

Connecticut Competitive Foods Regulations

Sections 10-215b-1 and 10-215b-23 of the Regulations of Connecticut State Agencies apply to all Connecticut schools participating in the U.S. Department of Agriculture (USDA) Child Nutrition Programs (e.g., National School Lunch Program, School Breakfast Program, After-School Snack Program and Special Milk Program).

Regulations of Connecticut State Agencies Section 10-215b-1. Competitive Foods.

- (a) No school food authority shall permit the sale or dispensing to students of extra food items anywhere on the school premises from thirty minutes prior to the start of any state or federally subsidized milk or food service program until thirty minutes after such program.
- (b) "Extra food items" means tea, coffee, soft drinks and candy.
- (c) "School food authority" means the governing body which has the legal authority to operate one or more school feeding programs and receive state or federal subsidies for the operation of any such program.
- (d) The provisions of this section shall not apply to the Department of Corrections.
- (Effective August 25, 1992)

Note: Effective July 1, 2006, Section 10-221q of the Connecticut General Statutes completely eliminates the sale of tea, coffee and soft drinks to students in all public schools, so it supersedes the timeframe previously allowed by Section 10-215b-1 of the Regulations of Connecticut State Agencies. The following resources provide additional information on the state beverage requirements:

- Section 10-221q of the Connecticut General Statutes (Sale of Beverages):
<http://www.cga.ct.gov/2007/pub/Chap170.htm#Sec10-221q.htm>
- Allowable Beverages in Connecticut Schools:
http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Student/NutritionEd/Allowable_Beverages.pdf
- Requirements for Beverages in Connecticut Public Schools (PowerPoint Presentation):
<http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Student/NutritionEd/Beverages.pdf>

Regulations of Connecticut State Agencies Section 10-215b-23. Income from the sale of food items. The income from the sale to students of food items, anywhere on the school premises from thirty minutes prior to the start of any state or federally subsidized milk or food service program until thirty minutes after any such program, shall accrue to the school food authority for the benefit of state or federally subsidized milk or food service programs.

(Effective August 25, 1992)

Additional guidance on school foods and beverages can be found on the Connecticut State Department of Education's Web site (Nutrition Education page) at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320754>. For additional information contact Susan S. Fiore, MS, RD, Nutrition Education Coordinator, Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 25 Industrial Park Road, Middletown, CT 06457 • Phone: 860-807-2075 • E-mail: susan.fiore@ct.gov

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