

Physically Active Classrooms
Institute



***Active Interdisciplinary Teaching for
Secondary Academic Achievement***

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Windsor, CT.

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Activities List

1. Concentric Circles (Thumb Wrestle, Finger Fence, Wiggle Waggle, Finger Cross over, Pinky Finger Fight) (Math/Fun)
2. Jackson Pollock Stretch (Art Education/Stretching)
3. Math Card Games (Get Twenty- 0 black Jack)
4. The egg Game-Centripetal Force/ Conflict Eggs
5. Butterfly Proboscis (Nature/Environmental Science)
6. Chinese Ball (Social Studies/World Cultures)
7. Chinese Fingers (World languages- Mandarin)
8. Head Line Cards (Editing and Revising CAPT)
9. Block Scrabble (English/ Vocab)

Notes

Resource List

1. ***Playing With a Full Deck*** by Michelle Cummings. 2007, Kendall/Hunt Publishing.
2. ***Achieving Fitness*** by Jane Panicucci. 2008, Project Adventure Inc.
3. ***The More the Merrier*** by Sam Sikes, Faith Evans, Chris Caver. 2007
4. www.yellowbridge.com (Learning Mandarin)
5. www.egggame.com

