



Alliance for a **Healthier Generation**

www.HealthierGeneration.org

Generous support provided by



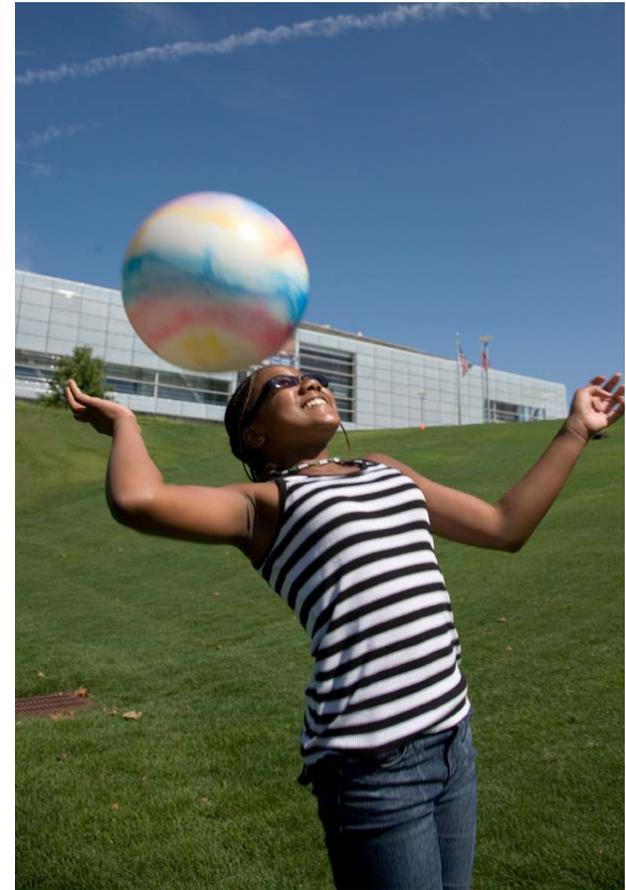
Founded by



Alliance for a Healthier Generation

Founded in 2005 by the American Heart Association and William J. Clinton Foundation, the goal of the Alliance is to reduce the nationwide prevalence of childhood obesity by 2015 and **to inspire young people to develop lifelong healthy habits.**

The Alliance is leading the charge against the childhood obesity epidemic by working to **positively affect all the places that can make a difference in a child's health** including homes, schools, doctor's offices and communities.



What We Do

By engaging and activating the leaders who can transform the environments and communities that nurture our children, the Alliance for a Healthier Generation:



Supports more than 14,000 schools in all 50 states in transforming their environments into places where students have better access to physical activity and healthier foods before, during and after school.

Transforms the food, beverage and healthcare industries by brokering agreements that impact the prevention and treatment of childhood obesity.

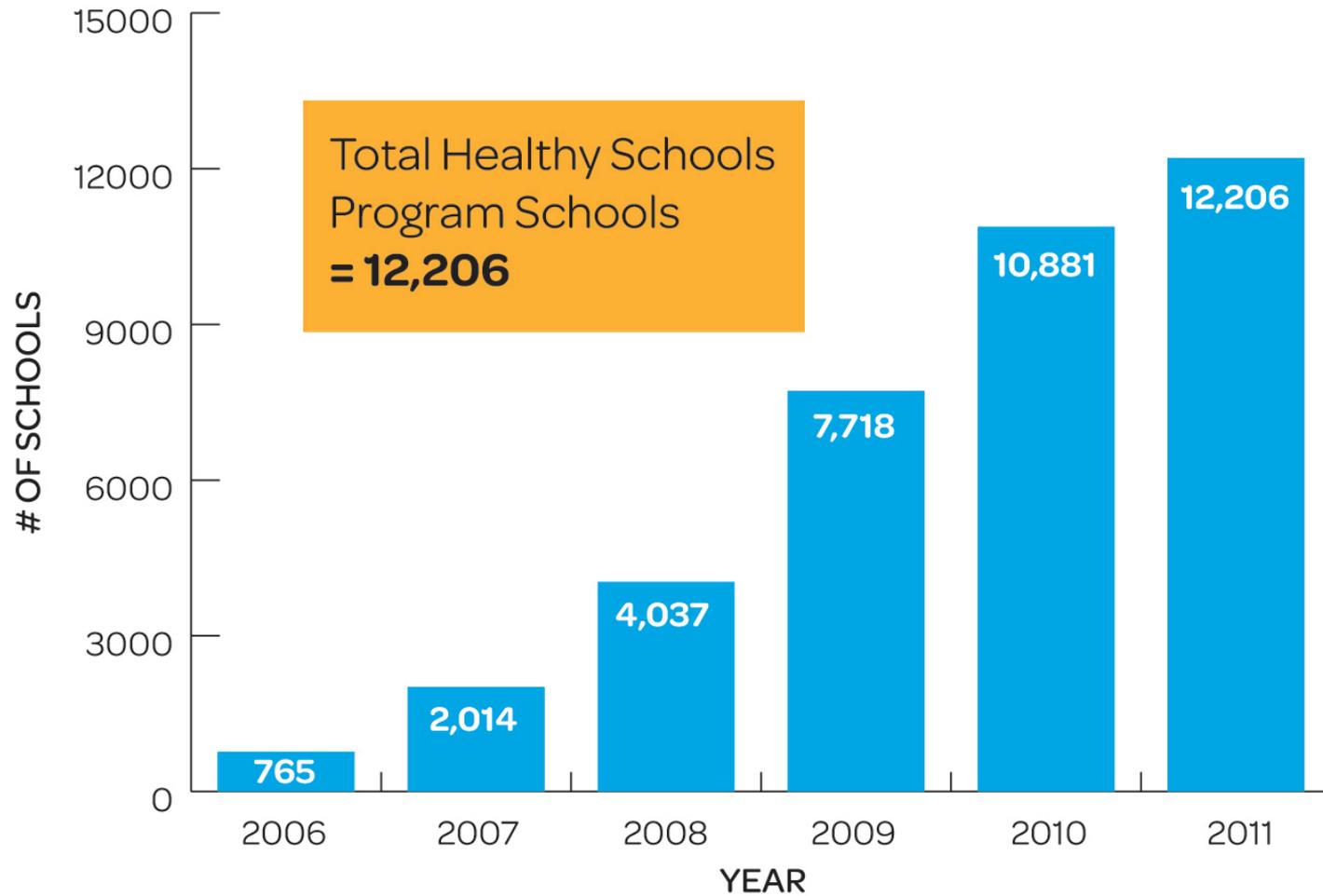
Activates more than 2.5 million teens and tweens to commit to eat better, move more and serve as leaders to their peers.

The Healthy Schools Program

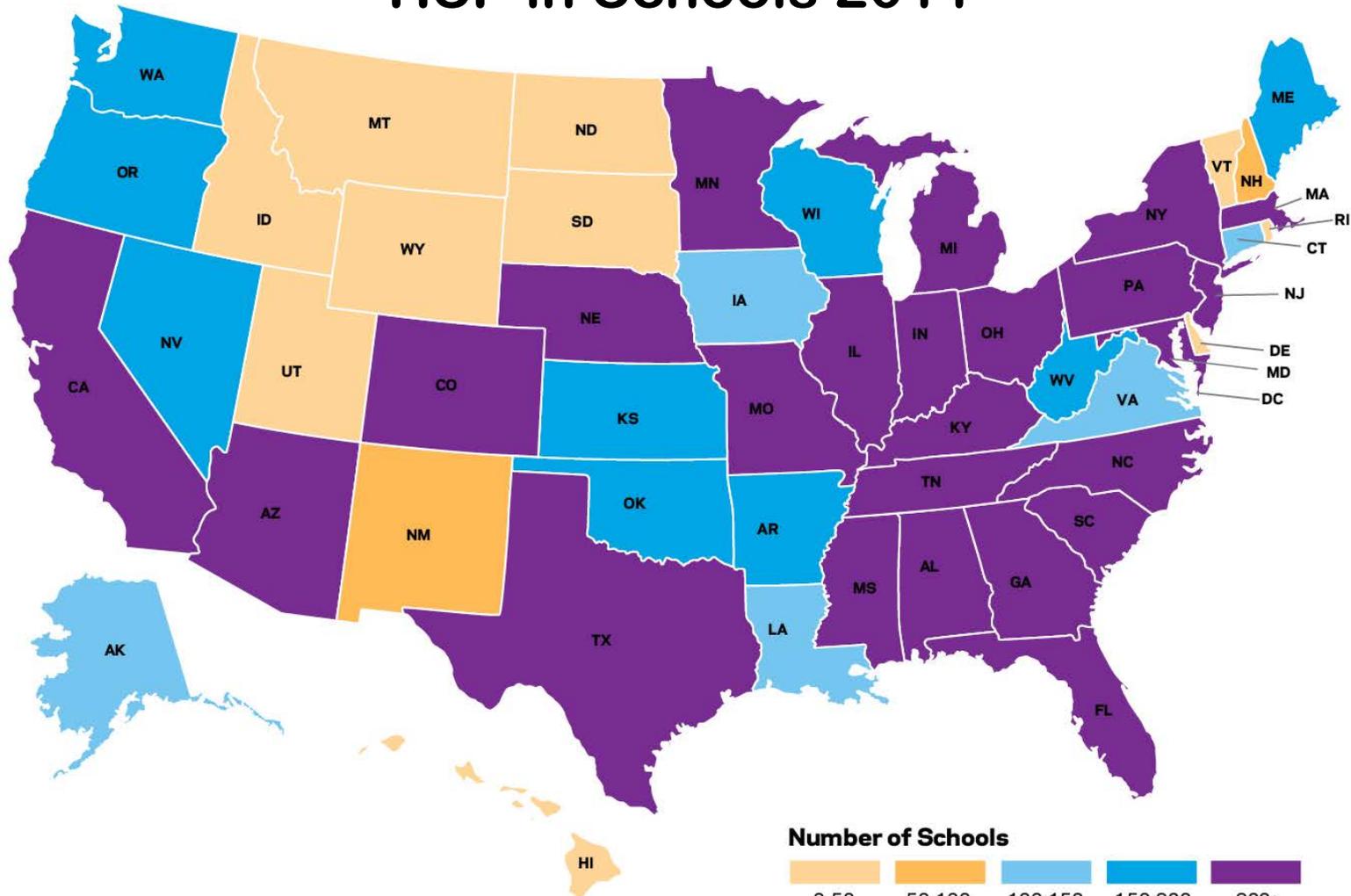
- Works with schools to create a culture where healthy eating and physical activity is the norm and not the exception
- Provides tools and solutions to help schools become healthier places for students and staff
- Offers schools the opportunity to earn national recognition for their efforts toward a healthier school environment



Healthy Schools Program Schools

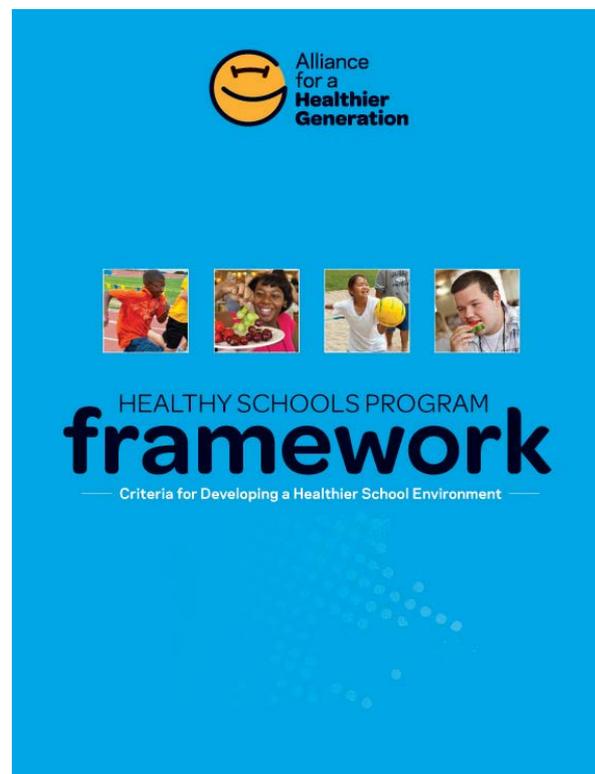


HSP in Schools 2011

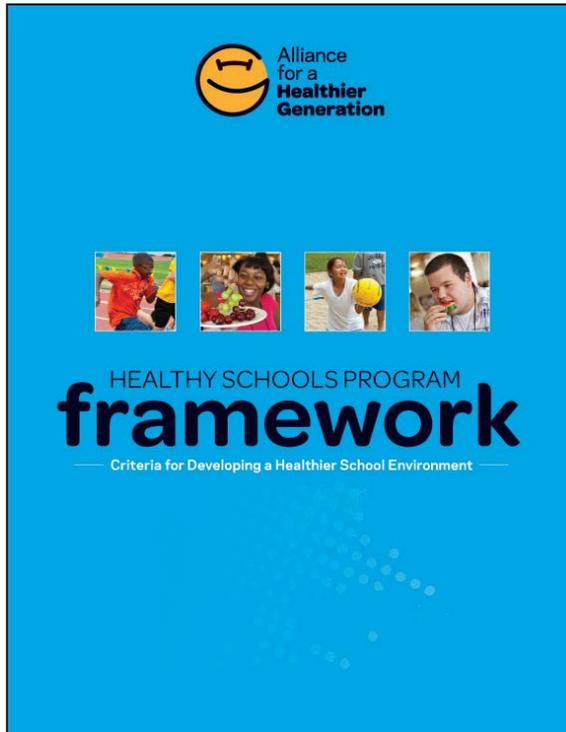


Healthy Schools Program Framework

- Policy / Systems
- Health Education
- Physical Education
- School Meals
- Competitive Foods & Beverages
- Employee Wellness
- Student Wellness



National Recognition Program



Plainfield Central Middle School: 2008 Bronze Award Winner
Plainfield Memorial School: 2009 Silver Award Winner

Support to Schools

Intensive Support

- Nine train-the-trainer sessions over a four year period
- Customized expert support
- Resource brokering services
- Web-based resources
- Networking opportunities

Network Support

- Nine train-the-trainer sessions **via webinars**
- Customized expert support **via telephone**
- Resource brokering services
- Web-based resources
- Networking opportunities

Tapping into our Network Tools

- [Resource Database](#) which connects you to quality resources, grant opportunities and discounted materials
- [Implementation Toolkits](#) which provide a step-by-step guide to meeting the best practices criteria in the Framework
- [Professional Development Opportunities](#) for school staff to learn and network in our seven content areas
- [Product Navigator and Snack Food Calculator](#) to help schools select healthier options that meet the Alliance's Guidelines

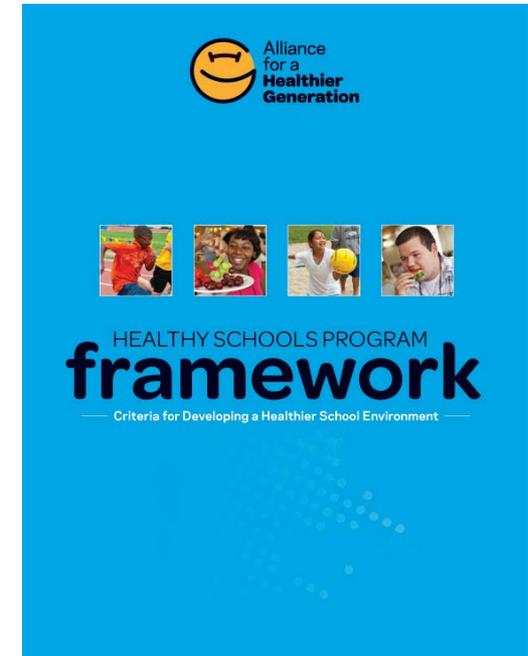


The HSP Framework is . . .

- A) a set of best practice criteria for positively impacting healthy eating & PA for students & staff

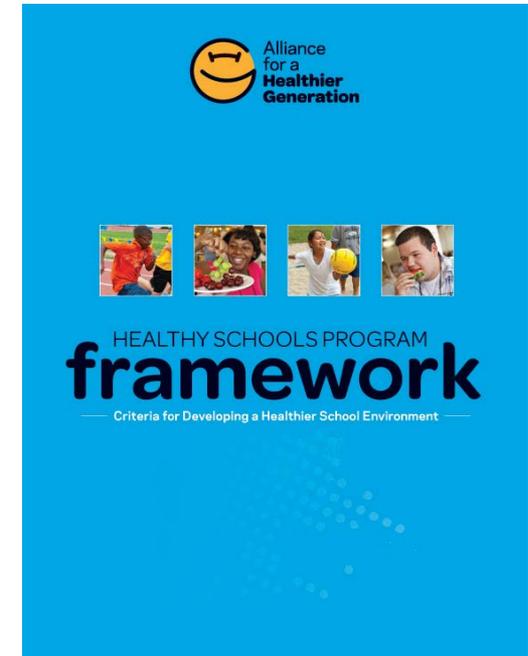
- B) a catalog of resource materials

- C) a guide for working with School Wellness Councils



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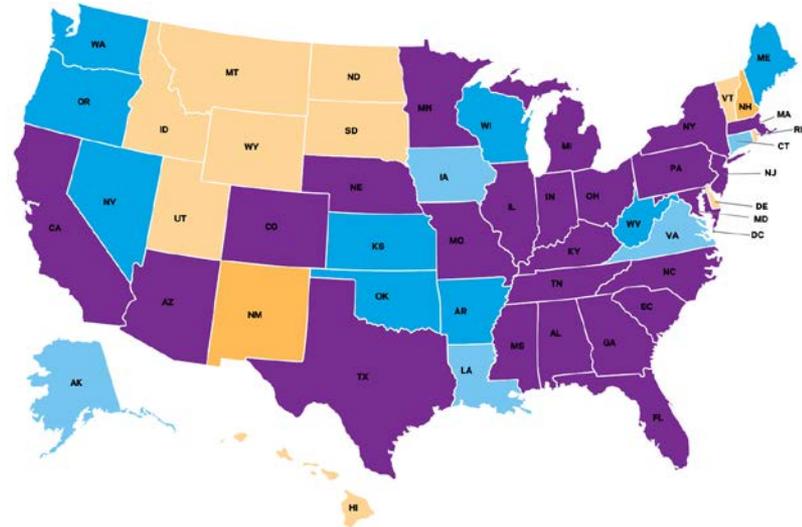


How many schools in CT state are Healthy Schools Program members (online & onsite)?

A) More than 200

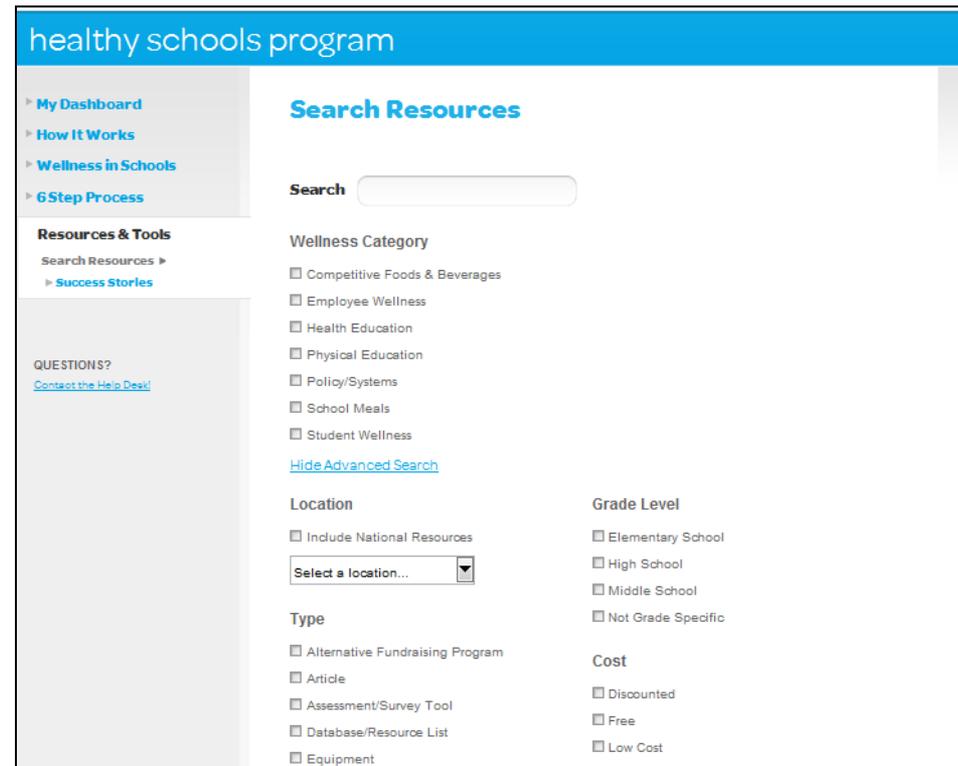
B) Between 100 – 200

C) Less than 100



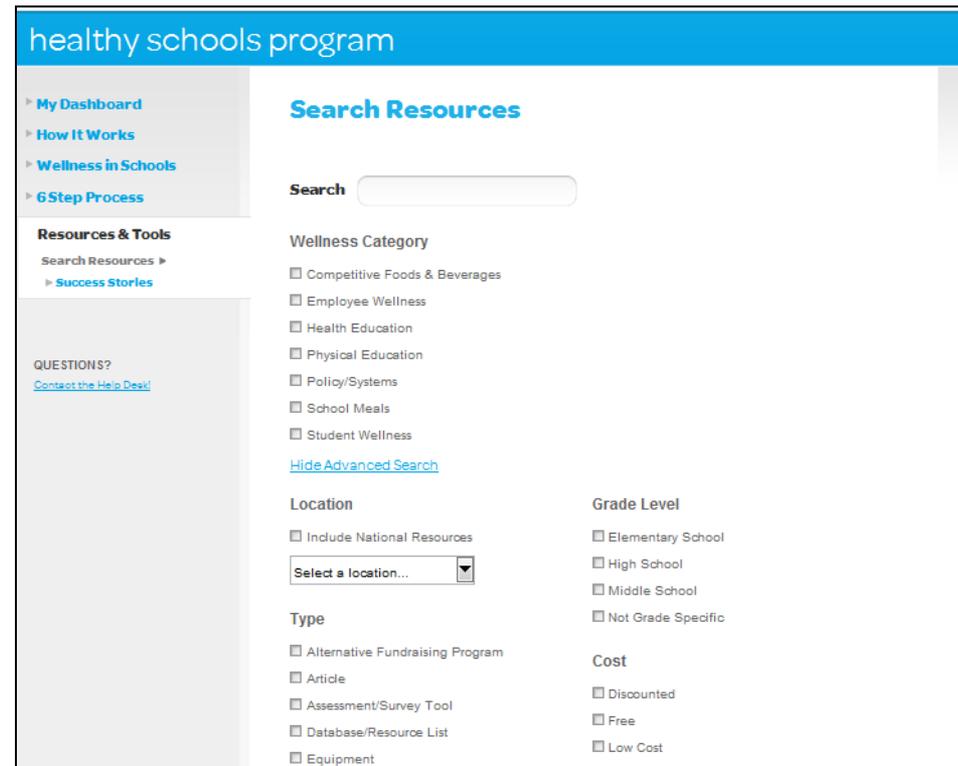
The tools & resources available through the Healthy Schools Program are:

- A) Free for Healthy School Program members
- B) Available to all schools in the United States
- C) A & B



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Thank you!



Stephanie Myers
NY/CT Relationship Manager
stephanie.myers@healthiergeneration.org
206-818-3595