

# AGENDA – Day 2

## Physically Active Classrooms Institute

*Making the ConneCTion – Physical Activity and Academic Achievement*

Tuesday, February 28, 2012

8:00 a.m. to 3:00 p.m.



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**Breakfast** 8:00 – 8:25

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***Fueling Up with School Breakfast*** Auditorium

Amanda Aldred, School Nutrition Specialist  
New England Dairy & Food Council (*Breakfast Sponsor*)

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**Success Story “Open Mic”** 8:25 – 8:35

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Participants will have an opportunity to share a 1-minute success story Auditorium

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**Welcome and Setting the Stage** 8:35 – 8:45

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Jean Mee, Physical Education and School Health Education Consultant Auditorium

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**Making Schools Healthier and More Active** 8:45 – 9:30

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Dr. Bob Pangrazi, Representative from GopherSport Auditorium

For too long, school professionals have focused on fitness and skill development as the only outcomes that matter. However, these outcomes are usually measured in terms of current achievement rather than long term behavioral change. Beyond the rationale for change are practical ideas for changing classrooms, playgrounds, physical education and eating habits.

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**Morning Workshops** 9:30 – 11:30

*(Refer to handout for Workshop Descriptions)*

1. **Focus Your Locus**, Rich Keegan and Justin McGlamery
2. **Funding through Fuel Up to Play 60**, Amanda Aldred
3. **Managing Physical Activity in the Classroom**, Dr. Bob Pangrazi
4. **Physical Activity in the Secondary Academic Classroom**, Lisa James and Tony Loomis
5. **Physically Active Learning in the Elementary Setting**, Phyllis Jones and Samantha Murr

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**Networking Luncheon** 11:30 – 12:15

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**Power of P.I.C.O.U.P. “Person in Charge of Unlocking Potential”** 12:15 – 1:00

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Justin McGlamery, Adventure Education Coordinator and Adjunct Faculty Auditorium  
Saint Joseph College

You, your students and everyone else around you can accomplish amazing things once you know the key to becoming the Person in Charge of Unlocking Potential.

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## Afternoon Workshops

1:00 – 3:00

*(Refer to handout for Workshop Descriptions)*

1. **ABC's for Fitness**, Judy Treu
2. **Advocating for Physically Active Schools**, Jean Mee
3. **Interdisciplinary Physically Active Learning at the Secondary Level**, Rich Keegan
4. **Ten-Minute Interdisciplinary Activities**, Casey Pilkington

## Distribution of Tool-Kits

3:00 – 3:15

If you have a raffle ticket in your nametag, please stop by to pick-up your tool-kit.



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### A special thank you to all of our partners!

- Action for Healthy Kids
- Alliance for a Healthier Generation
- Connecticut Alliance of YMCAs
- Connecticut Department of Public Health
- FlagHouse, Inc.
- Gopher Sport
- New England Dairy & Food Council
- Pioneering Healthier Communities
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