



**Election Day Professional Development Workshops
Physical Education and Health Education
November 8, 2011
at Hamden High School
2040 Dixwell Avenue, Hamden, CT 06514
8:30 AM – 3:30 PM**

Physical Education workshops:

- Building Data Teams for PE – Does your district want you to collect data? Is the data you collect connected to Physical Education? A Physical Education Data team allows you to collect and analyze data directly connected to what you do. Come and learn how to create and organize a Physical Education Data Team in your district. You will see real data and analysis from an actual Physical Education Data Team. *Presenter: Patty Pursell*
- Interdisciplinary Teaching In Secondary PE -- Participants will understand rationale, benefits and numerous strategies for teaching concepts and skills for a wide range of subjects including math, reading, spelling, social studies and science through physical education. Activities will include warm-up ideas and full class lessons. K-12 strategies will be included with strategies for extending to various grade levels. *Presenters: Amy Gagnon and Lou Rubino*
- Cooperative Games for Middle and High School, with a Special Focus on Reflecting and Harvesting the Learning -- Learn new quick-moving cooperative activities and icebreakers to use in your PE class which can be tied into your project adventure curriculum. Debriefing ideas will be presented with each activity. *Presenters: Megan Guelakis and Rich Keegan*
- Teaching Dance for the Non-Dancer -- Dance lessons, activities and ideas for teachers who find themselves lost during the dance unit. Aimed at grades K - middle school, interactive activity, technology incorporated. Packets provided will include grade specific dances, breakdown of dance movements, song lists, instructions for finding dances and downloading music from YOUTUBE. CD's including music from workshop will be available for a nominal fee. *Presenter: Kristyna Bertolone*
- Orienteering: A Five-Day Mini-Course -- Customize an orienteering mini course to fit your learning environment. Teachers will learn how to use compasses, build a control course at little or no cost, read and create a map and pacing skills. Participants will come away with many indoor and outdoor activities for all age groups. *Presenter: Pete Laffin*

Health Education workshops:

- Self-Injurious Behaviors (AM only) -- Like most addictions, self-injury starts as a way of coping with emotional pain. Self-injury is on the rise among teenagers, a sign of deep-seated anxiety and self-hatred. This interactive workshop and panel discussion will unravel the mystery and provide participants with the knowledge to help those who participate in such behaviors. *Presenter: Donna Kosiorowski*
- HIV/STD Education Update (PM only) -- This session will provide an update on the most common STDs, including signs, symptoms, complications and treatment recommendations. Current statistics and trends on reportable STDs in CT will be presented. Services, trainings and screenings provided by staff in the STD Program will be shared as well as many take home materials. *Presenter: Heidi Jenkins*

Pre-Registration Required by November 1 (Mail-In Only – see registration instructions on registration page)

<ul style="list-style-type: none"> • Lunch provided • CEU Equivalent verifications provided • Sign-In 7:45-8:20 AM 	<ul style="list-style-type: none"> • AM Workshops begin at 8:30 AM / PM workshops begin at 12:30 PM • Limited number of spaces for each workshop • T-shirts available for purchase
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Questions? Email Phyllis Jones (jonesp@region10ct.org) or call 860-307-1263

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REGISTRATION FORM

PLEASE PRINT CLEARLY OR TYPE

ALL INFORMATION MUST BE COMPLETE

Registration Deadline November 1, 2011

Name
Phone
E-Mail
Complete School Mailing Address including Zip
Name of School
Name of District

Workshop Choices: [Please indicate 3rd (alternate) choice in case 1st or 2nd choices are filled to capacity.]

1)
2)
3) [alternate choice]

Make check in amount of **\$50.00 per person**, payable to ***Hamden Public Schools***

Mail check or Purchase Order attached to registration form by November 1, 2011 to:

Director of HE / PE / Athletics Hamden Public Schools 60 Putnam Avenue Hamden, CT 06517
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