



e-Bulletin
December 9, 2011

The Connecticut Coordinated School Health Team is pleased to share with you the latest Coordinated School Health e-Bulletin. The e-Bulletin is organized into two sections: Professional Development/Events and Resources.

Professional Development/Events

Annual Health Education and Physical Education Coordinators' Meeting

The Connecticut State Department of Education is pleased to announce the Third Annual Meeting of Coordinators of Health and Physical Education. Join health education and physical education coordinators from across the state to develop and share strategies that promote student health and wellness and its direct connection to academic achievement. Participants will receive up-to-date information about federal, state and regional initiatives, resources and success stories that will have a positive impact on their work. It will be held at the Crown Plaza, Cromwell, on January 31, 2012.

[Download flyer to learn more information.](#)

HIV Prevention Education Webinar Series

The Connecticut State Department of Education, in partnership with Answer at Rutgers University, presents a [Webinar Series](#) on HIV Prevention Education.

1/26/12 - Using Interactive Teaching Methods to Move Beyond "Just the Facts" for Effective HIV Prevention

2/2/12 - Teaching HIV Prevention in a Multi-Cultural Classroom

2/7/12 - Addressing Concerns about Teaching HIV Prevention in School: How to Build Partnerships within Communities

Registration deadline is January 10, 2012. Download [workshop brochure](#) for more details.

Asthma Control Part 2: Asthma Action Plans for School Nurses

Please join the American School Health Association (ASHA) for "Asthma Control Part 2: Asthma Action Plans for School Nurses," a free webinar, on Thursday, December 15th, 2:30-4:00 p.m. EST. [Register now!](#)

National Association of School Based Health Centers – School Mental Health Training and Strategic Planning Efforts

NASBHC has developed four modules for state and local education agencies to use in their school mental health training and strategic planning efforts. Utilizing national best practices, each module describes the four core aspects of capacity building, including:

- I. [School Mental Health Overview and Fundamentals](#)
- II. [Quality Assessment and Improvement](#)
- III. [Marketing School Mental Health](#)
- IV. [System Level Planning](#)

Additional information and materials related to the training modules are [available online](#).

Resources

New Resource for SRBI Implementation!

Addressing the Needs of the Whole Child: Social, Emotional, Behavioral, and Physical Health, as well as Academic Achievement, in Connecticut's SRBI Process, [Topical Brief 3](#), Scientific Research-Based Interventions (2011)

Studies over the past decade have consistently demonstrated that in order for students to achieve at high academic levels, schools, families and communities must focus on the child's social, emotional, physical and behavioral health as well as the acquisition of academic skills, strategies and content. The Connecticut State Department of Education has issued a new [topical brief](#) that focuses on using the Scientific Research-Based Intervention (SRBI) process to address the needs of the **whole child** to remove non-academic barriers to academic achievement and ensure that students achieve their full potential.

School Health Guidelines to Promote Healthy Eating and Physical Activity

The Centers for Disease Control and Prevention's (CDC) Division of Adolescent and School Health (DASH) is pleased to announce the [release of newly developed resources](#) to help implement the [School Health Guidelines to Promote Healthy Eating and Physical Activity \(Guidelines\)](#), published in September 2011.

Helping Kids Connect Smartly and Safely-Visit the new bNetSavvy

Being online is now part of the daily life of tweens, teens, and adults. As educators we want to help them connect smartly and safely. The NEA Health Information Network is pleased to announce the new bNetSavvy.org site. We offer the latest in information and resources, a tech glossary, and stories from the field. We invite you to [visit the site](#), check us out, share your stories, and sign up for our newsletter.

[2010 "Must Read" Papers for School Physicians](#)

Members of the Physician Section of the American School Health Association (ASHA) and the American Academy of Pediatrics (AAP) Council on School Health have worked together to develop a [list of important school health papers](#) published in 2010. Members nominated research and review papers they found to be important for school health physicians and then voted on their top choices. A few key new or updated policy statements were also nominated. We are publishing a summary of the top 12 research and review papers and listing all new key policy statements. [Resource List for School Health Advocates](#)

[Voluntary Guidelines for Selecting Safe School Locations](#)

The Environmental Protection Agency released the voluntary school siting guidelines to help school districts and communities select environmentally healthy and safe locations for schools. The [guidelines](#) were mandated by the Energy Independence and Security Act of 2007 and were developed in consultation with other federal agencies, states, school districts, community organizations, health care professionals, and teachers, as well as environmental justice leaders and children's health and environmental groups. The guidelines provide recommendations on steps to evaluate potential environmental challenges and benefits at candidate sites. By following the recommendations in the guidelines local education agencies, tribes and states, can help provide a safe and healthy environment for children, teachers and staff.

[Start School with Breakfast: A Guide to Increasing School Breakfast Participation](#)

[Start School with Breakfast: A Guide to Increasing School Breakfast Participation](#) is a new publication from the NEA Health Information Network and Share Our Strength that promotes alternative breakfast service models—breakfast in the classroom, grab n' go, and 2nd chance breakfast, among others—to educators, school professionals, and those associated with the school community. Within the Guide is information about the benefits of school breakfast, new ways to increase school breakfast participation, useful tools for advocates, and success stories from school districts around the country.

[Supporting Parent Advocates with Resources and Knowledge](#)

The Rudd Center for Food Policy and Obesity at Yale University has just launched [SPARK](#) (Supporting Parent Advocates with Resources and Knowledge), a new Web site which offers advice, worksheets, definitions, studies, examples of successes, and lots of other information useful to parents who want to change the nutrition environment in their children's schools.

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