Afterschool Snack Program

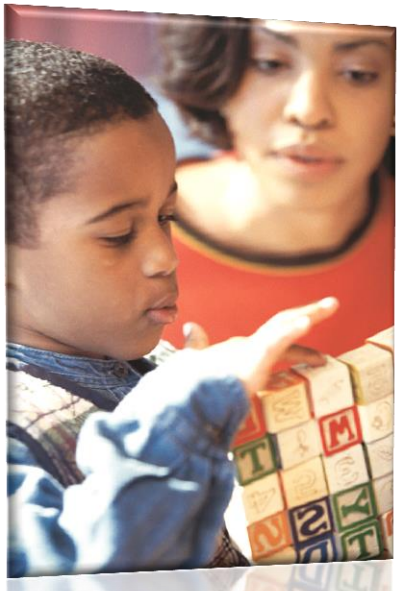
Jackie Schipke, MBA, RD, SNS
Education Consultant
CT State Department of Education
Bureau of Health/Nutrition, Family Services and Adult Education
Child Nutrition Programs
25 Industrial Park Road
Middletown, CT 06457

Child Nutrition Reauthorization Act 1998

- Expanded the National School Lunch Program to provide reimbursements for snacks served to children in certain after school care programs.

- Goal is to promote health and well being of children and youth in the community.

Requirements for Participation



- Must be a sponsor of the National School Lunch Program

- Must be operating an After School Care Program which provides children with regularly scheduled activities in an organized, structured supervised environment, and includes educational or enrichment activities.

NEW

CLARIFICATION

Once an Afterschool Snack Program is approved in a school, all students staying after school may participate in the snack program, not only those enrolled in the approved After School Care Program.

-Funding -

Important!

All reimbursements that are received from the federal government <u>accrue to the nonprofit school food service account.</u>

Funds do not go to the After School Care Program.

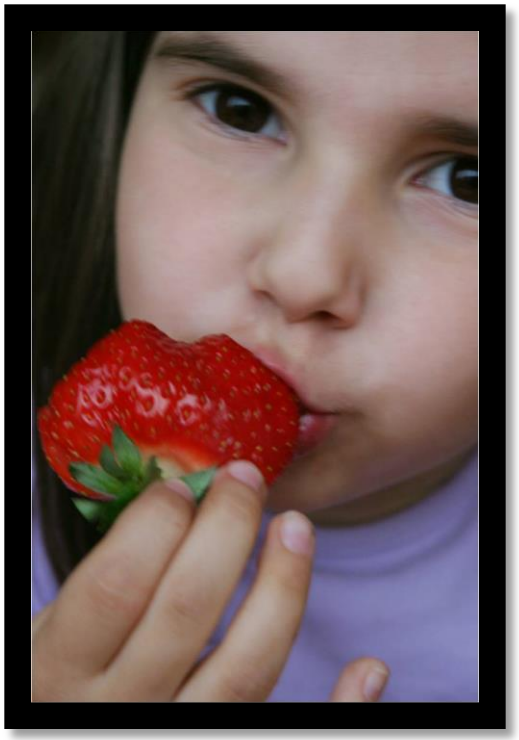
FUNDING

- Determined by **area eligibility** or by the **income eligibility** of the children enrolled in the After School Care Program
- Determined annually by the Child Nutrition Programs based on October data from the previous year.

Area Eligibility

An after school program qualifies as **area eligible** if it is located in the attendance area of a school which has at least 50% of its enrollment eligible for free or reduced price meals during the month of October.

Area Eligible Sites



All snacks served at **area eligible** after school sites are served free of charge to all students at that site.

Income Eligible Sites

- Free and reduced price eligibility applications must be maintained as well as a master list of eligibility for all enrolled students. The site could obtain this data from their current NSLP at the school.
- Counts are based on free, reduced and paying status.
- Overt identification must be avoided.

Where Are Afterschool Snacks Served?

Nutritious snacks may be served in

- Schools
- Faith-based After School Programs
- Boys and Girls Clubs
- Recreation Centers
- …and other locations

What type of snacks must be served in the Afterschool Snack Program?

In order to be reimbursed, the snacks **must** contain at least **two different items** of the following four:

-a serving of fluid milk;
-a serving of meat or meat alternate;
-a serving of vegetable(s) or fruit(s) or full strength vegetable or fruit juice;
-a serving of whole grain or enriched bread or cereal.

Snack Requirements

- Only one snack per child per day may be claimed.
- Students are required to take the entire snack (two items).

Sample Snack Menus

Monday

Celery Sticks (4) and Peanut Butter (2 T)

Fat-Free Choc. Milk (8 oz)

Tuesday

Cantaloupe & Watermelon cubes (3/4 cup)

Vanilla Wafers (8)

Wednesday

Goldfish Crackers (.75 oz)

100% Fruit Juice (3/4 cup)

Thursday

Yogurt (4 oz)

Animal Crackers (1 oz)

Friday

Cheerios (3/4 cup)

Low-Fat Milk (8 oz)

Monitoring Requirements

For school year programs, the Afterschool Snack Program must be reviewed (typically by the Food Service Department) two times per year:

- The first review during the first four weeks of operation, and
- The second review any time during the operation of the program during the school year.
- Forms may be found on our Web site: http://www.ct.gov/sde/nutrition

What if your Program is Not Associated with a School which Participates in the NSLP?

If you are not eligible under the requirements for the NSLP, you may still qualify for the At-Risk Meals Program under the Child and Adult Care Food Program. To find out more information, contact the Child Nutrition Programs.

How Do I Start An Afterschool Snack Program?

1. Contact the Food Service Director for your school/district.
2. The Food Service Director must complete an application form for *each* site.
3. The application and other important information may be found here: http://www.ct.gov/sde/nutrition
   Click on School Nutrition Programs, then Afterschool Snack

Any questions about the Afterschool Snack Program should be directed to:

Jackie Schipke

860.807.2123

jackie.schipke@ct.gov