



STATE OF CONNECTICUT

STATE DEPARTMENT OF EDUCATION



TO: Child and Adult Care Food Program (CACFP) Child Care Center and Homes Sponsors

FROM: Cheryl Resha, Education Manager *Cheryl Resha*
Bureau of Health/Nutrition, Family Services and Adult Education

DATE: June 30, 2010

SUBJECT: **Operational Memorandum #11C-10 and 11H-10**
*Nutrition Policies and Guidance for the Child and Adult Care Food Program (CACFP):
Child Care Programs*

The Connecticut State Department of Education (CSDE) has recently updated *Nutrition Policies and Guidance for the Child and Adult Care Food Program (CACFP)*. This publication consists of six individual guides for child care centers, family day care homes, emergency shelters and at-risk afterschool care centers, including:

- Meal Pattern Requirements
- Crediting Foods
- Feeding Infants
- Sanitation and Food Safety
- Accommodating Special Dietary Needs
- Planning Healthy Meals

These documents assist CACFP facilities with planning meals to meet CACFP requirements and provide answers to common questions regarding CACFP menus. They include comprehensive information on a variety of menu planning topics, including CACFP meal pattern requirements, avoiding common menu problems, nutrition guidance, feeding infants and accommodating children with special dietary needs. The guides also include useful forms and handouts. CACFP sponsors should use *Nutrition Policies and Guidance for the Child and Adult Care Food Program (CACFP)* as the definitive source for information on complying with all federal and state nutrition requirements for the CACFP.

The revised publications are dated June 2010, and were distributed to all CACFP sponsors at *Creating a Healthy Child Care Environment*, the June 2010 annual training workshops for the CACFP. They are available online at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322326>. **CACFP sponsors should discard all copies of the previous publication (September 2009) and accompanying handouts, including older versions of the online calculation worksheets for crediting grains and breads.** CACFP sponsors should download the publications and make copies available to all appropriate personnel. Child care centers must also ensure that this information is provided to their nutrition consultant.

Questions regarding this memorandum may be directed to the following CACFP staff:

Day Care Center Sponsors: Susan Boyle 860-807-2074
Celia Cordero 860-807-2076
Benedict Onye 860-807-2080

Family Day Care Home Sponsors: Susan Bohuslaw 860-807-2073

CR:ssf

Important: This is a numbered Operational Memorandum that contains important program information. Please read carefully and retain in a binder for your future reference. Operational Memoranda are also posted on the Child Nutrition website at: <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=321576>