

CONNECTICUT STATE DEPARTMENT OF EDUCATION  
BUREAU OF ADULT EDUCATION AND NUTRITION PROGRAMS  
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MEMORANDUM

TO: Child and Adult Care Food Program (CACFP) Home and Center Sponsors

FROM: Maureen B. Staggenborg, Acting Chief  
Bureau of Adult Education and Nutrition Programs

DATE: September 24, 2003

SUBJECT: Operational Memorandum - #17H-03 & #13C-03  
***Food for Thought* Conference Meets FY 2004 CACFP Training Requirement**

CACFP Institutions were recently informed and provided a brochure of the upcoming conference *Food for Thought-Promoting Nutrition and Learning in Early Childhood*. A copy of the brochure is again enclosed for reference. If you have not yet registered for the conference, you are strongly encouraged to take advantage of this unique opportunity to learn how to promote a healthy nutrition environment in early childhood. This conference addresses the principles for feeding young children, promoting the development of healthy eating habits, and using mealtime to promote learning. In addition to general sessions on Friday, Saturday features many workshop sessions on a variety of topics of interest to early childhood programs.

**Attendance Meets CACFP Annual Training Requirement for 2004**

As you know CACFP institutions are required to attend a state agency planned training each year. Attending the *Food for Thought* conference meets the requirement for attendance at the State agency annual CACFP training for the 2004 program year. A copy of the training certificate that will be mailed after the conference must be submitted as documentation of attendance. Note that this does not eliminate the sponsor requirement to provide training for the organization's program staff on an annual basis. While this would meet the nutrition portion of the sponsor's training, CACFP policies and procedures must still be covered by the sponsor.

**Receive Valuable Resources**

The conference is sponsored by Connecticut's Team Nutrition grant and other partners, providing participants with many valuable resources to assist in assessing, planning and implementing a healthy nutrition environment. If purchased directly, these resources would cost over \$1,050. Some of the resources you will receive include:

- Ellyn Satter's *Feeding in Primary Care Pregnancy Through Preschool: Easy-to-Read Reproducible Masters*. (CD-ROM cost \$500.)
- Ellyn Satter's *Nutrition and Feeding for Infants and Children: Handout Masters*. (CD-ROM cost \$500.)
- *Nutrition Activities for Preschoolers*. Cryer, Ray and Harms. (Cost \$31.)
- Food Guide Pyramid for Young Children poster. U.S. Department of Agriculture (Cost \$ .65)
- Food Guide Pyramid for Young Children booklet (Cost \$1.50)
- Go, Glow, Grow. U.S. Department of Agriculture (Cost \$1.00)
- Nibbles for Health. U.S. Department of Agriculture (Cost \$25.00)
- Vegetable Magic Nutrition Activity Book. Connecticut Nutrition Education and Training Program. (Cost \$10.)

The conference will also include a variety of exhibits by organizations to help early childhood programs promote a healthy learning environment.

If you have any questions, please feel free to contact the Community Nutrition Programs Unit: Charlene Russell-Tucker, 860-807-2071, Susan Bohuslaw 860-807-2073, Susan Boyle 860-807-2074, Susan Bransfield 860-807-2076, and Benedict Onye 860-807-2080.

MBS:crt

K/cnshared/CNP memos/2003/Homes/Om #17H-03 & 13C-03 (9-24-03)

Enclosure: *Food for Thought* Brochure