

Submitting Food and Beverage Products for Approval

Connecticut's *List of Acceptable Food and Beverages*

The Connecticut State Department of Education (CSDE) reviews food and beverages for compliance with the state requirements and nutrition standards for food and beverages in schools. Beverages that meet the requirements of Section 10-221q of the Connecticut General Statutes and food items that meet the Connecticut Nutrition Standards will be added to the CSDE *List of Acceptable Food and Beverages* at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320754#Healthy>.

To submit an item for review, the actual product package or specification sheet must contain the following information:

1. Name of manufacturer, exactly as it appears on the product label
2. Name of product, exactly as it appears on the product label
3. Flavor or variety of product, exactly as it appears on the product label
4. Nutrition Facts label
 - Must include the following nutrients: calories, total fat, saturated fat, trans fat, sugar, sodium and fiber
5. List of ingredients
6. Actual package size
 - Must list both serving size and actual package size
 - For frozen desserts, must include both volume (fluid ounces) and weight (ounces or grams) of one serving of the product
7. UPC code or manufacturer product code for individual package and for case pack

If the food or beverage item is approved, the CSDE will need to know which distributors sell these items to schools in Connecticut. This information is added to the vendor column on the CSDE *List of Acceptable Food and Beverages* (see second to last column on right).

The CSDE also adds contact information for vendors (including manufacturers, brokers and distributors) to the *List of Vendors for Healthy Food and Beverages* at <http://www.sde.ct.gov/sde/lib/sde/PDF/DEPS/Student/NutritionEd/VendorsHealthySnacks.pdf>. For any vendor not already listed, the following contact information must be provided:

1. Contact name
2. Contact title
3. Company name
4. Company address (street, city, zip code)
5. Phone
6. Fax
7. E-mail
8. Web site (if available)

Please submit all required information via e-mail to susan.fiore@ct.gov, otherwise mail to:

Susan S. Fiore, MS, RD, Nutrition Education Coordinator
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Once the information is received by the CSDE, the items will be reviewed and you will be notified of their status via e-mail. The review process is generally completed within 7-10 days.