

- |   |   |
|---|---|
| <b>2. Injury And Disease Prevention</b> | Students will avoid risk-taking activities that cause intentional and unintentional injuries or diseases. Students will demonstrate basic first aid and safety techniques.  |
| <b>3. Human Growth And Development</b>  | Students will learn accurate information about their physical development, including human sexuality and mental and emotional health. Students will avoid behaviors that result in pregnancy and sexually transmitted diseases.   |
|   | It is the responsibility of the local school district to allow parents and guardians to exercise their right to exempt their children from instruction in human sexuality. Local school districts are responsible to develop curriculum that is presented in an age-appropriate manner. |
| <b>4. Substance Abuse Prevention</b>    | Students will establish and maintain lifestyles that are free of tobacco, alcohol and other nonmedicinal drugs.   |

## PHYSICAL EDUCATION

- ✓ *By the end of Grade 12, students will recognize the importance of and choose to participate regularly in physical activities designed to maintain and enhance healthy lifestyles.*

### Program Goals

As a result of education in Grades K-12, students will:

- demonstrate the skills and knowledge necessary to participate in a variety of physical activities;
- make decisions to establish and maintain a healthy lifestyle to promote individual wellness throughout his or her entire life;
- recognize and understand the different effects of physical activity on one's mind and body; and
- develop interpersonal skills and exhibit positive character traits during physical activity.

### K-12 Content Standards

- |                             |  |
|-----------------------------|--|
| <b>1. Physical Activity</b> | Students will become competent in a variety of, and proficient in a few, physical activities.                    |
| <b>2. Human Movement</b>    | Students will understand and apply principles of human movement to the learning and development of motor skills. |

- |   |   |
|---|---|
| <b>3. Fitness</b>                       | Students will use fitness concepts to achieve and maintain health-enhancing levels of physical fitness.                                     |
| <b>4. Responsible Behavior</b>          | Students will exhibit responsible personal and social behaviors in physical activity settings.  |
| <b>5. Respect For Differences</b>       | Students will exhibit an understanding of and respect for differences among people in physical activity settings.                           |
| <b>6. Benefits of Physical Activity</b> | Students will identify and understand how physical activity provides personal enjoyment, challenge, self-expression and social interaction. |

## TECHNOLOGY EDUCATION

- ✓ *By the end of Grade 12, students will know about the nature, power, influence and effects of technology, and will be able to design and develop products, systems and environments to solve problems.*

### Program Goals

As a result of education in Grades K-12, students will:

- evaluate the effects of existing and emerging technologies on people and the environment over time;
- recognize the scope of technology and evaluate the impact and influence technology has on society, culture and the environment – past, present and future;
- develop and use strategies for adjusting to new technologies and changing interactions among science, technology and society;
- develop cognitive and psychomotor problem-solving skills through applied research, design, production, operation and analysis of technological systems (informational, physical and biological);
- safely and effectively use the resources, processes, concepts and tools of technology;
- create devices for solving problems, using creativity and concepts of design and technology; and
- understand the influences of technology on consumer and career choices.

### K-12 Content Standards

- |                     |   |
|---------------------|---|
| <b>1. Economics</b> | Students will understand the link between technology and the economy, and recognize that link as the force behind societal emergence and evolution. |
|---------------------|---|