



STATE OF CONNECTICUT

STATE DEPARTMENT OF EDUCATION



TO: Child and Adult Care Food Program (CACFP) **Child Care Center Sponsors and Family Day Care Home Sponsors**

FROM: Cheryl Resha, Education Manager 
Bureau of Health/Nutrition, Family Services and Adult Education

DATE: April 15, 2010

SUBJECT: **Operational Memorandum #08C-10 and 08H-10**
Annual Training Session for CACFP Child Care Center Sponsors and Family Day Care Home Sponsors

The 2010 Annual Training for the CACFP is *Creating a Healthy Child Care Environment – Developing Nutrition and Physical Activity Policies in the CACFP*. This workshop provides information on how to use the Connecticut State Department of Education's newly developed *Action Guide for Child Care Nutrition and Physical Activity Policies*. The action guide identifies policy recommendations, implementation strategies and resources to help child care programs encourage healthy lifestyles in children by developing and implementing comprehensive nutrition and physical activity policies. It was developed as part of a Team Nutrition grant from the U.S. Department of Agriculture.

There are six workshop sessions. Attendance at one of the sessions is **mandatory** for all sponsors. **CACFP centers and family day care home sponsors should plan on sending at least one representative, but are encouraged to send all interested individuals**, including center directors, CACFP administrative staff, teachers, teachers' assistants, food service staff, day care home sponsors, day care home providers and other child care center or day care home personnel. CACFP centers are strongly encouraged to bring their nutrition or health consultant.

Please select one of the six workshop sessions and complete the enclosed registration form for each person attending. Space is limited. Multiple registrations from the same institution will be accepted on a first come, first served basis.

Questions regarding this memorandum may be directed to the following CACFP staff:

Day Care Center Sponsors: Susan Boyle 860-807-2074
Celia Cordero 860-807-2076
Benedict Onye 860-807-2080

Family Day Care Home Sponsors: Susan Bohuslaw 860-807-2073

CR:sfs

Attachment

Important: This is a numbered Operational Memorandum that contains important program information. Please read carefully and retain in a binder for your future reference. Operational Memoranda are also posted on the Child Nutrition website at: <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=321576>

Connecticut State Department of Education
2010 Annual Training for CACFP Child Care Sponsors

Creating a Healthy Child Care Environment

Developing nutrition and physical activity policies in the Child and Adult Care Food Program (CACFP)



This workshop provides information on how to use the Connecticut State Department of Education's newly developed *Action Guide for Child Care Nutrition and Physical Activity Policies*. The action guide identifies policy recommendations, implementation strategies and resources to help child care programs encourage healthy lifestyles in children by developing and implementing comprehensive nutrition and physical activity policies. Participants will learn about the:

- benefits of written nutrition and physical activity policies;
- steps for policy development;
- best practices for promoting healthy eating and active play; and
- Connecticut Child Care Nutrition Standards.



Who Should Attend

- This workshop is the **mandatory annual training session** for CACFP child care sponsors. **CACFP centers and family day care home sponsors should plan on sending at least one representative, but are encouraged to send all interested individuals**, including center directors, CACFP administrative staff, teachers, teachers' assistants, food service staff, day care home sponsors, day care home providers and other child care center or day care home personnel. CACFP centers are strongly encouraged to bring their nutrition or health consultant.
- Each person must register separately. **Space is limited. Multiple registrations from the same institution will be accepted on a first come, first served basis.**

Dates, Times and Locations

Dates and locations are indicated below. Registration is from **8:45-9:15 a.m.** All workshops start promptly at **9:15 a.m.** and end at **12:15 p.m.**

Registration

Return completed registration form by **Friday, May 14, 2010**, to Glenda Stuckey, Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 25 Industrial Park Road, Middletown, CT 06457, FAX 860-807-2127. **When your registration is accepted, you will receive an e-mail confirmation with directions and training materials.**

Check one of the following six workshop sessions:

- Tuesday, June 1, 2010** — Cooperative Educational Services (CES), Room 266, 25 Oakview Drive, **Trumbull**
- Thursday, June 3, 2010** — Connecticut State Department of Education, SERC Classroom, 25 Industrial Park Road, **Middletown**
- Wednesday, June 9, 2010** — Area Cooperative Education Services (ACES), Room 110-112, 205 Skiff Street, **Hamden**
- Thursday, June 10, 2010** — EASTCONN, Rooms A and B, 376 Hartford Turnpike, **Hampton**
- Wednesday, June 16, 2010** — Connecticut State Department of Education, SERC Community Room, 25 Industrial Park Road, **Middletown**
- Friday, June 18, 2010** — Connecticut State Department of Education, SERC Classroom, 25 Industrial Park Road, **Middletown**

Name: _____ Title: _____

Institution: _____ Telephone: (_____) _____

Address: _____
(Street) (Town) (Zip)

E-mail Address (REQUIRED): _____ CACFP Agreement Number: _____

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