

Overview of Connecticut 2013 Team Nutrition Grant

The Connecticut State Department of Education (CSDE) received a 2013 Team Nutrition (TN) grant from the U.S. Department of Agriculture (USDA) for the period of September 30, 2013 through September 30, 2015.

The goal of Connecticut's TN grant is to provide training and technical assistance to enable school nutrition programs to prepare and promote healthy and appealing meals that meet the 2010 *Dietary Guidelines for Americans*. This grant builds on previous TN grant activities and existing partnerships to enhance the state's capacity to provide sustainable statewide training, technical assistance and resources for school nutrition programs through the Connecticut Child Nutrition Training Institute (CCNTI).

The grant components include:

- statewide workshops for school food service personnel on the new meal pattern requirements for the National School Lunch Program (NSLP) and School Breakfast Program (SBP); and
- a Smarter Lunchrooms Makeover Pilot to identify effective strategies for changing the cafeteria environment to positively influence students' daily food choices so they are more consistent with the 2010 *Dietary Guidelines for Americans*.

This grant will be implemented by the CSDE in collaboration with the State Education Resource Center (SERC), the Rudd Center for Food Policy and Obesity at Yale University (Rudd Center), the Cornell Center for Behavioral Economics in Child Nutrition Programs (BEN Center) and the CCNTI's existing advisory council of state partners formed under Connecticut's 2011 TN Grant.

For more information, please contact:

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