

CONNECTICUT STATE DEPARTMENT OF EDUCATION  
BUREAU OF HEALTH AND NUTRITION SERVICES AND  
CHILD/FAMILY/SCHOOL PARTNERSHIPS  
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TO: Child and Adult Care Food Program (CACFP) Child Care Sponsors

FROM: Maureen B. Staggenborg, Director  
Child Nutrition Programs

DATE: July 14, 2006

SUBJECT: **Operational Memorandum #14C-06 and #11H-06**  
**1. Hurricane Information for Food Safety Partners**  
**2. Mealtime Memos**  
**3. USDA Recipes for Child Care Now Available on NFSMI Website**  
**4. Announcing Eat Smart. Play Hard.<sup>TM</sup> Web Pages for Parents and Kids**

### **1. Hurricane Information for Food Safety Partners**

As the 2006 hurricane season approaches, USDA's Food Safety and Inspection Service is announcing the availability of a comprehensive collection of useful tips and answers to food safety questions for Americans living in hurricane-prone states.

Available on FSIS' Web site, [www.fsis.usda.gov](http://www.fsis.usda.gov), [A Consumer's Guide to Food Safety: Severe Storms and Hurricanes](#) (PDF only; 872kb), provides information and recommendations about keeping food safe during emergency situations (e.g., severe storms, hurricanes, power outages and flooding). Please share this information with your centers and family day care providers, as they may find this helpful when planning for emergencies.

In addition, this press release offers specific recommendations that will help consumers in hurricane-prone states: [http://www.fsis.usda.gov/News\\_&\\_Events/NR\\_060606\\_01/index.asp](http://www.fsis.usda.gov/News_&_Events/NR_060606_01/index.asp).

### **2. Mealtime Memos**

Enclosed are the most recent issues of *Mealtime Memos for Child Care* from the National Food Service Management Institute (NFSMI):

- 2006-1: Soup is On! Hot Soup for Cold Days
- 2006-2: Hot Breakfasts
- 2006-3: Good Nutrition – What Is It?
- 2006-4: Introducing New Foods
- 2006-5: Fruits and Vegetables – A Rainbow of Choices
- 2006-6: Dairy Foods for Strong Bones and Teeth
- 2006-7: Be Prepared in an Emergency

In addition, enclosed are copies of all 2005 *Mealtime Memos for Child Care*:

- 2005-1: Wash Your Hands
- 2005-2: Working Safe in the Child Care Setting
- 2005-3: Nutrition Facts for Parents
- 2005-4: Safe Food Storage
- 2005-5: Dietary Guidelines for Americans, 2005
- 2005-6: Getting the Most From Your Workday
- 2005-7: Budgeting Basics
- 2005-8: Proper Food Preparation Techniques
- 2005-9: Celebrating Diversity, Nurturing Respect
- 2005-10: Health Cooking With Limited Equipment
- 2005-11: Computer Basics for Child Care
- 2005-12: Happy Care Givers Mean Happy Children

Mealtime Memos are also available in Spanish at: [www.nfsmi.org](http://www.nfsmi.org) .

### **3. USDA Recipes for Child Care Now Available on National Food Service Management Institute (NFSMI) Website**

Recipes from the 1999 publication *Child Care Recipes: Food for Health and Fun from USDA's Child and Adult Care Food Program* can now be accessed on the NFSMI website. All have been updated to reflect the changes made in the 2001 *Food Buying Guide for Child Nutrition Programs*. Additionally, revised recipes have been standardized, edited for consistency, analyzed for nutrient content, and updated with Critical Control Point (CCP) information based on the 2005 *Food Code Supplement*. At present, the recipes are available only on the Web from NFSMI, Team Nutrition, and Healthy School Meals Resource System. Recipes can be found at the following link:

[http://www.nfsmi.org/Information/cc\\_recipe\\_index\\_alpha.htm](http://www.nfsmi.org/Information/cc_recipe_index_alpha.htm)

### **4. Announcing Eat Smart. Play Hard.™ Web Pages for Parents and Kids**

The U.S. Department of Agriculture's Eat Smart. Play Hard.™ campaign was launched by USDA's Food and Nutrition Service in 2000. The campaign encourages and teaches children, parents, and caregivers to eat healthy and be physically active every day. Power Panther, the campaign's spokescharacter, has opened up his community for kids to explore with the introduction of a kids' web page. The Eat Smart. Play Hard.™ web page for kids is available at:

[www.fns.usda.gov/eatsmartplayhardkids](http://www.fns.usda.gov/eatsmartplayhardkids)

The Eat Smart. Play Hard.™ Healthy Lifestyle Web Page is specifically designed to help parents and caregivers eat better and be more physically active, and it reminds them that they are role models for their children. The Eat Smart. Play Hard.™ Healthy Lifestyle Web Page is available at: [www.fns.usda.gov/eatsmartplayhardhealthylifestyle](http://www.fns.usda.gov/eatsmartplayhardhealthylifestyle)

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If there are questions, center sponsors may contact Susan Boyle at (860) 807-2074, Celia Cordero at (860) 807-2076 or Benedict Onye at (860) 807-2080. Homes sponsors may contact Maureen Staggenborg at (860) 807-2070 or Susan Bohuslaw at (860) 807-2073.

Enclosures

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