

## Noncreditable Foods in the

# SUMMER FOOD SERVICE PROGRAM (SFSP)

Noncreditable foods are foods and beverages that cannot credit toward the U.S. Department of Agriculture (USDA) meal patterns for the SFSP. Some noncreditable foods can be served in addition to the meal components to add variety, help improve acceptability in the meal and satisfy appetites. Examples include maple syrup on pancakes, salad dressing on tossed greens and condiments such as ketchup or mustard on sandwiches and other entrees. Other noncreditable foods, such as coffee, tea, soda and candy, cannot be served as part of SFSP meals.

The Connecticut State Department of Education (CSDE) encourages SFSP sponsors to limit noncreditable foods in menus. These foods often contain little nutritional value and are high in fat, sugars and sodium. Menu planners should read labels, be aware of the ingredients in foods and limit the frequency and amount of less nutritious choices.

The chart below lists some examples of noncreditable foods. This list does not include all possible noncreditable foods. For more information, see the CSDE's [Crediting Foods](#) Web page.

Examples of Noncreditable Foods			
Bacon and bacon bits	Eggnog	Iced coffee *	Pudding
Banana chips	Egg whites	Iced tea *	Pudding pops
Bread products that are not whole or enriched *	Frozen yogurt	Jam, jelly	Salad dressings
Butter	Fruit drink, fruit beverage, powdered fruit drink mix	Jerky, e.g., meat, poultry or fish	Sherbet
Candy *	Fruit punch (if not 100 percent juice)	Lemonade	Smoked snack sticks made with beef and chicken
Candy-coated popcorn	Fruit snacks, e.g., fruit roll-ups, wrinkles, twists	Limeade	Soda, regular and diet *
Caramel popcorn	Fruit leathers (100% fruit)	Maple syrup	Soups, canned, e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice
Chocolate drinks, e.g., Yoo-Hoo *	Gelatin, flavored or sugar free	Margarine	Sour cream
Coffee (regular, decaffeinated and iced) *	Grains that are not whole or enriched *	Marshmallows	Sports drinks *
Condiments, e.g., ketchup, mustard, relish, barbecue sauce	Honey	Mayonnaise	Spreadable fruit
Cranberry cocktail drink *	Hot chocolate *	Mustard	Summer sausage
Cream, half and half	Ice cream	Nectar drinks *	Syrup
Cream cheese	Ice milk	Pepperoni sticks	Tea, regular, herbal and iced *
Cream soups, canned, e.g., cream of mushroom, cream of celery, cream of broccoli		Popcorn	
Dried meat or poultry snacks, e.g., jerky or nuggets		Popcorn cakes	
		Popsicles (not 100% juice)	
		Potato chips	

\* These foods should not be served as part of SFSP meals.



## NONCREDITABLE FOODS IN THE SFSP, continued

### RESOURCES

*Administrative Guidance for SFSP Sponsors:*

[www.fns.usda.gov/sites/default/files/AdminGuideSponsors.pdf](http://www.fns.usda.gov/sites/default/files/AdminGuideSponsors.pdf)

*Child Nutrition (CN) Labeling:*

[www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/crediting/CN\\_labeling.pdf](http://www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/crediting/CN_labeling.pdf)

*Crediting Foods (CSDE Web Page):*

[www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=333796](http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=333796)

*Food Buying Guide for Child Nutrition Programs:*

[www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs](http://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs)

*Menu Planning (CSDE Web Page):*

[www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=333780](http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=333780)

*Nutrition Guidance for SFSP Sponsors:*

[www.fns.usda.gov/sites/default/files/NutritionGuide.pdf](http://www.fns.usda.gov/sites/default/files/NutritionGuide.pdf)

*Product Formulation Statements:*

[www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/crediting/PFS.pdf](http://www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/crediting/PFS.pdf)

*SFSP Web Site (CSDE):*

[www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320658](http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320658)

*SFSP Web Site (USDA):*

[www.fns.usda.gov/sfsp/summer-food-service-program-sfsp](http://www.fns.usda.gov/sfsp/summer-food-service-program-sfsp)



For more information, see the CSDE's [SFSP Web site](http://www.sde.ct.gov/sfsp) or contact Caroline Cooke at [caroline.cooke@ct.gov](mailto:caroline.cooke@ct.gov) or 860-807-2144, Connecticut State Department of Education, Bureau of Health/Nutrition, Family Services and Adult Education, 25 Industrial Park Road, Middletown, CT 06457.

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*This handout is available at [www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/sfsp/noncreditablefsp.pdf](http://www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/sfsp/noncreditablefsp.pdf).*