



STATE OF CONNECTICUT

DEPARTMENT OF EDUCATION



TO: Child and Adult Care Food Program (CACFP) Adult Day Care Center Sponsors

FROM: Cheryl Resha, Education Manager
Bureau of Health/Nutrition, Family Services and Adult Education

DATE: September 23, 2011

SUBJECT: Operational Memorandum #15A-11
Nutrition Policies and Guidance for Adult Day Care Centers in the Child and Adult Care Food Program (CACFP)

The Connecticut State Department of Education (CSDE) has recently updated *Nutrition Policies and Guidance for Adult Day Care Centers in the CACFP*. This publication consists of five individual guides for adult day care centers, including:

- Meal Pattern Requirements;
- Crediting Foods;
- Sanitation and Food Safety;
- Accommodating Special Diets; and
- Planning Healthy Meals.

These documents assist CACFP adult day care centers with planning meals to meet CACFP requirements and provide answers to common questions regarding CACFP menus. They include comprehensive information on a variety of menu planning topics, including CACFP meal pattern requirements, avoiding common menu problems, nutrition guidance and accommodating participants with special dietary needs. The guides also include useful forms and handouts. **CACFP sponsors should use *Nutrition Policies and Guidance for Adult Day Care Centers* as the definitive source for information on complying with all federal and state nutrition requirements for the CACFP.**

The revised publications are dated September 2011 and are online at <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322694>. **CACFP sponsors should discard all copies of the previous publication (October 2002) and accompanying handouts.** Please note that this resource is available only as an online publication. CACFP sponsors should download the publications and make them available to all appropriate personnel.

Questions regarding this memorandum may be directed to the following CACFP staff:

- Susan Boyle 860-807-2074
- Celia Cordero 860-807-2076
- Benedict Onye 860-807-2080

CR:ssf

Important: This is a numbered Operational Memorandum that contains important program information. Please read carefully and retain in a binder for your future reference. Operational Memoranda are also posted on the Child Nutrition website at: <http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=321576>