

Small Group Discussion

- Topic: Weight-based teasing and weight bias in schools
- Goal
 - Share own observations
 - Consider own beliefs and attitudes
 - Generate solutions:
 - How to respond
 - Possible policy approaches

Ground Rules and Format

- Discussion for 35-40 minutes
- Everyone has a chance to contribute
- Select one person to report back to the larger group
- Can stray from discussion questions
 - goal is to discuss topic in meaningful way

Group Discussion Questions

- Have you witnessed weight bias by students, teachers, or other school staff? If so, what occurred in these situations? How did you respond?
- Do you think that stereotypes about obese persons could affect the way that obese students are treated by teachers or staff? Why or why not?

Group Discussion Questions

- What do you think are the most common stereotypes about obese individuals? Do you believe that these stereotypes are generally true or false?
- What strategies do you think would be especially helpful to reduce weight bias at your school? What challenges do you anticipate?

Group Discussion Questions

- Is there a place in school wellness policies to address weight bias? Can you think of other policy solutions?