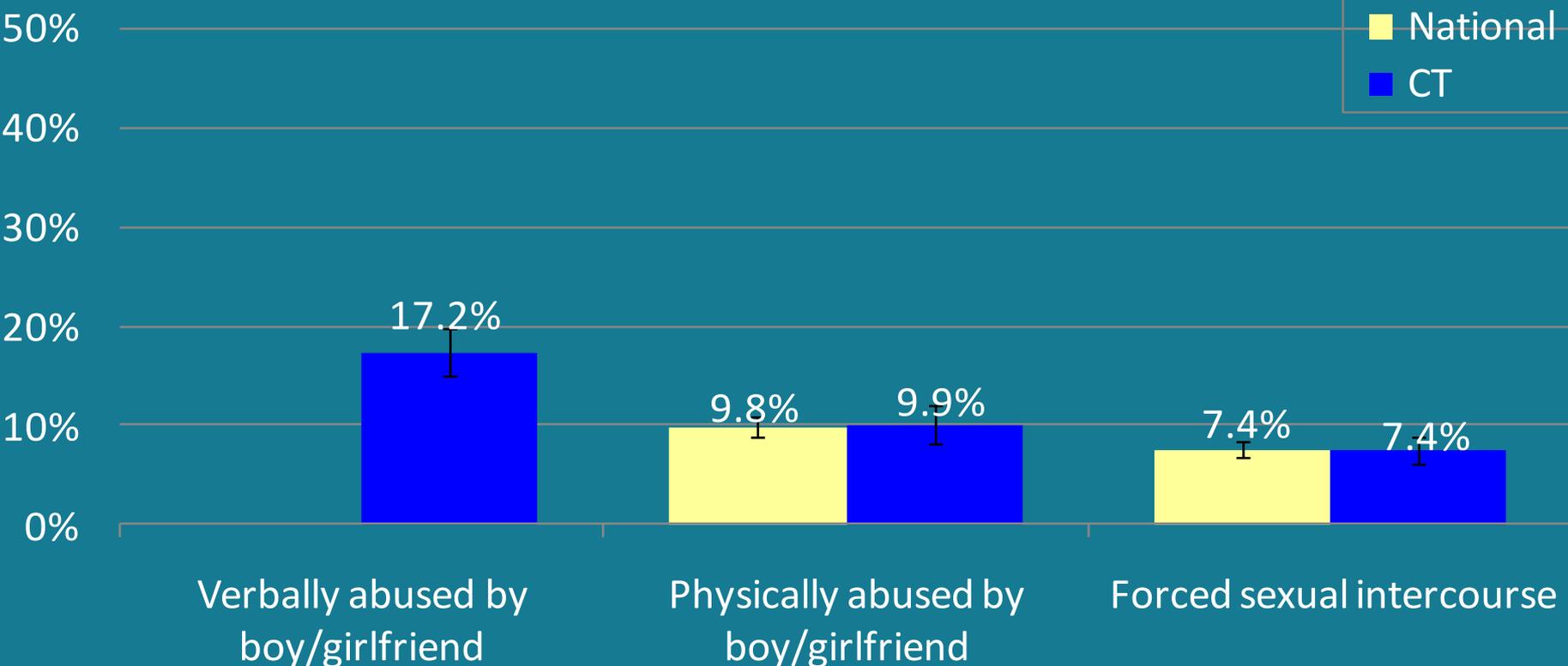
Students who missed school In past month because felt unsafe, or had property stolen or damaged at school in past year



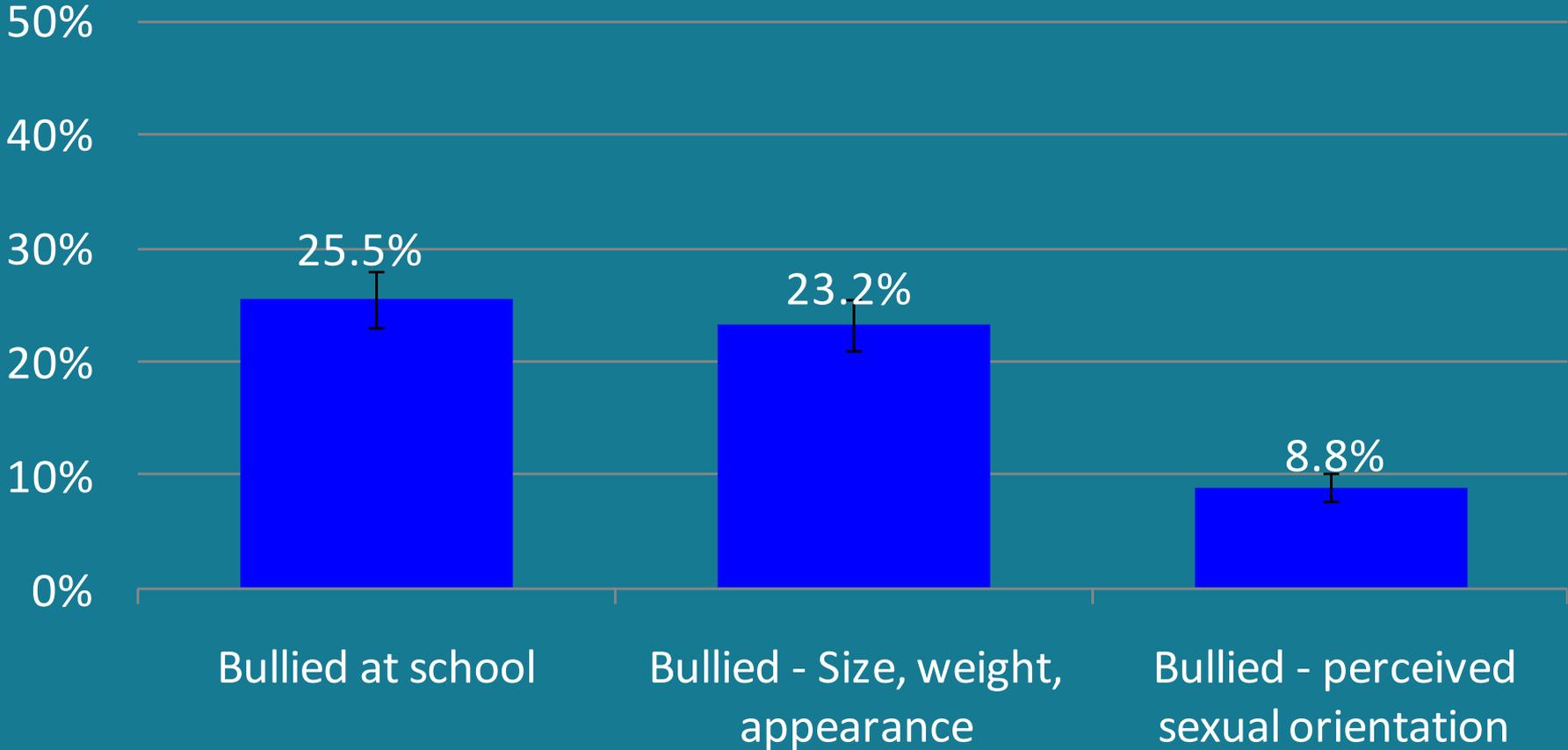
In past month, students who were in a physical fight



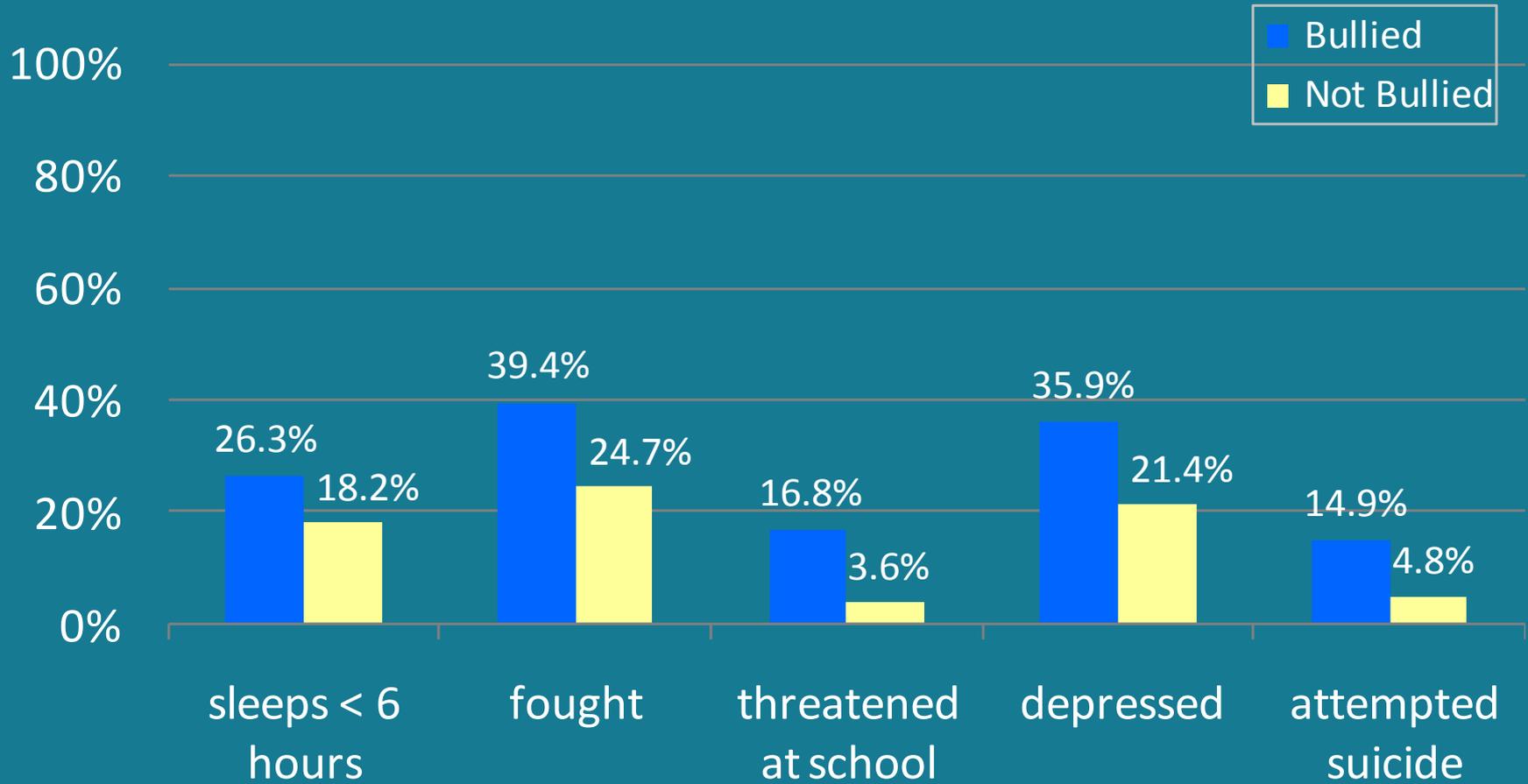
Dating Violence and Forced Sexual Intercourse



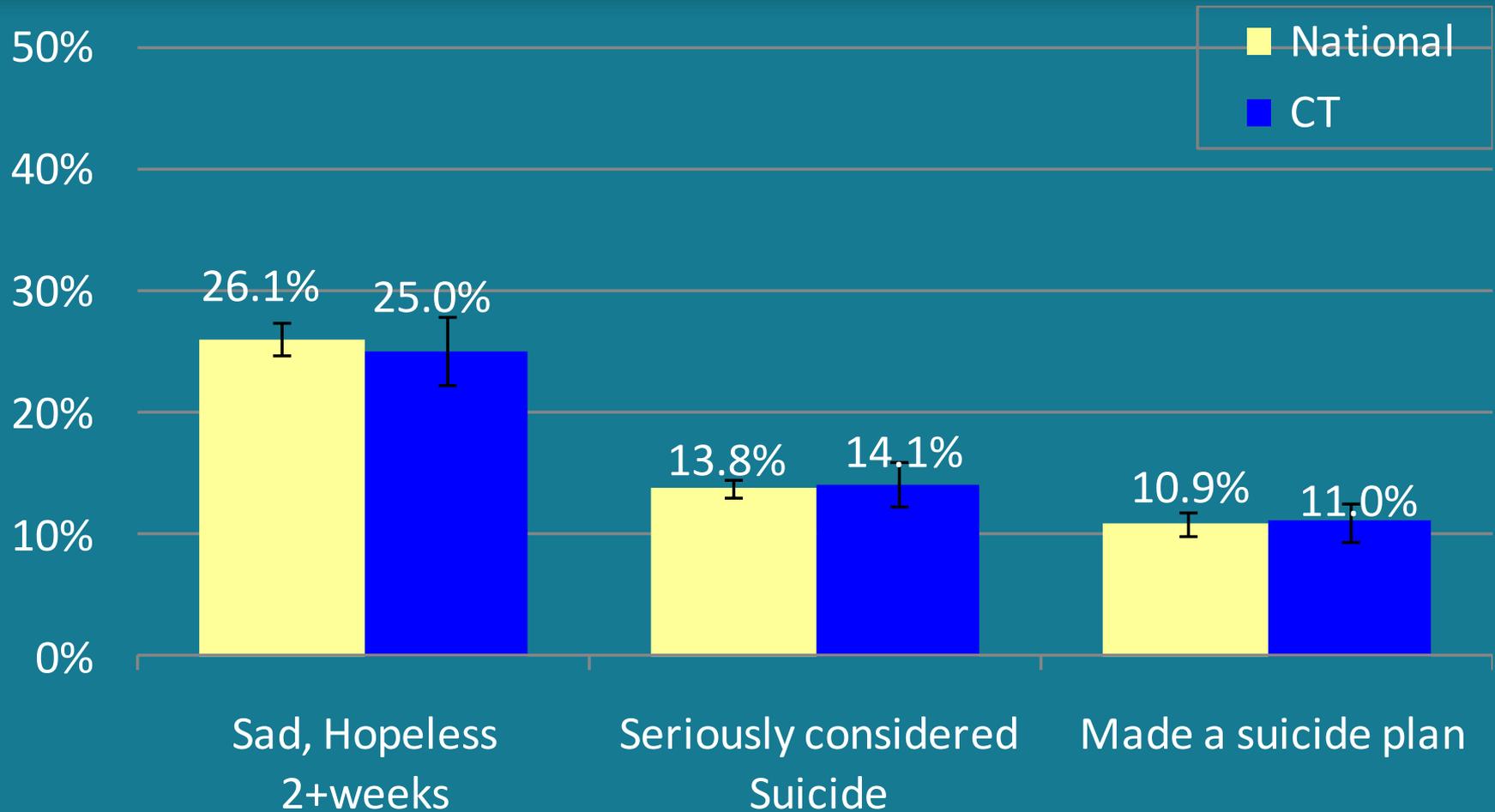
Bullying in the past year



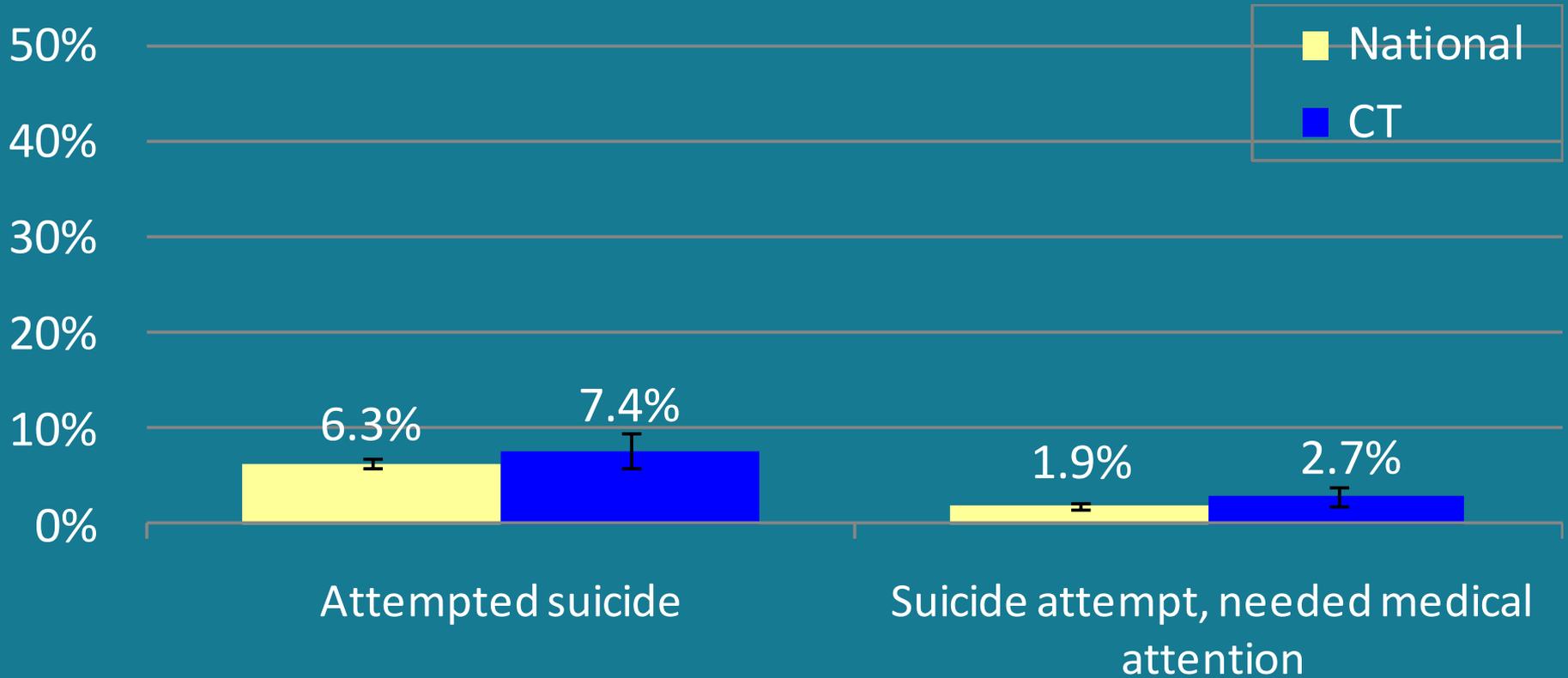
Being bullied and other risk behaviors



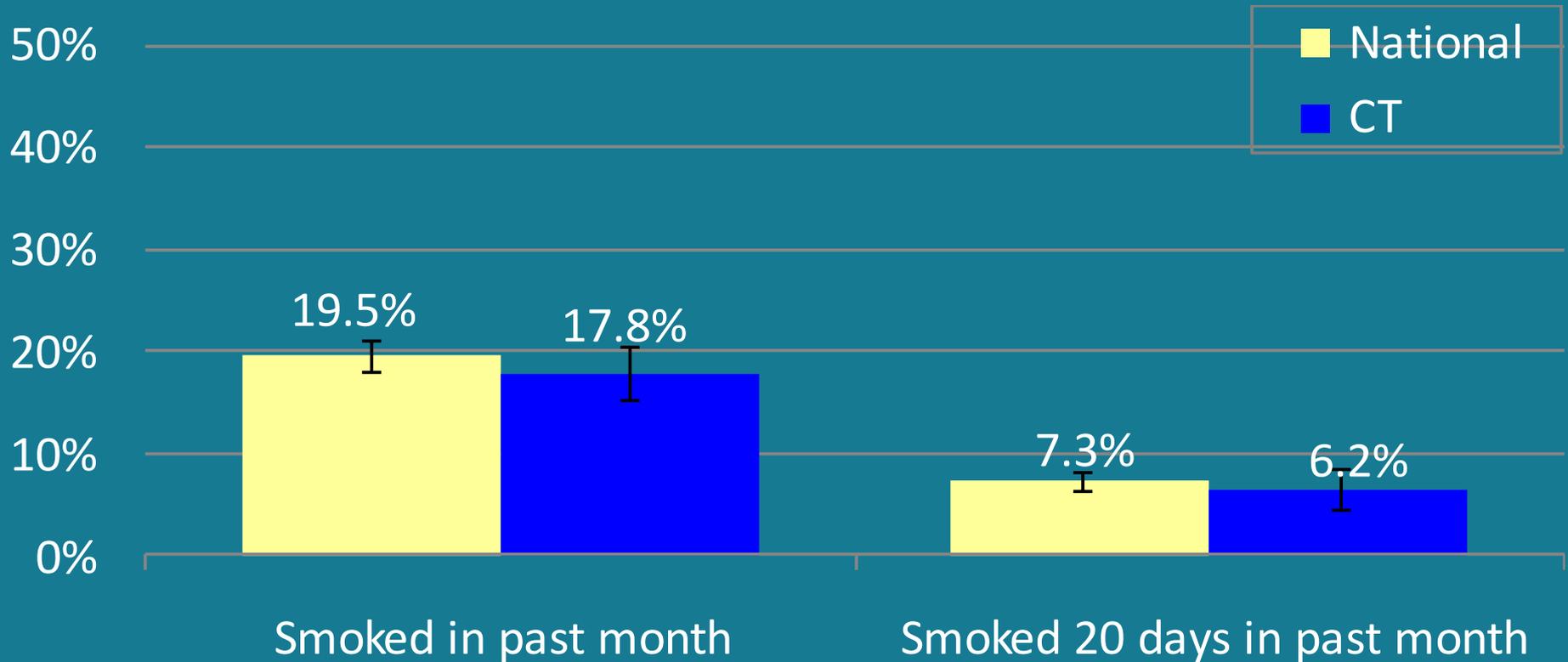
Depression and Suicide Plans



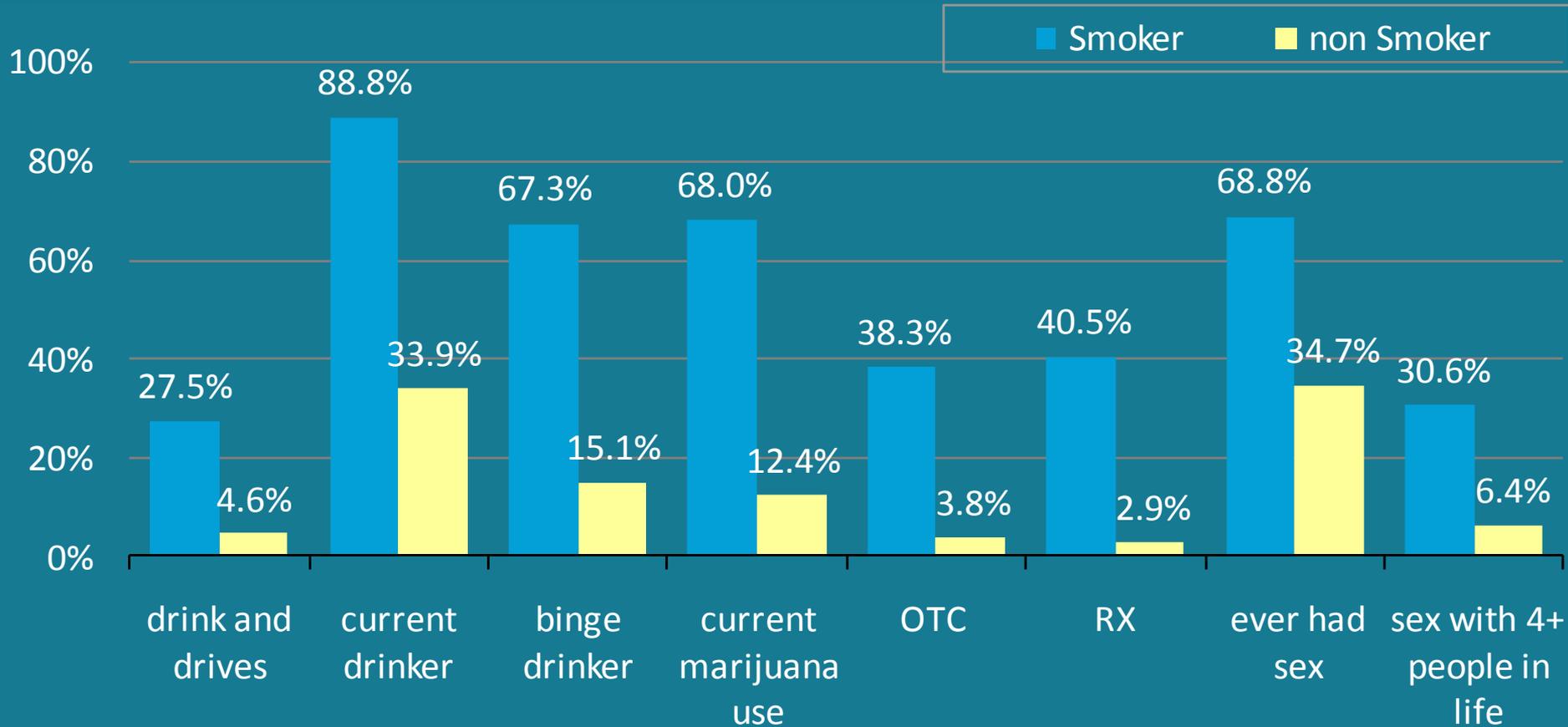
Suicide Attempts



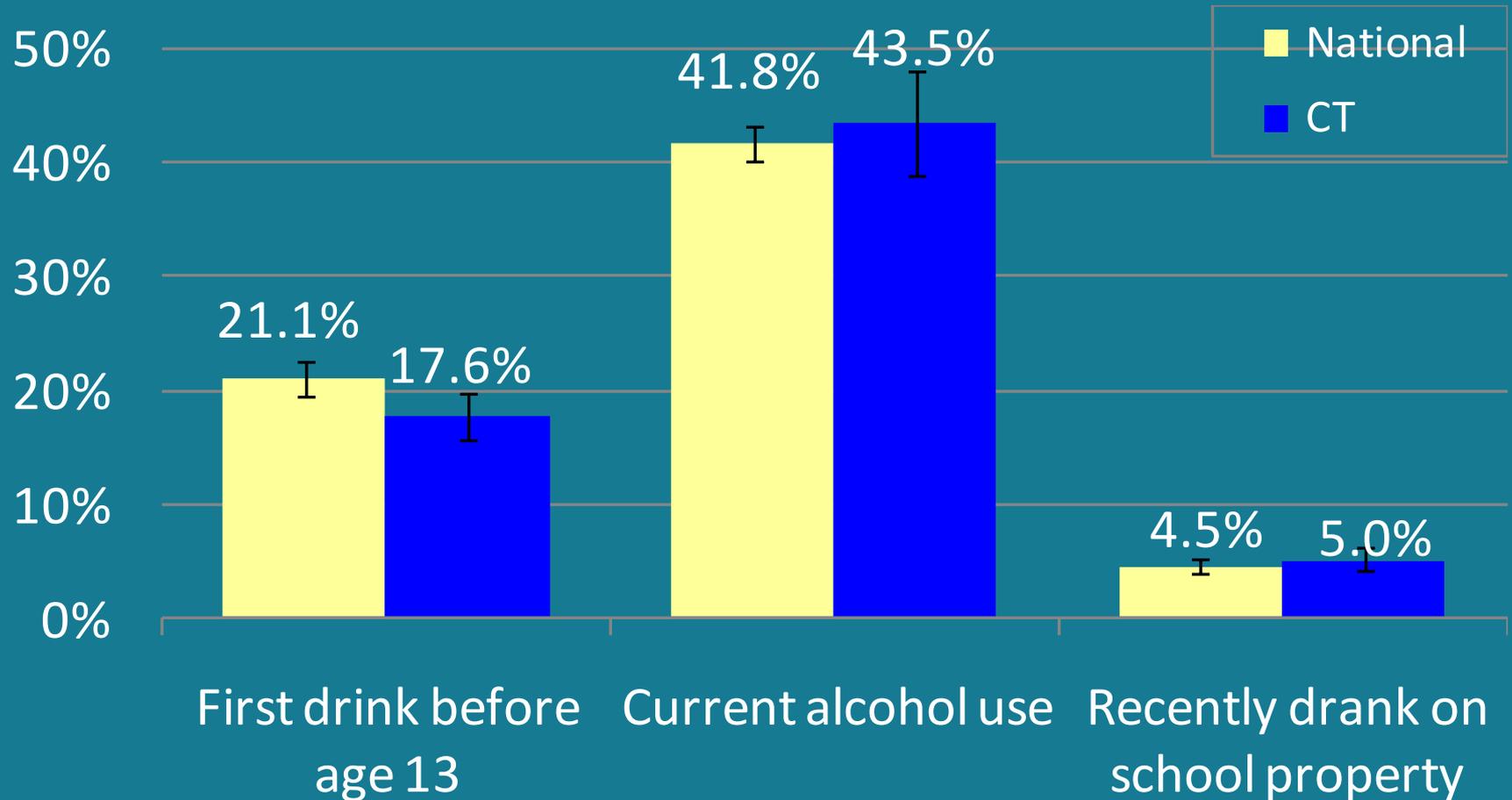
Current smokers and frequent smokers



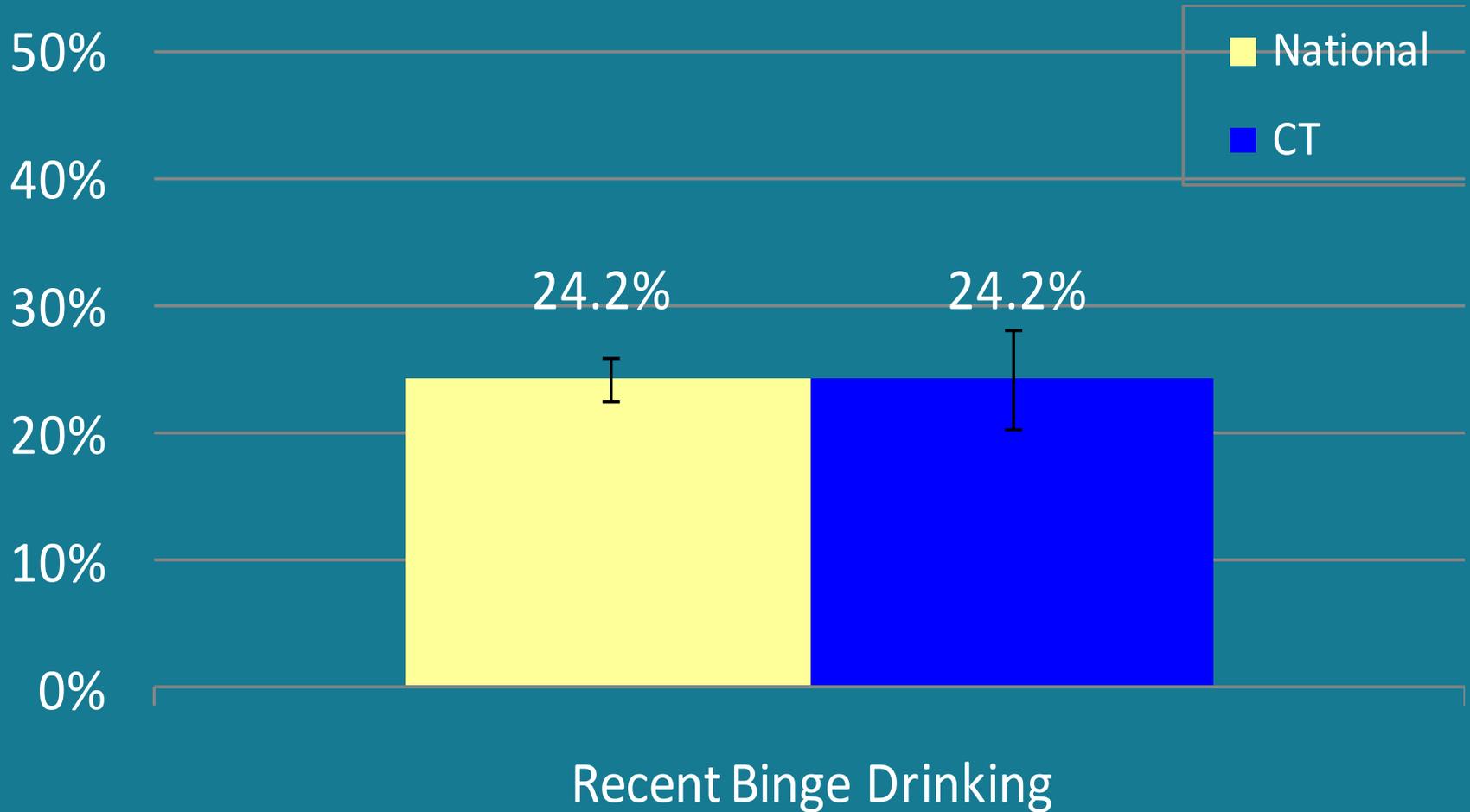
Smoking and other risk behaviors



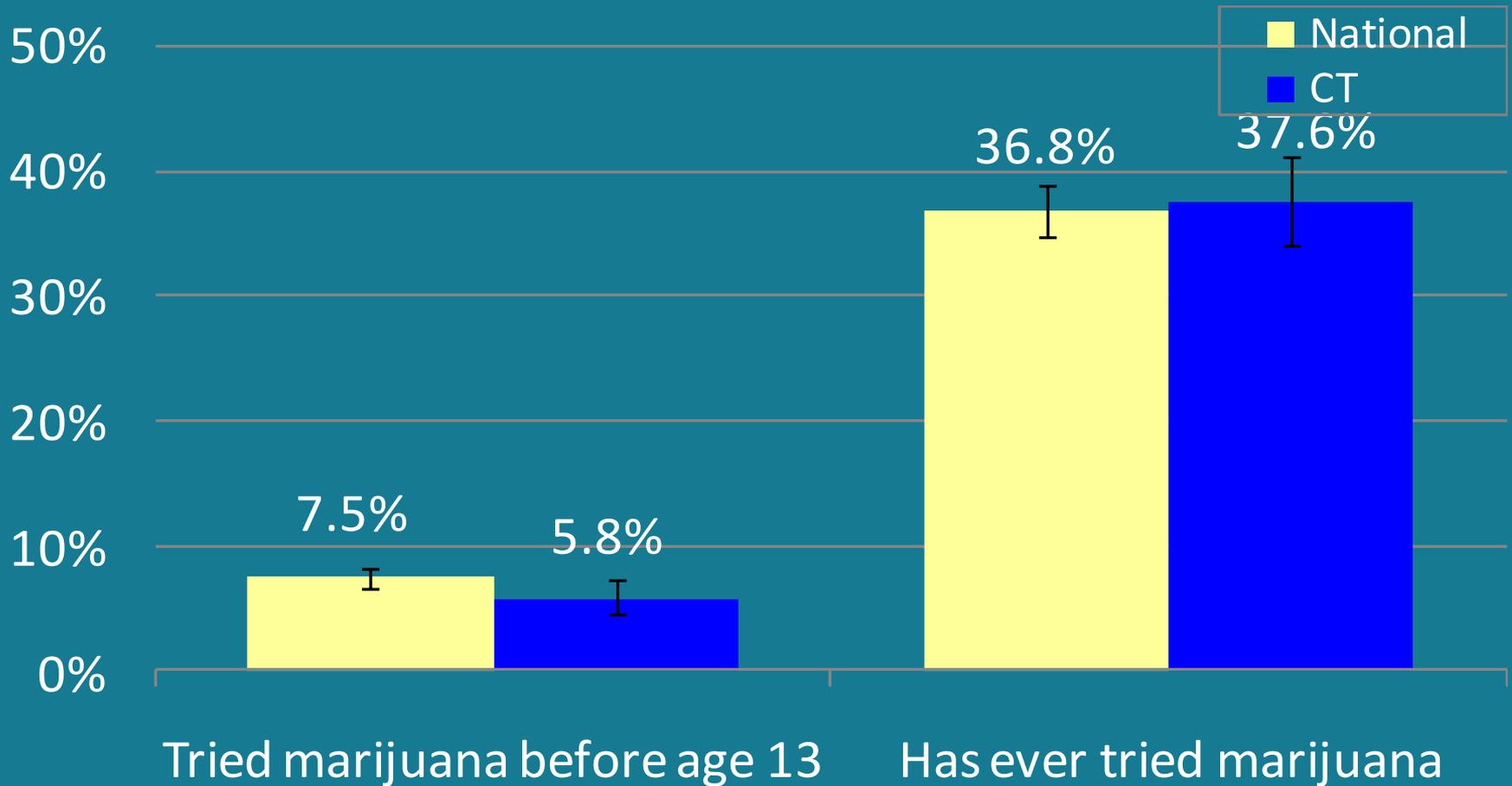
Age of initiation of alcohol use, and alcohol use in the past 30 days



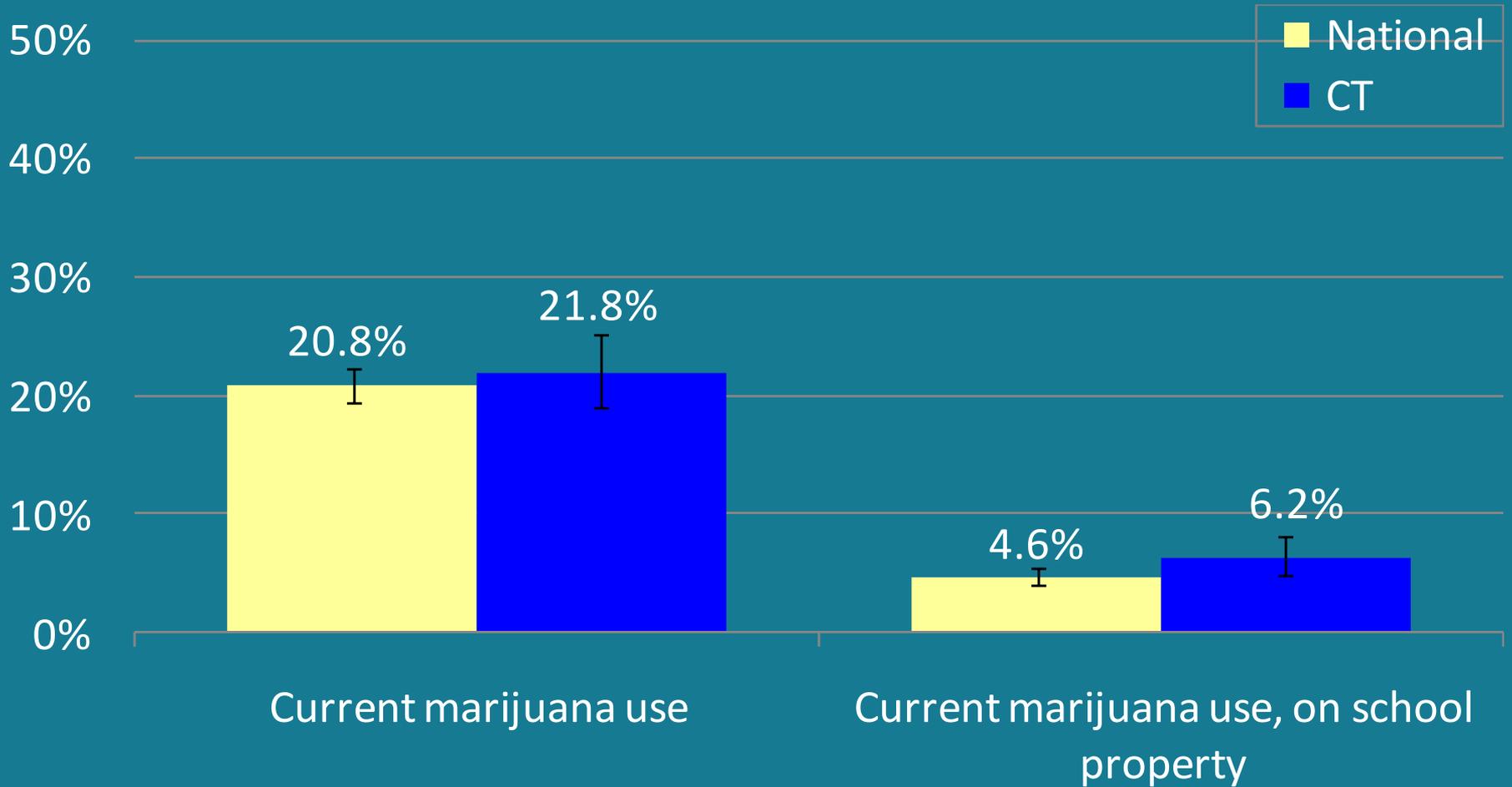
Students who had 5 or more drinks of alcohol in a row (binge drinking) in the past 30 days



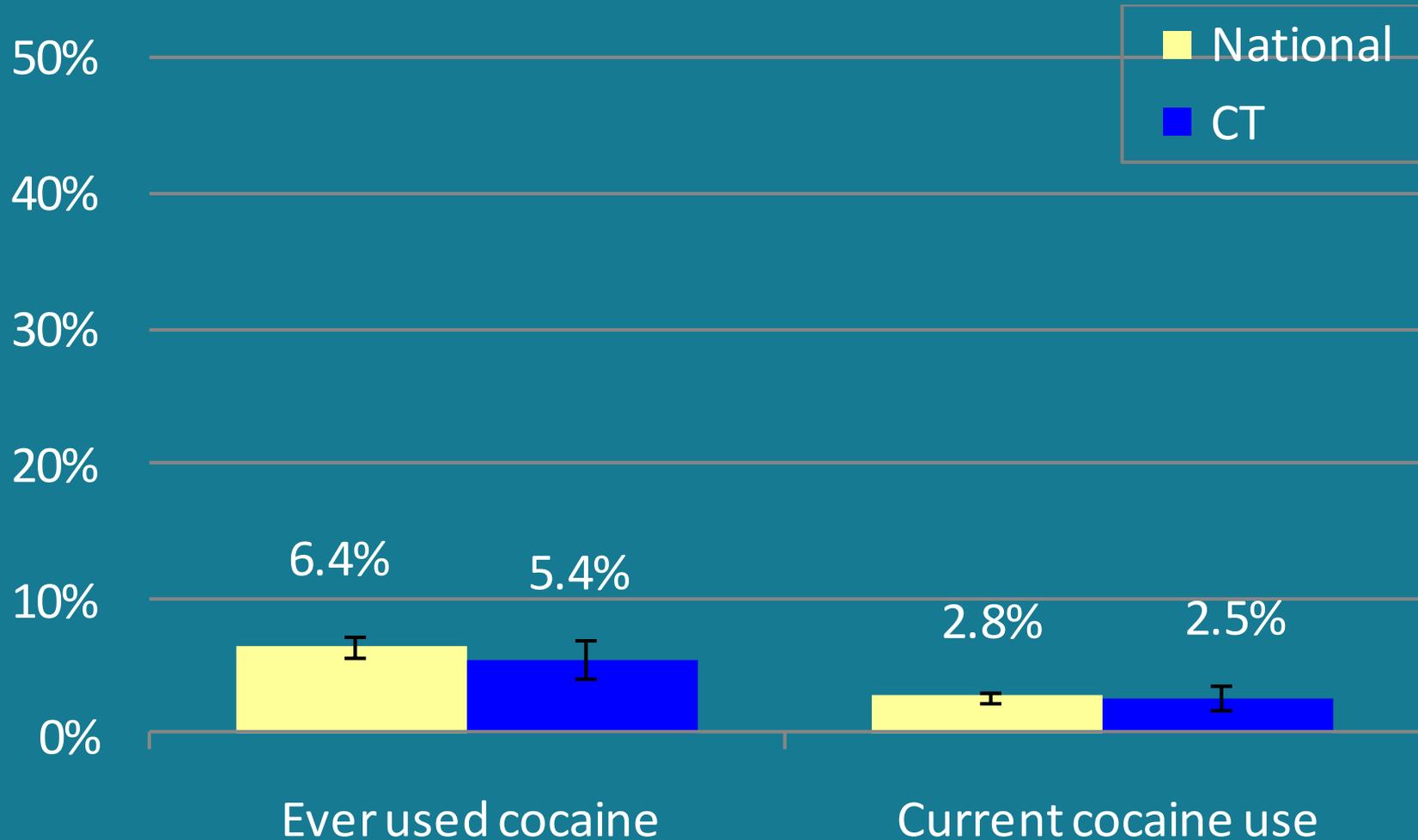
Age of initiation of marijuana use, and history of marijuana use



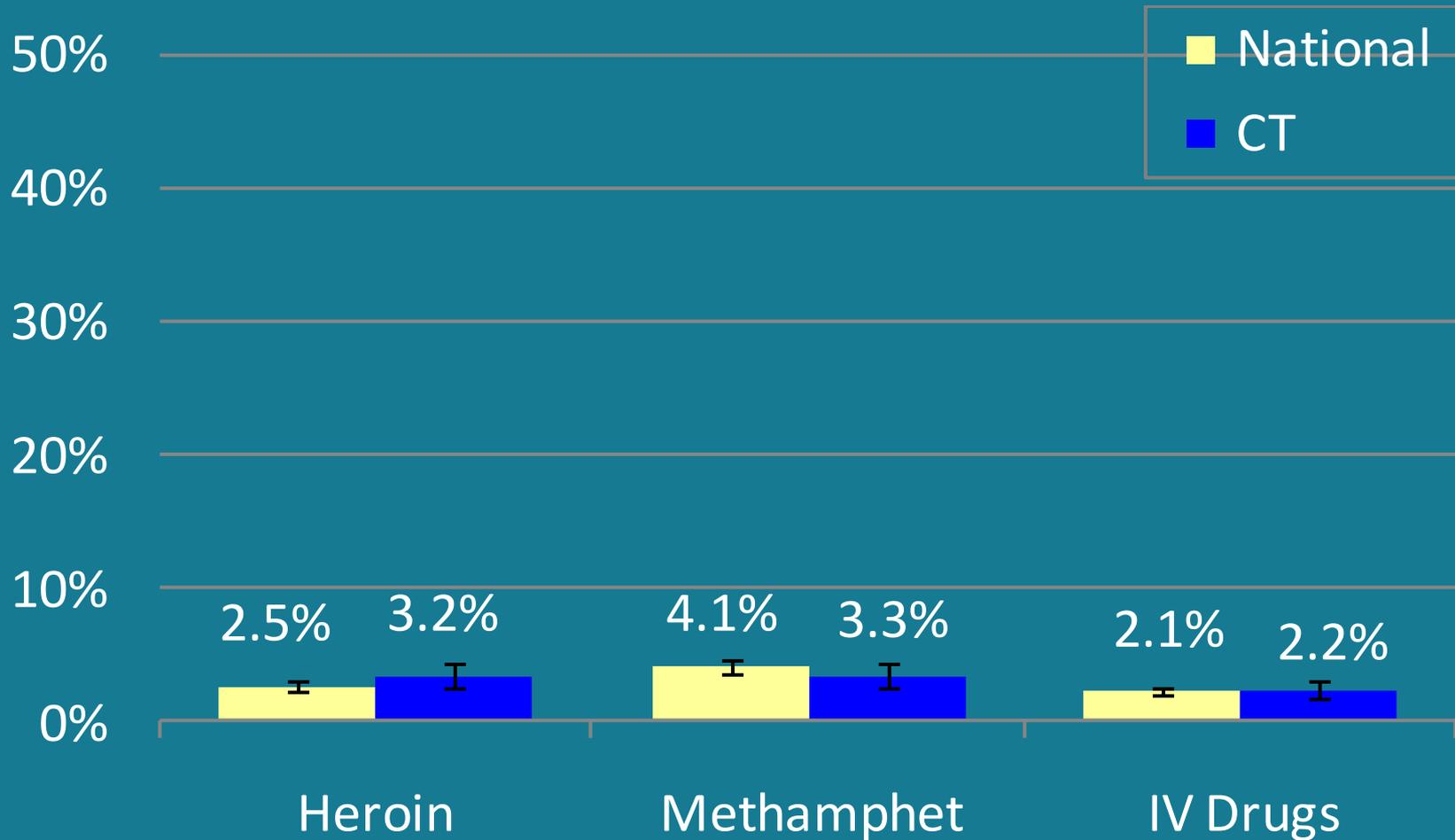
Current marijuana use, in the past 30 days



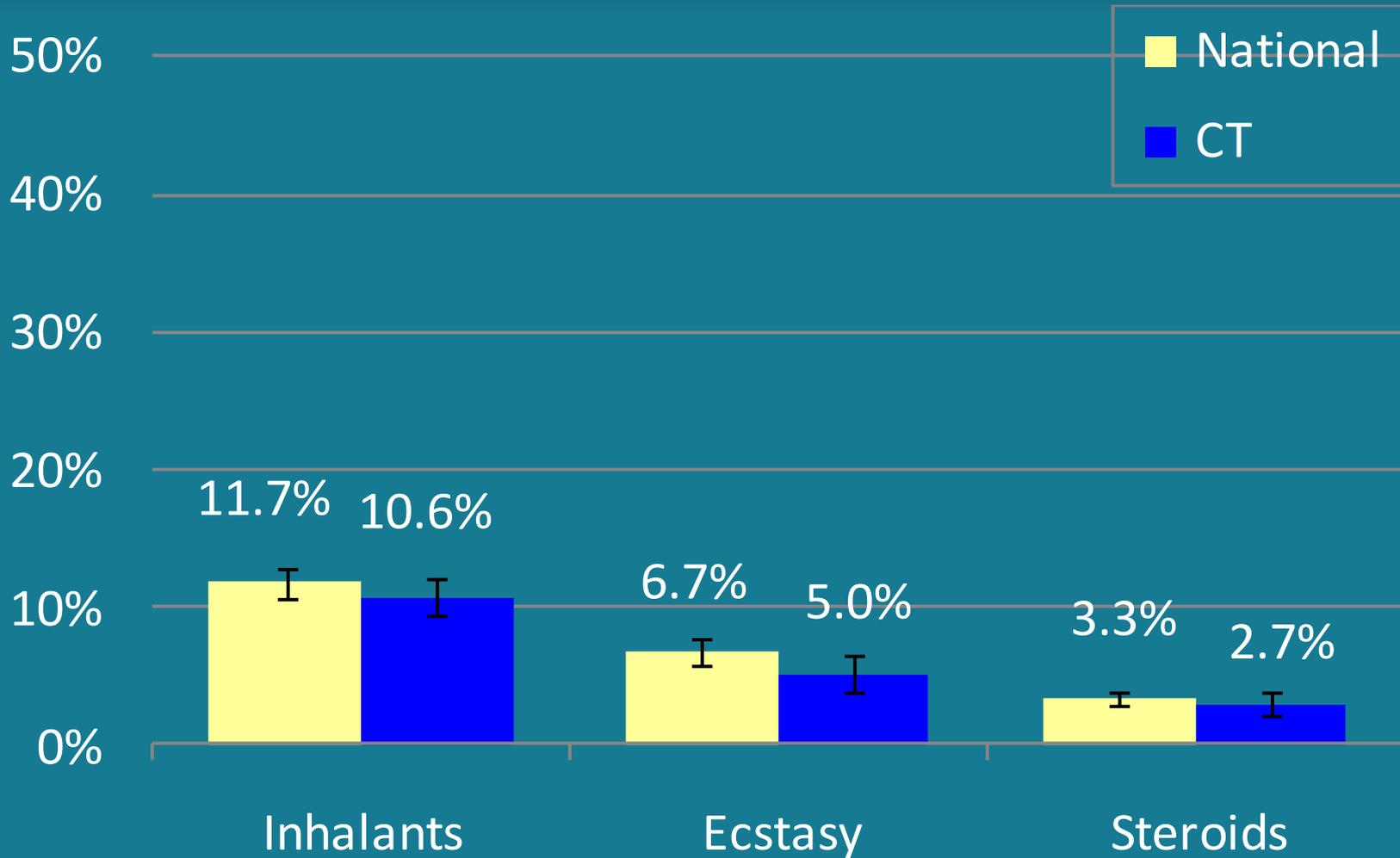
Current cocaine use, and history of cocaine use



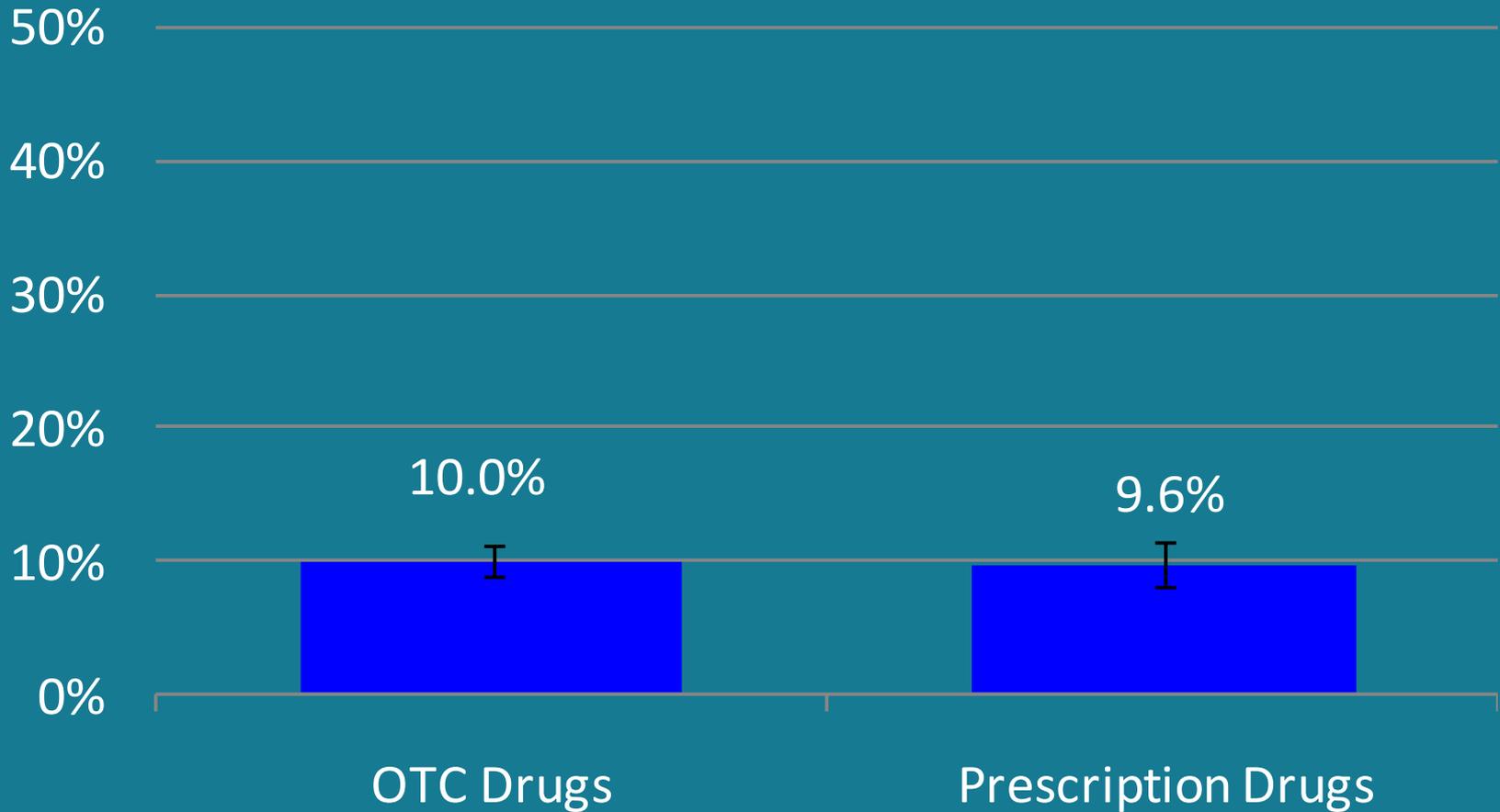
Heroin, Methamphetamine and IV Drug use



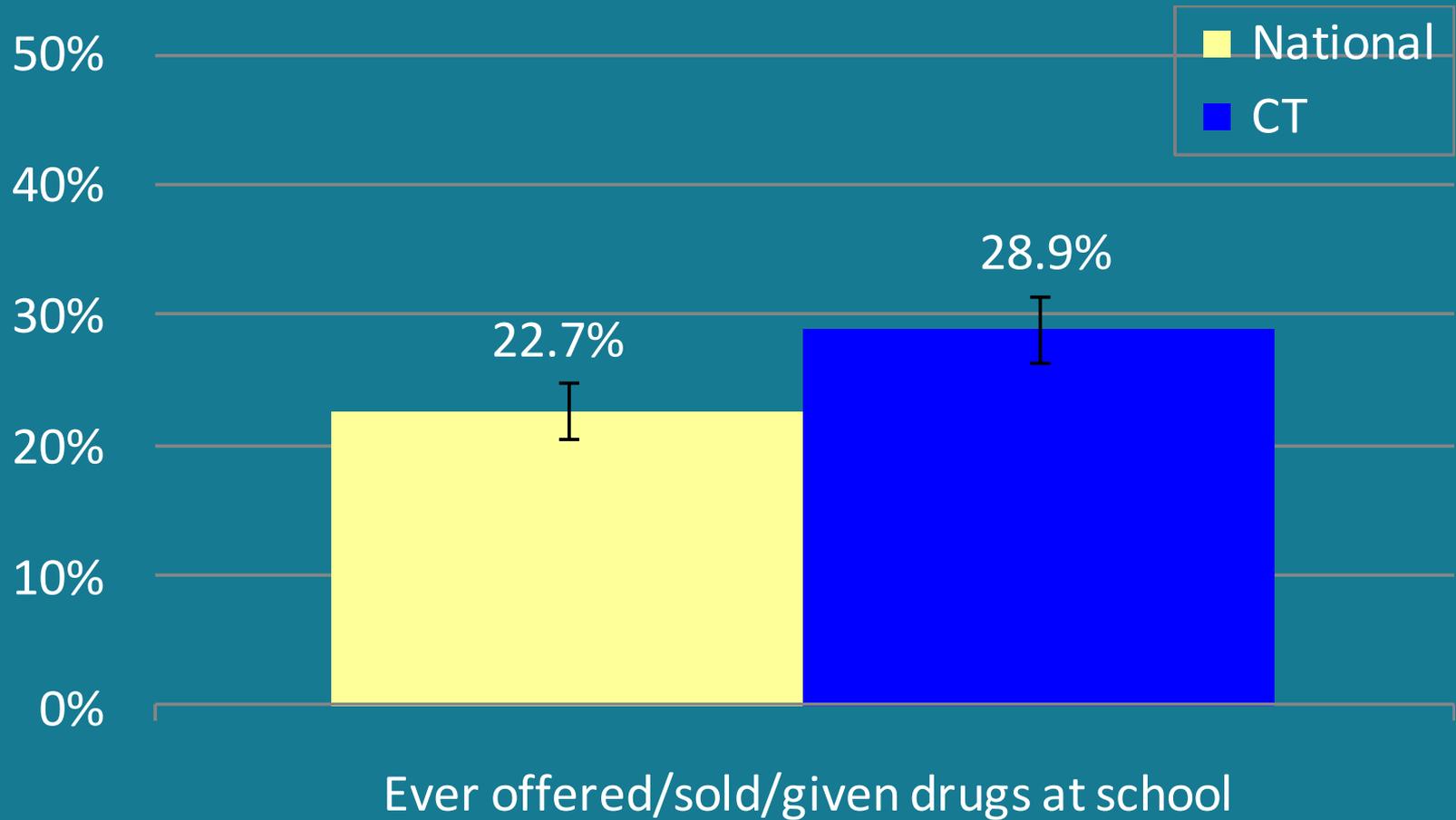
Inhalant, Ecstasy and Steroid Use



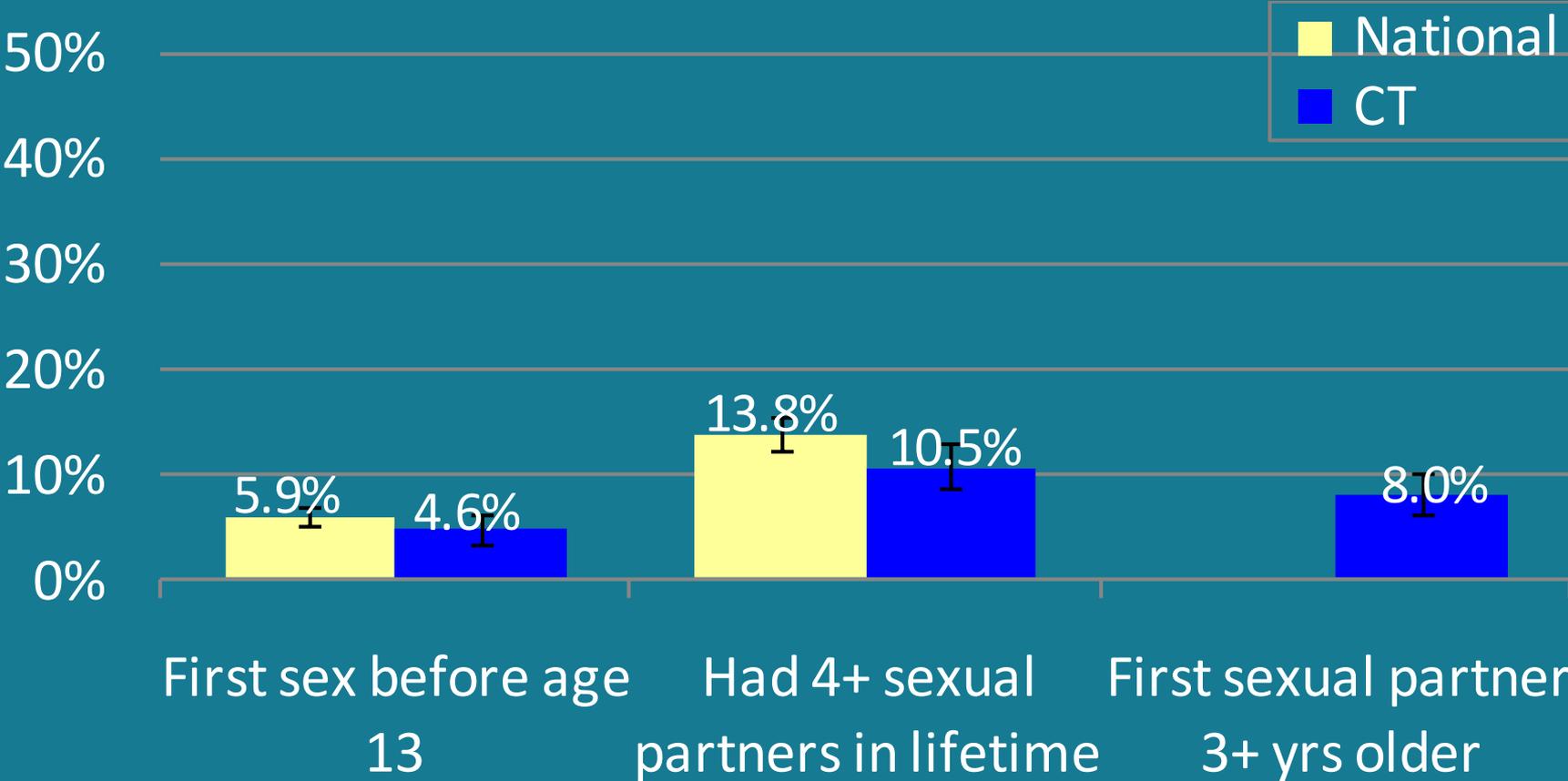
Over the Counter and Prescription Drug Abuse



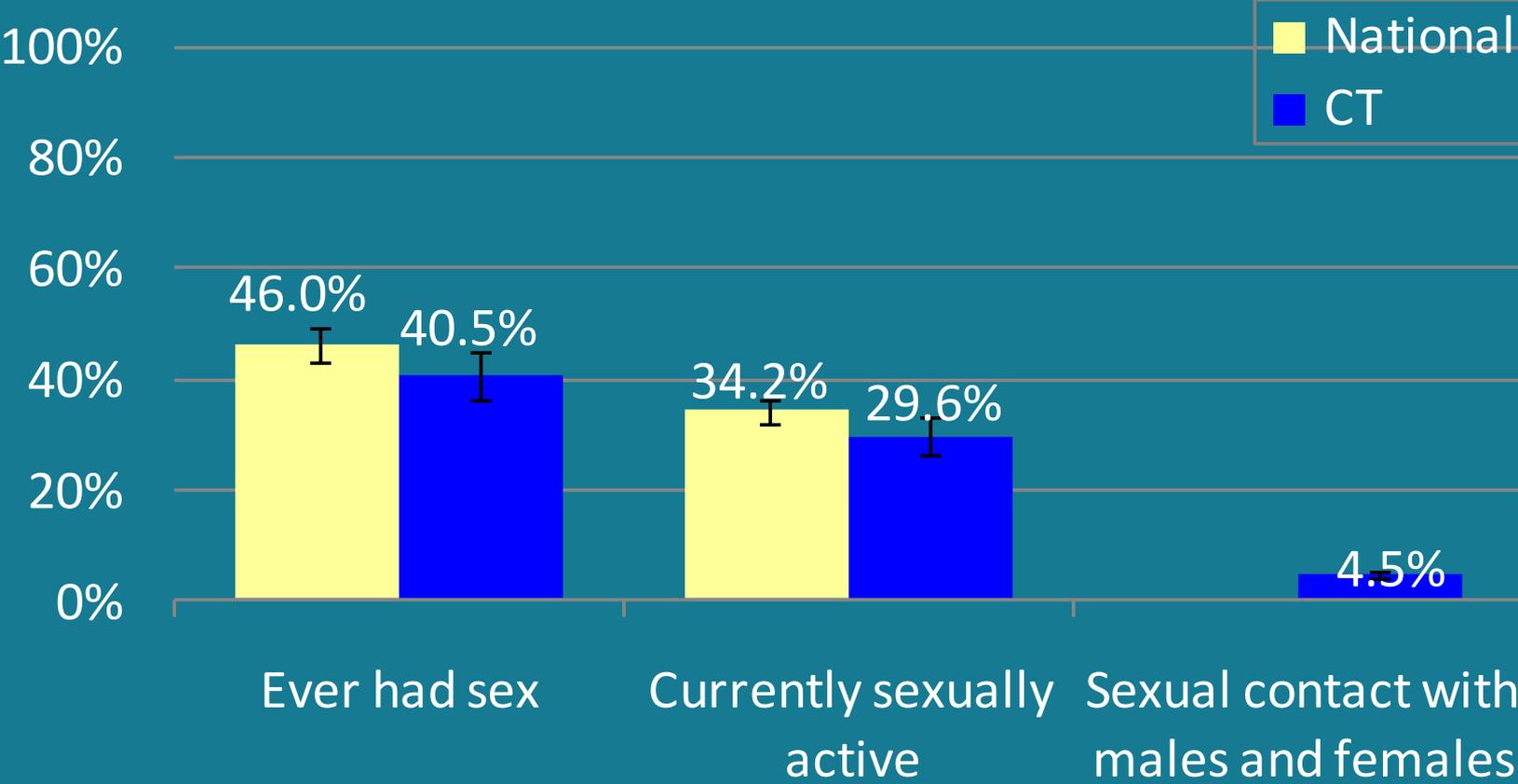
Students who were ever offered, sold or given an illegal drug by someone on school property in the past year



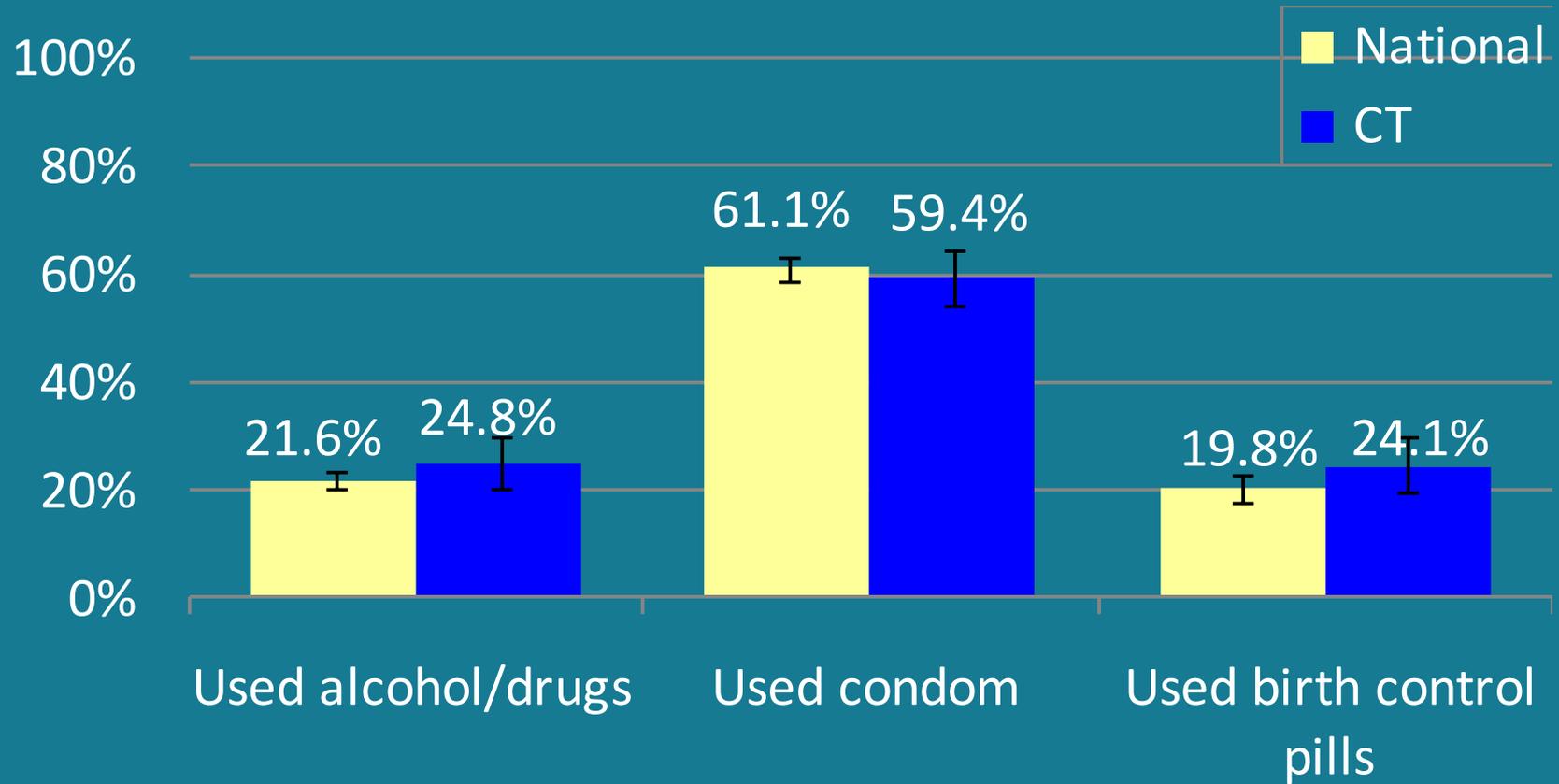
History of sexual behavior



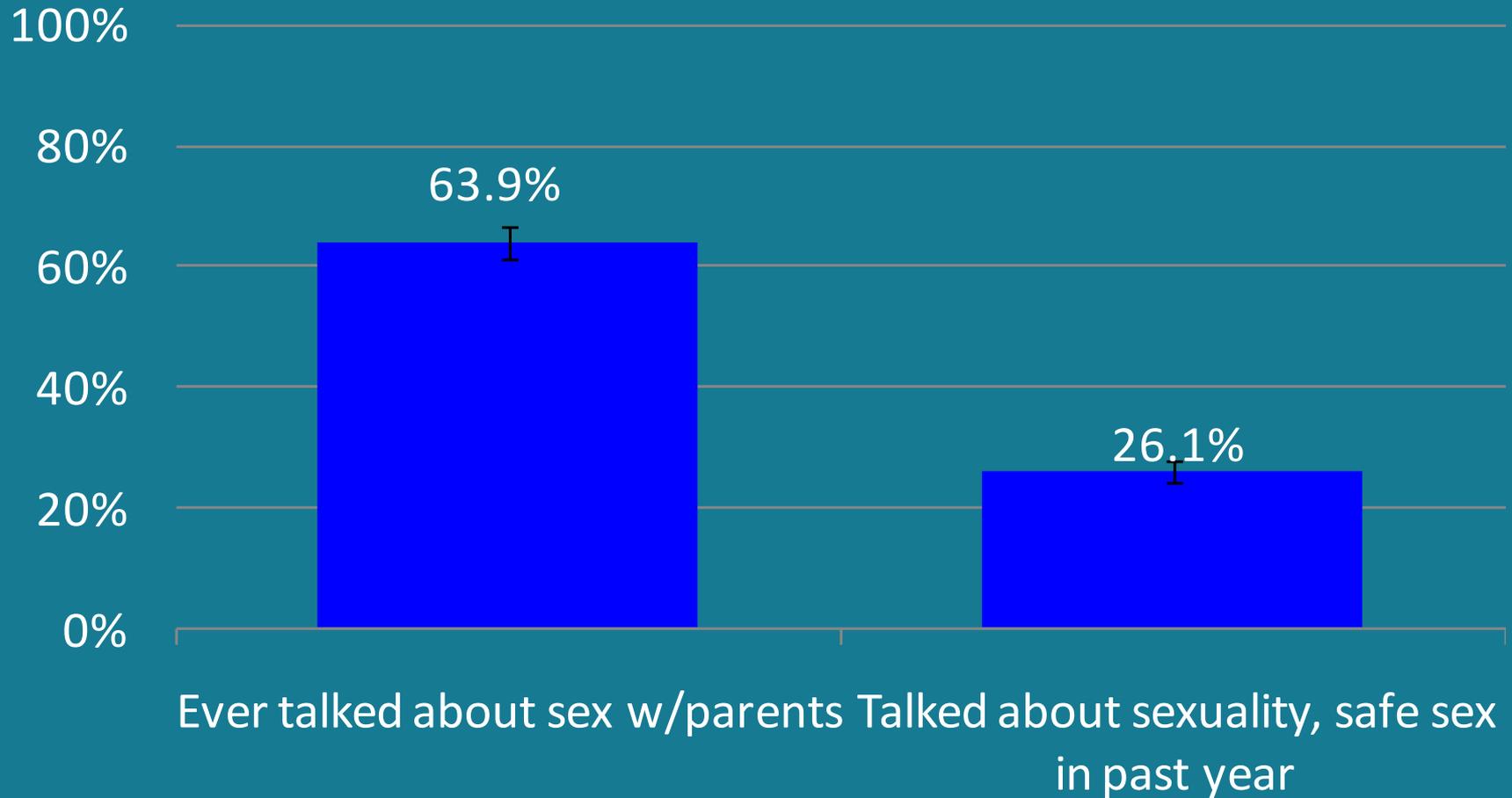
History of sexual behavior



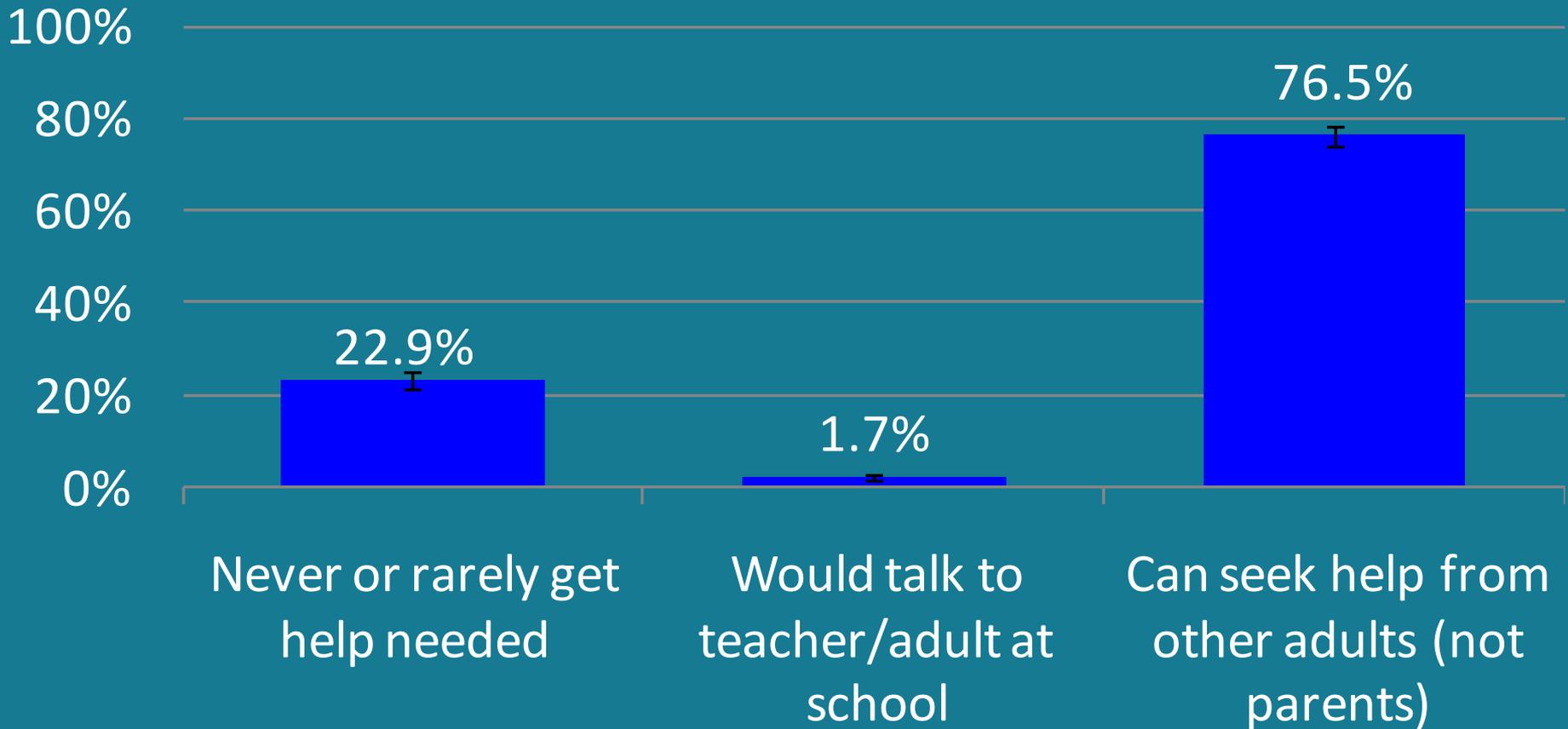
Of those currently sexually active, behavior before the most recent sex



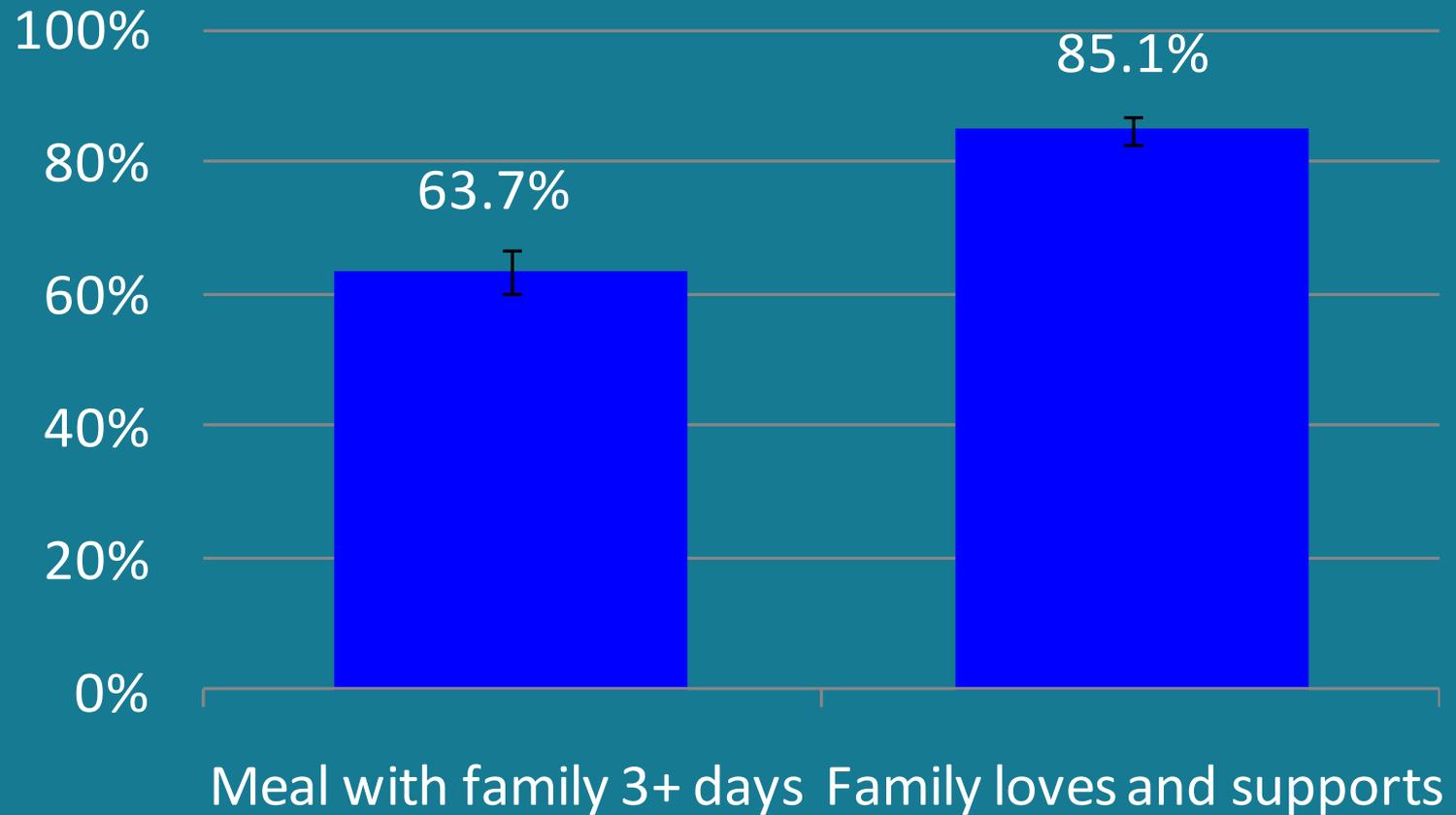
Students that have ever talked to parents about what they expect them to do when it comes to sex, and those that talked to parents about sexuality, STD prevention, or pregnancy in past year



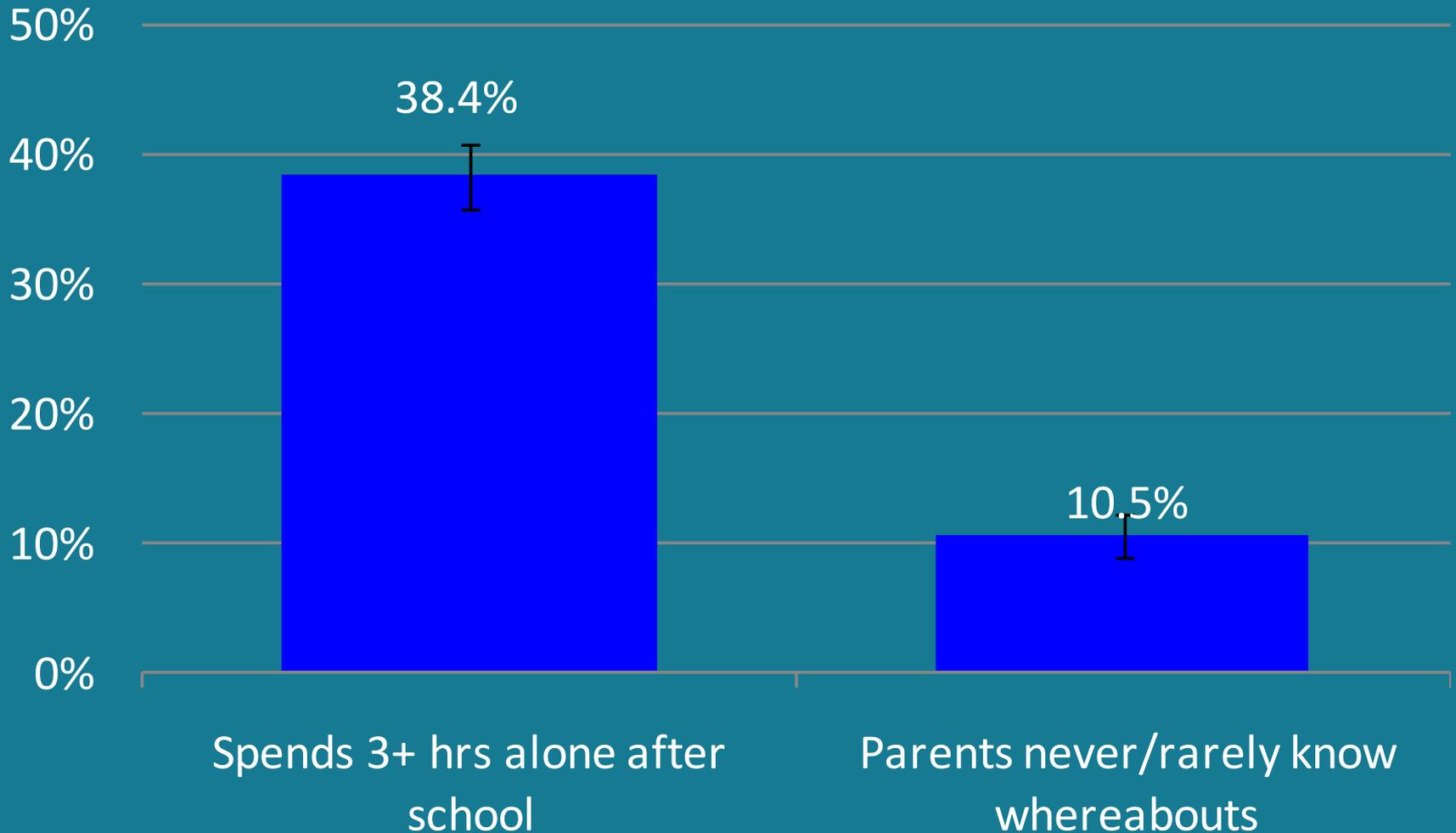
Students that have social support network outside of parents



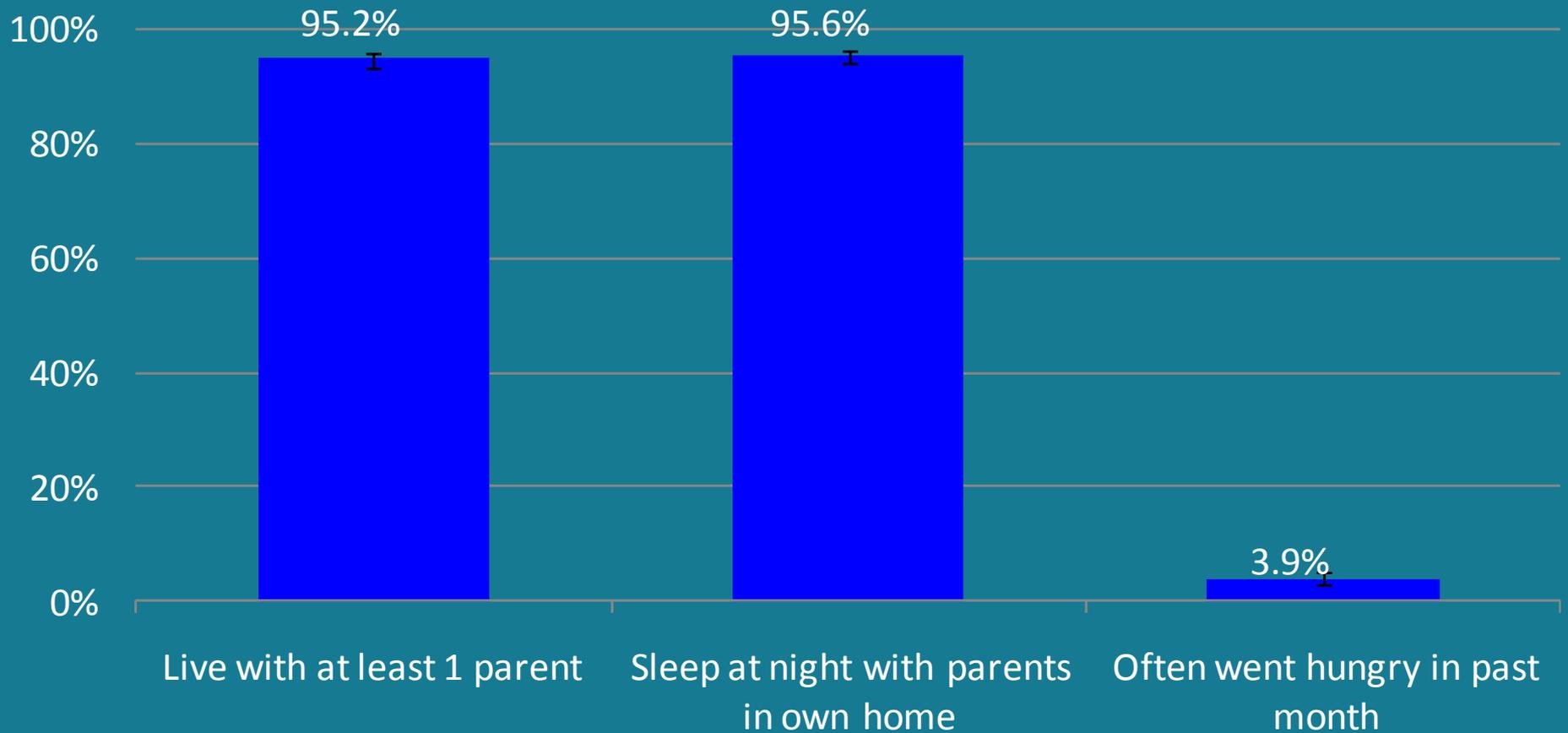
Students and their home/family environment



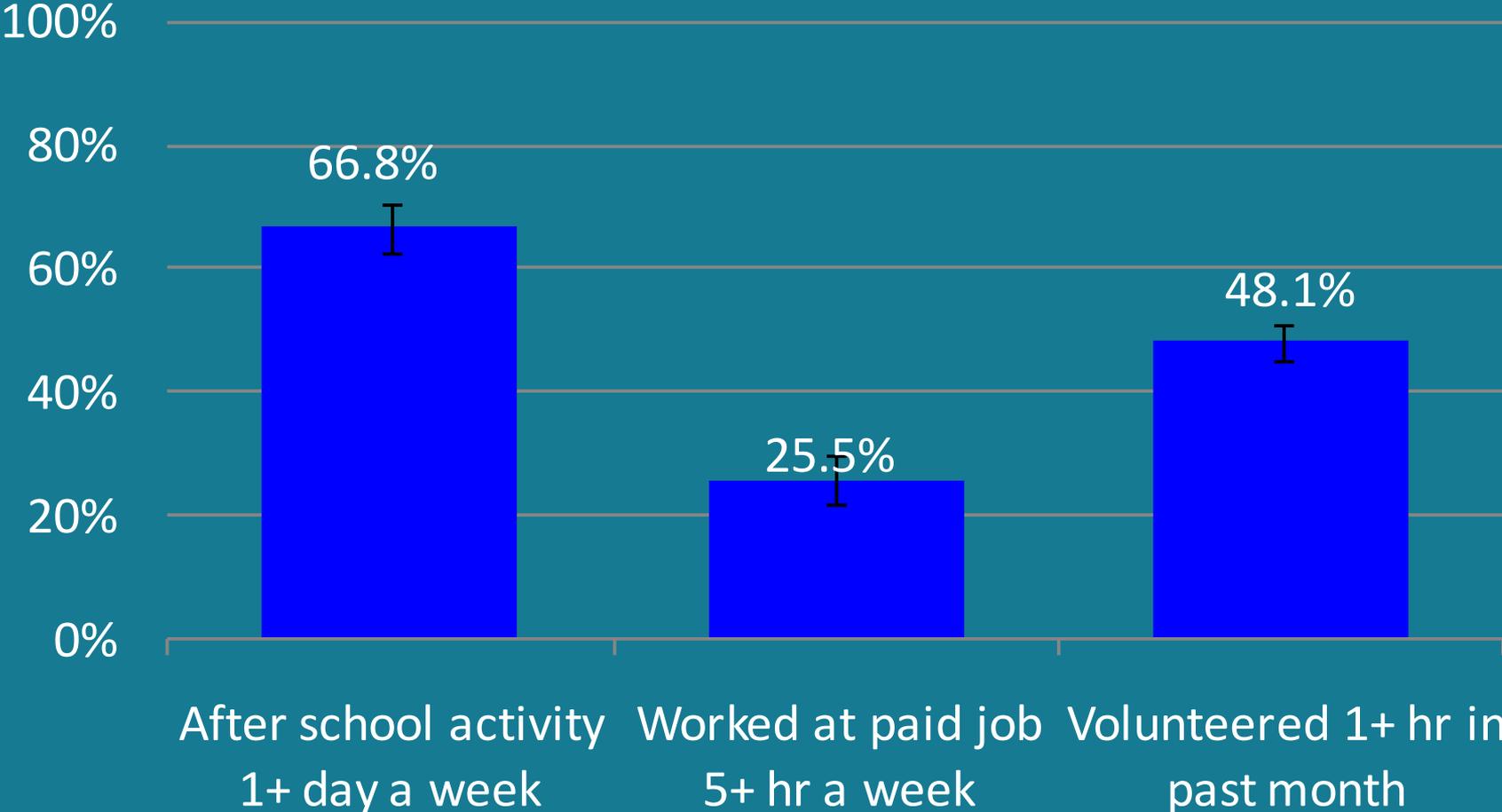
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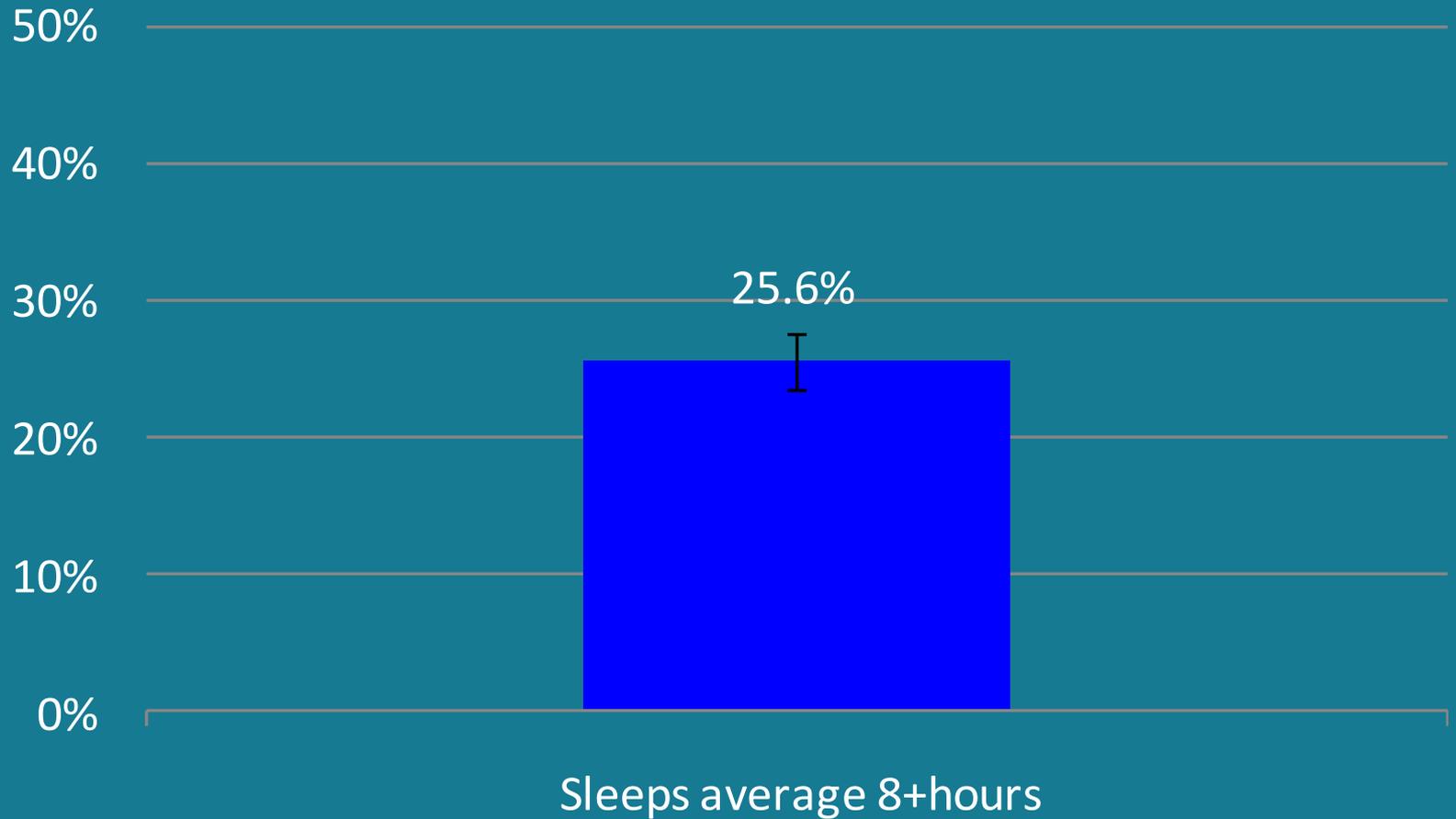
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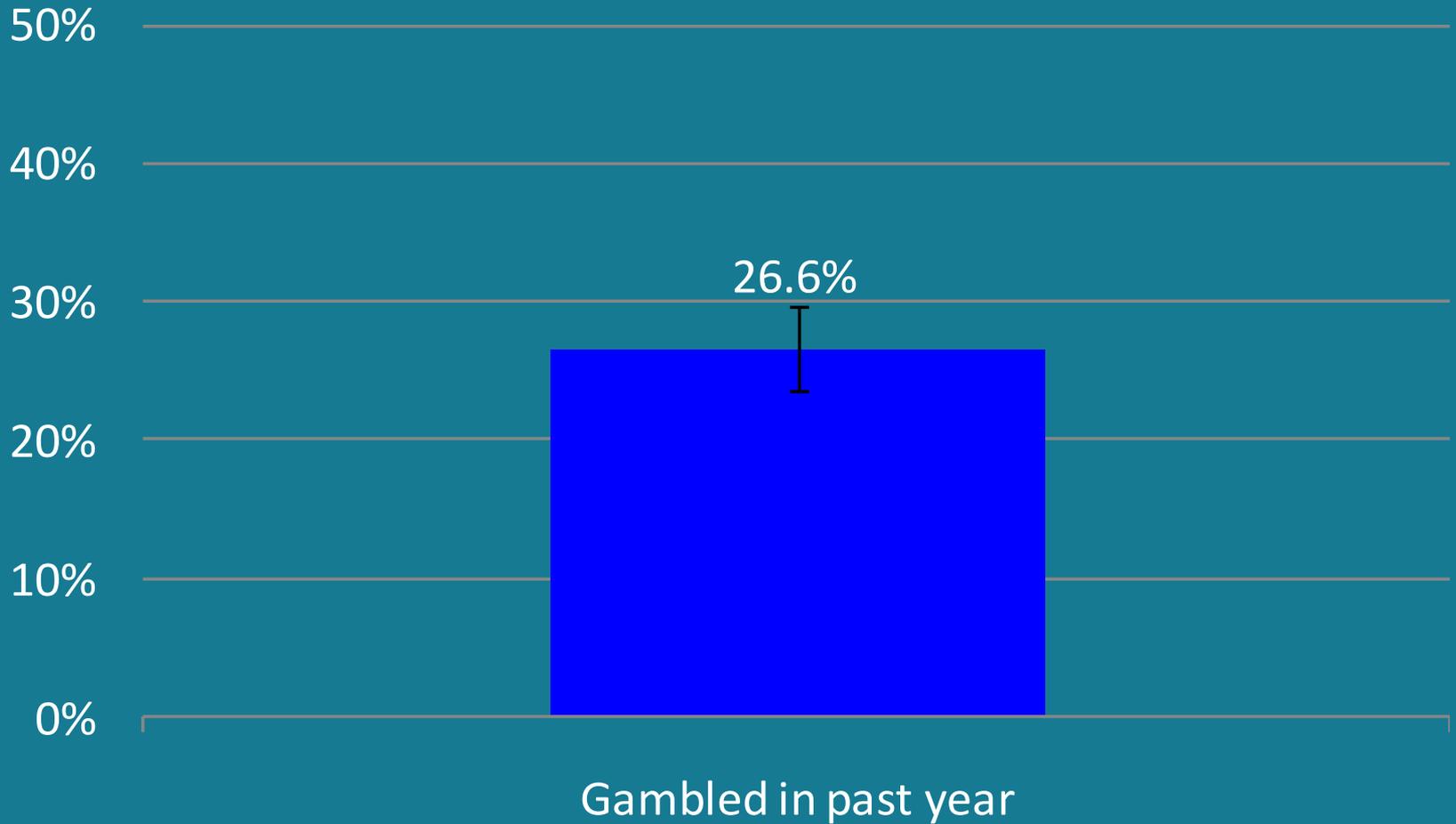
Extracurricular and after-school activities



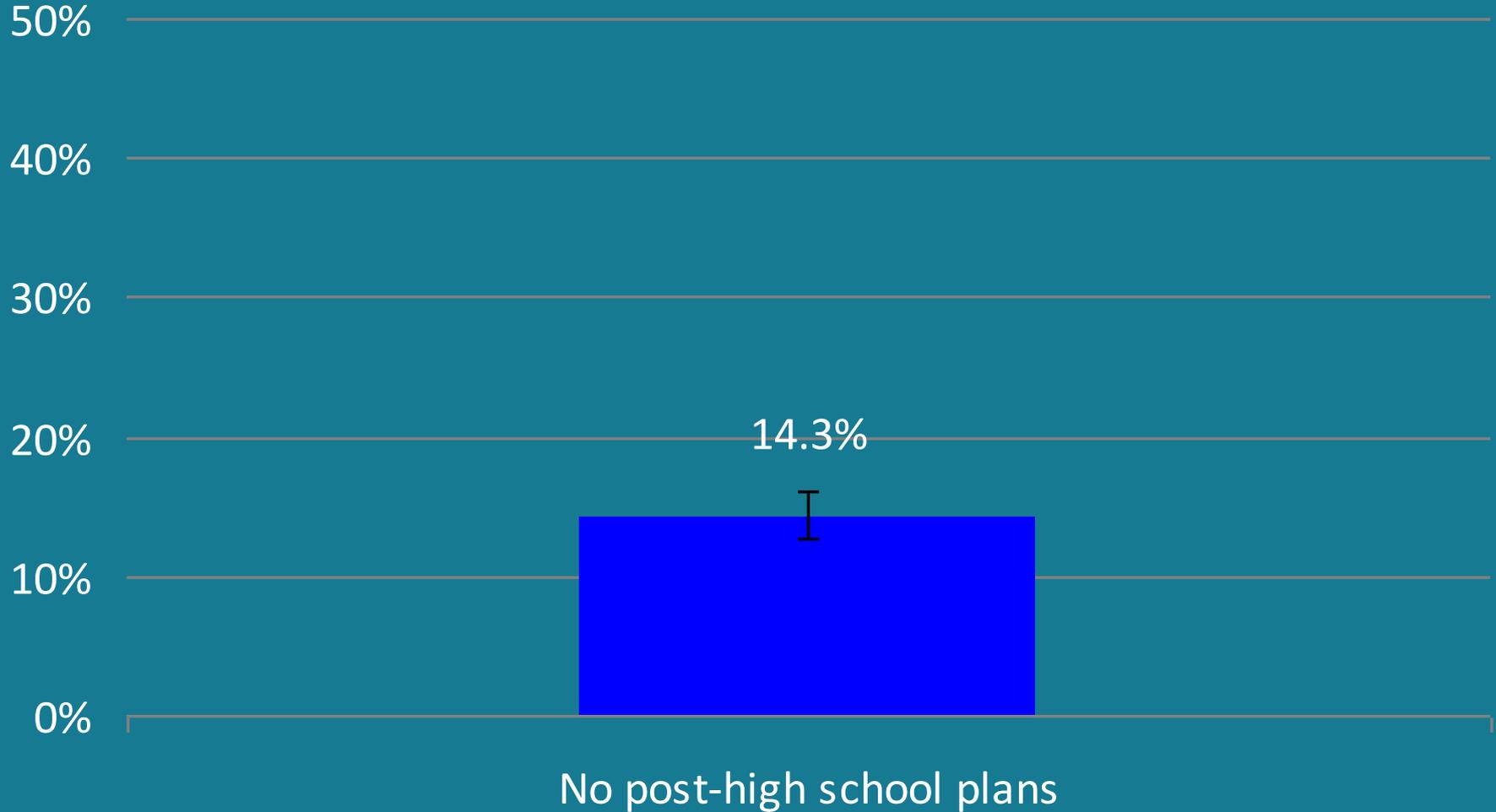
Students that report sleeping 8 or more hours on average school night



Students that gambled for money or possessions at least once in past 12 months



Students that think they probably or definitely will not complete post-high school program (vocational, military, college)



More Information

Publications, survey information, and program information are available on the following web sites:

www.ct.gov/dph/CSHS

www.ct.gov/sde/healthyconnections