

TO: Child and Adult Care Food Program (CACFP) Sponsors

FROM: Charlene Russell-Tucker, Chief
Bureau of Health and Nutrition Services
and Child/Family/School Partnerships

DATE: June 20, 2007

SUBJECT: **Operational Memorandum #12C-07 and #13H-07 - CACFP Annual Training
*Building for the Future: Healthy Kids Ready for Success***

This **mandatory** training conference for 2007 features an exciting opportunity for Connecticut Child and Adult Care Food Program (CACFP) child care center and family day care home sponsors! It will be presented by two national nutrition experts: *Dayle Hayes, MS, RD and President of Nutrition for the Future, Inc. based in Billings, MT; and Tracy Fox, MPH, RD and President of Food, Nutrition & Policy Consultants, LLC in Bethesda, MD.*

Date, Time & Place

Tuesday, August 21, 2007

7:45 a.m. – 3:30 p.m.

Crowne Plaza Hotel, Cromwell, CT

CACFP centers and family day care home sponsors should plan to send at least one representative to this conference, but are encouraged to send all interested individuals, including: center directors, CACFP administrative staff, teachers, teachers' assistants, food service staff, day care home sponsors, day care home providers and other child care center or day care home personnel. **Each person must register separately. *Multiple registrations from one site will be accepted on a first come, first served basis.*** A registration fee of \$25 per person is required to cover the cost of morning refreshments and lunch.

The conference brochure and registration form will be mailed separately to all CACFP sponsors and center sites by early July. Family day care home sponsors will receive enough brochures to distribute to each day care home provider.

Attendees will receive valuable nutrition education materials and other resources to assist in promoting nutrition and physical activity in child care programs and will learn practical strategies for:

- ◆ Using MyPyramid with children, preschool through school-age;
- ◆ Planning and preparing healthy and appealing meals for children;
- ◆ Encouraging happy mealtimes, healthy eating habits and physical activity; and
- ◆ Incorporating USDA's *Building Blocks for Fun and Healthy Meals* into early childhood programs.

Please contact Susan Boyle at (860) 807-2074 or Maria Santini at (860) 807-2072 if you have any questions regarding this memorandum.

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