

Foods are evaluated for compliance with the Connecticut Nutrition Standards (CNS) based on the amount **as served** including any **added accompaniments** such as butter, margarine, oil, sugar, salad dressings, dips, ketchup and mustard, e.g., carrots with dip, salad with low-fat dressing, French fries with ketchup and vegetables cooked with oil. The Connecticut State Department of Education (CSDE) encourages schools to review the nutrient content of allowable products, and select the most nutrient-rich products that also meet the "Better Choice" recommendations (see green and white columns on right). **The CSDE strongly encourages schools to offer a la carte food choices that include a variety of minimally processed and naturally nutrient-rich whole foods such as fruits, vegetables, whole grains, low-fat or nonfat dairy, lean meats and legumes.**

Product formulations and packaging can change. **The nutrition information below is based on the package label or manufacturer information supplied at the time of product review.** If this information does not match the product label, please submit the product's nutrition information to the CSDE. For more information, see *Submitting Food and Beverage Products for Approval* ([www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/SubmitProduct.pdf](http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/SubmitProduct.pdf)).

The CSDE's *List of Acceptable Foods and Beverages* is updated regularly and is subject to change. To assist in identifying new items added since the previous edition of this list, the manufacturer and food item (first two columns) of all new items are highlighted in pink. For contact information for listed vendors, see *Contact Information for Vendors* ([www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/VendorContact.pdf](http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Nutrition/FBList/VendorContact.pdf)).

**NOTE:** The approval below is only for the fruit/vegetable product as listed. If the fruit/vegetable is sold a la carte combined with any other food item (e.g., butter, margarine, oil, sugar, salad dressings, dips, ketchup and mustard) the nutrition information for that food item must be added to the nutrition information for the entree item to determine if the complete entree item as sold still complies with the CNS.

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards																
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories	≤35% of total calories	<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg								≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Orange, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00501-2. <b>100% dried fruit, no added sugars.</b>	7/31/15	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Lemon, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00506-7. <b>100% dried fruit, no added sugars.</b>	7/31/15	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Peach, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00502-9. <b>100% dried fruit, no added sugars.</b>	7/31/15	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Sour Pineapple, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00507-4. <b>100% dried fruit, no added sugars.</b>	7/31/15	X	X	
Amazing Fruit Products - US, LLC	Amazin' Raisin, Flavor Infused Strawberry, 1.3 oz	1.3 oz	37	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	22	59.7%	yes	yes	yes	Amazing Fruit Products - US, LLC	UPC 8-52661-00503-6. <b>100% dried fruit, no added sugars.</b>	7/31/15	X	X	
Azar Nut Company	Power Raisins, 1.3 oz	1.3 oz	37	FG	120	0.2	1.5%	0	0.0%	0	yes	7	2	25	67.8%	yes	yes	yes	InFusion Sales Group	Item 7225510. <b>100% fruit.</b>	8/23/13	X	X	

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**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Nutrient Standards													Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	
					Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?							Standard Met?
				1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine					
Bare Foods Co.	Barefruit Crunchy Cinnamon Apple Chips, 0.53 oz	0.53 oz	15	FG	50	0	0.0%	0	0.0%	0	yes	0	2	11	73.2%	yes	yes	yes	Bare Foods Co.	UPC 0-13971-00193-8; Case UPC 100-13971-00193-5. <b>100% fruit, no added ingredients.</b>	7/30/15	X	X	
Bare Foods Co.	Barefruit Crunchy Fuji Red Apple Chips, 0.53 oz	0.53 oz	15	FG	50	0	0.0%	0	0.0%	0	yes	0	2	11	73.2%	yes	yes	yes	Bare Foods Co.	UPC 0-13971-00192-1; Case UPC 100-13971-00192-8. <b>100% fruit, no added ingredients.</b>	7/30/15	X	X	
Bare Foods Co.	Barefruit Crunchy Granny Smith Apple Chips, 0.53 oz	0.53 oz	15	FG	50	0	0.0%	0	0.0%	0	yes	0	2	11	73.2%	yes	yes	yes	Bare Foods Co.	UPC 0-13971-00191-4; Case UPC 100-13971-00192-8. <b>100% fruit, no added ingredients.</b>	7/30/15	X	X	
Boghosian	Raisins, 1.5 oz	1.5 oz	43	FG	130	0.0	0.0%	0.0	0.0%	0	yes	10	2	29	68.2%	yes	yes	yes	Thurston	Item 5318, UPC 106-84476-02939-9. <b>100% dried fruit, no added sugars.</b>	8/1/13	X	X	
Bolthouse Farms	Baby Carrots, 2 oz bag	3 oz	85	FG	25	0.0	0.0%	0.0	0.0%	0	yes	30	2	4	4.7%	yes	yes	yes	FreshPoint	Code 150S38. No UPC Code.	8/26/13	X	X	
Brother's International Food Corporation	Brother's All Natural Asian Pear Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	35	0.0	0.0%	0.0	0.0%	0	yes	0	1	7	70.5%	yes	yes	yes		UPC 8-11387-00085-2; 24 count case UPC 8-11387-00039-5; 100 count case UPC 8-11387-00036-4; 200 count case UPC 8-11387-00037-1. <b>100% dried fruit, no added sugars.</b>	8/9/13	X	X	

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1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

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Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Brother's International Food Corporation	Brother's All Natural Fuji Apple Cinnamon Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	40	0.0	0.0%	0.0	0.0%	0	yes	0	2	6	60.5%	yes	yes	yes		UPC 8-11387-01470-8; 24 count case UPC 8-11387-01479-1; 100 count case UPC 8-11387-01446-3; 200 count case UPC 8-11387-01447-0. <b>100% dried fruit, no added sugars.</b>	8/9/13	X	X	
Brother's International Food Corporation	Brother's All Natural Fuji Apple Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	40	0.0	0.0%	0.0	0.0%	0	yes	0	2	6	60.5%	yes	yes	yes		UPC 8-11387-00048-7; 24 count case UPC 8-11387-00017-3; 100 count case UPC 8-11387-00034-0; 200 count case UPC 8-11387-00035-7. <b>100% dried fruit, no added sugars.</b>	8/9/13	X	X	
Brother's International Food Corporation	Brother's All Natural Mandarin Orange Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	38	0.0	0.0%	0.0	0.0%	0	yes	0	1	6	60.5%	yes	yes	yes		UPC 8-11387-00089-3; 24 count case UPC 8-11387-01391-6; 100 count case UPC 8-11387-01392-3; 200 count case UPC 8-11387-01393-0. <b>100% dried fruit, no added sugars.</b>	8/9/13	X	X	
Brother's International Food Corporation	Brother's All Natural Peach Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	30	0.0	0.0%	0.0	0.0%	0	yes	0	1	4	40.3%	yes	yes	yes		UPC 8-11387-00029-6; 24 count case UPC 8-11387-01004-5; 100 count case UPC 8-11387-01006-8; 200 count case UPC 8-11387-01007-5. <b>100% dried fruit, no added sugars.</b>	8/9/13	X	X	

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Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Nutrient Standards													Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	
					Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?							Standard Met?
Brother's International Food Corporation	Brother's All Natural Strawberry & Banana Crisps, 100% Freeze Dried Fruit, 0.35 oz	0.35 oz	10	FG	45	0.0	0.0%	0.0	0.0%	0	yes	0	2	6	60.5%	yes	yes	yes		UPC 8-11387-00049-4; 24 count case UPC 8-11387-00014-2; 100 count case UPC 8-11387-00032-6; 200 count case UPC 8-11387-00033-3. <b>100% dried fruit, no added sugars.</b>	8/9/13	X	X	
Calavo Growers, Inc	Avocado Halves, 2 oz	2 oz	57	FG	100	10.0	90.0%	0.5	4.5%	0	yes	0	2	0	0.0%	yes	yes	yes	FreshPoint	UPC 000-70740-60587-2. <b>100% vegetable (no added fat).</b>	8/26/13	X	X	
Cavendish	County Fair Shoestring French Fries, 1/2 cup	1.8 oz	51	FG	78	2.4	27.7%	0.3	3.5%	0	yes	21	1.2	0	0.0%	yes	yes	yes	M&R	Case UPC 100-56210-10011-2. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
Cavendish	Scotch Maid Oven Crinkle Cut, 1/2 cup	1.98 oz	56	FG	79.059	1.976	22.5%	0.329	3.7%	0	yes	29.647	1.318	0	0.0%	yes	yes	yes	M&R	Case UPC 100-56210-33009-9. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
Cavendish	Scotch Maid Thin Straight Cut French Fries, 1/2 cup	2.22 oz	63	FG	90	2.2	22.2%	0.0	0.0%	0	yes	25.941	1.482	0	0.0%	yes	yes	yes	M&R	Case UPC 0-56210-33001; Case UPC 100-56210-33001-4. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
Cool Frootz, LLC	Froozer, Aloha, 2 ounce tube	2 oz	57	FG	35	0	0.0%	0	0.0%	0	yes	0	1	7	12.3%	yes	yes	yes	Sysco	UPC 8-97229-00220-1; Case (48 count) UPC 8-97229-00230-0	10/13/16	X	X	
Cool Frootz, LLC	Froozer, Strawberry Banana Bliss, 2 ounce tube	2 oz	57	FG	40	0	0.0%	0	0.0%	0	yes	0	1	7	12.3%	yes	yes	yes	Sysco	UPC 8-97229-00221-8; Case (48 count) UPC 8-97229-00231-7	10/13/16	X	X	

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1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

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Cool Frootz, LLC	Froozer, Tropical Sunset, 2 ounce tube	2 oz	57	FG	35	0	0.0%	0	0.0%	0	yes	0	1	7	12.3%	yes	yes	yes	Sysco	UPC 8-97229-00222-5; Case (48 count) UPC 8-97229-00232-4	10/13/16	X	X	
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Chili Citrus, 0.75 oz	0.75 oz	21	FG	80	2	22.5%	0	0.0%	0	yes	110	4	2	9.4%	yes	yes	yes	Creative Food Innovations	Item 03-CF144 (250/0.75 oz); UPC 8-55270-005091; Case UPC 108-55270-00509-8	5/12/16	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Chili Citrus, 1.5 oz	1.5 oz	43	FG	160	4	22.5%	0	0.0%	0	yes	220	8	4	9.4%	yes	yes	yes	Creative Food Innovations	Item 03-CF209 (125/1.5 oz); UPC 8-55270-00535-0; Case UPC 108-55270-00535-7. Package contains two 0.75 oz servings.	5/12/16	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, Cool Ranch, 0.75 oz	0.75 oz	21	FG	80	2	22.5%	0	0.0%	0	yes	180	3	3	14.1%	yes	yes	yes	Creative Food Innovations	Item 03-CF142 (250/0.75 oz); UPC 8-55270-00506-0; Case UPC 108-55270-00506-7	5/12/16	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, French Toast, 0.75 oz	0.75 oz	21	FG	80	2	22.5%	0	0.0%	0	yes	115	3	3	14.1%	yes	yes	yes	Creative Food Innovations	Item 03-CF153 (250/0.75 oz); UPC 8-55270-00508-4; Case UPC 108-55270-00508-1	5/12/16	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 0.75 oz	0.75 oz	21	FG	80	2	22.5%	0	0.0%	0	yes	110	3	3	14.1%	yes	yes	yes	Creative Food Innovations	Item 03-CF212 (250/0.75 oz); UPC 8-55270-00510-7; Case UPC 108-55270-00510-4	5/12/16	X	X	X
Creative Food Innovations	Go'Bonzo's Roasted & Seasoned Chickpeas, It's Pizza, 1.5 oz	1.5 oz	43	FG	160	4	22.5%	0	0.0%	0	yes	220	6	6	14.1%	yes	yes	yes	Creative Food Innovations	Item 03-CF213 (125/1.5 oz); UPC 8-55270-00516-9; Case UPC 108-55270-00516-6	5/12/16	X	X	X

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Creative Food Innovations	Go Bonzo's Roasted & Seasoned Chickpeas, Lightly Salted, 0.75 oz	0.75 oz	21	FG	80	2	22.5%	0	0.0%	0	yes	130	4	2	9.4%	yes	yes	yes	Creative Food Innovations	Item 03-CF141 (250/0.75 oz); UPC 8-55270-00505-3; Case UPC 108-55270-00505-	5/12/16	X	X	X
Creative Food Innovations	Go Bonzo's Roasted & Seasoned Chickpeas, Spicy Nacho, 0.75 oz	0.75 oz	21	FG	80	2	22.5%	0	0.0%	0	yes	170	4	2	9.4%	yes	yes	yes	Creative Food Innovations	Item 03-CF143 (250/0.75 oz); Case UPC 108-55270-00507-4	5/12/16	X	X	X
Dole	Dole Fruit Bowls, Diced Peaches in 100% Juice, 4 oz	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	5	<1	17	15.0%	yes	yes	yes	Superior Vending	Case UPC 100-38900-03073-2. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	X
Dole	Dole Fruit Bowls, Diced Pears in 100% Juice, 4 oz	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	10	<1	17	15.0%	yes	yes	yes	Superior Vending	Case UPC 100-38900-03019-0. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	X
Dole	Dole Fruit Bowls, Mandarin Oranges in 100 percent juice, 4 oz	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	10	<1	19	16.8%	yes	yes	yes	Berkshire, Vistar	Item 4226; Case UPC 038900-04226-4; Case UPC 100-38900-04226-1. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	X
Dole	Dole Fruit Bowls, Mandarin Oranges in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	15	<1	29	14.6%	yes	yes	yes	Berkshire, Vistar	Item 4906; UPC 0-38900-74206-5; Case 100-38900-74206-2. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	X
Dole	Dole Fruit Bowls, Mixed Fruit in 100% Juice, 4 oz	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	5	1	19	16.8%	yes	yes	yes	Berkshire, Vistar	Item 3044; Case UPC 100-38900-03065-7. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	X

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Dole	Dole Fruit Bowls, Mixed Fruit in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	10	1	29	14.6%	yes	yes	yes	Berkshire, Vistar	Item 4924; UPC 0-38900-71924-1; Case UPC 100-38900-71924-8. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	
Dole	Dole Fruit Bowls, Pineapple Tidbits in 100% Juice, 4 oz	4 oz	113	FG	60	0.0	0.0%	0.0	0.0%	0	yes	15	1	14	12.3%	yes	yes	yes	Superior Vending	Case UPC 100-38900-00419-1. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	
Dole	Dole Fruit Bowls, Red Grapefruit Sunrise in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	5	2	28	14.1%	yes	yes	yes	Berkshire, Vistar	Item 01941; UPC 0-38900-71941-8; Case UPC 100-38900-71941-5. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	
Dole	Dole Fruit Bowls, Sliced Peaches in 100% Juice, 7 oz	7 oz	198	FG	130	0.0	0.0%	0.0	0.0%	0	yes	10	2	29	14.6%	yes	yes	yes	Berkshire, Vistar	Item 4966; UPC 0-38900-71966-1; Case UPC 100-38900-71966-6	7/26/13	X	X	
Dole	Dole Fruit Bowls, Tropical Fruit in 100% Juice, 4 oz	4 oz	113	FG	80	0.0	0.0%	0.0	0.0%	0	yes	10	1	13	11.5%	yes	yes	yes	Superior Vending	Case UPC 38900-03048; Case UPC 100-38900-03065-7. No added sugars.	7/26/13	X	X	
Dole	Dole Fruit Bowls, Tropical Fruit in 100% Juice, 7 oz	7 oz	198	FG	110	0.0	0.0%	0.0	0.0%	0	yes	10	2	25	12.6%	yes	yes	yes	Berkshire, Vistar	Item 9073; UPC 0-38900-79088-2; Case UPC 100-38900-79088-9. <b>100% fruit, no added sugars.</b>	7/26/13	X	X	
Dole	Squishems, Apple Mixed Berry, 3.2 oz	3.2 oz	91	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	1	13	14.3%	yes	yes	yes		Code 3183; Case UPC 100-38900-03195-1	3/7/14	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

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General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Dole	Squishems, Apple Strawberry, 3.2 oz	3.2 oz	91	FG	60	0.0	0.0%	0.0	0.0%	0	yes	15	1	13	14.3%	yes	yes	yes		Code 3182; Case UPC 100-38900-03188-3	3/7/14	X	X	
Dole	Squishems, Apple, 3.2 oz	3.2 oz	91	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	1	13	14.3%	yes	yes	yes		Code 3181; Case UPC 100-38900-03187-6	3/7/14	X	X	
Frito Lay	Snapz Cinnamon Apple Crisps, 0.46 oz	0.46 oz	13	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	2	9	69.0%	yes	yes	yes	HPC, PFG, Sysco CT, Thurston	UPC 8-96912-00143-9; Case UPC 089-69120-01439-2. <b>100% dried fruit, no added sugars.</b>	7/25/13	X	X	
General Mills	Betty Crocker Fruit Shapes, Scooby-Doo, 0.9 oz	0.9 oz	26	FG	70	0	0.0%	0	0.0%	0	yes	30	5	8	31.4%	yes	yes	yes	HPC, Thurston	Code 11510000; UPC 0-16000-11510-1; Case (96 count) UPC 100-16000-11510-8	8/9/16	X	X	X
General Mills	Mott's Fruit-Flavored Snacks, Assorted Fruit, 1.6 oz	1.6 oz	45	FG	130	0	0.0%	0	0.0%	0	yes	5	9	15	33.1%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	UPC 0-16000-47954-8; Case UPC 100-16000-47954-5	5/2/16	X	X	X
General Mills	Mott's Fruit-Flavored Snacks, Mixed Berry, 1.6 oz	1.6 oz	45	FG	130	0	0.0%	0	0.0%	0	yes	5	9	15	33.1%	yes	yes	yes	HPC, PFG Springfield, Sysco CT, Thurston	UPC 0-16000-47953-1; Case UPC 100-16000-47953-8	5/2/16	X	X	X
Hidden Healthies	Tongue Twister Raisins, Peach, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77706; UPC 008-53876-00403-6. <b>100% dried fruit, no added sugars.</b>	7/26/13	X	X	
Hidden Healthies	Tongue Twister Raisins, Strawberry, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77705; UPC 008-53876-00402-9. <b>100% dried fruit, no added sugars.</b>	7/26/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Hidden Healthies	Tongue Twister Raisins, Super Sour Lemon, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77701; UPC 008-53876-00400-5. <b>100% dried fruit, no added sugars.</b>	7/26/13	X	X	
Hidden Healthies	Tongue Twister Raisins, Super Sour Pineapple, 1.3 oz	1.3 oz	37	FG	130	0.0	0.0%	0.0	0.0%	0	yes	4	2.3	28	76.0%	yes	yes	yes	Thurston	Code 77702; UPC 008-53876-00401-2. <b>100% dried fruit, no added sugars.</b>	7/26/13	X	X	
Kar's	Raisins, 1 oz	1 oz	28	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	1	17	60.0%	yes	yes	yes	Vistar	Item 8976; UPC 0-77034-08976-9; 100-77034-08976-6. <b>100% dried fruit, no added sugars.</b>	9/4/13	X	X	
Knouse	Mixed Berry Applesauce, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes		UPC 0-03732-31146-1; Case (72 count) UPC Case 100-37323-11461-6	7/26/16	X	X	
Lion Raisins	Raisins, box, 1.5 oz	1.5 oz	43	FG	130	0	0.0%	0	0.0%	0	yes	0	2	29	68.2%	yes	yes	yes	Thurston	UPC 0-76161-00101-9. <b>100% fruit, no added ingredients.</b>	11/18/14	X	X	
McCain	Crispy Bakeable Seasoned 8-cut Wedge Fries, 2.88 oz (1/2 cup)	2.88 oz	82	FG	120	4.0	30.0%	0.5	3.8%	0	yes	140	2	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code 19000000496. <b>Approval is for BAKED product only.</b>	3/12/14	X	X	
McCain	Crispy Seasoned Bakeable Fries, 2.38 oz (1/2 cup)	2.38 oz	67	FG	120	4.0	30.0%	0.5	3.8%	0	yes	135	2	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCX04717; Case UPC 100-72714-04717-3. <b>Approval is for BAKED product only.</b>	6/12/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
McCain	Deli Roasters Potatoes, 3.4 oz (1/2 cup)	3.14 oz	89	FG	140	3.5	22.5%	0.5	3.2%	0	yes	160	2	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF03927; Case UPC 100-72714-83927-3. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
McCain	Farmer's Kitchen Roasted Potato Wedges, 8-cut, 2.69 oz (1/2 cup)	2.69 oz	76	FG	70	0.0	0.0%	0.0	0.0%	0	yes	0	1	<1	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code 1000000487. <b>Approval is for BAKED product only.</b>	3/12/14	X	X	
McCain	Farmer's Kitchen Chopped Roasted Redskin Potato Halves with Rosemary & Garlic, 3.14 oz	3.14 oz	89	FG	100	2.0	18.0%	0.0	0.0%	0	yes	150	2	2	2.2%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF04851; Case UPC 100-72714-04851-4. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
McCain	Farmer's Kitchen Roasted Redskin Potato Halves with Rosemary & Garlic, 3.14 oz	3.14 oz	89	FG	100	2.0	18.0%	0.0	0.0%	0	yes	180	2	2	2.2%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF04812; Case UPC 100-72714-04812-5. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
McCain	French Fries, 3/8" Straight Cut, 2.29 oz	2.29 oz	65	FG	80	2.5	28.1%	0.0	0.0%	0	yes	20	1	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCX40; Case UPC 100-72714-24040-6. <b>Approval is for BAKED product only.</b> 1/2 cup serving is 3.4 oz frozen, which equals 2.8 oz baked.	8/5/13	X	X	
McCain	French Fries, Ovations 3/8" Crinkle Cut Reduced Sodium, 2.11 oz (1/2 cup)	2.11 oz	60	FG	110	4.0	32.7%	0.5	4.1%	0	yes	125	1	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF03761; Case UPC 100-72714-93761-0. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

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General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
McCain	Harvest Splendor Maxi Cuts, 2.49 oz (1/2 cup)	2.49 oz	71	FG	110	3.5	28.6%	0.5	4.1%	0	yes	160	2	7	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF04965; Case UPC 100-72714-04965-8. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
McCain	Harvest Splendor Regular Stix (Sweet Potato), 2.44 oz (1/2 cup)	2.44 oz	69	FG	90	3.0	30.0%	0.0	0.0%	0	yes	140	2	6	8.7%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF03725; Case UPC 100-72714-93725-2. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
McCain	Harvest Splendor Ridge Cut Wedges, 2.88 oz (1/2 cup)	2.88 oz	82	FG	120	4.0	30.0%	1.0	7.5%	0	yes	140	2	7	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF04712; Case UPC 100-72714-04712-8. <b>Approval is for BAKED product only.</b>	6/12/13	X	X	
McCain	Harvest Splendor Slim Stix (Sweet Potato), 2.45 oz (1/2 cup)	2.45 oz	69	FG	140	5.0	32.1%	1.0	6.4%	0	yes	160	2	8	11.5%	yes	yes	yes		Code MCF05004; Case UPC 100-72714-05004-3. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	
McCain	Harvest Splendor Sweet Potato Bites, 2.67 oz (1/2 cup)	2.67 oz	76	FG	120	4.0	30.0%	0.5	3.8%	0	yes	100	3	10	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF05034; UPC 100-72714-05034-0. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	X
McCain	Harvest Splendor Sweet Potato Chopped Wedges, 3.02 oz (1/2 cup)	3.02 oz	86	FG	90	2.0	20.0%	0.0	0.0%	0	yes	40	3	9	10.5%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code 19000000686. <b>Approval is for BAKED product only.</b>	3/12/14	X	X	X
McCain	Harvest Splendor Sweet Potato Cross Trax Cut Fries, 2.11 oz (1/2 cup)	2.11 oz	60	FG	90	3.0	30.0%	0.5	5.0%	0	yes	150	2	4	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF05074. Case UPC 100-72714-05074-6. <b>Approval is for BAKED product only.</b>	3/12/14	X	X	

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**FRUITS AND VEGETABLES**

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General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
McCain	Harvest Splendor Sweet Potato CrossTrax Cut Fries, 3.02 oz (1/2 cup)	3.02 oz	86	FG	90	2.0	20.0%	0.0	0.0%	0	yes	40	3	9	10.5%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF05074. <b>Approval is for BAKED product only.</b>	3/12/14	X	X	X
McCain	Harvest Splendor Thin Stix (Sweet Potato Fries), 2.44 (1/2 cup)	2.44 oz	69	FG	110	4.0	32.7%	0.5	4.1%	0	yes	140	3	6	8.7%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCF03731; Case UPC 100-72714-93731-3. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	X
McCain	Ore-Ida Potato Skins, 2.25 pieces, 2.88 oz (1/2 cup)	2.88 oz	82	FG	90	0.0	0.0%	0.0	0.0%	0	yes	0	3	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Code MCX03602; UPC 100-72714-03602-3. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	X
McCain	Ore-Ida Potato Skins, Large, 1.25 pieces, 2.88 oz (1/2 cup)	2.88 oz	82	FG	90	0.0	0.0%	0.0	0.0%	0	yes	0	3	0	0.0%	yes	yes	yes	HPC, M&R, PFG Springfield, Sysco CT, Thurston	Product Code MCX03601; UPC 000-72714-93601-2. <b>Approval is for BAKED product only.</b>	8/5/13	X	X	X
McCain	Ore-Ida Reduced Sodium Tater Tots Shaped Potatoes, 1/2 Cup, 2.52 oz	2.52 oz	71	FG	90	3.5	35.0%	0	0.0%	0	yes	160	1	<1	0.0%	yes	yes	yes	HPC, M&R, Thurston	Code 1000002789	6/26/15	X	X	
McCain	Natural Mashed Potatoes, 4.34 oz	4.34 oz	123	FG	80	1.0	11.3%	0.5	5.6%	0	yes	30	2	1	0.8%	yes	yes	yes	PFG Springfield, Sysco CT,	9	8/5/13	X	X	
McCain	Shoestring Cut (1/4 inch) Extra Long French Fries, 2.25 oz (1/2 cup)	2.25 oz	64	FG	110	3.5	28.6%	0.0	0.0%	0	yes	25	2	0	0.0%	yes	yes	yes	Thurston	Code MCX01. UPC 0-72714-24001-0; Case UPC 100-72714-24001-7. <b>Approval is for</b>	10/30/15	X	X	
Mott's	Snack & Go Applesauce Original, 3.17 oz Pouch	3.17 oz	90	FG	70	0.0	0.0%	0.0	0.0%	0	yes	5	1	17	18.9%	yes	yes	yes	Vistar	UPC 0-14900-00169-3; Case UPC 000-14800-00283-6	10/20/15	X		
Mr. Nature	Raisins, 1 oz	1 oz	28	FG	90	0	0.0%	0	0.0%	0	yes	7	2	20	70.5%	yes	yes	yes	American Patriot Sales	UPC 0-76217-50200-2	11/10/14	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Musselman's	Squeezables Sours, Sour Cherry Applesauce, 3.17 oz pouch	3.17 oz	90	FG	45	0	0.0%	0.0	0.0%	0	yes	0	1	9	10.0%	yes	yes	yes		UPC 0-03732-31175-1; Case (50 count) UPC 100-37323-11753-9	7/26/16	X	X	
Musselman's	Squeezables Sours, Sour Lemon Applesauce, 3.17 oz pouch	3.17 oz	90	FG	45	0	0.0%	0.0	0.0%	0	yes	0	1	9	10.0%	yes	yes	yes		UPC 0-03732-31175-2; Case (50 count) UPC 100-37323-11755-6	7/26/16	X	X	
Musselman's	Squeezables Sours, Sour Raspberry Applesauce, 3.17 oz pouch	3.17 oz	90	FG	45	0	0.0%	0.0	0.0%	0	yes	0	1	9	10.0%	yes	yes	yes		UPC 0-03732-31175-0; Case (50 count) UPC 100-37323-11753-2	7/26/16	X	X	
Musselman's	Squeezables, Honey Cinnamon Applesauce, Applesauce On-the-Run, 3.17 oz pouch	3.17 oz	90	FG	70	0	0.0%	0.0	0.0%	0	yes	0	1	15	16.7%	yes	yes	yes	Sysco, Thurston	Bulk Pack UPC 0-03732-31178-0; Bulk Pack Case UPC 000-37323-11780-1; Bulk Pack Case UPC 100-37323-11780-8	3/24/15	X	X	
Musselman's	Squeezables, Strawberry Applesauce, Applesauce On-the-Run, 3.17 oz pouch	3.17 oz	90	FG	60	0	0.0%	0.0	0.0%	0	yes	0	1	15	16.7%	yes	yes	yes	Sysco, Thurston	Bulk Pack UPC 0-03732-31178-2; Bulk Pack Case UPC 000-37323-11782-5; Bulk Pack Case UPC 100-37323-11782-2	3/24/15	X	X	
Musselman's	Squeezables, Unsweetened Applesauce, Applesauce On-the-Run, 3.17 oz pouch	3.17 oz	90	FG	45	0	0.0%	0.0	0.0%	0	yes	0	1	8	8.9%	yes	yes	yes	Sysco, Thurston	Bulk Pack UPC 0-03732-31178-1; Bulk Pack Case UPC 000-37323-11781-8; Bulk Pack Case UPC 100-37323-11781-5	3/24/15	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Nutrient Standards													Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber	
					Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?							Standard Met?
					≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine						
Musselman's	Unsweetened Applesauce, Apple, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1350MUS01 (11840); UPC 0-03732-31184-0; Case UPC Case (96 count) 100-37323-11840-9	11/18/16	X	X	
Musselman's	Unsweetened Applesauce, Cherry, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1401MUS01 (18101); UPC 0-03723-21810-1; Case (96 count) UPC 100-37323-18101-4	11/18/16	X	X	
Musselman's	Unsweetened Applesauce, Cinnamon, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes		Code FASU1402MUS01 (18102); UPC 0-03732-31810-2; Case (96 count) UPC 100-37323-18102-1	11/18/16	X	X	
Musselman's	Unsweetened Applesauce, Peach, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1405MUS01 (18105); UPC 0-03732-31810-5; Case (96 count) UPC 100-37323-18105-2	11/18/16	X	X	
Musselman's	Unsweetened Applesauce, Strawberry, 4.5 oz cup	4.5 oz	128	FG	60	0	0.0%	0.0	0.0%	0	yes	10	2	12	9.4%	yes	yes	yes	Thurston	Code FASU1403MUS01 (18103); UPC 0-03732-31810-3; Case (96	11/18/16	X	X	
National Food Group, Inc.	Applesauce, Cherry, Unsweetened, 4.5 oz	4.5 oz	128	FG	50	0	0.0%	0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item 600995	10/2/14	X	X	
National Food Group, Inc.	Applesauce, Cinnamon, All Natural, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	0	11	8.6%	yes	yes	yes	National Food Group, Inc.	Item Code 92270. USDA Commodity Code 1410-282A.	726/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
National Food Group, Inc.	Applesauce, Cinnamon, Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item Code A82510; Commodity Code A1410-282A. <b>No added sugars.</b>	7/26/13	X	X	
National Food Group, Inc.	Applesauce, Peach, Unsweetened, 4.5 oz	4.5 oz	128	FG	50	0	0.0%	0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item 600994	10/2/14	X	X	
National Food Group, Inc.	Applesauce, Peach, Unsweetened, 4.5 oz	4.5 oz	128	FG	50	0	0.0%	0	0.0%	0		15	1	12	9.4%	X	X	X	National Food Group, Inc.	Item 600994	10/2/14	X	X	
National Food Group, Inc.	Applesauce, Plain Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item 87120; Commodity Code A1500-282A. <b>No added sugars.</b>	7/26/13	X	X	
National Food Group, Inc.	Applesauce, Strawberry Banana, Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Item Code A82500; Commodity Code A3700-235A. <b>No added sugars.</b>	7/26/13	X	X	
National Food Group, Inc.	Strawberry, Unsweetened, 4.5 oz cup	4.5 oz	128	FG	50	0.0	0.0%	0.0	0.0%	0	yes	15	1	12	9.4%	yes	yes	yes	National Food Group, Inc.	Commodity Code A1410-235A. <b>No added sugars.</b>	7/26/13	X	X	
National Food Group, Inc.	Diced Mixed Fruit Cup, Shelf Stable, 4 oz cup	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	25	1	16	14.1%	yes	yes	yes	National Food Group, Inc.	Commodity Code A1765. <b>No added sugars.</b>	7/30/13	X	X	
National Food Group, Inc.	Diced Peach Cup, Shelf Stable, 4 oz cup	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	15	2	14	12.3%	yes	yes	yes	National Food Group, Inc.	Item Code 87260; Commodity Code A1740. <b>No added sugars.</b>	7/30/13	X	X	
National Food Group, Inc.	Diced Pear Cup, Shelf Stable, 4 oz cup	4 oz	113	FG	70	0.0	0.0%	0.0	0.0%	0	yes	10	2	14	12.3%	yes	yes	yes	National Food Group, Inc.	Item Code 87250; Commodity Code A1780. <b>No added sugars.</b>	7/30/13	X	X	
National Food Group, Inc.	Get Vertical Pearsauce, 4.5 oz cup	4 oz	113	FG	90	0.0	0.0%	0.0	0.0%	0	yes	15	2	19	16.8%	yes	yes	yes	National Food Group, Inc.	Item Code A89300; Commodity Code 4000-395H. <b>No added sugars.</b>	7/26/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
National Food Group, Inc.	Hummus Cup, Original Flavor, 3 oz	3 oz	85	FG	120	3.5	26.3%	0	0.0%	0	yes	90	5	3	3.5%	yes	yes	yes	National Food Group, Inc.	Item 600355	10/2/14	X	X	X
National Food Group, Inc.	Hummus Cup, Red Pepper, 3 oz	3 oz	85	FG	120	3	22.5%	0	0.0%	0	yes	60	3	3	3.5%	yes	yes	yes	National Food Group, Inc.	Item 602989	10/2/14	X	X	X
Norpac	Golden Delicious Apples, IQF Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36945 (40 lb case). <b>Approval is 1/2 cup serving only.</b>	6/25/13	X	X	
Norpac	Golden Delicious Apples, Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36932 (30 lb case). <b>Approval is 1/2 cup serving only.</b>	6/25/13	X	X	
Norpac	Granny Smith Apples, IQF Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36938 (30 lb case). <b>Approval is 1/2 cup serving only.</b>	6/25/13	X	X	
Norpac	Granny Smith Apples, Sliced, 1/2 cup	3.52 oz	100	FG	50	0	0.0%	0	0.0%	0	yes	170	2	10	10.0%	yes	yes	yes		Code 36975 (40 lb case). <b>Approval is 1/2 cup serving only.</b>	6/25/13	X	X	
NU-Health International LLC	NU-Health Fruit Mandarin Oranges, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	150	0	0.0%	0	0.0%	0	yes	0	1	27	8.1%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18135-5; Case UPC 0-92145-18157-7. <b>100% fruit, no added ingredients.</b>	5/28/14	X	X	
NU-Health International LLC	NU-Health Fruit Mango Pineapple Apple, 100% Natural Fruit in Fruit Juice,	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18147-8; Case UPC 0-92145-18145-4. <b>100% fruit, no added ingredients.</b>	5/28/14	X	X	
NU-Health International LLC	NU-Health Fruit Peach Pineapple Pear, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18139-3; Case UPC 0-92145-18156-0. <b>100% fruit, no added ingredients.</b>	5/28/14	X	X	
NU-Health International LLC	NU-Health Fruit Peaches, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	150	0	0.0%	0	0.0%	0	yes	0	1	27	8.1%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18137-9; Case UPC 0-92145-18159-1. <b>100% fruit, no added ingredients.</b>	5/28/14	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
NU-Health International LLC	Nu-Health Fruit Pineapple Mandarin Apple, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18138-6; Case UPC 0-92145-18155-3. <b>100% fruit, no added ingredients.</b>	5/28/14	X	X	
NU-Health International LLC	Nu-Health Fruit Pineapple, 100% Natural Fruit in Fruit Juice, 11.8 fl oz can	11.8 oz	335	FG	160	0	0.0%	0	0.0%	0	yes	0	1	28	8.4%	yes	yes	yes	UNFI, Vistar	UPC 0-92145-18136-2; Case UPC 0-92145-18158-4. <b>100% fruit, no added ingredients.</b>	5/28/14	X	X	
Plum, Inc.	Plum Organics Organic Fruit & Veggie Smoothie, Blueberry Blitz, 3.17 oz	3.17 oz	90	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	2	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00166-5; Case UPC 008-46675-00185-6. <b>100% fruit.</b>	8/9/13	X	X	
Plum, Inc.	Plum Organics Organic Fruit & Veggie Smoothie, Beetbox Berry, 3.17 oz	3.17 oz	90	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	2	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00167-2; Case UPC 008-46675-00184-9. <b>100% fruit.</b>	8/9/13	X	X	
Plum, Inc.	Plum Organics Organic Fruit & Veggie Smoothie, Carrot Chop, 3.17 oz	3.17 oz	90	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	2	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00167-2; Case UPC 008-46675-00186-3. <b>100% fruit.</b>	8/9/13	X	X	
Plum, Inc.	Plum Organics Organic Mashups Squeezable Fruit, Berry, 3.17 oz	3.17 oz	90	FG	70	0.0	0.0%	0.0	0.0%	0	yes	5	2	10	11.1%	yes	yes	yes	UNFI	UPC 8-46675-00180-1; Case UPC 008-46675-00188-7. <b>100% fruit.</b>	8/9/13	X	X	
Plum, Inc.	Plum Organics Organic Mashups Squeezable Fruit, Strawberry Banana, 3.17 oz	3.17 oz	90	FG	80	0.0	0.0%	0.0	0.0%	0	yes	5	1	11	12.2%	yes	yes	yes	UNFI	UPC 8-46675-00182-5; Case UPC 008-46675-00190-0. <b>100% fruit.</b>	8/9/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Plum, Inc.	Plum Organics Organic Mashups Squeezable Fruit, Tropical, 3.17 oz	3.17 oz	90	FG	60	0.0	0.0%	0.0	0.0%	0	yes	0	2	12	13.4%	yes	yes	yes	UNFI	UPC 8-46675-00165-8; Case UPC 008-46675-00186-3. <b>100% fruit.</b>	8/9/13	X	X	
Promotion in Motion, Inc.	Welch's Fruit Snacks, Berries and Cherries, 1.55 oz	1.55 oz	44	FG	130	0	0.0%	0	0.0%	0	yes	20	3	15	34.1%	yes	yes	yes	New England Ice Cream	UPC 0-34856-01592-5; Case UPC 100-34856-14492-9	5/2/16		X	X
Promotion in Motion, Inc.	Welch's Fruit Snacks, Island Fruits, 1.55 oz	1.55 oz	44	FG	130	0	0.0%	0	0.0%	0	yes	20	3	15	34.1%	yes	yes	yes		UPC 0-34856-01591-8; Case UPC 100-34856-14491-2	5/2/16		X	X
Promotion in Motion, Inc.	Welch's Fruit Snacks, Mixed Fruit, 1.55 oz	1.55 oz	44	FG	130	0	0.0%	0	0.0%	0	yes	20	3	15	34.1%	yes	yes	yes	New England Ice Cream	UPC 0-34856-01598-7; Case UPC 100-34856-14498-1	5/2/16		X	X
Promotion in Motion, Inc.	Welch's Fruit Snacks, Strawberry, 1.55 oz	1.55 oz	44	FG	130	0	0.0%	0	0.0%	0	yes	20	3	15	34.1%	yes	yes	yes		UPC 0-34856-01596-3; Case UPC 100-34856-14496-7	5/2/16		X	X
Red Gold, LLC	Red Gold Marinara Sauce Dipping Cup, 2.5 oz cup	2.5 oz	71	FG	30	0	0.0%	0	0.0%	0	yes	0	0	3	4.2%	yes	yes	yes	HPC, Thurston	84-count case UPC 800-72940-82207-9; 168-count case UPC 400-72940-82207-3	2/24/16	X		
Red Gold, LLC	Red Gold Salsa Dipping Cup, 3 oz cup	3 oz	85	FG	30	0	0.0%	0	0.0%	0	yes	0	0	3	3.5%	yes	yes	yes	HPC, Thurston	84-count case UPC 300-72940-11139-5; 168-count case UPC 400-72940-11139-7	2/24/16	X	X	
Robert's Precut Vegetables, Inc.	Apple Slices, 2 oz	2 oz	57	FG	29	0.00	0.0%	0.0	0.0%	0	yes	1	1.4	5.9	10.4%	yes	yes	yes	Freshpoint	Code 78531; Case UPC 680-31317-85310-5. <b>100% fruit.</b>	8/28/13	X	X	
Robert's Precut Vegetables, Inc.	Baby Carrots, 2 oz	2 oz	57	FG	20	0.00	0.0%	0.0	0.0%	0	yes	44	1	2.7	4.8%	yes	yes	yes	Freshpoint	Code 33865; Case UPC 680-31315-38650-5. <b>100% vegetable</b>	9/4/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Robert's Precut Vegetables, Inc.	Blueberries, 2 oz	2 oz	57	FG	32	0.20	5.6%	0.0	0.0%	0	yes	1	1.4	5.6	9.9%	yes	yes	yes	Freshpoint	Code 78717; Case UPC 680-31317-87170-5. <b>100% fruit.</b>	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Broccoli Florets and Baby Carrots, 2 oz	2 oz	57	FG	19	0.20	9.5%	0.0	0.0%	0	yes	19	1.5	1	1.8%	yes	yes	yes	Freshpoint	Code 78552; Case UPC 680-31317-85520-5. <b>100% vegetable</b>	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Broccoli Florets, 2 oz bag	2 oz	57	FG	19	0.20	9.5%	0.0	0.0%	0	yes	19	1.5	1	1.8%	yes	yes	yes	Freshpoint	Code 78533; Case UPC 680-31317-85530-5. <b>100% vegetable.</b>	8/23/13	X	X	
Robert's Precut Vegetables, Inc.	Cantaloupe Chunks, 2 oz bag	2 oz	57	FG	19	0.10	4.7%	0.0	0.0%	0	yes	9	0.5	4.5	7.9%	yes	yes	yes	Freshpoint	Code 32239; Case UPC 680-31313-22390-5. <b>100% fruit.</b>	8/23/13	X	X	
Robert's Precut Vegetables, Inc.	Carrot and Celery Sticks, 2 oz	2 oz	57	FG	20	0.10	4.5%	0.0	0.0%	0	yes	44	1	2.7	4.8%	yes	yes	yes	Freshpoint	Code 78710; Case UPC 680-31317-87100-5. <b>100% vegetable</b>	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Carrot Coins, 2 oz bag	2 oz	57	FG	23	0.10	3.9%	0.0	0.0%	0	yes	39	1.6	2.6	4.6%	yes	yes	yes	Freshpoint	Item 33865; Case UPC 680-31313-38650-5. <b>100% vegetable.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Cauliflower Florets, 2 oz bag	2 oz	57	FG	14	0.00	0.0%	0.0	0.0%	0	yes	17	1.4	1.4	2.5%	yes	yes	yes	Freshpoint	Code 12345; Case UPC 680-31311-23450-5. <b>100% vegetable.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Celery Sticks, 2 oz bag	2 oz	57	FG	8	0.00	0.0%	0.0	0.0%	0	yes	45	0.9	1	1.8%	yes	yes	yes	Freshpoint	Code 787310; Case UPC 680-31317-87310-5. <b>100% vegetable.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Cherry Tomatoes, 2 oz bag	2 oz	57	FG	17	0.00	0.0%	0.0	0.0%	0	yes	0	0	0	0.0%	yes	yes	yes	Freshpoint	Code 78571; Case UPC 680-31317-85710-5. <b>100% vegetable.</b>	8/26/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Robert's Precut Vegetables, Inc.	Cucumber Slices, 2 oz	2 oz	57	FG	9	0.00	0.0%	0.0	0.0%	0	yes	1	1	0.9	1.6%	yes	yes	yes	Freshpoint	Code 78711; Case UPC 680-31317-87110-5. <b>100% vegetable</b>	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Fruit Salad (Honeydew, Cantaloupe, Pineapple, Red Grapes), 2 oz bag	2 oz	57	FG	29	0.00	0.0%	0.0	0.0%	0	yes	3	0.9	6	10.6%	yes	yes	yes	Freshpoint	Code 78426; Case UPC 680-31317-84260-5. <b>100% fruit.</b>	8/23/13	X	X	
Robert's Precut Vegetables, Inc.	Grape Tomatoes and Baby Carrots, 2 oz	2 oz	57	FG	20	0.00	0.0%	0.0	0.0%	0	yes	44	1	2.7	4.8%	yes	yes	yes	Freshpoint	Code 50507; Case UPC 680-31315-05070-5. <b>100% vegetable</b>	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Grape Tomatoes, 2 oz	2 oz	57	FG	9	0.10	10.0%	0.0	0.0%	0	yes	3	0.6	1.37	2.4%	yes	yes	yes	Freshpoint	Code 78572; Case UPC 680-31317-85720-5. <b>100% vegetable</b>	8/29/30	X	X	
Robert's Precut Vegetables, Inc.	Grapefruit wedges with skin, 4 oz	4 oz	113	FG	36	0.10	2.5%	0.0	0.0%	0	yes	0	1.2	7.9	7.0%	yes	yes	yes	Freshpoint	Code 08223; Case UPC 680-31310-82230-5. <b>100% fruit.</b>	9/4/13	X	X	
Robert's Precut Vegetables, Inc.	Green Grapes, 2 oz bag	2 oz	57	FG	39	0.00	0.0%	0.0	0.0%	0	yes	1	0.5	8.8	15.5%	yes	yes	yes	Freshpoint	Code 78536; Case UPC 680-31317-85360-5. <b>100% fruit.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Green Pepper Strips, 2 oz bag	2 oz	57	FG	11	0.00	0.0%	0.0	0.0%	0	yes	2	1	1.4	2.5%	yes	yes	yes	Freshpoint	Code 78701; Case UPC 680-31317-87010-5. <b>100% vegetable.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Green Squash Slices, 2 oz bag	2 oz	57	FG	10	0.20	18.0%	0.0	0.0%	0	yes	5	0.6	1.4	2.5%	yes	yes	yes	Freshpoint	Code 60419; Case UPC 680-31316-04190-5. <b>100% vegetable.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Honeydew Chunks, 2 oz bag	2 oz	57	FG	20	0.00	0.0%	0.0	0.0%	0	yes	10	0.5	4.6	8.1%	yes	yes	yes	Freshpoint	Code 78522; Case UPC 680-31317-85220-5. <b>100% fruit.</b>	8/26/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

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General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Robert's Precut Vegetables, Inc.	Orange Wedges, 4 oz	4 oz	113	FG	53	0.10	1.7%	0.0	0.0%	0	yes	0	2.7	10.6	9.3%	yes	yes	yes	Freshpoint	Code 14707; Case UPC 680-31311-47070-5. <b>100% fruit.</b>	8/28/13	X	X	X
Robert's Precut Vegetables, Inc.	Pineapple Spears, 2 oz	2 oz	57	FG	29	0.00	0.0%	0.0	0.0%	0	yes	1	0.8	5.6	9.9%	yes	yes	yes	Freshpoint	Code 78715; Case UPC 680-31317-87150-5. <b>100% fruit.</b>	8/28/13	X	X	
Robert's Precut Vegetables, Inc.	Radishes, Sliced, 2 oz bag	2 oz	57	FG	9	0.00	0.0%	0.0	0.0%	0	yes	22	0.9	1.2	2.1%	yes	yes	yes	Freshpoint	Item 49540; Case UPC 6-80314-95400-5. <b>100% vegetable.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Red Grapes, 2 oz bag	2 oz	57	FG	39	0.00	0.0%	0.0	0.0%	0	yes	1	0.5	8.8	15.5%	yes	yes	yes	Freshpoint	Code 78535; Case UPC 680-31317-85350-5. <b>100% fruit.</b>	8/26/13	X	X	
Robert's Precut Vegetables, Inc.	Snow Pea Pods, 2 oz	2 oz	57	FG	24	0.10	3.8%	0.0	0.0%	0	yes	2	1.5	2.3	4.1%	yes	yes	yes	Freshpoint	Code 44285; Case UPC 680-31314-42850-5. <b>100% vegetable</b>	8/29/30	X	X	
Robert's Precut Vegetables, Inc.	Sugar Snap Pea Pods, 2 oz	2 oz	57	FG	24	0.10	3.8%	0.0	0.0%	0	yes	2	1.5	2.3	4.1%	yes	yes	yes	Freshpoint	Code 46125; Case UPC 680-31314-61250-5. <b>100% vegetable</b>	8/29/30	X	X	
Robert's Precut Vegetables, Inc.	Tri Pepper Strips (Green, Red and Yellow), 2 oz	2 oz	57	FG	14	0.20	12.9%	0.0	0.0%	0	yes	1	1.2	2.4	4.2%	yes	yes	yes	Freshpoint	Code 78680; Case UPC 680-31317-86800-5. <b>100% vegetable</b>	8/29/30	X	X	
Seapoint Farms	Dry Roasted Edamame, Lightly Salted, 1 oz	1 oz	28	FG	120	3	22.5%	0.5	3.8%	0	yes	0	8	<1	0.0%	yes	yes	yes	Green Nature Marketing	UPC 7-11575-00787-4; Case UPC 207-11575--00787-1	8/15/14	X	X	X
Seapoint Farms	Dry Roasted Edamame, Spicy Wasabi, 1 oz	1 oz	28	FG	120	3.5	26.3%	0.5	3.8%	0	yes	0	7	1	3.5%	yes	yes	yes	Green Nature Marketing	UPC 7-11575-00785-0; Case UPC 207-11575--00785-7	8/15/14	X	X	X
Sensible Foods, LLC	Apple Harvest Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	1	16	75.2%	yes	yes	yes	UNFI	UPC 6-00760-00032-8. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

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General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
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Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Sensible Foods, LLC	Cherry Berry Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	84	0.0	0.0%	0.0	0.0%	0	yes	56	2	14	65.8%	yes	yes	yes	UNFI	UPC 6-00760-00021-2. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	
Sensible Foods, LLC	Fuji Apple Crunch Dried Fruit, 0.42 oz	0.75 oz	21	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	0.6	9	42.3%	yes	yes	yes	Vistar	UPC 6-00760-00224-7. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	
Sensible Foods, LLC	Orchard Blend Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	70	0.0	0.0%	0.0	0.0%	0	yes	0	1	15	70.5%	yes	yes	yes	UNFI	UPC 6-00760-00023-6. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	
Sensible Foods, LLC	Roasted Edamame Crunch Dried Snack, 0.75 oz	0.75 oz	21	FG	87	3.25	33.6%	0.5	5.2%	0	yes	105	5	1	4.7%	yes	yes	yes	UNFI	UPC 6-00760-00215-5. <b>100% dried vegetable, no added fat.</b>	8/5/13	X	X	X
Sensible Foods, LLC	Strawberry Banana Crunch Dried Fruit, 0.42 oz	0.75 oz	21	FG	44	0.0	0.0%	0.0	0.0%	0	yes	0	1	7	32.9%	yes	yes	yes	Vistar	UPC 6-00760-00224-7. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	
Sensible Foods, LLC	Sweet Corn Crunch Dried Snack, 0.42 oz	0.42 oz	12	FG	40	1.0	22.5%	0.0	0.0%	0	yes	21	2	4	33.6%	yes	yes	yes	Vistar	UPC 6-00760-00211-7. <b>100% dried vegetable.</b>	8/5/13	X	X	
Sensible Foods, LLC	Sweet Corn Crunch Dried Snack, 0.75 oz	0.75 oz	21	FG	70	1.0	12.9%	0.0	0.0%	0	yes	37	3	7	32.9%	yes	yes	yes	UNFI	UPC 6-00760-00041-0. <b>100% dried vegetable.</b>	8/5/13	X	X	X
Sensible Foods, LLC	Tropical Blend Crunch Dried Fruit, 0.42 oz	0.42 oz	12	FG	50	0.0	0.0%	0.0	0.0%	0	yes	0	0.6	6	50.4%	yes	yes	yes	Vistar	UPC 6-00760-00222-3. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	
Sensible Foods, LLC	Tropical Blend Crunch Dried Fruit, 0.75 oz	0.75 oz	21	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	1	16	75.2%	yes	yes	yes	UNFI	UPC 6-00760-00022-9. <b>100% fruit, no added sugars.</b>	8/5/13	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

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General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg				≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

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Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Simplot	Cut French Fry, 2.11 oz frozen (1/2 cup cooked)	2.11 oz	60	FG	110	4.00	32.7%	0.50	4.1%	0.00	yes	160	1	0	0.0%	yes	yes	yes	Sysco CT, Thurston	71179-00052-5. Approval is for BAKED product only.	8/9/16	X	X	
Simplot	Cut Fries, 2.44 oz frozen (1/2 cup cooked)	2.44 oz	69	FG	110	3.5	28.6%	0.50	4.1%	0.00	yes	200	1	0	0.0%	yes	yes	yes	Sysco CT	Case (6/4 lb) UPC 100-71179-00070-9. Approval is for BAKED product only.	8/9/16	X	X	
Simplot	Savory Reduced Sodium 10-Cut Potato Wedges, 2.96 oz	2.96 oz	84	FG	120	4.00	30.0%	0.50	3.8%	0.00	yes	120	2	0	0.0%	yes	yes	yes	WayPoint	71179-03672-2. Approval is for BAKED product only.	10/24/16	X	X	
Simplot	Savory Reduced Sodium 5/16" x 3/8" French Fries, 2.56 oz	2.56 oz	73	FG	120	4.00	30.0%	0.50	3.8%	0.00	yes	130	2	0	0.0%	yes	yes	yes	WayPoint	71179-03671-5. Approval is for BAKED product only.	10/24/16	X	X	
Simplot	Crinkle Cut Fries, 2 oz frozen (1/2 cup cooked)	2 oz	57	FG	80	1.50	16.9%	0.00	0.0%	0.00	yes	20	1	0	0.0%	yes	yes	yes	Sysco CT, Thurston	71179-22122-7. Approval is for BAKED product only.	8/9/16	X	X	
Sunrise Growers	Frozen Diced Strawberries with Sugar, 4.5 oz	4.5 oz	128	FG	80	0.0	0.0%	0.0	0.0%	0	yes	0	2	16	12.5%	yes	yes	yes	USDA Commodity	Code 100256	10/20/15	X	X	
Tasty Brands	Oven Ready Whole Grain Breaded Green Beans (25 pieces), 2.75 oz	2.75 oz	78	FG and WGR	140	4.5	28.9%	0.5	3.2%	0	yes	170	3	2	2.6%	yes	yes	yes	Sysco, Thurston	Code 33501; UPC 008-52777-00239-4	11/20/14	X	X	X
That's It	Apple and Cranberry Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	0	3	11	32.3%	yes	yes	yes	American Patriot Sales	Item 1022ACRAN; UPC 8-50397-00427-7; Case UPC 108-50397-00428-3. 100% fruit, no added sugars.	11/10/14	X	X	X
That's It	Apple and Raisin Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	0	2	11	32.3%	yes	yes	yes	American Patriot Sales	Item 1022AR; UPC 8-50397-00425-5; Case UPC: 108-50397-00426-9. 100% fruit, no added sugars.	11/10/14	X	X	

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes	No caffeine	

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
That's It	Apple Apricot Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	15	3	23	67.6%	yes	yes	yes	Acosta	UPC 8-50397-00402-6. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Banana Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	30	4	22	64.7%	yes	yes	yes	Acosta	UPC 8-50397-00411-8. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Blueberry Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	25	4	19	55.8%	yes	yes	yes	Acosta	UPC 8-50397-00413-2. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Cherry Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	20	3	22	64.7%	yes	yes	yes	Acosta	UPC 8-50397-00400-2. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Mango Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	25	3	23	67.6%	yes	yes	yes	Acosta	UPC 8-50397-00407-1. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Pear Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	15	3	24	70.5%	yes	yes	yes	Acosta	UPC 8-50397-00401-9. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Pineapple Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	20	5	18	52.9%	yes	yes	yes	Acosta	UPC 8-50397-00423-1. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
That's It	Apple Strawberry Fruit Bar (100% fruit), 1.2 oz	1.2 oz	34	FG	100	0	0.0%	0	0.0%	0	yes	30	4	17	50.0%	yes	yes	yes	Acosta	UPC 8-50397-00421-7. <b>100% fruit, no added sugars.</b>	4/28/16	X	X	X
<b>PENDING</b>																								

**FRUITS AND VEGETABLES, including fresh, frozen, canned and dried**

**FRUITS AND VEGETABLES**

**EXEMPTIONS:** The following are exempt from all nutrient standards: fresh and frozen fruits and vegetables with no added ingredients except water; canned fruits with no added ingredients except water or that are packed in 100 percent juice, extra light syrup or light syrup, all without added artificial sweeteners, nonnutritive sweeteners or sugar alcohols and no added fats (including chemically altered fat substitutes; and canned vegetables with no added ingredients except water or that contain no added ingredients except a small amount of sugar for processing purposes to maintain the quality and structure of the vegetable. These foods are identified in the "Notes" column.

**EXEMPTIONS TO SUGAR STANDARDS:** Dried whole fruits or vegetables, dried whole fruit or vegetable pieces and dehydrated fruits or vegetables, all **without** added sweeteners (including artificial sweeteners, nonnutritive sweeteners and sugar alcohols).

**BETTER CHOICE RECOMMENDATIONS**  
Choose products that meet all recommendations.

General Standards	Nutrient Standards														
1) Whole Grain-Rich (WGR) Food; 2) Food Groups (FG); or 3) Combination Food (CF)	≤200 calories		≤35% of total calories		<10% of total calories	<0.5 g	No partially hydrogenated oils	≤200 mg			≤35% by weight	No artificial sweeteners, nonnutritive sweeteners or sugar alcohols	No chemically altered fat substitutes		No caffeine

Manufacturer	Food Item	Package or Serving Size	Weight (g)	General Standard Criteria Met	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Calories from Saturated Fat	Trans Fat (g)	Standard Met?	Sodium (mg)	Fiber (g)	Total Sugars (g)	% Sugars by Weight	Standard Met?	Standard Met?	Standard Met?	Vendor	Notes	Date of Review	No artificial flavors or colors	No high fructose corn syrup	At least 2.5 grams of fiber
Sabra	Hummus, Classic, 2 oz	2 oz	57	FG	150	11	66.0%	2	9.0%	0	yes	250	3	1	1.8%	yes	yes	yes		UPC 0-40822-01111-9; Case UPC 100-40822-01111-2.	10/13/16	X	X	X
Sabra	Guacamole, 2 oz	2 oz	57	FG	90	7	70.0%	1	10.0%	0	yes	280	3	1	1.8%	yes	yes	yes		UPC 0-40822-34268-1; Case UPC 100-40822-34268-8.	10/13/16	X	X	X